

### The Art of Teaching Is the Art of Assisting Discovery



Dear Friend,

Raise your hand if you have ever fallen ill due to a classmate. Oh, really, all of you have your hands up? Then, why are we not surprised to find that when our children's friends come down with the flu or the sniffles, it is only a matter of time before everyone gets it? Teachers, you must protect yourself from your germ classroom! Take action with homeopathy!

Love,

Mark Van Doren's quote is an apt way to begin a discovery I hope to impart to teachers. Allow me to introduce a concept that you may find quite valuable. As a homeopath with teachers and children as a mainstay of my practice, I've been interested in the subject of infection passed around groups of people, such as school groups. I've found some straightforward and simple methods for teachers to remain healthy in spite of the overall classroom health. In a word, the answer is homeopathy.

Homeopathy is a method of medicine that has served the world with its ability to deal with situations like repeated exposure to colds and flus and provides protection from other infections, such as pin worms.

Let's look at two homeopathic remedies with a reputation for helping teachers prevent exposure to these common childhood illnesses.

The first remedy is *Oscilloccinum*. In France, this is the top-selling over-the-counter medicine. The French use it as the premiere remedy to abort a cold or flu before the disease comes on in full force. The French take it as a preventative as soon as the first student begins to sniffle, then one day each week for a month, and then one day each month until the cold season is over.

The protection this remedy is known to offer may be remarkable provided it is taken before the symptoms get a foothold. *Oscilloccinum* is reputed to be particularly valuable for colds and flus during wet, cold seasons, such as autumn and spring. Infalible, they say.

When the classroom epidemic is pin worms, homeopathy provides a great little remedy that is reputed to be just as powerful not only for eliminating pin worms but also as a prophylactic. The alternative is not pleasant. Conventional medicine will suggest a vermicide. The suffix "cide" means to kill. This means that the active ingredient is a pesticide that kills the worms.

The remedy *Cina* instead creates an unfriendly environment so that the worms will expel themselves. *Cina* tincture can be used by adding 6 drops to water and then sipping the water throughout the day. This should be done for 15 days in a row and then repeated one month later, say the homeopaths of India, who use this remedy regularly.

Homeopathy has helped many teachers from becoming contaminated with this insidious infection even while nearly the entire class was affected.

All of these remedies are available at health food stores and many pharmacies and will cost no more than \$15. Additionally, homeopathic remedies will not interfere with any meds you may already be taking and, best of all, are not addictive.

Simple, inexpensive, non-invasive, intelligent. If you find that your health is too often dependent on the latest illness in school, let homeopathy be your method of choice. It will not let you down and may even become the discovery you innovate in your next science lesson.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquires and to seek the advice of a licensed healthcare provider.



Interested in finding out if homeopathy is a fit for you and your family's health strategy?

Call (716-941-1045) or EMAIL us to set up a FREE 15-minute phone conversation with Joette.

### HOT Off the Press!

#### Where's Joette?

You have many opportunities to hear Joette speak in person:

This month in Buffalo...come for the day; great food and informative lectures! This is the first regional conference in the Buffalo area. Let's all make it a success and support our local farmers.

**How to Treat Fever the Homeopathic Way**  
Weston A. Price Foundation, 2nd Annual Regional Wise Traditions Conference  
Sept. 15-16, 2012

Hyatt Regency Buffalo Hotel and Conference Center Buffalo, NY  
Click [here](#) to register securely online or call: 304-724-3006

**The Gut-Psychology Connection; Homeopathy is the Trump Card**  
Weston A. Price Foundation, 13th Annual Wise Traditions Conference  
Nov 8-12, 2012

Santa Clara Convention Center  
Santa Clara, CA  
Click [here](#) to register securely online or call: 304-724-3006

### Joette's Newest

HomeopathyWorks.net's Newest Blog Post:

[Back to School? Time to Kick Food Choices Up a Notch](#)

### Check It Out!

Everyone is always moving and dashing out the door...so be ready with your [Homeopathic Remedies: Great for on-the-go](#).

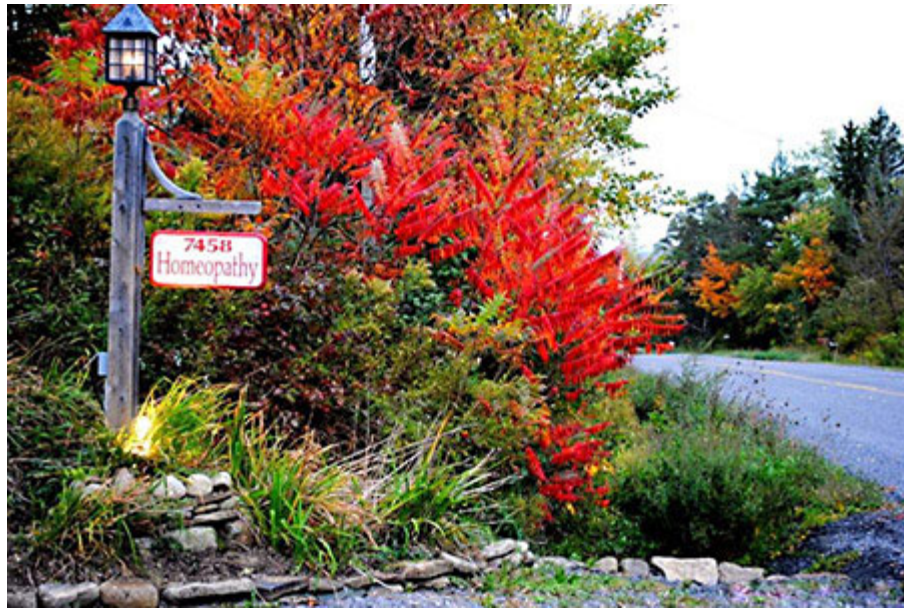
### In the Kitchen

Sharing is caring, if you ask me! Check out this great recipe, which a friend shared with me, for [Almond Flour Pizza Crust](#). But don't stop there...why not make some garlic toast with it, too!

### Quote From Joette

"I'm dedicated to upping your health and empowering you along the way. Let me teach you about this vital medicine called homeopathy. It can be a lifesaver."

### Let's see what's outside



The changing leaves are the best part of fall. We move into the chilly months as we watch the entire landscape around us change with the season. Our load of logs will be delivered soon, as we start to stoke the fire in the living room. Enjoy what your landscape has to offer this time of year. I know I will!

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### Have a Suggestion?

If you have a specific question you'd like answered or topic covered in future issues, please [E-mail suggestions](#) or post comments [on our blog](#).

### About Joette

Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced, and committed and has a following of discerning clients throughout the United States and abroad.



#### Please Note...

Joette is not a physician and the relationship between Joette & her clients is not that of prescriber and patient, but of educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness, which is an educational process not a medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is in order.

\* These statements have not been evaluated by the Food and Drug Administration. This e-zine is not intended to diagnose, treat, cure, or prevent any disease. The information in this e-zine should be used only after consulting with your doctor or other health care professional and should NOT be considered personalized health care advice. This is meant for educational purposes only. We hope you will educate yourself thoroughly.