



*Joette Calabrese presents HomeopathyWorks.net, where
mothers become empowered via Homeopathy.*

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Yippee! Spring is Nearly Here... and it's Chicken Pox Season Again



Dear...

Some await the crocuses emerging from beneath the snow.

Not I.

When my boys were little, early spring was ushered in with an all out watch for chicken pox.

I wanted certainty that my little ones were fully exposed, because natural immunity is an important aspect of robust health.

Some of my friends gathered to have chicken pox parties. I know it sounds a bit odd to some, but it was a simple and easy way to gain protection at a well chosen time.

Besides, what's more fun than finally being allowed to share sippy cups?

Read on to see how homeopathy addresses this vital childhood disease.

Love,

A handwritten signature in black ink, appearing to read 'Jette', with a stylized, flowing script.

Homeopathy has been the choice of mothers throughout the world for the last 200 years. It is of exceptional value when treating common childhood illnesses such as colds, croup, conjunctivitis and particularly, chicken pox.

If you are lucky enough to have your children get this generally mild disease, you can speed up the recovery and make the child, or even adult, more comfortable with the aid of homeopathy.

In homeopathy, we consider the symptoms key to the illness and an expression of what is going on in the body. So, instead of suppressing the symptoms with drugs, we find a substance in nature that creates the same symptoms the illness presents.

We might ask: "Is this case of chicken pox exhausting? Is there restlessness? Are the pustules blanketing the entire body or are they located in a small area? How about the mental state? Is he anxious or irritable?"

All of these idiosyncrasies are the expression of illness which is coupled with chicken pox. Hence, they all need to be considered. This is what makes homeopathy so unique and effective. It views the person, not the disease.

Homeopathy is a medical format that, instead of covering up the symptoms, stimulates the body's ability to cure itself. It is gentle, inexpensive and never interferes with any other medicine.

Best of all, it works!

And here's how it is employed: Once you choose the remedy that most closely fits the child's illness, a dose given every 3-5 hours for 2-3 days has been known to be the best administration. The more severely the child is suffering, the more frequently the remedy ought to be repeated. Once improvement sets in, the remedy should be halted.

When it comes to most cases of chicken pox, the remedy of historic proportions is by far *Antimonium tart* 30. There are other remedies to consider, but this one is usually the first to consider.

Generally, the person who fits the need for it is drowsy and perspires readily. When the pustules are delayed and if there is nausea, then *Antimonium tart* will be a good choice.

If, instead, the illness presents with pustules that discharge thick matter and the child feels worse at night, the remedy of choice has been shown to be *Mercurius*. In this case, there is also a good deal of perspiration as well as general weakness.

Sometimes, there are other accompanying symptoms such as a sore throat or sores in the mouth or nose.

When the itching is intense and there is much restlessness, the remedy will likely be *Rhus tox* 30. Often, the itching is so maddening that the only relief comes from near scalding hot water. This is not to say that this is necessarily advised, but when it becomes a method of comfort, it will usually point squarely to the need for *Rhus tox*.

Sometimes, there is a delay in the ability to recover, such as

when weeks pass. To promote recovery, a gentle stimulus may be required. Should the child also be weak and his appetite distorted, the remedy is likely to be *Sulphur 30*.

As with everything in homeopathy, the choice of the remedy is determined by the presentation of the symptoms. It is child specific, **not** disease specific. Homeopathy is medicine of reasoning. It is gentle, effective, safe and will not cause side effects. The next time your family is visited by chicken pox, consider the medicine of rational thought. Choose homeopathy.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.



'Interested in finding out if Homeopathy is a fit for your and your family's health strategy? Call (716-941-1045) or [EMAIL](#) us to set up a FREE 15 minute phone conversation with Joette.

Hot Off the Press!

New! On the **Liberation Wellness** blog: [Gastrointestinal Problems? Try Homeopathy](#), an excerpt from Joette's latest book for her year-long webinar course, *How to Raise a Drug Free Family*. ** See the **EVENTS & TELESEMINARS** section below for more information!

HomeopathyWorks.net newest blog post
[Make Your Valentine Candy, Then Relax... It's Good Stuff](#)

Check it Out!

Whole foods, PURE foods. Trust me. It's not difficult. Here are my [11 Ways to Get Whole Foods into Your Diet; Make Your Own in a Jiffy.](#)

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Events & Teleseminars

A FREE One-Time Teleseminar Event...

"The 5 Most Common Mistakes Parents Make in Raising Their Children' Health"

With Joette.

Tuesday March 6th at 8:00 pm Eastern

Whether you are a stay at home mom, a mom of a large family, or you're a professional mom, you won't want to miss this teleseminar. I'll be sharing important tips and secrets I have learned from my mentors on how to keep your children healthy...

- ✓ 5 ways you can fever-proof your kids....starting today.
- ✓ How to create a home setting so you'll be prepared for anything.

And a lot more.

Keep Checking your Email Inbox for more information!

Be Informed, Be Healthy

[Read this handy guide of important questions](#) that every educated shopper should ask. I picked up these tips at a farming expose' at [Be Healthy](#) owned by my friend, Jill Chiacchia.



As in other parts of the U.S., we've had a record-breaking warm winter, here in New York.

But there's just enough snow on our front trees to present this lovely early spring scene.

In the middle of my busy day, I love to take a moment to enjoy the splendor of our countryside in the North.

Perfect.

Quote From Joette:

"Tax the body with drugs now and we must endure a bankrupt state of health in the future."

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About Joette



Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to obtain, and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced, and committed and has a following of discerning clients throughout the United States and abroad.

Please Note...

Joette is not a physician and the relationship between Joette & her clients is not of prescriber and patient, but as educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness that is an educational process, not a medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is in order.

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