

Mother's Intuition Meets Homeopathy



Dear Friend,

My mother was my ultimate teacher. Here is a photo of her holding my first born son twenty-four years ago. As a mother of three boys, I depend a lot on my intuition. Sometimes you aren't being told the whole story and you are left to put the signs together. Mothers know best, so don't leave your children's health in anyone else's hands (except of course their grandmother's!)

Love,

It is powerful, usually right on the mark, and if we deny its existence we're always sorry later. Yes, *mother's intuition* is real.

Today many have lost the confidence our strong ancestors had built into them. Drugs are handed out like candy. In fact, if we refuse those drugs we are often met with angry words and condescension.

There is a better way that many mothers instinctively understand; a way that is safer, non invasive and yields stronger and often better adjusted children. It is the way of nature, of homeopathy, of intelligent mothering.

There was a time when mothers' instincts were accepted and respected as the norm. My Sicilian grandmothers birthed their babies at home, treated colds and infectious diseases with a good dose of sweat, sleep and garlic and nursed their big families through many ills without the aid of doctors, clinics and hospitals.

Were they better off?

I believe they were, for their offspring were free of the scourges of modern society such as allergies, autism, depression, ADD, sterility and a host of modern illnesses that only this generation is plagued with.

Homeopaths and other natural health care providers regard the use of drugs to be not only detrimental to our children's health, but also the cause of many, if not most, of the ills of today's society. Each of the above illness can be attributed to the use of drugs and their kin.

Yet, we can hold on to the old ways. The ways of knowing deeply how to care for our children and to trust our children's bodies to be able to do what is intended. That is, to grow up without a medicament for every little ill.

Women throughout history have relied on homeopathy for everything from ear infections to head injuries. I urge families to own a few choice homeopathy books and a homeopathy kit. Once this little system is in place, everything a family needs is readily available.

It can be difficult to resist the temptation to give our children drugs. After all, we only want what is best for them. And we certainly don't want them to suffer the pain of an ear infection or a sore throat. But if we understand that the medications of commerce will often cause further suffering in the future, the choice becomes an easy one.

Homeopathy forces us to really know and observe our children to make the correct remedy choice, and keeps us focused on what matters...our family. In a world that encourages moms to leave the home early in the lives of their children, homeopathy instead celebrates the home, the cuddle and the right dose of discipline. Instead of dragging our children from specialist to specialist, moms can treat children in the kitchen while making an old fashioned meal. Isn't that what we were meant to do?

We need to trust our innate ability to treat our children without interference. To make choices that are based on what is best for our family as a whole. Homeopathy is rational medicine that supports mother's intuition and family to the fullest. Time honored traditions, time honored care. It just feels *right*.



Interested in finding out if homeopathy is a fit for you and your family's health strategy?

Call (716-941-1045) or [EMAIL](#) us to set up a FREE 15 minute phone conversation with Joette.

HOT Off the Press!

Where's Joette?

- There's still time to register for the 2nd Regional Meeting of the Weston A. Price Foundation in Buffalo, NY September 15th and 16th. Joette will be presenting "How to Treat Fever the Homeopathic Way." Go to this [link](#) to register.
- The annual Weston A. Price Foundation conference is just around the corner. Register by August 19th for an Early Bird discount. Joette will be joined by other experts in the field of nutrition and health at this highly informative and worthwhile event November 9-12 in Santa Clara, California. Go [HERE](#) for more information

In the Kitchen



Nothing says "after school snack" better than a house filled with the aroma of homemade bread! Treat your hard working kids to a healthy & gluten free treat with my recipe for [Gluten Free Banana Bread!](#)

Edu-Tip...

Have you read the ingredients on your tube of toothpaste? Do you know what half of those are? Can you pronounce them? Well if you weren't interested in making your own toothpowder before, you may be now! [Read more on our blog...](#)



Coconut oil... So many uses, so little time! Everything from recipes to remedies, check out [my listing of blog posts](#) on this wonderful tropical gem.

Quote From Joette

"Boring, unimaginative food; boring unimaginative brain."

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If you have a specific question you'd like answered or topic covered in future issues, please [E-mail suggestions](#) or post comments [on our blog](#).

About Joette

Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced, and committed and has a following of discerning clients throughout the United States and abroad.



Please Note...

Joette is not a physician and the relationship between Joette & her clients is not of prescriber and patient, but of educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness that is an educational process, not a medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is in order.

* These statements have not been evaluated by the Food and Drug Administration. This (ezine) is not intended to diagnose, treat, cure, or prevent any disease. The information in this ezine should be used only after consulting with your doctor or other health care professional and should NOT be considered personalized health care advice. This is meant for educational purposes only. We hope you will educate yourself thoroughly.