



HomeopathyWorks.net

*Joette Calabrese presents HomeopathyWorks.net, where mothers
become empowered via Homeopathy.*

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Dear...

As parents, we worry about our childrens' well-being. We want them to be the best they can be. So when sickness hits, we want answers & we want them now! That's what we offer right here - answers to your questions as you take on this important subject yourself. Read on.

Love,



'Interested in finding out if Homeopathy is a fit for you and your family's health strategy? Call (716-941-1045) or [EMAIL](#) us to set up a FREE 15 minute phone conversation with Joette.

Check it Out!

There are heaps of great resources & free materials on our website. You might be left asking yourself... "Where do I start?"

Here's step one:

Read [Antibiotics](#), our October 2009 blog post. We invited you to share your comments like other real families did.

Fall in Full Force ...



We have recently expanded our workspace to accommodate our growing staff. This photograph was taken from the upstairs office balcony just this past week. You can see my little vegetable garden to the right. The last tomato was picked yesterday but the Swiss chard (*Bietole*, in Italian) is still coming in strong. My Italian grandfather used to grow it well into late autumn. I hope mine does the same.

Quote From Joette:

"Homeopathy is like painting a watercolor; a dab of color here, an edit there and then a pause to step back and see the beauty of its overall effect."

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Enjoy reading!

Hot Off the Press!

NEW! Check out Joette's guest post on *theNOURISHINGgourmet.com* blog with her article titled [Homeopathy for Smart, Frugal & Tenacious Moms](#)

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Read Joette's article, [Itching for Better Medicine? Homeopathy May Be Your Best Choice](#) which was recently featured online in the [Journal of Natural Food & Health](#)

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Also check out Joette's column *The Homeopathy Journal* in *Wise Traditions*, the quarterly journal of the Weston A. Price Foundation. Her newest article, entitled [Radiation & Community Illness](#) was published in the Summer 2011 edition.

Postpone that Illness – Take Antibiotics



So often, moms tell me that their children are sick with fevers and colds. Sometimes they call after the illness has progressed over a few days. The mom is at her wit's end with worry and frustration. At this point, homeopathy and natural methods are a last ditch effort.

Meanwhile, over-the-counter-meds, Tylenol and the like have been employed, as well as a visit to the doctor.

The parent is hoping for direction from the doctor, but most often, an antibiotic is prescribed.

Antibiotic, antibiotic, antibiotic.

The mom buckles under the pressure and resorts to the drug. In short order, the fever reduces and the child recovers. Or does he?

"My child is sick again."

Now, don't get the wrong impression. I recognize that it takes time to find comfort in not using a pill for every ill. This mentality has been ingrained in all of us and we must reprogram ourselves in order to undo this outdated thinking.

However, when the fever returns, it's not new at all. It's the same one which wasn't allowed to complete its course because the symptoms were treated instead of the problem.

After it was attacked with conventional "treatment" only a month previous, it's brewed in the system and rearranged itself.

Unfortunately, parents can be drawn to the idea that conventional drugs, such as antibiotics, can help, when in reality it is shown that it only delays a *full* recovery. And worse yet, it has been shown that they can cause a *new* long term illness. By using antibiotics, the disease will simply be rescheduled for a later date.

Mark it on your calendar ...its likely coming again.

If this were a financial analogy, we'd go to the bank to find our savings account emptied after making a poor investment on junk bonds.

The broker ought to be fired!

So, fire the antibiotics!

Unfortunately, the child may have to start all over again with the same illness unless it is finally put to rest by simply getting over it naturally. This means, the old fashioned way via homeopathy, botanicals and good nutrient dense foods.

My parents, the children of Italian immigrants, were assigned to their beds when they were sick as kids. They were made to sweat it out with a good dose of garlic, chicken soup and sleep.

When they recovered, it was a *true*, deep recuperation that allowed their bodies to understand the immunity it had just fashioned. Both of my parents, now in their eighties, have neither hay fever nor allergies.

I, on the other hand grew up in the 50's and 60's when antibiotics were considered state of the art. So when I got strep throat, croup, ear infections, bronchitis and the like, my body was not able to restore.

Many of my contemporaries and I were plagued with one infection after another. When my tonsils were removed at the tender age of three, instead of tonsillitis, I was then plagued with bronchitis. The pathology simply traveled to a more profoundly important organ.

Same pathology; different locale.

This is what I hear about day after day in my work as a homeopathic educator. The use of antibiotics is one of the travesties of childhood today. These medicines have been shown to cause chronic illness down the road. Gastro intestinal issues, irritable bowel syndrome, rheumatoid arthritis, GERD, Crohns, and interestingly, hay fever, later in life.

Yes, homeopaths of old knew well. The old masters stated that when a young person's infectious illness (which often presented with fever), is mismanaged by suppressing symptoms, chronic hay fever or the like would likely become his middle-life suffering.

Meanwhile, modern medicine's take on hay fever is that it is inherited.

But how could that be?

Remember my parents? Well, after being allowed to endure infectious childhood diseases without interference, they have had full adulthoods *without* hay fever and the like.

And me?

I suffered from hay fever nearly my entire adult life. It is only now in my late 50's, after homeopathic treatment, that the hay fever is perhaps 90% abated. It's no longer a disruption in my life.

It has taken me this long to rid myself of these allergies because I had a history of repeated medications for every infectious illness that came my way.

So, the next time you or your little one gets a cold or other simple infectious disease, celebrate the opportunity to protect him from chronic illness later in life, and allow for a good sweat, lots of chicken soup, garlic and such....the way it was done for centuries.

Know that each illness overcome without the use of medicine of commerce is strengthening the immune system against the next ill.

Your body will understand what it's supposed to do; provide immunity and a healthy future.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.

There is always MORE!

Have we whetted your appetite for more? There is always something new to discover with Homeopathy & we can help you find it. Below you will find helpful links. Enjoy!

From the Archives!

Kim Hartke's Blog, *Hartke Is Online*: Is where you can find Joette's newest online publication [Mommies Beware! This Excitotoxin is Hidden in your Food](#)

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Listen [HERE](#) to Joette's newest Radio Interview with Ginger Leilani Chapin & *Conscious Lifestyles Radio*.

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If you have a specific question you'd like answered or topic covered in future issues, please [E-mail suggestions](#) or post comments [on our blog](#).

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## About Joette



Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to add, obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced and committed and has a following of discerning clients throughout the United States and abroad.

## Please Note...

Joette is not a physician and the relationship between Joette & her clients is not of prescriber and patient, but as educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness that is an educational process, not a

medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is an order.

***\* These statements have not been evaluated by the Food and Drug Administration. This (ezine) is not intended to diagnose, treat, cure or prevent any disease. The information in this ezine should be used only after consulting with your doctor or other health care professional and should NOT be considered personalized health care advice. This is meant for educational purposes only. We hope you will educate yourself thoroughly.***

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