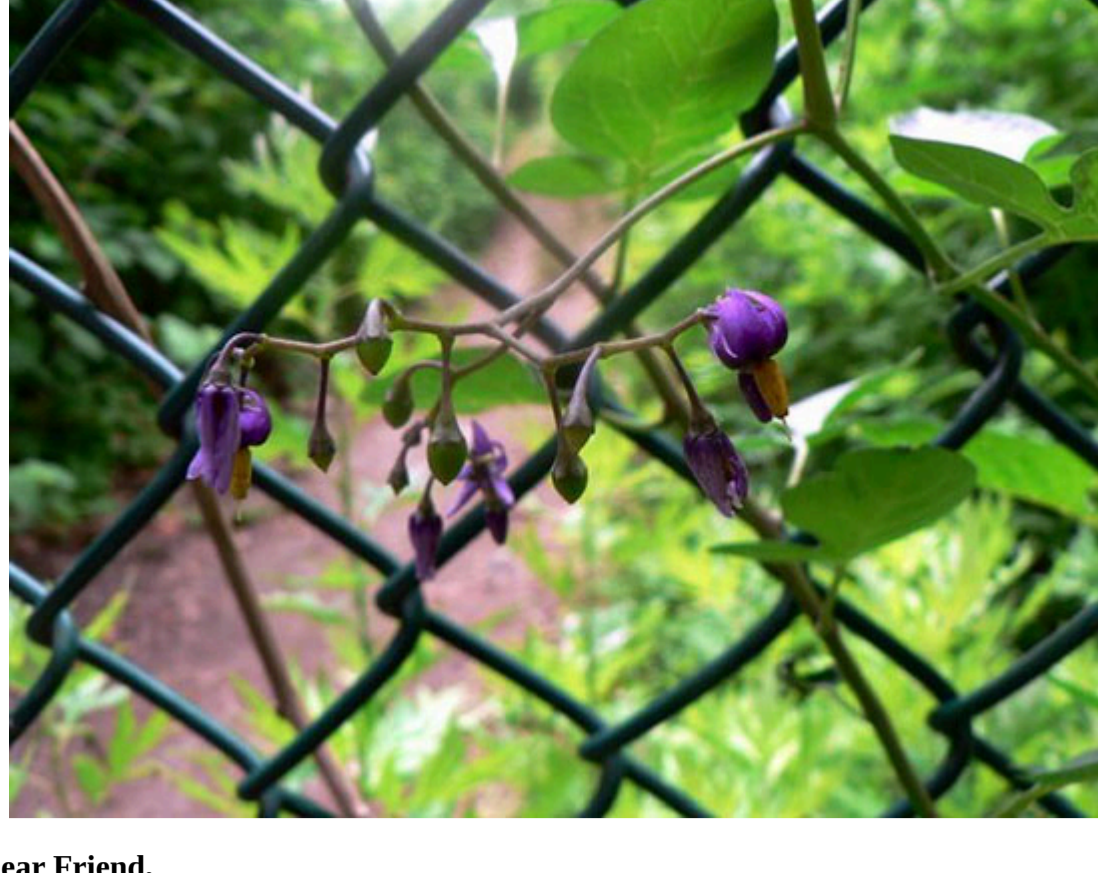


## Not-So-Deadly Nightshade



Dear Friend,

Bright green leaves, pretty flowers and sweet-tasting berries...the outside of this plant disguises a deadly interior. But homeopathic dilution changes this killer into a terrific remedy for fever! Let me introduce you to the story of *Belladonna*...

Love,



## Healing From a Beautiful Lady

*Belladonna*, or deadly nightshade, is an oft-used poison in mystery novels, films and television shows. Back in ancient Rome, the Emperor Augustus and the wife of Claudius supposedly used this poison to murder their enemies, and in even earlier times, poison-tipped arrows were made by dipping the arrow in the juice of the belladonna berry.

The plant also found use as a recreational drug because it produces vivid hallucinations (caution: don't try this at home...it is extremely dangerous!) *Belladonna* is considered one of the most toxic plants found in the Eastern Hemisphere. All parts of the plant contain tropane alkaloids. The consumption of two to five berries or a single leaf of the plant can be fatal to an adult.

However, in the hands of a trained homeopath, *Belladonna* can become a godsend for a person with fever. The scientific statute of "like cures like" is the foundation upon which homeopathy is girded. Homeopathy employs plants that often have poisonous characteristics and transforms them into submissively curative agents. Although the remedy *Belladonna* is made from deadly nightshade, through the "magic" of homeopathy, it becomes a powerful healing ally.

Here's the inherent wisdom that makes homeopathy fascinating and profound: the very symptoms that can be caused by a substance in its gross form, as it is found in nature, can be antidoted when formulated into a homeopathic medicine. The method of making the remedy uses a mathematical nano-dilution that renders the poisonous effects neutral while allowing the curative aspects to remain.

In this way, we can use a substance that would be detrimental or even noxious in its gross form, diluted according to the International Homeopathic Pharmacopoeia, and it will become a medicine of vast power with the unique ability to restore physical wellbeing as well as balance the emotional or mental aspects of the individual. After all, isn't genuine health the restoration of the entire human, not just the physical aspect?

So, take the example of Travis, a teenage boy with a 104° fever, thrashing anger and ruthless ear pain. His parents chose to administer *Belladonna* because his fever was high, his eyes had a glassy look, his ear pain was severe, and the illness came on with a fury. These are the keynote symptoms that need to be present for *Belladonna* to do its good work.

The cluster of symptoms marked by dilated pupils, red cheeks and high fever would be caused by ingesting this poisonous nightshade berry. (The name belladonna, or "beautiful lady," refers to the historic cosmetic use of the berry juice as eye drops to dilate the pupils.)

If the fever had been low, accompanied by chills and presented in an irritable teen, the remedy choice would likely have been *Nux vomica*. Or if Travis's earache appeared with a medium fever, with one cheek red and the other pale, and he was fractious, he might have been given *Chamomilla*. This is how patient-detailed and individual the selection must be.

After three doses of *Belladonna* and some much needed sleep, Travis awoke the next morning with renewed strength and was able to go to his high school dance that night. His parents had no reservations about his intentions for the evening. They knew from years of using homeopathy that when the remedy is correct, there will be no relapse.

Thus, the scoundrel deadly nightshade is tamed by homeopathic methodology! Maybe someday someone should use that as a mystery plot device!

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.



Interested in finding out if homeopathy is a fit for you and your family's health strategy?

Call 716-941-1045 or [EMAIL](mailto:office@nationalcenterforhomeopathy.org) us to set up a brief introductory appointment with Joette.

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The National Center for Homeopathy 8th Annual Joint American Homeopathic Conference  
April 19-21, 2013  
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## Joette's Newest

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## In the Kitchen

### Candy for Your Valentine!

Forget the sugary hearts and overpriced chocolates. This Valentine's Day, give your sweetheart or your kids some REAL candy...the kind where you know exactly what it contains because you mixed it yourself.

[Homemade Candies – Quick Making, Real Healthy, Kid Pleasers](#)



## Did You Know?



Buffalo Homeopathic Hospital in 1923

In the 1800s and early 1900s, the United States was home to more than 100 homeopathic hospitals and 22 homeopathic medical schools, similar in number to the allopathic hospitals and institutions. Both allopathic and homeopathic physicians treated diseases such as small pox, typhoid, diphtheria, tuberculosis and syphilis, as well as illnesses more common today such as influenza, allergies, and menstrual disorders. At that time, allopathic tools included purging, bloodletting and other primitive means to treat these diseases. The homeopaths, however, had an

arsenal of remedies as effective today as they were then.

## Quote From Joette

"By its very nature, homeopathy requires us to make it essential in our lives. It advises us of the opportunity to commit to something fundamental... something on a quiet yet gigantic and enduring scale."

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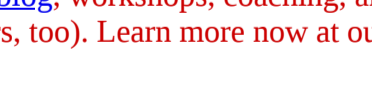
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## About Joette

Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced, and committed and has a following of discerning clients throughout the United States and abroad.

### Please Note...

Joette is not a physician and the relationship between Joette & her clients is not that of prescriber and patient, but of educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness, which is an educational process not a medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is in order.



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