



**Condition:** Sinus headaches from barometric pressure changes

**Remedies:** *Kali bichromicum* 30

**Details/Directions:** Every 1-3 hours (depending on severity)  
until very much better



The number of pills/drops per dose is printed on the outside of the remedy bottle.

**More info at:**

<https://joettecalabrese.com/blog/april-showers-bring-sinus-headaches/>