

Laura P. from Atlanta, GA

I'm not sure your email could have come at a better time.

I overworked my glute muscles after discovering my son's Oculus (a virtual reality device) has the MOST FUN exercise app. I played way too many rounds and could barely keep up with my clients taking my boot camp this morning (I'm a personal trainer).

After reading this email I ran...okay, limped...upstairs to my homeopathy kit. I had just invested in a handful of "must have" 1M remedies and Rhus tox just happened to be among the suggestions given to me in the Students of Joette page on FB. Thankfully, I also have Symph 200.

I kid you not...in a mere 5 minutes those overworked glute muscles started to relax and I can now squat, side lunge and reverse lunge without my muscles seizing up and halting my movement!

Woohoo! Thank you. I looooooove homeopathy so much.

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