

Jerry

Things are going very well for me now. It looks like we are making major progress on my feet and urinary symptoms as well as other sundry health issues. BP late yesterday was 134/76 which is darn good for me. I still take 25 mg of hydrochlorothiazide (as per the doctor) and will continue taking it until I am confident of my new found health.

At this time I think I need more time on Aurum Met, Cephalandra and Syzygium. I have hit a rhythm and things are clicking. I would like to postpone our Feb. 4th appointment in favor of at least two more weeks on this routine.

Thank you, Jerry