

Dianne Franz, Eden, NY

One Wednesday morning while cleaning, I experienced a very fast, thumping heart beat. It was quite scary!

After speaking to Joette, we decided it was a result of eating too much chocolate on Sunday and Monday. Since I am not accustomed to caffeine in that quantity, my heart was freaking out.

Within minutes of taking one dose of Nux vomica 30, my heart returned to its normal beat. If Joette had not been available, I probably would have ended up in the emergency room being put through many expensive and unnecessary tests along with prescription drugs.

My family has used no prescription or over the counter drugs for the past 5 years, thanks to Joette's classes and consults.

Dianne Franz, Eden, NY