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A success story for Joette's concussion protocol. Last year my friend tripped on a carpet and fell on her knee and wrist while sliding across the floor hitting her head against the wall. When talking with her on the phone, her concern was largely for her knee and wrist and she seemed very coherent so no one ever even thought she might have had a concussion. Fast forward to a year later. Her body has been having trouble regulating autonomic functions like blood pressure, heart rate and body temperature. She does get regular headaches and also has vertigo both while in bed and while in motion varying in intensity each day. Once we figured out the hypothalamus controls the autonomic functions, we learned that the usual route the hypothalamus gets damaged is via concussion. Given this information, she decided to try Joette's concussion protocol of Nat Sulph 10M. When I checked in with her a few days after she took it, she described this as a miracle experience. Somehow, this remedy lifted a significant mental barrier that had been in place, which she did not realize was there. The constant vertigo that she was experiencing was also completely gone. She is also starting to see some improvements in her autonomic nervous system functioning. Regulation is still not perfect, but at least seems headed in the right direction. So, this is a very useful protocol to have tucked away in your toolbox because you never know when you might need it. And, it may not be obvious you need it until some time has passed after the initial injury.