

Beth Thomas, Scottsdale Arizona

After reading an article recently about the increase in illness in American children due to modern medical practices such as overuse of vaccinations and antibiotics, it confirms what I see in my own children. While so many families around us struggled so much with illness this winter, my kids remained pretty healthy. Especially Sophia who, when she got a cold a couple weeks ago, I calculated that it was the 5th time she's been sick in over 5 1/2 years of life, and all of those sicknesses have been minor; no more than a couple of day incidents.

She was so funny when she was sick this time. She'd been feeling badly for maybe 3 hours and she looks plaintively at me and says, "Mommy, am I ever going to feel better?" I chuckled – she has no idea what so many other kids/ppl go through. To her 3 hours of feeling sick is a lifetime! Thanks for helping me give my kids this marvelous health! It is indeed amazing.