Podcast 120 – Passion! From Mom with Moxie to Practical Homeopath®



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ADDITIONAL RESOURCES:

JoettesLearningCenter.com
Joette's Study Group, Find Your New Study Group Friends
Joette Calabrese on YouTube

Kate:

This is the Practical Homeopathy® Podcast, episode number 120.

Joette:

Hi! This is Joette Calabrese. My Practical Homeopathy® is transforming lives all over the globe by offering health freedom!

They say a picture is worth a thousand words, but I say a

podcast is *priceless*.

I want you to hear – in their own words – how regular people just like you have reshaped their lives using the practical protocols I teach in my Practical Homeopathy®.

So, with the help of my reporter Kate, I bring you this podcast series featuring interviews with moms, dads, teens, health care practitioners and Academy of Practical Homeopathy® students from all walks of life.

With education, you can follow in these students' footsteps. You can eliminate your fear of illness and injury by learning how to care for yourself and your family. Like them, YOU can be in control – without acquiescing to authority – to live healthier, more autonomous lives. Indeed, you, too, can heal yourself and your family through my brand of homeopathy – *Practical* Homeopathy®.

INTRODUCTION

Kate: (01:30)

If you want to hear about some amazing homeopathy success stories, how to become a "cool kid" who knows about homeopathy, understand what The Academy of Practical Homeopathy is, or maybe what it looks like to create a thriving homeopathy consulting business, or even just how to help those around you and those you love: this is the podcast for you.

We've got a lot to cover today with a very special guest. So, let's get started.

Today's guest is Leanne Burns. She's a physical therapist, a homeopath, a homeschool mom, and embodies all things adventure. So, everyone help me welcome Leanne to the podcast.

Leanne:

Hi Kate.

Kate:

Hi! It’s so great to be with you today. We have a ton to talk about, and I know you and I could talk for hours and hours, but we won’t do that to the listeners today. But we’re going to pack a lot in this 20 to 30 minutes that we have together, and I would love for the listeners to get to know a little bit about you before we begin.

Tell us about some of your adventures, Leanne.

Leanne:

Oh, boy. I still like to get out in the outdoors. I’ve always been an outdoors person, so I like to ski. I like to paddleboard but prefer to kayak. I’m a little bit faster on the kayak than the paddleboard.

I boat; I hike; I walk every day.

I just like to be outside, and a lot of things come to me when I’m outside. So, I’ve found some animals in distress when I’m out there, and I’ve been able to help them. Also, I hike a lot with my family, so I’m always carrying remedies and always prepared for whatever comes at us.

Kate:

And in fact, I remember one class that we had in The Academy — I don’t remember if it was a Mastery™ or Academy — but you were actually rock climbing. And you joined us for one of our classes — our live lessons — and that was pretty fun.

Do you remember that?

Leanne:

I do remember that. That is another thing I do.

Actually, my son's a big rock climber and has been doing camps every summer. And last year, we did something different. We went as a family, and he took a couple of friends. And the guide said, "Hey, I'll throw you in. Why don't you do it too?"

So, I got to do it for the first time on real rocks and not in a climbing gym. And other than that, I hike on rocks and climb around on 'em, but I've never been roped in and being belayed, so it was kind of fun.

I got to belay my son, and he got to belay me on the rocks, and it was great. Yeah, great fun.

Kate:

That was commitment, Leanne, to join a class while you're rock climbing.

Anyone who has an excuse, I don't think that there is one because you joined rock climbing.

So, let's hear a little bit about your homeopathy journey. You've known about homeopathy for a little while, but you really became entrenched in the last few years, so tell us about that.

FIRST EXPERIENCE WITH HOMEOPATHY: SON'S TUMMY BUG

Leanne: (04:24)

Yeah, so in 2017, my son came downstairs, and we were two days away from going skiing, and he was in probably second grade (I think it was). And he came down all dressed in his clothes for school, his backpack on. He says, "Mom, I just threw up and have diarrhea."

I'm like, "Holy cow, what am I going to do?" You know?

A friend of mine, who is an acupuncturist and dabbles in homeopathy and Chinese medicine, she said, “Anytime something like that happens, call me.”

I called her. She said, “Meet me at your clinic. I have the remedy for you.”

And I got there, and she had a little bottle. It had “ARS 30C” on it. It was a water dose. “Just tap it 10 times and give it to him under the tongue and see what happens.”

Of course, his first question was, “Is it going to taste?”

And I said, “No, it’s just water.”

He took it, and he never got sick again. Went on our trip; everything was great.

I’m like, “Huh, wonder what’s in that?”

And she said, “You need to get a kit.”

So, I got a kit, and I started reading on it. And I just got, “Wow! This is complex!” You know? “How do I know? There’s so many remedies for flu and this?”

And I was working full time and running my business full time, and I’m like … It collected dust for a couple of years until I got attacked by sumac.

POISON SUMAC IS NO JOKE

Leanne: (05:37)

Poison sumac is no joke. After about 1,100 milligrams of prednisone, I reached out to my friend again.

We tried a couple of things – homeopathy – and she referred me to a classical homeopath. And I hadn’t slept in three weeks, and I was still itching … my entire body.

Of course, when washed the original insult, I took that scrubby that I washed it off on my hand with, and I went all over my body.

Kate:

Oh no!

Leanne:

So, I was pretty miserable.

And, of course, you can't sleep on steroids either. You could read seven books in a week on steroids. And so, I was itching as my brain was going. And so, she took my case and recommended *Sulphur* 30. Of course, it was classical, so she wanted it in water.

She had me do it one dose and then wait. Which I was in a hurry, but I actually had a pretty significant – probably 40% – difference that night, that day.

And then two days later, she split that dose. And I took a tablespoon out of that and made another water remedy, and that was all she wrote. By the weekend, I was sleeping through the night.

When things changed in 2020, and my son's STEM class got shifted out. I received a timely email from Joette, and I had gotten on her list.

FINDING JOETTE: EFFICIENT AND EFFECTIVE

Leanne: (07:02)

I didn't really realize it, but when I was in my panic about the sumac, I had gotten on her mailing list, and I had this ton of emails. I'm like, I got to get rid of these emails. And I was going through 'em, and a new one came in, and it was the "Cool Kids."

I'm like, my homeschooling son … his STEM class got shut down due to the pandemic and the fears and so forth. So, I said, "Well, let's do something science." Let's do something applicable to today and that he could use in his lifetime.

So, I just did it alongside of him, and I couldn't believe it. It was all I had looked for. Going from classical to Practical. It was like, *this* is what I wanted. I wanted recipes. I wanted a way to be very efficient and effective.

That's how I work in physical therapy. That's how I worked my entire life. That's how I work in my house. I want to be efficient and effective.

It just blew me away. The Banerjis … When I first got the Banerji book, I'm like, "Huh, I guess this is good to have on the shelf. I'm not sure if I'll use a lot of it, but I have it." [laughter] That thing is falling apart. I've had to re-glue the binding of it. S

So, from there, I did the Pain course, and that was kind of a catalyst. I like to think things out and talk things out. So, I already had patients that, as I'm listening to the remedies that Joette's describing in the Pain course, I'm like, "That's so-and-so, and that's so-and-so, and that's so-and-so. You know?"

"Doesn't like riding on a bumpy road." "Feels lame". I had *Ruta,* and I had *Belladonna*. I had all these things that were just coming to mind, and I was writing their names next to all these remedies. And then I talked to them, and I could talk out those remedies and learn it a lot better.

I also did something that I don't know that everybody does. I actually did the recommended reading and classes that she had. She had the "Intro to Homeopathy" [included with course purchases] and so forth. And I found that very fascinating. That actually helped in The Academy 'cause I'd already had the exposure to that.

And hopefully, Wednesday, I'll get to go to the Samuel Hahnemann Monument in Washington D.C.

Kate:

Oh, that's right. Yeah.

Leanne:

Yeah. So that's kind of where I went.

After I found some of those protocols and the Banerji protocol for the flu that was going around, I started getting some people asking questions of me. Somebody had a bit of a miracle. They were able to sleep without any medications after about 12 years, by way of having the flu and then us talking about other things. She put a Facebook post out there, and then all of a sudden, I was getting calls and messages and everything.

I said, "How? I can't handle this volume. I want to help all these people."

That's when I did the "Intro to Homeopathy" classes in the community, and I did two of them. One was for general people, and then one was for healthcare providers and massage therapists and chiros and things like that.

That really did something unexpected. I didn't expect it to take … I mean, I was just basically, "Here, this is how you use Joette's website. Here's how you use Practical Homeopathy®. Here's what it is. Here's how to use it. She has these great things – these great recipes – and if you really want to, you can take her Gateway courses and learn more."

After that happened, all of a sudden, classes started popping up everywhere in about a Tri-County region. And then more classes and more classes and more classes, and all of a sudden, we had this big community of people wanting to know

more about homeopathy and really seeing the value.

Kate:

After that, You were teaching people how to help other people, and then, you wanted to learn more at that point, or what were the next steps?

THE ACADEMY OF PRACTICAL HOMEOPATHY®

Leanne: (10:44)

Well, I did. It's kind of funny because I wanted to teach them so that I wouldn't have all the responsibility. And like, "I don't want to do this. I don't want to be a homeopath." And all of a sudden, I'm like, "Yes, you do want to be a homeopath!"

It's like everything was directed. It all came together. It was just such a time as this. As a believer, I feel that it was directed spiritually as well. The people that I needed in my life, they just were right there. Everything just came. It was very fluid. It happened kind of organically.

I listened to every single podcast that Joette had. I'd do it when I was gardening. I'd do it when I was out walking. I'd do it all over. And she would always mention something about The Academy. "We're working on The Academy. We're working on something big!" You know, on and on and on.

I said, "I've got to do this."

So, I applied for the first cohort in – and got accepted and started in – September of 2021 and then graduated in 2022. Which by the way, 22 is my favorite number. It was my number … I used to play basketball. I was a pretty good basketball player, believe it or not, and that was my number. My dad's baseball number was two. My grandma was born on the 22nd of February. So, it's always been a number for me. And it's

kind of funny that I graduated in 2022.

Kate:

Yeah. And you did something else in 2022 as well.

Leanne:

Yeah, I started a business!

Kate:

Yes! A couple, really.

LAUNCHING TWO PRACTICAL HOMEOPATHY® BUSINESSES AND CONTINUING EDUCATION

Leanne: (12:07)

Yeah, two. So, through The Academy and some of Joette's employees there, Lara actually spurred me. And she goes, "You need to start taking some cases."

Where I live in rural North Carolina, we don't have a lot of remedies around. So, it's hard to find things. You can get a 200 potency at certain places in *Arnica*, but that's it. And they don't sell a lot of variety.

So, I said, "Well, I need to start a remedy shop."

So, I had the space available in my clinic, separated that out into an LLC. So, I have an LLC taking up space in my main business, but they're totally separate. And so, I have a shop and I started taking some cases. I was still in The Academy, so I had a lot of studying. There was a lot of coursework each week, and I was homeschooling my son.

Kate:

And running several businesses and … yes.

Leanne:

And getting outside – doing all the fun stuff – because I have to get outside. I have to ground myself. I really need that. I'm a very active person; I don't sit still a lot. But getting outside really just connects me … connects me to God, connects me to Earth, nature. It's part of me.

So, opened that remedy shop, started taking cases, and I saw how well those were going. And, you know, I only took a few. And it was good because I could get the mechanics of it down. It wasn't that different than physical therapy. The charting was a little bit different, but really I got my feet wet, and then, I could kind of get my rhythm. Graduated, then, in the fall. Became a study group advisor right after that.

Kate:

That's for the next Academy class. You worked with the study groups and helped them to get through their Academy year.

Leanne:

That was fun. And it was another way of integrating and just really immersing myself. And they'd ask me good questions. I like to be asked those questions. I like to solidify the knowledge, and I like to be able to articulate it also.

So that was really good and good to listen to them. I learned things from them as well. Just like in physical therapy, you never stop learning. If I don't learn something new each week, something happened; something was wrong.

Kate:

And you hear the information a little bit differently each time, too, and pick up different things than you did last time.

Leanne:

Sure. And that's a good point because even in any type of learning, the more senses that you have involved in that – if you hear it, you smell it, you write it, you see it, any of your senses –the more senses you have involved in that learning, the better it gets integrated into your brain. And so, when I'd hear it, like you said, from different people explained a little bit differently or using a different analogy or using it in a different way, it really helped.

Kate:

So, at that same time, you began to be a study group advisor for the next Academy class, and then a few months later, you went right on into our Mastery™ program.

Leanne:

I did. That was *really* good. I can't say enough good things about that. Smaller groups … just a different level.

When I think about it, I think about The Academy is giving you the base and the foundation. It's a stepping up and stepping off point where you get a good basic knowledge of homeopathy and the remedies. But then you get to fill in all the gaps, and you get to integrate it and apply at a different level in Mastery™. And it really was. I just loved it. I loved the people in it. I loved having that access with Joette and good conversations back and forth. It was very valuable.

Kate:

And then you didn't want to leave us all, so …

Leanne:

So, I went into Mastermind. Once … when you've been with all these people, and then it narrows down, and you get closer and tighter groups, it really is hard. You miss 'em. I mean, Mastermind's every couple of weeks now, and it's going to

like, “I need my group fix. I need to be talking with these people.”

We have a Signal group now, so that’s kind of good. But it is different.

Kate:

And I find it fascinating to hear how all the people that have gone through all three years or are in the midst of Mastermind, how their lives have really changed. It’s pretty incredible. I love …

Leanne:

Transformational. Yeah. Very.

Kate:

So now that you’ve gone on this homeopathy journey, I would love to hear about some of your success stories. I know you have a couple that we talked about a little earlier that you could share with people just to give them an idea of some of the things that they could do with homeopathy.

SUCCESS STORY: RATTLESNAKE BITE

Leanne: (16:45)

Sure. So, one of my favorite stories is the dog with the rattlesnake bite. We have every poisonous snake that’s found in America (in North America) here in North Carolina. And the eastern Diamondback, they get to be very, very big – five feet long, six feet long and so forth. I’ve seen a few of them myself.

My neighbor, once when I had my farm, brought one and said, “Look in the back of my truck.”

And I looked back there, and my daughter was young at the

time, and she says, “Don’t let your daughter go near that ditch.”

I’m like, “Oh, I won’t.”

Kate:

Wow.

Leanne:

So, I mean, it was probably three and a half, four inches in diameter. It was huge.

I got a phone call. I was actually on vacation. It was a year ago in the end of April, and I was actually taking my boat to get serviced. And I got a phone call and I know this person doesn’t call me unless there’s a problem. I was at a stoplight, and I said, I need to just call her because you certainly can’t text when you’re driving.

And I called her, and she told me that her dog had been bitten by a rattlesnake about 20, 30 minutes ago. What should she do?

And I said, “What do you have?”

And so, she had *Arnica* at the house. Of course, she didn’t have a lot of things.

I said, “Can you get him in the car? I’m about the same distance on the other side of the clinic as you are to my clinic.”

So, we met at the clinic. She got there a little bit ahead of me and had gone in. She didn’t have one of the remedies, so I had told her what remedy to get. She went in and got it, and she started right away. Again, using all of the things that I found in The Survivalist.

I had the one that she needed in the car. And she started

everything, and I got there. We just kept taking turns, giving the dog remedies every five minutes or so because he was starting to fade.

As soon as she got there and started some of the remedies, he had kind of perked up a little bit, but he would sometimes lean back and just kind of close his eyes. And we got him going. And by that night, he was up moving with the kids. And the next morning, he was playing ball.

Kate:

Wow, that's really fast.

Leanne:

It is fast. He was limping a little bit with the ball. But by the next day … and he runs fast. They live on kind of a community farm. Some family members and cousins have a community barn and chickens and all of that. And then, their house is on the outskirts of it, and they have a long gravel driveway. And the dog runs with the car all the way down the driveway when they're leaving or coming back, and so forth. And the husband had taken a picture of the dog running the next day, going pretty fast with the car. Not limping at that point in time. Yeah.

Kate:

And tell us a couple more. That's spectacular, but I know you have some more to share.

SUCCESS STORY: CYSTIC FIBROSIS

Leanne: (19:23)

I have an interesting one. A teen who has a diagnosis that we often see as something that can't be treated very well. It's cystic fibrosis.

He is a special case. He has been taking the protocol – the Banerji protocol – and doing really, really well. And he finally got some blood work done, and the doctors looked at him and said, "You must be taking that medicine." (And I won't name it because I don't want to here.) But they immediately thought that he was taking this big gun that combines three medicines together.

And he said, "No."

All of his blood work and his nasal swabs were perfect.

He then went on another remedy because of some allergies and so forth to dust and animals and so forth. And for the first time, I think, in his life (from what his mom said), he's actually blowing his nose. He's actually getting drainage that he can blow out and not just have to rinse.

So, there's just some great things happening. He's grown significantly, put on about 20 pounds. It's pretty amazing to watch and to be a part of. And again, it's not me; it's the remedies.

Kate:

But you had to learn about them.

Leanne:

I did. I did. But they never cease to amaze me.

Kate:

Absolutely. Yes.

SUCCESS STORY: ECZEMA

Leanne: (20:47)

I've had so many things. I had a woman that came to me with a three-year history of eczema. And her hands were just very

cracked and itchy and red. Nothing could help her. She'd tried about everything.

She took the Gateway class, and that's how she heard about me. And so, she did the protocol for eczema for about eight weeks, and there was absolutely no change.

And this is a great example of how I do like to have in-person cases. She actually had come to me in person, and she was wearing shorts. And then she told me about how she's a lot itchier around the full moon and that she had these ringworm things come up. But I know it's not ringworm because it's not a fungus. And they were very itchy, and she had some marks on her legs and so forth.

And my first response was, "Have you had a dog?" She actually had homesteads. But, "Did you have a dog growing up?"

And it turns out that she had spent some time overseas and so forth. And she was a homesteader and had goats and dogs and all sorts of different things. And we were going to go with the parasite protocol, but she was a little hesitant. She wanted to try the second line of the eczema protocol.

And within a day and a half, she was calling me, and she was, again – full moon/full bore. She couldn't sleep, anything.

So, we started her on the parasite protocol, and within, I'd say, a day and a half, she was able to feel a difference. Then, she started sleeping through the night. And then within two weeks, her skin was looking good.

It's now several months later, and her hands are normal, and she is so happy. One of the things that she said to me was pretty interesting because it's sort of like when you look at a thermometer, and the temperature rises, and the bulb and the red goes up. And she said it's like the itchiness on

her body is all going down towards the ankle.

So, everything from the waist up is good … and actually down just to the knees and the feet. So, it's just gone down from the top down.

Kate:

Skin things can take a long time to heal too. So, I feel like that's a really good response.

Leanne:

Yeah, it's been about 16 weeks – four months. Yeah.

Kate:

Yeah. She's thankful. I'm sure

Leanne:

That she is. She is.

Kate:

Sounds miserable. Anything else that you want to share for success stories?

SUCCESS STORY: BLOOD CLOTS

Leanne: (23:25)

I can tell you about a fun one, too, because this was where the Gateway classes and the people that took them really came into play.

I had a young mom on a military base. I was actually hiking in the mountains. I think it was when I was doing … no; it was the year before that … the rock climbing. We were hiking and so forth, and I got a phone call from somebody in town. And they said, "Do you have the remedy for blood clots at

your clinic and your shop?”

And I said, “Yeah! It’s always in supply there.”

This person had been diagnosed with blood clots in her legs and was a military spouse. Went on base, had it diagnosed, and they prescribed some medicines. And when she went to get the medicines at the pharmacy on base, they were out of stock, and she didn’t have any resources.

So, she reached out into the community. A couple of ladies got together and got the remedies to her.

Four weeks later, she went in, and the doctor said, “Well, did you take the prescription?”

And she said, “No, I couldn’t get it. It was out of stock.”

She goes, “What?” She goes, “You should have been taking it because they’re to thin your blood. They’re not going to change the blood clot. They can’t dissolve it, but they’ll make the blood go around it.”

She didn’t tell her that she was taking homeopathy. I think she told the sonographer. She said, “We’ll just do another doppler, and we’ll look at these.”

So, she went down, had the same conversation with the person doing the doppler. When they did the doppler, the clots were completely absent. Dissolved. Gone.

Kate:

Wow.

Leanne:

What a testimony! And what the doctor said was, “Well, whatever you’re doing, keep doing!”

Kate:

I feel like that’s what they always say.

Leanne:

Yeah.

Kate:

That’s great.

Leanne:

That was the same with cystic fibrosis case. “Whatever you’re doing, keep doing.”

Kate:

Isn’t it exciting, Leanne, to hear? I mean, you must hear these stories every day.

Leanne:

I do. It keeps you addicted, you know?

I’m a lot like Joette in that way. It’s that the more you see, the more you want to help; the more you want to do because you just get addicted to seeing people thrive and get better and have that response. It’s kind of hard to explain.

Kate:

Yeah. Now, I bet some of the listeners are thinking, “That’s great, Leanne. You’ve had all this school, and you’ve had this experience, and you know how to do these things. But how in the world do I know how help people?”

What would you say to those people who are really wanting to do this and help others or help their families, but they are maybe where you were four years ago or that you didn’t have all this knowledge? What would you say to them?

HOW CAN LISTENERS DO THIS THEMSELVES?

Leanne: (26:10)

Start.

When I started using it myself and helping people in the community use it, I had actually gotten protocols for allopathy … protocols for a naturopathic. How can you treat things without a prescription medicine, so you can have all these vitamins? And that was about two and a half pages long. And I was like, "Wow, how can anybody take all of that?"

And then I got the little protocol of the Banerjis, and it was like six things, and you don't have to use everything. But at any rate, I started. I just said, "Well, let's give it whirl."

And people were just so happy and responding so well. You just start using it. And you have to develop that community.

From that, I started developing a community of people close to me, and they started taking the Gateway classes. And then, they started creating more groups from those. If two people out of their group then did Gateway groups … then, two more people from that …It was just like a big tree, a Christmas tree of Gateway groups and leaders.

You know, it's really nice, especially when you live in a rural area, to have people in different … "Can you get a remedy to such and such? Can you …" You know.

Just the willingness of those people and the excitement. They started using it with their families and seeing how it blessed them and worked with them. It kept them autonomous. They didn't have to go anywhere. They didn't have to get a prescription. They started feeling comfortable with their families and then other people and their neighbors. It just

spreads. It really spreads.

Kate:

So, you said just start. Just start somewhere. Doesn't matter where, right?

Leanne:

No. Start with those closest to you. Start in your family; start with yourself. Pick something simple and see what happens.

Kate:

And we'll put a link for the Gateway to Homeopathy study guides so that those of you who are listening and wondering what that is, you can find that resource.

So, I want to ask you – I try to ask people that I'm talking to – what is your favorite remedy and why?

QUEBRACHO FOR UPPER RESPIRATORY SYMPTOMS

Leanne: (28:07)

Do I have to pick just one?

Kate:

I know! If you are stuck on a desert island …

Leanne:

Oh no, that's different. See, that would be *Arsen* …

Kate:

That's a different remedy.

Leanne:

Right? That might be *Arsenicum*.

Kate:

Me too! That's what I …

Leanne:

Because it's like a Swiss Army knife.

Kate:

Yes. That's what I always say! Let's just say what you're loving right now.

Leanne:

Okay. Well, as you know – and a lot of people know – I'm the *Quebracho* Queen, so I really like that remedy.

Kate:

Can you spell that for the listeners?

Leanne:

Yeah. Q-U-E-B-R-A-C-H-O. I think sometimes it's "K- brocko."

Kate:

And Joette did talk about that on the last podcast, so we'll put a link to that as well if people want to learn more about that.

But why are you loving that remedy?

Leanne:

I've seen some miracles with it in a mother tincture. I've seen some miracles with it in potency.

I know of two specific cases – well, three actually – that I kept one person out of the hospital. I got two other people

out of the hospital with it and really took them out of danger, I should say.

I like to use it paired. I have a dynamic duo – the *Naja* and *Quebracho* – and that's just what I like to use.

I don't leave home without those two. Those two. It's *Aconitum* and those two. Right?

Kate:

The "don't leave home without it" list. Okay, good.

Typically, what type of conditions do you use that for?

Leanne:

Typically, upper respiratory symptoms and, yeah, shortness of breath. And I think Joette mentioned that in her podcast, so that was good.

Kate:

Alright, I think we've covered a lot. So, as we close today, Leanne, what would you like to share with the listeners?

CLOSING ADVICE: YOU CAN DO THIS TOO

Leanne: (29:48)

I'd like to share that when I started this journey, I was enmeshed in a medical system that really was limited and wasn't working well. The outcomes were disappointing and oftentimes created side effects.

And now, through immersion in homeopathy, I have a lot more freedom, and this system of medicine is unlimited, accessible and curative.

And if I could share … I didn't go on that journey or get on that track right away. I started by listening to podcasts

and studying. I listened to every single one of Joette's podcasts. And I think that if one were to start there and to hear those stories, those stories would be so powerful that they'd integrate these medicines into their daily lives.

And from there, just go on to Gateway and Gateway I and II and see where it takes you.

Kate:

Great advice, Leanne. Thank you so much for sharing your story and your journey and words of encouragement. I appreciate it. Thank you.

Leanne:

Good to see you, Kate.

Joette:

These podcasts focus on students of Practical Homeopathy® who have learned how to take care of themselves, family, friends, clients, pets, patients and even livestock using homeopathic medicine.

I hope listening to this podcast has inspired you to follow in their footsteps.

But this podcast is only a start. It's *critical* that you learn how to use these homeopathic medicines properly. So, peruse JoettesLearningCenter.com to find fun study group opportunities and in-depth courses developed by subject.

With the proper training, you can join the tens of thousands of students before you in developing the confidence and competence to protect the health of your family and loved ones with my brand of homeopathy – *Practical* Homeopathy®.

Kate:

You just listened to a podcast from internationally

acclaimed homeopath, public speaker and author, the founder of The Academy of Practical Homeopathy®, Joette Calabrese. Joette's podcasts are available on all your favorite podcast apps.

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