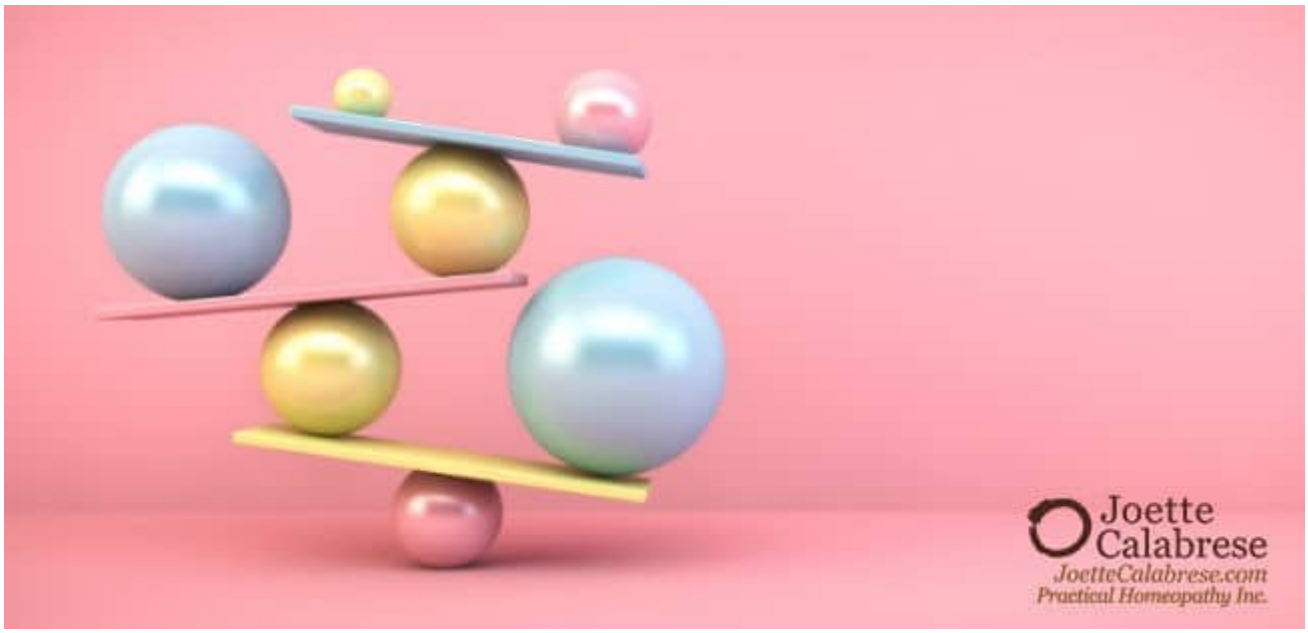
A Delicate Balance Disrupted



We women know our bodies. We know when something is not quite right, especially in our reproductive areas.

In general, our bodies miraculously thrive on a balance of microorganisms, both good and bad bacteria. I've devoted much of my teaching to the resolution of imbalances in the gut. However, our actions can easily disrupt this natural balance in our reproductive region as well.

When the bad bacteria overwhelm the good bacteria, we may find ourselves suffering from bacterial vaginosis (BV).

BV is quite different from vaginal candidiasis (commonly referred to as a yeast infection, which I have discussed previously in my article, Vaginal Yeast Gone with Homeopathy). While a medical diagnosis is desirable, most women who have experienced candidiasis can easily tell that bacterial vaginosis is different. The burning and itching may be similar, but an overgrowth of bacteria (unlike an

overgrowth of yeast) will result in a very strong, unpleasant odor sometimes accompanied with gray or green discharge – a different color and consistency than yeast overgrowth. BV can also present with a fever.

So, what creates this imbalance in our bacterial community?

Sexual habits can be a contributing factor. But often, improper use of highly advertised feminine hygiene products can be the culprit.

Listen, ladies, our bodies don't require Proctor and Gamble!

The vagina is self-cleaning. Douching or utilizing perfumed tampons or sprays are unnecessary and can be downright damaging to the delicate feminine ecosystem. Don't be influenced by glossy advertising. Natural external cleansing with a bar of mild soap – or better yet, no soap at all – will suffice to maintain a healthy, pleasant environment.

But as we know, even "the best-laid plans" can go awry at times. When that happens, if conventional medicine had its way, you'd be given an antibiotic! Seriously? What sense does that make, considering the use of an antibiotic virtually assures an ensuing yeast infection?

Why trade one condition for another?

Homeopathy is available to help address bacterial vaginosis naturally and politely – without the risk of side effects.

The Banerji Protocol generally used for BV is *Hepar sulph 200,* twice daily, and *Arsenicum album 200*, twice daily (taken separately, not mixed together).

When very much better, we halt the use of the medicine. If the condition returns, the method is taken up again.

The body's natural balance can be restored simply and effectively with homeopathy. What can be better than that?

In my course, Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy, I teach a great many protocols targeted specifically to women. The protocols contained in this course and the knowledge of their use should be a part of your homeopathy library. As much as I plan to be, I know I won't be around forever, so I want to pass the torch onto you!

Pass on the good news of homeopathy – especially to your women friends who may be suffering in silence.

Warmly,



P.S. While I'm on the topic of the perils of antibiotics, let me remind you of my course, The Antibiotic Alternative: Balance Your Bugs Without the Drugs. Don't fall prey to a recommended misuse of antibiotics, when there are homeopathic protocols designed to work with your body to create balance without side effects. Learn the protocols. Own the medicines. Protect your family's health.

P.P.S. There are only a few weeks left before Christmas. If you are struggling to think of a gift for a loved one – especially one that can arrive before the big day – consider giving a gift card good to purchase homeopathic education!

Just head to The Learning Center and click on "Gift Cards." Then, pick out the appropriate dollar amount and select an applicable photo to personalize the card.

On your chosen date, my team will send an email to your recipient with all the information they'll need to finalize their course choice (perhaps they'll choose Feminopathy or The Antibiotic Alternative), pay with the gift card and register themselves as a student!

Could there be a more meaningful, practical and loving gift than the gift of homeopathy?

