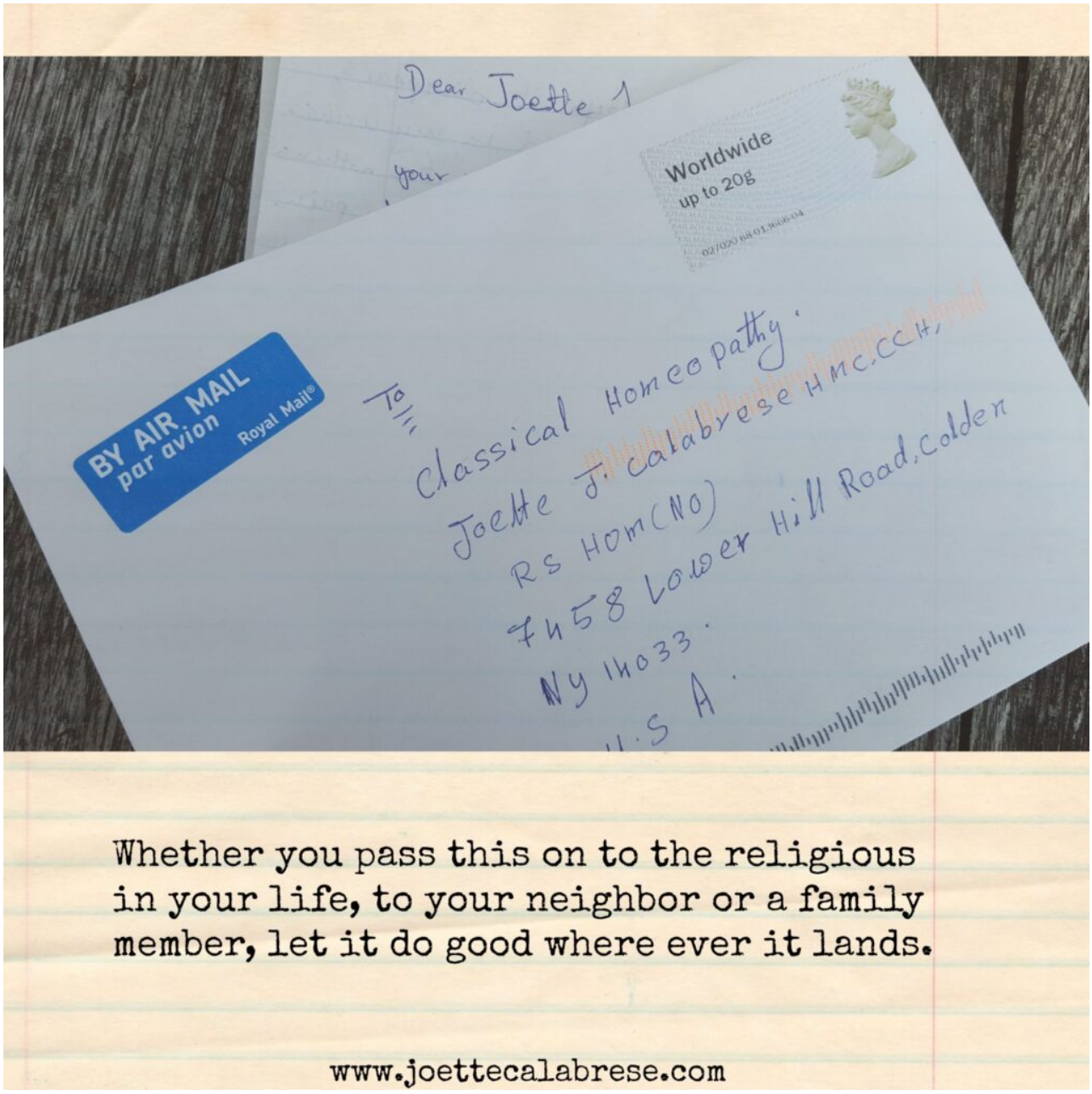
Catholic Sisters Use Homeopathy



Two years ago, I found myself sitting in the Calcutta airport waiting for a flight when I had the pleasure of meeting a nun from Mother Teresa's order, *The Sisters of Charity.* I will refer to her as Sister Bernadette throughout this post for the sake of her privacy, though I simply felt the need to share this information with all of you.

We exchanged pleasantries and during our conversation, I shared that I am a practitioner and educator of homeopathy. Happily, since our chance meeting, Sister Bernadette and I have remained in contact via snail mail, as she has continued to seek my help for her and some of her fellow sisters' ailments through the use of homeopathic remedies.

As a special treat to all of you, I am sharing our last exchange containing the list of conditions she has sought my help for, followed by my responses, in the hopes that others may benefit in the same way The Sisters of Charity have.

I continue to work with Catholic nuns and priests from all over the world sharing this, and other, invaluable information. Please feel free to pass this along to those you believe may enjoy the same effective results.

Enjoy!

Dear Sister Bernadette,

How pleasant to hear from you!

I'm happy to help with you and your fellow Sisters' needs. I've outlined the conditions you've listed followed by the appropriate remedies below. You may readily purchase them in both London and Calcutta at most local pharmacies.

For those remedies that require mixing, many find it easiest to do so by taking a dose of one and a dose of the other simultaneously.

The number of pills (when homeopathic) or drops (when mother tincture) is indicated on the side of the bottles.

May God bless you and the Sisters.

Warmly,

Joette

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1. **Low thyroid**: *Bromium 6* mixed with *Lycopodium 200*, twice daily for as long as a year if needed. If someone is on thyroid drugs, we find that they need to back off slowly as the need is diminished. This is a Banerji Protocol and I've yet to see it fail given the requisite amount of time.

2. **High Blood Pressure:** *Rhus tox 30* mixed with *Aconitum 200*, twice daily for at least 6 months. This is a Banerji Protocol. As long as the expectations are not unrealistic, this is a gentle but powerful medicine.

3. **Acid in the Stomach:** I assume you mean indigestion, where there is burping of acidic substances from the lower esophagus into the upper esophagus, and perhaps burning. If so, start with *Nat phos 6X* before every meal.

4. **Arthritis**: *Symphytum 200* mixed with *Rhus tox 30*, twice daily for 2 months. From this point on, it can be used as needed. This is a Banerji Protocol, and it is like gold!

5. **Kidney stones:** *Berberis vulgaris* mother tincture and *Sarsaparilla 30C*, twice daily. Both should be used for 3 months. This is a Banerji Protocol.

6. **Leg pain** (if in the muscles): *Mag phosphorica 6X* mixed with *Calc phos 6X* twice daily, and *Cuprum metallicum 6*, twice daily.

7. **Cyst:** Sister, I'd need to know where the cyst resides

before determining protocols.

Whether you pass this on to the religious in your life, to your neighbor or a family member, let it do good wherever it lands.