

Do Something Important for Father's Day



News flash!

You'd better sit down:

Men are different than women. (Shocking, I know.)

They can lose weight more readily than women. (I hate that part.)

They're keener on *things*, while women are more interested in *people*.

Men are willing to do – and more capable of – the hard, muscular work that often requires an ability to withstand the “gross” factor. They work on oil rigs, in sewers, or milk spiders for venom (yes, that's a job). Think Mike Rowe and the show “Dirty Jobs.”

Men talk less.

Men get out of bed when there's a prowler in the bushes.

I could go on.

But I want to focus on the sexual appetite of men.

If I hear one thing most consistently from women, especially those who are nearing their 50s, it's that their libido has declined. The interest just isn't there.

Uniformly, the next thing they share with me is something like, “My poor husband. He wishes it were different.”

I understand.

No, I mean, I *really* get it.

I've spent my entire career as a homeopath meeting with mostly women – addressing their health issues. I figure I spend over 2,000 hours a year talking to women! And almost entirely across the board, discussion of their health always includes mention of their *sexual* health.

Here's what's been made clear to me (and to be honest, this won't be shocking to anyone): Women's libidos are generally lower than men's.

Adding insult to injury, women's libidos also drop further after the childbearing years, while men's often do not decline at the same rate – sometimes not at all. (Refer to my blog post, [My Libido? She Was Sent Packing Years Ago – The Homeopathic Fix.](#))

So, sex is different for men. No, really, it is!

It's super-important to men. It is the way they understand love. I don't want to oversimplify this, but in reality, it boils down to that.

Okay, so today is Father's Day.

Do you see where I'm going here? (Come on, I'm not very subtle.)

Here's my thinking: You need to ask yourself a few questions.

Do you love your husband?

Is your husband a good man?

Is intimacy vital to him?

Then it's my guess that the Father's Day gift he'd most appreciate is time with you spent in intimacy.

That means you don't wait until you're in the mood. (Because let's face it, ladies, that could be next Memorial Day!)

This Father's Day, skip the golf balls and the ties. Make a long-standing commitment to your husband by making a beeline for the bedroom. If intimacy is what he seeks, get things going for the sake of something important ... making him happy.

And we're not talking *just* Father's Day, right?

I bet it will take your marriage up a few notches.

And pass on the good news of homeopathy – especially to your girlfriends!

Warmly,



P.S. If we suspect our hormones have changed naturally or have been artificially manipulated, generally, a good starting point is [Sepia 200](#), twice weekly until hormonal instincts return to normal.

But, don't get me wrong, there's much more to it than just this. The subject is complex, which is why I present an entire course on all manner of women's issues: [Feminopathy](#). This course may well be the best gift you can give yourself *and* your husband!



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