Let the Skin Be Our Guide

When faced with skin problems, such as acne, a rash or eczema, our first thought is to make it go away as quickly as possible.

But don’t.

Skin problems are simply a symptom of something more. Indeed, it may be the last step in the body’s attempt to drive something from the inside (vital organs) to the outside (skin).

If we interfere with that process, we will likely drive the problem back inside, leading to future, more serious problems.

Homeopathy sees the use of drugs as a serious impairment to the well-being of the person. When a drug, such as cortisone or other creams, is applied to a skin problem, the skin may

clear but the pathology still remains. Only the outer experience or appearance is addressed. The disease not only remains but is driven deeper into the essence of the person.

In other words, the illness isn't cured; it becomes subterranean.

On a practical level, what does this mean? Well, it is no mystery that eczema and asthma are keenly connected. They are both pathologies of the epithelial cells that are exposed to outside elements. Hence, the skin and lungs are not only similar but are representations of each other.

So, when cortisone or the like is applied to the skin, the eczema recedes over time, but lung issues, such as asthma, bronchitis, etc. often appear. When we suppress an illness on the skin, even though it is undeniably uncomfortable, we're trading it for a disease of the lungs that can be life-threatening. The trade is a less serious illness for a more sobering one.

Not a sound choice.

Homeopathy works to assist the person's ability to resolve the illness with a gentle stimulus from the remedy. Instead of slamming the sufferer with a new, more potent illness, the remedy gently nudges the sufferer's ability to resolve the pathology on its own.

Consider the case of Mary, a woman who had been suffering from eczema, with cracking of the skin, relentless itching at night and an inability to use her hands for her daily work. The reason she chose homeopathy was that it had worked so well for her children and husband for other illnesses.

The remedy chosen for Mary was *Petroleum* 200. This remedy is specific for eruptions that present during winter months.

Mary took a dose of the remedy every 3 days for a few months, and for the itching, she used *Antimonium crud* 6X twice daily.

This is the homeopathic protocol determined by the Banerjis and has been shown over the last 120 years to clear up Mary's type of eczema.

That's exactly what happened. Mary's eczema eruption slowly improved. It took weeks. However, during that period of time, other areas of discomfort were also resolved.

Meanwhile, until her hands were fully cleared, the young mother used nothing over the counter or prescribed. The only thing that is acceptable on the skin is what comes from the kitchen. That is, if the skin product can't fully be eaten, it does not belong on the skin.

Lard, unsalted butter, plain yogurt, coconut oil and olive oil are examples of acceptable skin creams. Unpronounceable ingredients don't belong in or on our bodies.

All skin difficulties such as eczema, psoriasis, warts, acne and the like are outward pathologies that represent the inner health of the person. If we listen to what our skin is telling us, we can often uproot a deeper pathology and return our bodies to a healthier state.

For true skin and subterranean health, choose homeopathy. It is not superficial or of questionable safety. Indeed, it produces the vigor of clear, glowing skin that everyone deserves.

Warmly,

P.S. Interested in learning more? Did you know I created a course called Skin the Ugly Truth. Click here to learn more and watch a short informative video.