

Allergies ... Who's to Blame?



Last week Hillary Clinton, after yet another terrible coughing fit, declared that "Every time I think about Trump I get allergic."

But is there a possibility that Trump is *not* the cause of every problem in contemporary America? Could there be some other factor to blame instead of Hillary's favorite boogeyman?

It's not just Hillary suffering from allergies. Allergies are a hot topic in the news right now... It's ragweed season, and in many places, especially where there has been flooding; it's also mold season.

A quick scan of the news headlines shows that back-to-school season is also the season to worry anew about the rising numbers and severity of food allergies in school children. Schools are reporting that they're seeing the highest rates

of food allergies ever.

That's leaving them scrambling to develop new policies to not only keep children safe, but to reduce the anxiety and social hardships that go hand-in-hand with severe, often life-threatening allergies.

And then there's the EpiPen catastrophe, with the mega increase in retail cost of these devices, which must be replaced regularly even when unused.

Some hospitals have started offering classes to help educate grandparents about children's allergies that were relatively unheard of in their day. These classes emphasize that allergies must be taken seriously, and this can be a difficult concept for older generations to grasp because it didn't used to be that way...*the world that we live in is changing...fast.*

So why are allergies and food intolerances and environmental and chemical sensitivities on the rise?

Is it Donald Trump's fault?

Let's put the blame where it really belongs. There are many pieces to this puzzle, but headlines this week confirm one of the most important ones; a puzzle piece that I've been talking about for years – antibiotic use.

Research presented earlier this week at the European Respiratory Society (ERS) International Congress in London, by Dr. Fariba Ahmadizar and his colleagues at Utrecht University, Netherlands, shows that ***childhood exposure to antibiotics leads to increased risk of developing allergies, asthma and eczema later in life.***

The increased risk of eczema due to early-life use of antibiotics ranged from 15% to 41% and the risk of hay fever from 14% to 56%! The risk rose even higher if the child had

been treated with *two courses* of antibiotics.

There you have it.

Now how many children do you know who have had only one course of antibiotics? One of the most common reasons children get prescribed antibiotics is for ear infections. When treated conventionally, *Otitis Media* tends to recur many times, resulting in the administration of *several* courses of antibiotics.

And it's even worse for children who already have food allergies. According to some doctors, children who already have allergies to foods such as milk, peanuts or eggs are *twice as likely* to develop asthma and allergic rhinitis later in life.

We've got to halt this terrible trend, and the best place to start is in our own families; the best time to start is when our children are babies; and the best way to start is to choose homeopathy whenever possible, instead of antibiotics and other harmful drugs.

Are you dealing with an ear infection? Try homeopathy first instead of antibiotics:

<http://joettecalabrese.com/blog/ear-infections-antibiotics-gut/>

<http://joettecalabrese.com/blog/did-i-hear-you-right-a-natural-swimmers-ear-remedy/>

<http://joettecalabrese.com/blog/the-wrong-question-begets-the-wrong-answer-ear-pain-teeth-pain-and-homeopathy/>

Or how about one of my all-time favorite remedies for infections? [*Hepar sulph calc*](#):

<http://joettecalabrese.com/blog/hepar-sulph-the-homeopathic-antibiotic/>

For those of you who already have allergies or children with allergies, we will cover these topics in much greater depth in my course ***Allergies?!***

Interested?

Consider joining the Course. [Click here](#) to learn more.

And how about Hillary? I'm not particularly interested in helping Hillary, but I feel obliged to mention that rather than blaming her cough on Trump, she could try [Ipecac 30C](#) (*Apply the discount coupon code "Joette" at check-out for an additional 20% off!*), every three hours as needed, reducing to twice a day as the cough improves, as outlined in this blog article:

<http://joettecalabrese.com/blog/ipecac-cough-nags-gags/>

This is the first remedy I'd choose for this type of gagging cough, regardless of whether the cough is caused by allergies, cold, flu, Coumadin or Donald Trump.

But I can't resist the observation that it's not just her cough that is a concern.

Her politics make *me* gag, too.

" If you have allergies, remember that modern medicine has written you off. The CDC itself will tell you: "There is no cure for allergies. Strict avoidance of the allergen is the only way to prevent a reaction." I lived decades living in a bubble, dealing with my allergies. Things improved when I stopped taking prescription drugs and changed my diet, but I was not cured. So I kept searching until I found the thing that changed my life forever:homeopathy. Want to learn the same homeopathic steps I took to clear myself of allergies? Learn them today with my newest course: Allergic: <http://allergies.joettecalabrese.com/allergic/> and download a free infographic, and start learning what remedies could help uproot your allergies. "



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