Podcast 31 – Dads with Audacity: Empowering Wives – and Husbands – with Homeopathy!



I’m especially excited about this month’s Sunday Podcast. First of all, I’m excited because we’re introducing a new series: Dads with Audacity. We hope that this series can encourage more husbands into the fold, by giving voices to the many men out there who are already supportive of their wives’ use of homeopathy in the family. And, I’m especially excited about this particular Dad with Audacity – because he

is my husband, Perry! Maybe your husband will also enjoy meeting him, and getting a glimpse into how important homeopathy has been in our life together. Click here to listen to the podcast or read the transcript of Dads with Audacity: Empowering Wives – and Husbands – with Homeopathy!In this podcast, we cover:

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You are listening to a podcast from joettecalabrese.com where nationally certified American homeopath, public speaker, and author, Joette Calabrese, shares her passion for helping families stay healthy through homeopathy and nutrient-dense nutrition.

Paola: It's podcast number 31 at JoetteCalabrese.com. We've got an exciting new interview series for you called Dads with Audacity.

Joette: Each day from my office, I get to see how homeopathy is transforming lives all over the globe. I want to share them with you. Some of my students have really caught my eye. Some of you have done all you can to learn how to cure those around you using homeopathic medicines. Your successes inspire me. They're glorious and powerful. I can't keep these successes a secret any longer. So, with

help from my roving reporters, we bring you a mini podcast series that I call Moms with Moxie. Sometimes we even interview dads with audacity. See how regular mothers and others, average people who want to cure those around them have gone from freaking to fabulous with homeopathy.

Paola: Alright Joette, we've got a pretty special treat for our listeners today. We are launching a new podcast concept. We're hoping this will inspire listeners to reach out to your podcast team and give us some more content. So, go ahead. Tell us what this new podcast series is going to be about.

Presenting Dads with Audacity podcast series

Joette: Well, the new series is you know, we have Moms with Moxie and so we thought we ought to have Dads with Audacity.

Paola: That's right.

Joette: So with that, we're looking for and we found several dads who do have audacity and have used homeopathy and/or are using it regularly, and how they support their wives with it, or how they've used it independently of them, or how they used it as children, or they've used it on the job, et cetera, in their sports events, in the gym, and they share the information. All of that is what we're looking for from these dads with audacity. Now, just as we use the word, "moms," we don't mean necessarily women who have given birth to children, because women have a tendency to be mothers to animals and their neighbors and to livestock, et cetera. So, dads don't have to be actually a father but they can be men – but we like alliteration.

Paola: Actually the D and the D.

Joette: Yes, right, right, right. So, it can be men in general. It doesn't have to be only fathers but most of them turn out to be fathers. So, this is our move forward into embracing a larger extent of the community.

Paola: Well, and I also think that when we were developing this concept, Joette, we realized that this is what I see happening, at least in my study groups when I teach it with my students is you'll get these moms. They will do their homework. They'll buy the kit and they have the books. They're all like, "We are ready to go on there," just crossing their fingers waiting for something to happen. The kid comes out with an ear infection. Then the dad steps in and he ends up sometimes being more of a hindrance than a support. So, we thought maybe it would help these women to help bring their husbands into the fold by giving them voices from other guys, how they navigate the homeopathy waters.

Joette: Right, right. Yes, because it is in most families, it turns out to be the woman's job. So, we're hoping that the dads if they're not interested in homeopathy, at least they bow to the understanding that their wives have some expertise in mothering and caring for their children. They've taken this task of learning and using and supplying the family with homeopathy to the degree that it would be something that they could respect.

Paola: Right, yes. I love that.

Joette: A lot of men also tell me … the fathers tell me what they love about is that it cuts their medical bills to a fraction. Veterinary bills can be cut down to a fraction. I think that can make a big difference especially in a world where health insurance may end up being just catastrophic insurance which in my estimation is really the best way to buy health insurance and not to have insurance for a child's ear infection and every little event that comes down the

pike. So then, you're paying out of pocket for those events. But if you're paying out of pocket and buying medicines and learning homeopathy and putting your education first instead of the insurance company's premium first then you might find that in the end, many men will embrace this.

Paola: That's right. I think the numbers speak to the guys for sure.

Joette: Yes.

Paola: That's great. I have to say I've interviewed now five guys starting with today's debut interview which we're going to talk about in a moment. But what I found interesting is that all of the guys actually don't know much about homeopathy. They rely on the women in their lives. They kind of line up like baby birds, I like to joke. You know how the baby birds open their mouth and the mom comes and just drops remedies inside their mouths. So, that's kind of how they do it but they love it because it works. They get the results that they want. They see their family thriving. So, would you like to introduce the next, our first debut dad with audacity?

Let's all meet Perry Smith

Joette: Yes. Our first dad to speak is my husband, Perry. We've been married for 31 plus years. We have three children. They're all adults now. I discovered homeopathy when I was pregnant with our first son. So, that was I don't know … it was 30, 29, 30 years ago. I found it because I was looking at the time, I had planned on not wanting, I planned on not using antibiotics for my children. I had been harmed by antibiotics myself so I needed to find an alternative. I knew about herbs. I had been taking care, raising plants and wildcrafting, et cetera, and making my own botanicals myself, my tinctures, et cetera. Certainly, I do the essential oils. I mean it was part of my tool kit. But once

I found homeopathy, it really made great sense. So, when I found it, I declared it to him – to Perry of course – and it was just one more declaration as far as he was concerned because I had declared the essential oils. I declared organic foods. I declared that I wanted to have home births, et cetera. He just kind of "Yes. Okay. Well, you do the research."

The reason that I married my husband, the reason I was attracted to him in the first place was because he was the quintessential gentleman. On our first date, he always opened doors. From that time forward even to this day when I went to the ladies' room and we're at a restaurant, to this day he stands up when I leave the table, stands up as I return to the table. He is the perfect gentleman. I think part of being a gentleman is knowing what you're capable of and having the confidence in what you're doing in life. Then in relationship to that, what your spouse is capable of doing and having respect for her. That's really what matters. Gentlemanliness is really all about, when you think about it, it's just respecting others. So, I've always felt that respect from him. Sometimes I didn't deserve it. But plenty of times, I suppose I did. But that was a big part of the relationship.

He never said, "You don't know what you're talking about," or "How could you possibly know these things?" He assumes that, when he saw how I dove into these kinds of subjects, that I went in all the way up to my eyeballs. So, he felt confident, I believe, and comfortable knowing that. Plus, to be honest, I think he had his plate full, and he didn't want to take it on himself. So, respect for my desire not to be taking our kids to the pediatrician, and to have whole foods in the house, and even put up with my preliminary diets. I don't know if he'd even talked about this in this conversation that he had with you. But he put up with my macrobiotic and my diets, and all of the diets that I put us

through where we ate lots of kale. He still complains about kale – I just don't buy it anymore because he hated it so much – so juicing kale, et cetera. My husband because he's respectful, I think that's why it was an automatic for him. I didn't have to convince him of the efficacy of homeopathy. But nonetheless, he saw it and he saw it regularly. I didn't win every time. I didn't cure every single condition that came down the pike with aplomb, but it happened enough times that his confidence grew in me over time as well.

Paola: That's an important thing and just allowing that observation to occur, giving room for observation and for her to do her thing, I think is the best way to go.

Alright, so let's listen to that podcast. Let's listen to the interview.

Joette: Okay.

Paola: Today, I'm going to interview someone that is pretty cool and pretty special to Joette. It's someone that you've probably heard of but you've never met before here on Joette's podcast. He's the guy who makes sure the lights are on, the office stays connected to the internet, the computers are all running, the emails go out on time, and the bills get paid. He's kind of like many of your husbands. What I like about Perry is he reminds of the Wizard of Oz where you have the wizard hiding behind the curtain doing all the work to make everything run. Well, that's Perry. So, let me welcome Perry who is Joette's husband. Hi Perry, how are you?

Perry: Hi Paola. Wow! I never thought of myself that way. It's kind of cool. I like that.

Paola: Well, good. You should. You do a lot of work for Joette but you are always behind the scenes and giving Joette the spotlight. I think you like that. Is that right?

Perry: I do. I like being in the support function.

Paola: Well, I really appreciate you taking the time to be on this podcast with us because I know that you like being in the background but you have an interesting story. I think it's great to hear a perspective from some of you guys. So, I appreciate you being willing to be with us.

Perry: Sure.

Paola: Pardon my voice. I am under the weather. I'm getting over a little cold here. I don't get them very often. So, don't worry, Perry. I'm taking *Sanguinaria*. I'm sure you've used it before in the past, right, for sinus.

Perry: Oh yes.

Paola: So Perry, tell me a little bit about your background.

Perry talks about his background and how he supports Joette and homeopathy

Perry: Going back two generations, my grandfather and my great grandfather were engineers. My father and his only brother were engineers. My brother is an engineer. I am the only non-engineer, I guess what's that, in two generations of Smiths. There are probably more Smiths in there as well. I chose a different path. I went to college to become a doctor. I was in a pre-med program. But probably in the latter part of my junior year, at the beginning of my senior year, I decided that I probably did not want to continue on for another four or five years of med school. I actually toyed with the idea of chiropractic. My roommate went on in chiropractic. This would have been in the late 60s or the very early 70s. I probably would have been retired by now, though I likely would not have met Joette.

Paola: Right, right. Well, I think it's a good thing that

you didn’t become a doctor because that probably wouldn’t have worked out too good.

Perry: No, that’s right.

Paola: Well, very good. Being in the engineering background and your family having that history, how do you think that has influenced your initial thoughts about homeopathy and perhaps your family’s opinion of it as well, initially?

Perry: Well, that’s an interesting question because obviously everyone knows engineers like to deal with empirical thoughts – show me the facts. Early on in our homeopathic journey, there were no facts for me to go with. It was all clinical-based results. I watched Joette uproot her problems, her chemical sensitivities. Then I watched what she did with our children, first Perry and then Peter and then Giuseppe. That was all I needed. I was able to give up on the need for empirical, fact-based check. I went with what I saw. I went with my gut. It was pretty clear Joette was making it happen.

Paola: Especially for men, initially when they look into homeopathy, they don’t run into the facts, the empirical data like you were saying right away. That usually comes secondary. Am I right?

Perry: I guess, yes. I haven’t thought about it, but go ahead.

Paola: Well, I think so. But I want to let you moms out there who are listening to this who would like to convince their husbands, that Perry, you have taken the time to provide Joette’s followers with a really great document that has a lot of that information. Why don’t you tell them about that?

Perry: Well, we’ve been accumulating ourselves, just searching the web – we actually had a researcher doing it

for us one summer – then I came across a document that was 200 pages of single-spaced, just research. Then I gave it to one of our staff just to check the links, to make sure the links were all active, but that 200 pages single-spaced just research on homeopathy. There are some great fellows. There are some great people out there. There's Dr. Iris Bell. She is a senior PhD medical doctor who is doing extensive research. Then of course, there's the Banerjis in India which we've now spent six years, six fellowships that I go along with Joette there. Then there's John Benneth who has a blog that talks about the activity and the background of homeopathy. So, there's a lot out there to find if you look for it. If you know where to look, you've got to be able to filter out the negative.

Paola: Right. With your background, with your family, the engineering, the pre-med, you know there's a need for those kinds of evidentiary, empirical data and you've provided that for Joette's listeners. The way you find that data is you go to Joette's homepage and you look under community. If you don't have a log-in, just create a quick log-in. It's free. You will find that information right there in the community section. I think that's really valuable. So, thank you.

Perry: As well as some photographs of Joette in India and some interesting stuff. Also, some infographics we create for many of our courses will be there to download for free, too. So, there's a lot of stuff there. But it's interesting, Paola. You mentioned the need to know why this works. For me, I was too busy running my business, creating a place for Joette, just support Joette so that she could raise our children. It was clear early on we wanted to have that separation. She ran the house. She raised the kids. I got involved in the homeschooling but I had a business to run during the day. I didn't have time nor did I want to spend the time. It was clear to me she knew what she was doing. I

was seeing the results. That's all I needed.

Paola: Right. You know Perry, I think that's a really very fascinating and interesting point. You knew Joette loved your kids and you trusted her in her role to do what she had to do.

Perry: Exactly.

Paola: Perry, why do you think nowadays it's such a hang up with some couples and their marriage where the husband is really pushing back against their wife who is doing the research? She's taking study groups. She's studying Joette's classes. She's buying her remedies. She bought her books. Then the second that ear infection blows through, she's having to deal with an ear infection and a husband who is saying don't do this.

Perry: I don't know if I have any answer, Paola. I suspect it's deep. I mean it is trust. It's willingness to give up responsibility, defer responsibility to your partner. It's maturity of the marriage. There are a lot of things there.

Paola: You and Joette, you guys were married a little bit older. I met Jason at 19. I got married at 20. So, we were young. I think maybe that has something to do with it. You guys have that wisdom.

Perry: You're right. We were in our late 30s. When Giuseppe came along, Joette was 43.

Paola: 43, yes, 43.

Perry: It could be, Paola. It could be a lot of things. But you know what I found? I saw how successful Joette was in dealing with the acute things that came down the path with our kids. As I said, it worked for us. I didn't need to get involved. I had too many other things to do. I didn't need for me to go there. You got to understand something about

Joette. When we say she's got guts, spunk and moxie, she does. There was no reason that I was going to go up against that and have a big, blown up bargaining. It wasn't going to happen.

Paola: You kind of have to assert yourself as the mom when in your gut you really want to do this. You know it's going to be good for your kid. I think it's just the art of marriage and working it out and talking about. But it is something that you need to work through and get to the other side of if you want to do homeopathy.

Perry: Yes. I don't know why any guy would want to take on more responsibility in a marriage. It doesn't make sense to me. Every mom that I've had an opportunity to meet in this organization, in this movement, clearly is committed to what they're doing. Like you Paola, clearly committed to taking care of the kids. If the husband doesn't see that, well, it's kind of like … slap him across the face.

Paola: On the back of the head. You have to have that conversation in your marriage because this is really for the betterment of not only your children but your future generations.

Perry: That's why we're here. The purpose of marriage is to have children, to bring these people into the world. What better way to bring them into the world than to give them a medicine that's going to grow them, which is going to treat them in the best way possible. We want them to grow. We have an expression in our house. That is when we fall, we always fall forward. We don't fall backwards. If we have a problem and we get a slight bump on the road, we always consider that. We're falling forward. We get up and we keep going.

Paola: Right. I think that's exactly what is at the core of your message with Joette because it really is you two together. This message is something that Joette's kind of

the spokesperson but you're right there with her. I think at the core of the message of Joette's version of homeopathy is empowering families, strengthening families. That is through health. That comes down to then your marriage needs to be strengthened. You need to figure this out and to know how to take care of your families. Because what's that thing Joette says? Only professionals in white lab coats and other dictocrats, so to speak, hold the corner in raising children. That's how society thinks of it. But really, Joette's trying to give that power back to families and to moms.

Perry: I think it's coming around. I have read articles that say that even the millennials now are more willing for the mom to stay home. It's coming around. It's the right word. It really is the right word. If for some reason that can't happen, the mom and the dad is in that financial point in their careers have to both work, I understand that too but then they share. There was a time when I was helping Joette raise the kids. I would get up very early in the morning. I'd get up at five in the morning and read for an hour and half to the kids. Then I'd go off to work and then she would take over. So, it's a give and take.

Paola: It's just at face value you think when you learn homeopathy, you're learning about just how to take care of your kids. But really, it kind of encompasses all facets of life, the marriage, the family, the health, the way you think about health. It's political. It's religious. It has all these layers to it that all of a sudden, you're like shoot…I just wanted to treat this ear infection.

Perry: Yes. But you know what? It's taking on responsibility. With responsibility, and if you're successful at it, you're going to gain a special confidence. That confidence is going to carry you forward.

Paola: Yes, correct.

Perry: It is real. You're right, Paola. It's a lifestyle change, but it's a real positive lifestyle change.

Paola: Right.

Perry: It's natural for women to take on this healing role. It's a good thing. It's a positive. It's probably instinctual. As a guy, it's very empowering for a guy to be able to support that.

Paola: Yes.

Perry: That lifestyle that his wife wants to take on.

Paola: Why is it empowering? Help me understand that. Why, to you, does that feel empowering to support your wife in that kind of a lifestyle?

Perry: Well, think of yourself as a warrior. We go out every morning and – we don't have to go out and kill the wildebeests – but no, we go out, we earn enough money to be able to allow your spouse to choose to stay at home or maybe work less, maybe only have to work two days or three days a week. But to be able to dedicate more of her time to her children because I think that's instinctual.

Paola: Yes, I think that's beautiful. I love what you just said. I'm going to … press pause if you're listening to this. Rewind and hear that again, because it's true. I love it that you see that giving this to Joette empowers you. That's how you should see this in a marriage when your kids are healthy and strong. Your son is a pilot now. Your other two sons are successful in college, and one runs his own business. That's all thanks to health.

Perry: Right.

Paola: Let's shift gears a little bit here and talk about … how about dealing with your parents, Joette's in-laws, because I'm thinking back about how they have the

engineering background and maybe homeopathy wouldn't have been so natural to them. When's the last time they've been to the doctor for a checkup or are they updated on their vaccines? How did you navigate that from a husband's role?

Perry: It was probably early on, there may have been a little bit of tension. We wouldn't broach the subject with them. So, we didn't put it out in front of them. We didn't brag that we didn't go to the doctor for every little cut, bruise, cold. We didn't brag that they haven't taken the antibiotics. If they asked, we would say everything was normal. We didn't mislead them. We just said everything was fine. They saw the kids were healthy. But after a while, my mother learned not to ask. Until the end, she was very supportive of Joette. It was like she learned what we're doing just by watching.

Paola: Yes. I can imagine all these grandmothers today sitting in their circles talking about their grandkids. And how would you like to be the grandma with the kids that are healthy or whose mom is actively trying to uproot these chronic things, whereas everybody else is on the choo-choo train that takes them to more prescriptions and more prescriptions?

Perry: Oh yes. My mother became, oh my gosh, we had to slow her down. She was so proud of her daughter-in-law and the success that she was having raising her children that she wanted to shout it from the rooftops. That's what happens. It may take a little bit of while but that's what happens.

Paola: Right, if you allow it. I really think if you're prayerful, to kind of get that guidance and to really thoughtfully work through these conflicts, you'll be shown the right way to get through it and get to the other side of it with the least amount of conflict.

Perry, let's hear just a couple of stories. I think we all

know about your food poisoning story. If you don't, just go to Joette's blog. Perry likes turkey whether it's fresh or gone bad.

Perry: Right.

Paola: She has a blog. You were pretty sick. I think Joette kind of watered it down for the article a little bit. But how bad was that food poisoning from that turkey? The bad turkey, the skiing accident, and the bee sting

Perry: I was in and out of consciousness. I was in quite a bit of pain. I was in and out of consciousness. I remembered Joette leaning over me, putting remedies in my mouth when I was so out of it. I didn't have a clue. I guess I assumed that I had been poisoned by the turkey. Believe me when I tell you I was not in that room. I was clearly somewhere else … but she brought me back, and I'm ever thankful for that. But that was not the first time. That was the first time I had experienced it, but I had another situation.

I remember I went over skiing. We live across the street from a ski area. I went over by myself one evening. I wanted to get three or four runs in. I was skiing down a particularly difficulty passage on the hill. That night, it was not lit as well as it should have been. I skied over the top of a ridge, came down a steep section and into a field of slalom gates. Those who have had skied know what slalom gates are. They're basically plastic poles that are stuck in the ground. You're supposed to ski around them. I came in to the field of them, and I didn't see the pattern. All I saw was a mass of blue poles. I hit one. I started tumbling. We call it a garage sale when you end up at the bottom of the hill with nothing. Your gloves are even gone. Your hat is gone. Your skis are somewhere. Your poles are gone. I laid there. I looked at my fingers. I knew I had fallen in such a way that I had bent my head forward onto my chest.

Paola: Oh no.

Perry: I just sort of have done a forward roll. I'm sitting there. I'm not really conscious of where I am except that I know my fingers wiggle and I can move my legs. So, I'm assuming nothing is broken. I slowly got up. I found my skis. I had to ski to the bottom, ride the chair to the top. I walked home. I got home. Joette looked to me. She said, "What's wrong with you?" I told her what happened. I'm really out of it. I don't have a clue. I can't remember, but I think it was pretty bad. She gave me a remedy. The following morning after sleeping a full night's rest, though I was stiff, I was clear headed again. I can only imagine had I gone to the hospital, the myriad of tests, CT scans, X-rays, and everything else I would have gone through. I would have spent the night there under observation.

Paola: But what you needed was to rest and to heal. And boy, those hospitals, that is not the place to get rest. You get poked and prodded throughout the night.

Perry: Right. And again, I mean I came home. I knew something was wrong. I just instinctively went to Joette. She knew what to do: *Aconitum* 200 and then *Arnica* 200, *Arnica* of course for the -.

Paola: The head injury, yes, very good.

Perry: Then the next day, *Nat sulph* 1M.

Paola: So, Joette gave you *Nat sulph* because the next day it was clear that you were still suffering from the concussion.

Perry: You know, I recovered as quickly as I did. It is not a lasting memory. I remember distinctly before I met Joette, I remember falling off a ladder and breaking my wrist, going to the hospital and getting the pins, the casts. I can walk you through that whole thing. But this, probably just as

severe if not more severe because it involved a head injury, I don't have a lasting memory of it because it was resolved quickly and easily.

Paola: Yes. It's like you didn't have post-traumatic stress because it was such a terrible … you know like it was awful … you bounced back. So, usually, when we bounce back from something, it's okay. We kind of accept it. Do you have maybe one more story? Joette has talked about one of your sons have been allergic to bees.

Perry: Yes. One of our sons was really allergic to bees. Joette has told the story many times. We decided that we were going to raise bees. Now, honey bees are generally friendly. I think you have bees, Paola. So, you know this.

Paola: Yes.

Perry: When you smoke them, they become relatively docile. Of course, we were generally covered, but we were back at the house on the back deck and he got stung. It was incredibly fast and scary how quickly his face puffed up. I have since looked for the photographs. I can't find them. We did take them at the time. He was unrecognizable. We didn't know who he was. Of course, the concern is that his throat is going to close up too. He was scared. Joette just gave him *Ledum* 200 every few minutes. And … it started to dissipate.

Paola: Yeah, that *Ledum* is a little tricky because all the materia medica say it's like cool and not swollen, puncture wound. But I have found that, too. I had an ant bite on my foot, and it kind of started swelling up. I kept using *Apis* and it wouldn't work, but *Ledum* did. Joette has said that if you listened to her carefully in her classes, she says *Ledum* is often really great for bee stings. It can break the rules sometimes. So, keep that in mind.

Perry: Oh, it was, yes. I can't even describe it. It

totally distorted his face. His lips all swelled up. We were obviously very worried. But he has since been stung – as you said early on – he has his own way of escaping this. He has since been stung multiple times. It is no longer an issue. Our kids have their own kits. They know what to do, although as Joette will tell you happily, she is as close as a text away. It is a great way to stay in touch with your kids because they text her. Joette remains relevant in their lives.

Paola: That's true. Yes.

Perry: A very big part of their lives. And it's not only the boys, but it's the girls in their lives too. They get involved. It's a beautiful thing. It really is a beautiful thing, to share with your kids.

Paola: That is great.

Perry: And educate them so they move forward.

Paola: You fit the bill, Perry. You are a "Dad with Audacity." I just really appreciate you taking the time and showing us your perspective on your homeopathic journey. We just so appreciate your support with Joette.

Perry: A little bit in closing here to my fellow fathers out there, this really is a great feeling when you see your wife take on a task like learning homeopathy, becoming successful at it, and gaining a new inner strength. You could take credit for that because you've allowed that to happen by creating that environment. It's good for both of you. It's a great fit.

Paola: It's good for everyone. It empowers the whole family.

Perry: Right.

Paola: Thank you so much for being with us. We appreciate

your time.

Perry: I love you, Paola. Thank you.

Paola: What a great interview, Joette. What a guy.

Joette: Yes, he's adorable, isn't he?

Paola: Yes. I love that you told us at the beginning how he still to this day stands up. I'm going to make my husband start standing up every time I leave the table.

Joette: Well, he also taught our children to stand up when an adult comes in the room, shake their hand, look them in the eye. That was all a part of my husband's training. My husband's an old, New England prep. He is. He's just an old preppy. Now, he's an old preppy.

Paola: A Renaissance man.

Joette: Yes. I have a lot of respect for him as well as you can see folks when you listen to this. He's a good guy.

Paola: Awesome. Well, thank you so much. Thank you, Perry for letting us grab you and interview you. I know that was a little bit out of your comfort zone. So, that was pretty awesome of you to let us do that. So, thank you so much.

Joette: Okay. Bye, Paola. Thanks.

Are you or someone you know a mom with moxie? Well, we're on the hunt for you. And of course, we don't want to hear just from moms but from anyone who uses and loves homeopathy. Reach out to my podcast team and let us know why you're a mom with moxie. For more information, contact podcast@joettecalabrese.com.

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