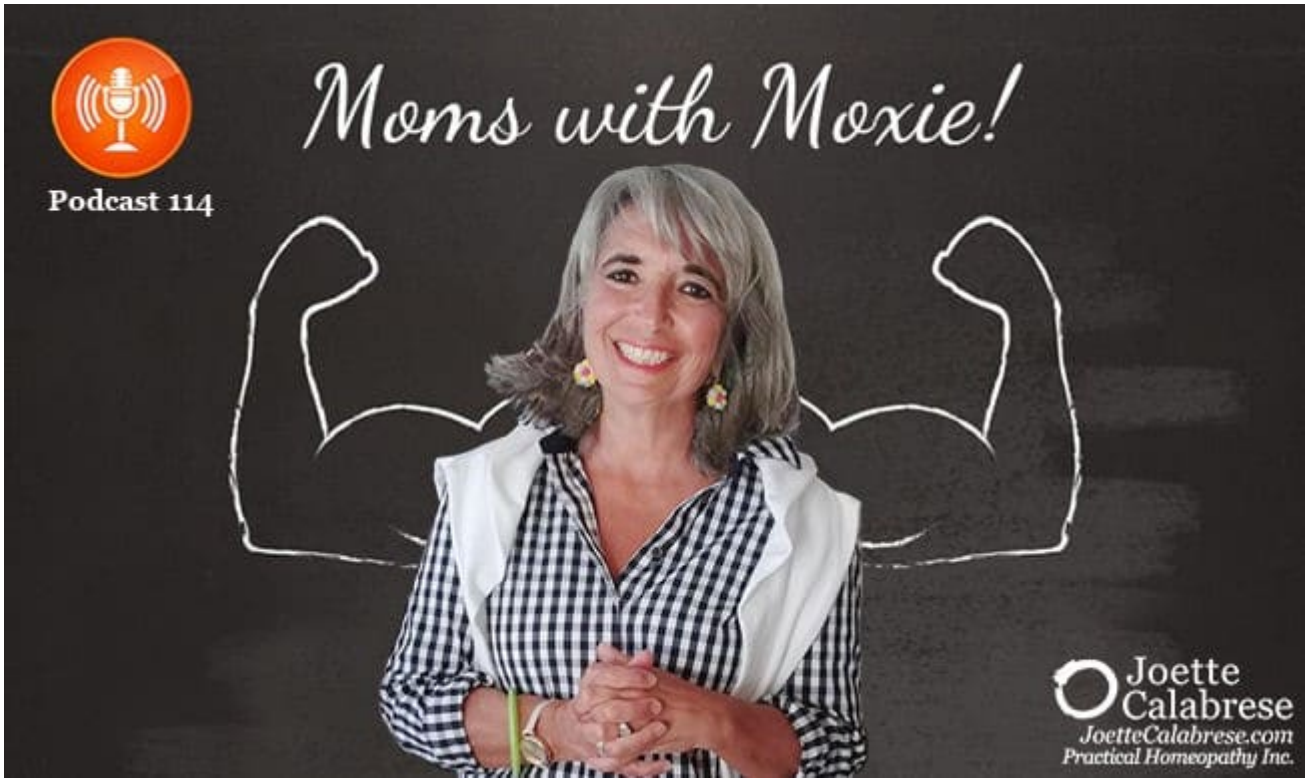
Podcast 114 – Moms with Moxie: It All Started with a Duck



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LINKS AND RESOURCES MENTIONED IN THIS PODCAST:

Good Gut, Bad Gut: A Homeopathic Strategy to Uproot

Seemingly Unrelated Illness in Body and Mind

The Survivalist Guide to Homeopathy

Allergic?! Escape Allergies, Sensitivities, and Intolerances, with Homeopathy.

Practical Protocols to Get Your Life Back

Homeopathy Needs You and a Tip to Tuck in Your Toolbox

What to Expect When Using Homeopathy: Part 2

Survivalist kit

Birthing Series Part One: Turning a Breech Baby

Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy

My blog, podcasts, Facebook Live events and courses

Gateway to Homeopathy: A Guided Study Group Curriculum

Kate: This is the Practical Homeopathy® Podcast Episode Number 114.

Joette: Joette Calabrese here, folks. I'm happy that you've joined me for my podcast today. You're in for a treat. From my virtual classroom, I'm privileged to see how homeopathy is transforming lives all over the globe. Their successes inspire me. They're glorious and powerful, and I can't keep their triumphs a secret. I want you to hear the excitement my students experience, too. So, *you* can be inspired by

their unique stories.

With the help from Kate, my reporter, I bring you a podcast series I call, “Moms with Moxie.” Sometimes we even interview “Dads with Audacity” or “Teens with Tenacity.” See how regular mothers and others – average folks who love healing those around them – have gone from freaking to fabulous by simply applying what they’ve learned using what I call Practical Homeopathy®.

Kate: Hi, this is Kate, and I want to welcome you back to the Practical Homeopathy® podcast. Today, I’m joined by a wonderful Mom with Moxie. This mom has moxie – let me tell you. Her name is Rachel.

Rachel, welcome to the podcast.

Rachel: Hi, Kate.

Kate: Hi. I’m so excited to have you here. This is going to be a gripping podcast. You are going to talk today about venomous bites, right, Rachel?

Rachel: Yes, more than one.

Kate: More than one. Not one, not two, but *three* different

venomous bites that you have used homeopathy to overcome. I'm excited to hear your story, and also for you to tell us about how homeopathy just really meshes with – or is an integral part of – your life and all the important parts of your life; how it is really intertwined in each of those areas. I'm excited for you to share your story with the listeners today.

Let's get started by having you just tell us a little bit about yourself, Rachel.

Rachel: Yes, sure. I'm married with four kids and a whole bunch of animals. I live in California. Yeah, homeopathy just touches all the important points of my life: family, ministry, helping other people, helping my animals and my plants thrive, and also feeding me intellectually. Like Joette says, "Intellectually delicious." It is! It feeds my soul. So, I am thankful to God for homeopathy. It does, it touches all of the important points of my life.

Kate: I know when I had younger kids, it was so important to have that something that I could do with my mind that fed me and helped me to continue to grow – because, I mean, raising kids is amazing. I love being a mom. But it's also nice to have that thing that you can do to continue to grow and learn and then turn around and use it to help your family and others like you said.

How old are your kids, Rachel?

Rachel: They are 12 all the way down to two. So, I've got a houseful.

Kate: You're a busy mom. You don't have time to figure this out as the situation occurs. You really need to know what remedies to use and have them on hand and be ready to go, I would imagine.

Rachel: Yes, very well said. There are things that you can leisurely say, "Oh, I'll go research that." But sometimes, you got to know – on the spot – figure it out. And so studying ahead of time is huge.

Getting into Homeopathy

Kate: How did you get into homeopathy or come to find out about it?

Rachel: Yes, our story is … it all started with a duck, actually.

One of our ducks, he was this special heritage breed that we had to wait like two years for the back orders to be fulfilled before we could get him mailed to us. He had a problem. It's this thing that happens sometimes where they just keep getting abscesses on their feet.

We called the breeder, and he said, “Oh, I’m so sorry. Once that shows up, they never get rid of it. You can try to treat it, but they’ll just always get it again and again. And he is not good breeding stock. You don’t want to breed him.”

We were crestfallen! I just refused to give up on this guy. We had tried. Actually, we tried what the breeder said. We tried the antibiotics, and we cleaned out the wound. It was traumatic for us and for him. We bandaged it up faithfully every day. It actually went away, and then just like the breeder said, it came back a week later. We felt, “Oh, man. We’re going to have to put him down like the breeder said.”

But I said, “Let me just, I don’t know … let me just see if I can find something online.”

I just went online and started kind of a last-ditch effort to try to find something. I stumbled on homeopathy — or God led me to homeopathy. I thought, “I don’t even know what this stuff is.” No clue. I don’t even think I was pronouncing the word right. Never heard of it.

I was like, “Hey, babe, I don’t know, like I’m thinking maybe these two remedies.” I don’t even know where I was reading it. “Can you go to the store and go pick them up, and we’ll try it?”

We did. We caught the duck, and my husband was holding his little beak open — his little bill — and I was just about ready to put the pellet in, and I stopped. I looked at my husband, and I said, “If this works as good as it says it’s

going to work, it’s going to change my life.” He kind of laughed. I was like, “No, I’m serious. If this works as good as it says, I’m going after it. I want to see what happens.”

So, we gave him the pellet then put him to bed for the night in his pen. You know, I didn’t know what to expect. I kind of expected nothing. It was just a last-ditch effort.

He was not moving. He stayed right where he was; he could not walk. He’d been like that for days. When I went out there in the morning, he was hobbling around – just from overnight. The infection was less angry and red and hot.

I thought, “What?” So, I gave him another dose. Then by that night, he was running. He was *running*!

I think the next day, maybe the day after, there was nothing. There was no infection whatsoever. It had completely gone down. He’s still running around outside to this day. He has never gotten it again. Needless to say, that was enough to convince me, and I have not stopped falling down the rabbit hole since.

Kate: It’s deep and wide, that hole. I love that. It all started with a duck. If he only knew he changed your life, that duck did.

Rachel: He’s a profound part of our family now.

Kate: Yes. How did you come to find out about Joette?

Rachel: I started to dig down, and I started to see a lot of good information online. But it was only half of what I needed. It told me all about these wondrous remedies, and then I said, "Okay, okay, where do I buy it? What do I do?"

Then I thought, "Oh, my gosh! There's 6X and C and 30 and 200, and what and how often." I started thinking I need something that can actually lead me through this. This is very complex.

I wonderfully stumbled on Joette's website somehow. Then I thought "*this*." This is what I was looking for. After I found Joette's website, I prayed, and I talked to my husband. I said, "I think I really want to go after this," because, you know, in my life, I want to be like Jesus was. He was always helping people. He was always healing people and helping people. I can't do miracles, but this is about as close as I can come. This really helps people. It really relieves people's suffering. My husband and I thought it would be good to just dive into her courses, and I have not looked back.

Kate: So, where did you go from there?

Rachel: From there, I didn't have the funds at the time to do a course, which I immediately wanted to do. I did what I

thought at the time was second best, and I decided to just start stalking her blog and reading everything that she's ever written.

You know what? Everybody says it now and it's true: it's an education in and of itself. I have since gone on to take the courses which are fantastic, but I just started reading, and I just started absorbing.

The first class I took was the Good Gut, Bad Gut. I listened to it eight times through before I decided to actually start treating what was first and foremost in my heart, which is our family's food intolerances.

Kate: Wow! *Eight* times you listened to that course.

Rachel: Yes. It is so chock-full that I wanted to just … Every time you kind of go a layer deeper, and so you just listen again and again. Finally, I felt like, "Okay, I got a handle on the overall picture," and I felt competent enough to jump into our lifelong food intolerances.

Kate: How has that gone since you started working on the food intolerances?

Rachel: It has changed our life. I know that sounds all cliché or something, but I can't even tell you. Our family – we were down to about, I don't know, six or eight foods that we could eat. I had to make everything from scratch. I

couldn’t even use baking powder because it had corn in it. I had to use only certain spices, and they had to be ground fresh because there might be mold on the pepper.

I mean like it was outrageously awful. It was like a prison. Our family did our best to try to help us with that. But, you know, it’s kind of a bummer, birthday parties and stuff. It was so awful.

We tried *everything*. We tried everything to take care of it, and nothing was touching it. If my children even had like a bite of something with wheat in it, they would blow up. They would get blisters from head to toe. I, as their mother, would not recognize them …

Kate: Oh, my gosh!

Rachel: … they looked so awful.

Kate: So, we’re not talking about some minor food intolerance. We’re talking about *debilitating* food intolerance.

Rachel: We’re talking working with the doctor and really, like, scary food intolerances. The reaction would last weeks. They were miserable. It was so awful. It was so hard.

So, we started on the protocols talked about in Good Gut, Bad Gut. I knew to not expect anything for a while, you know. I conveyed that to my family, but somehow one of my little ones didn't quite … he misunderstood.

Someone had brought over English muffins (not sure why they brought them over to us), but my little guy, he ate one. I think we were on the protocol for about three months. He ate one.

And I was planning on, like, "Okay, we're going to try like this tiny little bit on the tip of your tongue and not even swallow it, and then we'll see. And, you know and like, make sure the doctor is there" and all this stuff.

He was like, "Hey, Mom, I just ate an English muffin."

In my mind, it was like this red flashing light started going off and a siren, like, "waaah, waaah, waaah," like glass doors went down. I was ready to jump into action.

Kate: Oh, my gosh!

Rachel: He saw the panic on my face. He's like, "No, no, Mom, Mom, Mom, I'm okay. Look, I'm fine." He showed me where his blisters usually start, and he was fine – completely fine. English muffins have everything that they shouldn't eat. Every ingredient is bad, and they were fine.

Kate, seriously, like we can go out for pizza. We can eat birthday cake. I mean, the only problem now is not eating too much junk food because we can eat it all now!

Kate: Rachel, this is incredible! I want to let everyone know that you did this by studying on your own with the information. It's not like you consulted with Joette. You studied and studied and learned this stuff, and you are healing your family.

Rachel: I cannot thank God enough. It literally has changed our lives. I think we were the weirdest family at the pizza place that first time because we all just sat there eating with our eyes closed and just silent. We were so in awe that we were eating pizza!

Kate: I can picture that you all are enjoying every bite and savoring it.

Recommendation for Learning Homeopathy

Kate: You've also, I know, joined in the study groups because you're a part of our study group which is super-fun. So, I got to know you that way.

What's great is that I remember you talking in the Q & A and asking Joette a question which relates to what we're going to be talking about in the podcast today.

But tell us about the study groups and just kind of help people to know, since you've done the study groups, you've gone through all the information that Joette has for free. You've taken courses. What do you say for those people who are wondering, "Where do I go and where do I start?" What would be your recommendation as far as learning homeopathy?

Rachel: Oh, boy! Hang out on her blog; listen to the podcast; soak up everything that you can; and definitely do the Gateways. My favorite part is the live Q & A at the end where you actually get to ask Joette a few questions. If you have a chance to hear Joette talk, just listen. Just do it. Be there. You will learn so much.

Kate: Yes. It's surprising to me when people don't opt to participate in the live Q & A. There is always so much information and wisdom that is shared. Like you said, sit there and absorb it. Try to take notes and remember what was talked about.

And it's always so different. I don't know how it is for those of you who have taken other people's study groups, but I think it's the same way that once you've taken a study group, you can just join in again at no additional cost and keep participating in those Q & As. You can do that over and over again.

Rachel: Yes, that is one of the best reasons to take a Gateway, in my opinion.

Kate: Yes. So, that's a great segue – the Gateway and the Q & As – into your stories. I know people are probably on the edge of their seats wanting to hear how you've used homeopathy with these venomous bites.

Do you want to just share your experiences? I know they are really amazing.
So, I'm looking forward to hearing the details about what you've done. Will you share that with us?

Rachel: Yes, sure. The first one was a black widow spider bite. It bit this person two times. They tried various things to treat it. It just got infected and was getting worse.

This person wasn't sleeping at night. Their arm and their thumb where they got bit was fiery red, fiery pain, just awful looking – so swollen, probably double the size. The thumb was double the size, and I kind of came across it after six days and said, "Oh, my gosh! Do you want some help with that?"

So, it was actually on one of her blogs. This was when I was just barely kind of getting started. I looked up "Joette Calabrese black widow spider bite" and crossed my fingers hoping that she'd written about it.

And she did! She had written about it.

I basically did what she said. The only thing I added in was I soaked it and cleaned it with diluted *Hypericum* tincture. I literally saw the difference in minutes.

It was, I think, a minute and a half or two minutes. This person's shoulders were up around their ears, tense with the pain, grimacing with the pain. I literally saw within minutes the shoulders dropped down and relaxed. They started to talk and kind of chat.

Then you could see … I mean, there were like red streaks going from the wound up, like dangerous, you know, sepsis kind of stuff. You could watch the red line receding.

Kate: Oh, my!

Rachel: You could watch the red becoming a little less angry. Over the course of a few days, it began healing, and it was better within … oh, I'd have to check my notes. Within a week, it was clean and healthy-looking and on the mend. He slept that night for the first time. No pain meds (and pain meds were not touching it before).

It was wondrous to see.

Kate: Rachel, that is a great story. It's so nice when we can just Google "Joette Calabrese" plus "spider bite" or whatever it is. I love it when that information is easily accessible like that.

Venomous Bites Story

Rachel: The next one was my turn. I stepped on a scorpion. It was wonderful.

Kate: By wonderful, you mean horrible.

Rachel: Yes, probably like feeling like I stepped on a red-hot nail. It just immediately started sending like lava pain up my foot and back up into my shoulder blades of my back. I started having kind of a tingling sensation in my mouth. It was this *strange* reaction.

I took the appropriate remedies. I yelled for my husband, "Get my kit. Get my kit!! Get my kit!" I just started popping the remedies every few minutes. Within 15 minutes, I remember I was able to sit down and start teaching school again.

Kate: Oh, my gosh!

Rachel: I was still taking the remedies every five minutes or so, but it wasn't like, "Oh, my gosh, climbing on the walls" kind of pain anymore. The reaction went down. The blotchy rash went away. It just took it away, so fast!! It was amazing.

Kate: Rachel, that's incredible. You went back to teaching school 15 minutes after being stung by a scorpion!!

Rachel: I was even amazed myself. I was teaching but in the back of my head, I was thinking, "Wow, God, thank you. Thank you for homeopathy."

Kate: Yes. How did you remember what to take?

Rachel: You know, I had been studying what to take, in case for scorpion, just because they can be around here. I wanted to be ready. It just popped into my head when I needed it from the studying.

Kate: That's fantastic. It's a good thing you were prepared that day.

Rachel: I'm glad because that's not the time when you want to start looking through your book.

Kate: Right. Yes, that is such a good point. That's what you were saying earlier is really to know the medicines and know the things that are in your environment that you could encounter. I mean, we can't know everything, but that was very wise that you studied those things.

You had also prepared for the next venomous bite. Tell us about the question that you asked Joette in the Q & A.

Rachel: Okay. Here's the big enchilada one. I had been anticipating that someday at some point, someone, some animal, would be bitten by a rattlesnake because they are *everywhere* out here. I mean, just all over the place. You will encounter one at some point where we live.

I thought, "Yeah, I need to know what to do ahead of time, and I want to make sure I have the remedies ahead of time." I learned about what to do in the Survivalist course for a rattlesnake bite, but I had some other questions and just kind of wanted to understand the thought behind the remedies a little more and ask her some questions.

And that is where those beautiful Q & As came in. She was so, so helpful. Yes, those Q and As, they are amazing. They're my absolute favorite thing to do.

Kate: Yes, I agree. You got the information from Joette. You felt like you were prepared if something were to occur?

Rachel: Yes. I just kept studying the remedies that are involved so that I would really be able to recognize which one was needed. I put together a kit so that if we were out hiking or something, we'd have it on us. I felt as ready as I could be.

Then one day, I got a phone call. A horse had been bitten twice by a rattlesnake. Those suckers, they cause excruciating pain. This poor horse shaking, and the leg was swelling immediately.

I got called, "Is there anything that homeopathy can do?"

I thought, "Oh, my gosh! Here we go. All the studies that I'd done, I'm going to have a chance to try it."

All that they had on them though, I was like, "All right, I'm ready. Okay, I know the remedies."

They said, "We don't have any of our remedies with us. We only have a few combination remedies."

I thought, "Oh, boy!" So, I looked up the ingredients, the remedies in there. Thank God, one of them had *Lachesis* 30, which was one of the remedies that I wanted. Another combination that they had had *Crotalus* 30, which is the other remedy that I wanted.

They started giving the horse those two combination remedies that were not for rattlesnake bite, but it had the correct remedies in there. The horse started to improve.

But they were also giving steroids and pain medication and a bunch of other things. It's impossible to tell what was acting. The owner, he made the decision that he wanted to do the antivenom.

They continued giving those combination remedies – with those two beautiful medicines in it – to the horse even after the antivenom. The horse was doing okay. Okay – not great, okay. Then they were running out of the combination remedy, and they thought that the horse was okay, and so they stopped giving it.

Pretty quickly, the leg began to swell and swell and swell until it was twice what it was before.

Kate: Oh, my!

Rachel: The horse started going downhill. He stopped eating. His head drooped down. His eyes were dull. He didn't really care what happened to him. Then I got another phone call saying, "Is there anything we can do for this horse?" (That was a day and a half after the bite.)

I heard how he was doing, and I said, "Well, you can try this: *Lachesis* 30 by itself (not in the combination) and the

Crotalus 30 by itself. Alternate them every five minutes because he was in dire straits, and I'll come over there."

I went over there. It took me about 45 minutes to get there. When I got there, I was almost thinking, "Did I come to the wrong stall?" because this horse's head was up. His ears pricked forward when I walked up. His eyes were bright. I looked down and sure enough, he had this huge leg.

I said, "Oh, he looks better."

They said, "I know. I *know*! After we started giving those remedies, he just picked up. He just perked up."

Kate, they were telling the owner, they were talking to him and preparing him for euthanasia.

Kate: Wow!

Rachel: There were concern for compartment syndrome, and that the skin would actually split because it was still swollen. It appeared the only option left for him was more antivenom and a $10,000 surgery where they would keep him sedated in a sterile environment with his legs open, and the tendon to be cut open, and the wound in the sheath repeatedly flushed out for days – and hopefully not get an infection. But this was financially out of the owner's reach. He was devastated, just devastated.

So, they were gently preparing the owner for the fact that euthanasia was the next thing for his beloved horse. I'm looking at this horse in front of me, and I'm thinking, "This is not what they were describing."

I stayed there for half the night observing the horse. He began to put weight on the leg. He began to eat again. He started to be playful and nibble at our shirt then asked for a treat. It was astonishing, *astonishing*! 30 was what brought the change.

But here's where things got a little complicated was his demeanor was night and day. He looked like a happy guy. He wasn't in pain anymore that we could tell. His legs stopped quivering. All really good things, but the swelling wasn't going down.

Then we went up to 200 – from a 30 to a 200. No change. Tried that for a little while. Then we went up to a 1M of both. No change.

I began to observe, and I had asked them before this, "Is he usually that itchy? Does he itch that much usually?"

Nobody there that was there at that time of night was very familiar with the horse. They said, "Oh, I don't really know. I'm not sure. I think so. His owner mentioned that he is itchy sometimes."

So, I kind of wrote it off. But then he began itching so bad. He was scratching his own hair off on the edges of the stall, in different places, beginning to do himself harm. He was itching so hard.

I asked again, “Is that normal for him to itch that much?”

They said, “You know, I was just thinking that’s pretty excessive.”

Then it dawned on me that we were no longer dealing with a venom problem. We were dealing with a reaction to the antivenom which can happen. Serum sickness can happen, and different things can happen – an allergic reaction. Then I began using some of the study that I put into the Allergic?! course and started using some of those things. Also on her blog, she talked about anaphylactic reaction.

As soon as we switched to the allergic remedy, then the swelling started going down. He immediately stopped itching – just immediately – and the angst stopped.

From then on, we no longer did anything toward venom but toward the allergic reaction.

One thing that was so helpful, and Joette never mentioned this exact thing, but she’s stresses this over and over in

her courses, “Take good notes. Take good notes. Take pictures. Get the magic markers. I thought, “I can’t get magic markers from this guy. He can’t tell me how he’s feeling. How am I going to do it?”

And to take pictures of swelling in a shadowy stall, a horse stall, is kind of deceptive to be able to tell, “Is it going down?” So, we got one of those flexible measuring tapes that you use for sewing. We began measuring six different points along the leg like the fetlock, the pastern, the knee. We then began comparing.

Is the swelling going down?

That way, it wasn’t up to our eye or a memory, but it was scientific. With those numbers, we were able not just to conclusively prove that the remedies were working, but also it helped us to determine how frequently he needed the remedies. So, those numbers showed us that tipping point that Joette was always talking about – you know, balancing how often the remedy is given based on the symptoms. That was so helpful.

He got other remedies to prevent sepsis and other things. But he just kept improving in every way. Seven days after it looked like there was no hope at all for him, he was back with his owner.

You know, Kate, he only lost a little bit of hair right at the puncture site and had a little bit of scabs right there,

but there was no necrosis. I don't know if you've seen those awful pictures of the tissue death.

Kate: Yes, I have.

Rachel: They're horrific! I mean, like, "viewer discretion advised." They just look terrible after a rattlesnake bite. There was just simply nothing like that at all. He looks great. He's running around, eating, playful, energetic.

And you know what else? I had to laugh because the owner recently contacted me and asked if he could possibly continue giving him those remedies because the horse's yearly summer allergies are gone. He's actually *better* than before the snake bite because of homeopathy!

Kate: Wow! Now, when you say continue the remedies, you don't mean continue all the remedies that you were doing, of course. You meant just the ones that would be for allergic reactions?

Rachel: Yes. At the end, he had finished up with all the things that he was doing and was just on a simple allergy remedy to finish off the swelling. Apparently, it helped him in other ways, too, that we didn't intend.

Kate: That is what I love about homeopathy. It always does more than you expect it … I shouldn't say *always* but quite often.

Rachel: Yes. It was amazing.

Kate: Yes, that's an incredible story. You know what? It makes you wonder how soon that allergic reaction actually started, doesn't it?

Rachel: Yes. Yes, I do wonder. But he is good today. He is happy today.

Kate: Yes, that's great. Well, I'm thankful that you studied those medicines, and you asked the questions and were prepared. Just the other day, you were telling me earlier that your kids came super close to a rattlesnake. So, I mean, you're surrounded.

Rachel: Surrounded, surrounded! You know, while on the way to a hospital, I'll know what to do. Maybe by the time I get there, they won't be in such bad shape. It's very empowering. Instead of being afraid of what is going to happen might they get bit, I just know what to do.

Kate: Yeah. Yes, that's great.

You have a lot of other stories about using homeopathy. Maybe just share a couple more, or tell us all the different things that you've used homeopathy successfully for and any other insights that you have.

Rachel: Sure. Just real quick. There was an old dog, a rescue dog – old, old guy. One day, he just couldn't get up. His back legs just wouldn't work. He would try to stand up. He would yelp in pain, and his legs just sort of were paralyzed and just kind of fold under him like an accordion. He couldn't get up.

If anybody tried to touch him, he would cry out in pain. He was in just agony. Nobody even knows what happened. He was like that for a while and the vet didn't know what to do. They said, "Well, he's just, you know, he's an old dog. He's lived a long life."

Right before they were going to put him down, because he was just miserable, I said, "You know, maybe you could try this if you want."

I kid you not. The next day, he was able to stand up. He had a little bit of a limp, but he was able to get his legs under him. He was moving and not looking like he was in pain. He was wagging his tail and looking happier.

Then the day after that, he was out walking around and even running after the car. That dog is literally alive still because of homeopathy.

Then another time, we have a dog, we named her Bella for *Belladonna*. And she, brilliant thing that she is, swallowed

a big rock.

We didn’t know it. But all of a sudden, she’s not eating. She’s throwing up. There’s blood coming out the other end. And we’re thinking, “Oh, my gosh! What is this?”

So, because of all the fear and all of the stuff that’s going on right now, things weren’t open. The vets were not accepting anyone at this time. So, I thought, “Okay, I’m going to open up my Banerji protocol book, see if there’s something in here.”

My best guess was that she had swallowed something, and it was a bowel obstruction. So, I gave her those remedies, stayed up with her throughout the night.

My husband, he had been gone when all this happened. He came home right before I started giving the remedies. Her head was like … her nose was practically touching the floor. She was miserable, miserable, in so much pain. She looked horrible.

He said, “I think we’re going to lose her. I don’t think she’s going to make it.”

But I said, “Well, let’s try.” I stayed up throughout the night giving her these remedies, and she passed the rock, and she healed up. And she is 100% fine today.

Kate: Rachel, what remedies did you end up using then?

Rachel: I went with, in the Banerji protocol, the gastrointestinal bleeding and the gastric outlet obstruction protocols from their book. I made up water doses of each remedy and used disposable pipette droppers to deliver the remedy to her. It was easier for me, and she was getting dehydrated, so I figured the liquid was good for her.

Kate: Yes.

Rachel: I tell you, we were sure glad – that night in the middle of the night on a weekend – we were sure glad that we had gone through the Banerji protocol book and purchased ahead of time all of those remedies just in case we'd need them someday. Because that someday came, and it saved our Bella.

Kate: Yes, I can't even tell you the number of times I hear either the person didn't get those remedies or the kits, the Survivalist kit, and they end up needing them or they did get them, and they're so thankful. Yes, once again, get those remedies. Purchase the remedies above all else.

Amazing Birth Story

Kate: Let's switch now from talking about animals to humans, and you have a pretty amazing birth story that you would love to share. Tell us about it.

Rachel: I would love to share it. I was invited to be at a birth where the parents used homeopathy. It was very incredible to see how many times – and then how many different ways – homeopathy came to the rescue.

It totally came through for mom and baby, but what I didn't expect was that it also made all the difference in the world for the father, too.

This is a long, long, looooooong labor and the mom needed a lot of support. Much of this support was emotional, like, there were times that she had fears anticipating the upcoming pushing stage. *Gelsemium* 200 calm that anxiety right down. She would go three, four, five hours after dose. Then as soon as she voiced those fears again – and it happened a handful of times – *Gelsemium* would again bring courage. It was just beautiful to see her go from wanting to give up to having an "I've got this" attitude.

More than once I heard an attendant whispering, "What was that?" because the change was so dramatic.

Kate: That's so funny. Wow!

Rachel: The mother also often showed a tremendous neediness

for the father to stay exactly by her side, sometimes so extreme she couldn't even bear to let him quickly run to the bathroom.

Kate: For those of you who are listening who have been following Joette for a while and studying homeopathy, I'm just curious if you already have in your mind what remedy she could be talking about.

Rachel: Right. It was the perfect picture of *Pulsatilla.*

Kate: Yes.

Rachel: *Pulsatilla.* She would say, "Oh, don't leave. Don't leave me. Are you going to leave me?" He was not going to dream of leaving her, but she was so clingy and needy.

Pulsatilla 200 just did its work beautifully. The clinginess disappeared, and if it reappeared again later, *Pulsatilla* resolved it each time. It also helped her with the nausea she was experiencing since the labor began.

So, *Pulsatilla* was a big help for the mom.

But what really impressed me was what the remedy did for the position of the baby. That was something. The baby was in a posterior position which means he was facing the wrong

direction when labor started. After *Pulsatilla* was used, he rotated to the correct position. Everybody was happy, thought that that was finished, but that little guy was quite determined. He did not want to stay in the correct position.

Three more times, Kate – *three* more times, during active labor – he reverted back to the posterior position, and three more times, *Pulsatilla* corrected it. The birth attendants were very impressed by its action especially since the head was already very engaged down the pelvis. Babies don't usually move at that point.

Kate: That's what I was going to ask you is how far along was she at that point, but the head was already down.

Rachel: It was quite engaged in the pelvis. They were pretty amazed that the baby moved.

Kate: I know that Joette wrote a blog about this very thing, turning a breech baby, and it's called Birthing Series Part One: Turning a Breech Baby. In that blog, she does say *Pulsatilla* 200. Besides the Feminopathy course, there is information on birthing in Joette's blog. So, be sure to check that out.

Other Birthing Remedies

Rachel: There were many other remedies that were used for stalled labor, weak contractions, fatigue, back labor, even after the delivery for the crippling postpartum depression that the mom experienced. But, like I said, it helped for father, too. I wanted to talk about that.

Since it was a really long labor, it was exhausting for everybody. This poor first-time father had been running around doing everything possible for his wife. He hadn't really been eating and basically hadn't slept at all for days. So, not surprisingly, it took a toll, and he began to feel a migraine coming on.

He was going down hard, and he was going down fast. It was so … the timing of it, Kate. His migraine started coming on towards the very end of the pushing stage when the baby was finally almost going to be born. After all they have been through, I mean, it really looked like he was going to miss the whole thing.

Kate: Oh, my gosh!

Rachel: He tried at first to push through it, but he was, like, green with nausea. The room was spinning, and he was getting unsteady on his feet. He was a mess.

After we promised that we wouldn't forget to wake him up before the baby was born, he agreed to lie down. He decided to take *Tabacum* 200 and *Cocculus* 30. He promptly fell asleep. Later, when we woke him shortly before the birth,

all his symptoms were completely gone. He felt fine.

Because of homeopathy, he was able to be by his wife's side and enjoy that beautiful moment. Neither of us think he would have been able to see his first born entering the world if it wasn't for homeopathy.

Kate: Now, *Tabacum* is for nausea. It's a great remedy for nausea. *Cocculus* is good also for dizziness and fatigue from caring for others. It sounds like it was a great remedy for him. Okay, and then just that one dose?

Rachel: Just one dose.

Kate: Wow! Great.

Rachel: Yes.

Kate: That's wonderful.

Rachel: Now, the baby, it had also been a long ordeal for him. He came out in distress. He was the perfect picture of panic. Eyes wide open and staring, arms up with his little fists tightly clenched and shaking. And I mean, nothing could console him.

His breathing was compromised from aspirating meconium. Despite suctioning and oxygen, his lungs were not clear, and his crying sounded garbled.

Remedies were tried but without much change. The parents were being gently prepared that he was going to need to go into the NICU if he did not quickly improve.

When it was observed that the baby was still quite cold despite all the normal warming method, *Camphor* 200 was given. Kate, within minutes, his pulse and breathing slowed down to normal. His little fingers unclenched, and his arms just relaxed down. His body warmed up. We could actually feel the difference in the temperature. He stopped crying.

That struggling little guy, he just melted in his father's arms. He just laid there completely serene and content and just gazed up in his daddy's eyes. The change was moving and incredible. There wasn't a dry eye in the room.

Kate: I'm getting emotional just listening to it. Wow!

Rachel: Miraculously, when they listened to his chest again, his lungs sounded completely clear. I mean, *totally and completely clear*. There's no more gargling, rattling, wet sounds at all.

They monitored him for quite a long time after just to be sure, but all the respiratory distress had vanished. He

didn’t need any further intervention.

The staff all wanted to know more about homeopathy after that, and the parents tell everyone who will listen about how God used homeopathy to give them the birth experience they wanted. They say, “We don’t want to think what would have happened without it.”

Kate: Right. Wow! Incredible. This is just an amazing story. What an amazing thing to be a part of, Rachel.

Rachel: It was beautiful to watch.

Kate: Are there any other stories that you want to share with us today, Rachel?

Rachel: Oh, my goodness! I’ve so many more stories I could tell you. Our plants have even benefited from homeopathy.

My husband had watered in and sprayed a remedy on our tree to just completely get rid of leaf curl and fire blight.

Let’s see, there was someone who had gallbladder surgery scheduled, and they were able to cancel the surgery.

Knee replacement surgery canceled.

People on antibiotics forever for lifelong UTIs since she was like five years old, and she's an adult now. She doesn't have them anymore.

Like, regular migraines canceled. Just incredible.

One more story if I could share, if I have time.

Kate: Yes.

Rachel: Someone called me about rabbit hemorrhagic disease virus which is going around right now, and it is extremely deadly for rabbits. They were losing about one a day. They said, "Is there anything that can be done? There's nothing that can be done that anyone knows of."

Then I said, "Well, you know, you could try putting *Hamamelis* and *Arnica*, *Hamamelis* 200 and *Arnica* 3," which is the Banerji protocol for vascular issues, "then also put in *Crotalus* 30 in their water. And you know, let's try it."

They were losing about a rabbit a day in their large rabbitry, and the deaths stopped – just stopped. Not one has died since and the ones that were looking a little off are fine now.

Kate: Oh, wow!

Rachel: They’re fine.

Kate: That’s great. You have so many amazing stories. I feel like we could go on and on. I’m super grateful for homeopathy as I know that you are. I love hearing all the ways that you’ve used homeopathy successfully. I thank you, Rachel, for sharing that with us.

Rachel: Yes, you’re welcome. Happy to do it.

Words of Wisdom

Kate: Before we finish today, I would love it if you could just share some words of wisdom with us about homeopathy.

Rachel: I’d say just keep going, just keep studying. So much of what I’ve learned was while I was doing the dishes listening to the courses, listening to podcasts. Then every free minute I had, I have a *materia medica* in my lap and just studying. And there’s not always a lot of free time in my life, but you just keep studying, just keep learning.

We hear Joette’s amazing stories and look at her so seemingly effortlessly doing all these wondrous things, but she worked hard to get there. She put in the time to practice. If we do too, then slowly but surely, we become a

little better and a little better. If you make the wrong choice, try again. Also, when something is above your head, then ask for a doctor to come in or a homeopath. There's a lot that we can do.

The other thing is knowing what to do is only half the battle, and the other half is having the remedies right at your fingertips when you need them. So, buy remedies – lots of them. Take them with you. I don't go anywhere – nowhere – without my remedies. I have, actually, (so that we can have a set in the car and a set in the house and even a set somewhere other than the house, in case there's a fire or something like that) I have taken my main bottles of remedies and gotten a little teeny-tiny bottle that you see in the Washington Homeopathic's kit. I have divided my larger bottles into those smaller bottles so that I can have some in my purse, and I can have some in the car, and I can have some in a snake kit, and I can have them all over the place so that they are there when I need them.

Lastly, I just want to say thank you to God for these amazing remedies. He is showing us His kindness and how much He loves us, I think, through these remedies, they just make my heart sing.

Kate: That is beautifully said, Rachel. We're just going to leave it right there. Thank you so much for sharing with us.

Rachel: Yes, thank you, Kate. I really appreciate the opportunity.

Joette: As I hope you know by now, on my blog, podcasts and Facebook Live, I offer as many protocols for simple conditions as I can – for free, without affiliates or advertising.

But let me be clear. When it comes to more complex conditions, it's *key* that you learn how to use these medicines properly. I want you to be well-trained. So, I save discussions of the more involved methods for my courses in which I walk students through each method with step-by-step training.

In these podcasts, I focus on those students of mine who have already tunneled in and learned how to take care of themselves, family, friends, and pets, and even livestock using homeopathic medicine. Many of these students began their education by participating in one of my Gateway to Homeopathy study groups. And now, after taking one or more of my courses, they're well-trained to use my specific brand of homeopathy.

I hope listening to this podcast has inspired you to follow in their footsteps. With the proper training, you, too, can nurture and protect the health of your family and loved ones with Practical Homeopathy®.

Kate: You just listened to a podcast from PracticalHomeopathy.com where nationally certified homeopath, public speaker and author, Joette Calabrese shares her passion for helping families stay strong through homeopathy. Joette's podcasts are available on Apple

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