Podcast 153 – Homeopathic *Stramonium* for Violent Tendencies



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Additional Resources:

Joette's video reel regarding *Stramonium* on YouTube or Facebook

Joette Calabrese on YouTube (Monday Night Lives)
Joette's Learning Center
The Academy of Practical Homeopathy®
PracticalHomeopathy.com
Gateway to Practical Homeopathy®: A Guided Study Group Curriculum
Joette's Study Group, Find Your New Study Group Friends
Joette's Mighty Members
FindAPracticalHomeopath.com

Kate:

This is the Practical Homeopathy® Podcast, episode number 153, with Joette Calabrese.

Joette:

Hi, I'm Joette Calabrese, and I welcome you to *our* health care movement – yours, mine and the countless men and women across the globe who have retaken control of their families' health with Practical Homeopathy®.

So, for the next few minutes, let's link our arms as I demystify homeopathy – what was once considered an esoteric paradigm – into an understandable, reproducible, safe and effective health care solution available to all.

This is the medicine you've been searching for – my unique

brand of homeopathy, *PRACTICAL* Homeopathy®.

Introduction: Homeopathic *Stramonium* for Violent Tendencies

Kate: (01:00)

Hi, and welcome to the Practical Homeopathy® podcast. I'm Kate, and I'm thrilled to be here with you today as we explore the wisdom and real-life applications of Practical Homeopathy® with Joette, where homeopathy is distilled down to be practical and accessible to moms, dads, grandparents, and even busy college students and skeptical uncles who just want results.

Joette has spent her decades teaching families how to take the reins of their health using time-tested homeopathic protocols that are simple, effective, and most importantly, doable.

Hi, Joette.

Joette:

Hi, Kate. We've got an interesting case to go over today, haven't we?

Kate:

Yes, we do.

So, we're going to talk about how to find the right medicine. So, turning the tables a little bit. I think you are going to ask me some questions about a case that I've encountered recently.

So, let's get started.

The Emotional Case of a Young Man

Joette: (01:57)

Yes. As I recall, this was a case of a young man, right?

Kate:

Right. Yes.

Joette:

And he had some behavioral problems. Kate, why don't you explain what behavioral and plaguing thoughts and then an interesting history.

Kate:

Right. So, we're going to focus on some of the emotional components of this case. There are some other things that came into play, but as you say, Joette, "Look at what symptoms are the most prominent." And it's clear in this case that the emotional component was definitely the most serious – the most dire – of the symptoms. So, I'll talk a little bit about it.

There was some violent thoughts, like wanting to kick people – so, almost rage. And the person was embarrassed by the fact that they're thinking this. They don't know where it's come from, but it was really plaguing thoughts of just wanting to reach out in anger.

And I don't know if this person actually kicked the door at one point or not, but it was pretty severe as far as the almost depression and the rage.

Joette:

And he was about how he wanted to do that. He wanted to hurt someone.

Kate:

Yes.

Joette:

He wanted to kick someone or harm someone, and it turned out that he kicked the door. But that's as far as he went, at least as far as we know.

Kate:

Right. Yeah. I don't think it was action as much as just those plaguing thoughts.

Joette:

Plaguing thoughts. Right.

So, how has this case opened, Kate?

Kate:

The person is someone that has used homeopathy on and off for years. So, they did, at one point, take *Camphor*.

Joette:

So, this is a person whose mother has been using homeopathy on and off for years.

Kate:

Yeah. Correct.

Joette:

Right. It's in his blood of sorts. He knows enough to start thinking this through and asking for some help homeopathically.

Kate:

Right. And when the mother started thinking about it, she realized that at one point her son had a head injury, and so that played into it. But even though it was a pretty prominent head injury, where there was actually some broken bones in the back …

Joette:

And so, do we know how long ago that injury occurred before the case was taken regarding these?

Kate:

I think it was about a year or so.

Joette:

Okay. My guess is, if the mom knew – I'm just going to take a guess on this, and correct me if I'm wrong – she knows enough homeopathy, she probably treated that injury.

Kate:

Yes.

Joette:

At the time, correct?

Kate:

Correct.

Joette:

With *Arnica* first and then *Natrum sulphuricum* next, and that kind of thing, right?

Arnica for Head Injuries

Kate: (04:18)

Correct. Yes. So just if people are wondering, *Arnica* is so good for so many things, but head injuries is one of them.

Is that what you normally go to first?

Joette:

Yes. It’s the first thing we think of for hematomas and the shock of it. Pain, of course, but especially hematomas. That’s the concern that we most have. Yes.

Kate:

Okay. So yes, that was a long time ago, and now there are these emotional components that are coming to the fore.

Stramonium for Violent Tendencies

Joette: (04:45)

So, when the mom was taking the case – essentially, she was taking the case, and she was relaying to you – that she looked at violent tendency.

Now we don’t know whether or not he was actually violent (but for the kicking of the door). Right? But he talked about how he wanted to punch someone or kick someone and harm to someone.

Kate:

Right.

Joette:

Yes.

Kate:

Right. And so, she looked up in the repertory under “**Mind**-Emotions and VIOLENT.” And I know you talk about how the remedy *Stramonium* is pretty prominent when there are violent behaviors.

Joette:

It certainly fits. It fits that, for sure.

But now let’s look at what *Stramonium* also represents. It

represents a shock to the system.

Buster, when he got that injection from the vet, went into a *Stramonium* state. (I've talked about this before. I've written about it. Actually, it was a Monday Night Live that I talked about it.) That injection was a shock to the system, and that's the way I saw it.

Shortly after that, within weeks or so, he became a very violent dog. He'd never been violent. He was really passive and sweet, but he became aggressive towards me. Wouldn't let me in the bedroom; wouldn't let me near my husband; snarled at me; showed me his teeth and actually snapped at me several times. My husband had to grab him by the scruff of the neck a number of times.

And so, I knew that the cause of that was likely the neurological shock to the system. I used both medicines specifically for that injury to the system, as well as how he was behaving. I gave him, *Stramonium* …

Kate:

Turned him right around, as I recall.

Joette:

It did. Immediately within a day or two. It was really fast.

And then it came back again a couple weeks or a month or something later, but not as severe. He didn't snap this time. He showed his teeth, and he wouldn't let me near my husband or let me in the bedroom. My husband had to grab him again, and then I knew it was time to give him the *Stramonium* again.

So, it was a neurological shock to the system, and we could say the same, perhaps, for this young man … that there was a neurological shock. And that can happen after an accident, after an injury (especially a head injury), something that is extreme to the body can often show up later in this kind of

behavior, anger, desire to do harm, violent thoughts, et cetera.

So, *Stramonium* fits both the fact that this behavior is presenting, but it also fits because of the etiology – the potential cause of the condition in the first place – which, indeed, could have been the head injury.

Homeopathy Works!

Kate: (07:15)

Yes. And so, interestingly enough, the mother reports that the *Stramonium* acted, and it acted so quickly and so beautifully that within one dose, this boy stopped having those (the thoughts of rage), and he calmed right down and was doing really well.

Now, when he stopped taking it – and I believe, he was taking it … at first, it was twice a day, and then gradually going to every other day – but when he didn't remember to take it, those things crept back in. Right?

And so, when he took it again, they went right away. It's so incredible. I mean, every time we talk, Joette, we talk about these medicines and how amazing they are.

Joette:

God's medicine. There's no doubt about it. No side effects, et cetera. It was probably 200?

Kate:

Yes.

Joette:

In a 200C. So, *Stramonium 200C*. And so, used it a couple times a day for what? Probably a week or so?

Kate:

I would say yes.

They tried to go to the *Stramonium* every other day, but it didn't seem like enough. So, they went back to the twice a day. And I didn't follow the case, so, I don't know what they're doing now, but I know that this boy is doing really well.

And whenever he starts to get those thoughts again, he just takes the *Stramonium*. Or if he's taking it regularly, then those thoughts don't even creep in.

Employing Homeopathic Medicine Until It's No Longer Needed (Very Much Better)

Joette: (08:36)

So, the upshot of this is that you use it until it's no longer needed, and then you test it out. We're not using it for *years*; we're using it for days. And then when it's clear that the condition is much improved, then we back off.

When we see that it's not time to back off because the symptoms return, then it's time to return to the original schedule or a schedule that's perhaps not as tight as twice a day. Maybe they just use it once a day, see how it goes.

So, we're always looking for that tipping point to find a place where it's just right. And it could be taken for a long … it could be taken weeks, perhaps even a month.

Again, we test. We check and see how it's going without it again. And after a while, the person will no longer need the medicine, and that's how we know that the medicine has done its job.

Now, just like Buster. It happened months later that he started to behave like this again. It's almost as though the

body said, “I’m ready for another couple doses of this.”

We used the medicine … we loaded up front twice a day for several days. It became much better. I backed off, and we halted the use of it because it appeared to be completely resolved.

Then months later, it started up again. I started right where we left off: twice a day every day for another week or so.

And I don’t remember *exactly* how long it was because, my friends, it doesn’t matter. People ask me, “So, for how long?”

Well, that is dependent upon what you’re observing. So, once I saw again that he was much better — we’re talking about Buster now — that it’s time to back off the medicine again. And if we see that it reared its ugly head one more time, I would’ve started again.

As I recall (it’s been years now), I don’t think I needed it a third time. But if I had needed it a third time or he needed it a third time, I would’ve done it again. And each time I would’ve expected just what happened … a little bit less, the next time. The symptoms are not as intense. They’re not lasting as long, and there’s a larger space between each of the episodes of the behavior.

So, that’s what apparently happened with this young man. Right?

How Often to Consider Utilizing *Stramonium*

Kate: (10:32)

So, I’m wondering, Joette, if there’s a case that you had and the symptoms were leading you towards the use of *Stramonium*, do you think about the severity? And if it’s more severe, maybe you would use it twice a day in the beginning? Or would you start with every other day? Or how often do you like to use *Stramonium*?

Joette:

Well, it can be used every other day if it's a rather milder version. But usually, when we're using a remedy like *Stramonium*, it's pretty intense. Because they're already in depression. That's intense. And they're experiencing violent thoughts. I would say that's worth repeating it twice a day for a while.

These are serious conditions, and it is something that needs to be addressed by someone who's experienced, a seasoned homeopath, a health care professional, someone like that.

But I do want people to learn how this is done because it gives us freedom from worry that this could never be resolved, or now they're going to need drugs, et cetera.

Kate:

And it can change someone's life in amazing ways. So, thanks to these medicines that are so inexpensive. It's really unbelievable.

Joette:

Yet, in this case, it changed at least two lives. We know about the mother and the son. My guess is it changed the life of his father and his siblings and his friends and his classmates and et cetera.

Homeopathy Addresses Physical, Psychological, AND Emotional Conditions

Kate: (11:51)

Joette, thank you for helping us understand the use of *Stramonium* and how to think about these emotional cases that can be complex. I appreciate your thoughts, and I think it's clarified some things in my mind, and I hope the listeners' as well.

Joette:

I like the point that we've brought to the fore today, and that is, most people don't know that it's possible that homeopathy can treat emotional and psychological conditions and events as well.

Most people have believed that homeopathy is assigned to acutes, like a cold or a flu or an ear infection. But no, there's even this.

So, this just helps people understand the universal ability of this medicine. So yeah, it was an interesting case. Thanks for bringing a case.

It's my honor to share many lessons on this simple method of using homeopathy for free –without affiliates or advertising – here in my podcasts, but also my blog posts and Monday Night Lives.

But it's *critical* that you learn how to use these medicines properly. These podcasts should serve as only the *beginning* of your training. Peruse JoettesLearningCenter.com to find fun study group opportunities and in-depth courses developed by subject.

So, with the proper training, you can join the thousands of students before you in developing the confidence and competence to protect the health of your family and loved ones with my brand of homeopathy, Practical Homeopathy®.

Kate:

You just listened to a podcast from internationally acclaimed homeopath, public speaker and author, the founder of The Academy of Practical Homeopathy®, Joette Calabrese. Joette's podcasts are available on all your favorite podcast apps.

To learn more and find out if homeopathy is a good fit for your health strategy, visit PracticalHomeopathy.com.