# Podcast 158 – How To Direct Our Teens To Step Into Adulthood With Responsibility: What Is Our Role?

We parents must be there to help our teens step into adulthood with responsibility. What is our role? How can we help?

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# ‘Tis the Season for Food Intolerance and Food Allergy: These 2 Remarkable Homeopathic Medicines Work Best in Tandem

Despite what may be lurking on that holiday buffet table, Practical Homeopathy® can ease food intolerance and food allergy.

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# Boomeropathy for Gout: The Uncomfortable Condition Shared by King Henry VIII, Benjamin Franklin and Boomers

Henry VIII and Benjamin Franklin had to deal with gout on their own. Today’s Baby Boomer gout sufferers can turn to Practical Homeopathy®.

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# Podcast 157 – Practical Professionals: Practical Homeopathy® Success Stories: From the Family to the Farm

Dairy farmer Melissa shares amazing success stories using Practical Homeopathy® to help her family, clients, and even her Guernsey cows.

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# 12 Cell Salts: The Easy Entry Point to Begin Learning

# Homeopathy

Not ready to dive into all homeopathy has to offer? Understanding the 12 cell salts is an easy entry point to begin learning homeopathy.

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# It’s Never Too Late to Learn: Motivated Older Students Are Flocking to Practical Homeopathy®

It’s never too late to learn. Older students understand that learning homeopathy at any age offers many benefits.

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# Podcast 156 – Why Did You Stop Taking the Remedies?

Why did you stop taking the remedies that were helping? When something is clearly working, why do people drop it? It’s human nature.

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# A Pain in the Neck: 3 Homeopathic Medicines to Consider

Almost anything annoying can be called “a pain in the neck,” but for actual neck pain, we choose homeopathic medicines to help relieve it.

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# Nix the Halloween Stuff and Do This Instead

What can you do to protect your children from the harmful effects of the cavalcade of candy and other sweets, otherwise known as Halloween?

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# Podcast 155 – Quashing the Pain of Fibromyalgia With Homeopathy: *Rhus tox*

Fibromyalgia is often difficult to manage using conventional methods. Instead, homeopathic Rhus tox offers a powerful yet gentle approach.