What Is Practical Homeopathy®? (Part 2)

What is Practical Homeopathy®? I'll explain my decades-long thought process and the resources that culminated in its development.

Podcast 166 – If This Were My Last Podcast, What Would My Message to You Be?

If this were my last podcast, what is the one message I would want to leave you? In other words, what's at the heart of everything I teach?

Expectations vs. Reality: Why Healing Isn't Always Instant – Even When We Wish It Were

True healing can take time, so our expectations need to be adjusted. Homeopathy doesn't force the body into submission; it gently nudges it.

A Homeopathic Blog You Can Sink Your Sensitive Teeth Into

Sensitive teeth can be an ever-present reminder that our mouths are not at their best. Homeopathy can ameliorate dental discomfort.

Podcast 165 – Practical Professionals: It Doesn’t Get Better Than This! Inspirational Homeopathic Success Stories From My Mastermind Group

Meet members of my original Mastermind group, who share some of their homeopathic success stories. If they can do this, you can, too!

Farewell to Flatulence: Finding Freedom from Gas With Practical Homeopathy®

Flatulence happens to everyone occasionally, yet we’re all embarrassed when it happens to us. Not to worry, my friend. Homeopathy can help.

Tattoo Removal Aftercare: Beauty Is More Than Skin Deep

Today, I answer a student whose loved one is giving up a tattoo for Lent. Her question? Can homeopathy assist in tattoo removal aftercare?

Podcast 164 – Meet 7 Unique, Accomplished, Inspiring Women from the Practical Homeopathy® Mastermind Group

Looking for inspiration as you learn homeopathy? Need a Practical Homeopath® for a consultation? This podcast is just what you need.

The Fountain of Youth? One Homeopath’s View on Arnica and Longevity

One of my colleagues successfully secured his own longevity with homeopathic Arnica. Let’s take a look at his technique.

A ‘CRASH’ Course in Croup

Croup and its accompanying croupy cough can be scary. Yet, an informed parent can approach the condition with calm – and homeopathy.