# Homeopathyworks.net

Welcome to our issue for March 2010. This is where you and homeopathy meet. Your questions answered, fears quieted and resources discovered! If you have a specific question you'd like answered or topic covered in future issues, please E-mail suggestions to: <a href="mailto:Joette@homeopathyworks.net">Joette@homeopathyworks.net</a> or post comments on our blog at: <a href="mailto:http://www.homeopathyworks.wordpress.com">http://www.homeopathyworks.wordpress.com</a>

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Greetings

The birds are beginning to sing, my yard smells like skunk and the dog just shook mud all over the kitchen! Spring must be on the way.

Enjoy! Toette

## Quote From Joette:

Real medicine bears a distinctive stamp and each case tells its own fresh story. Each person is individually addressed and the remedy meticulously selected. Homeopathy is neither of this moment nor that. It is timeless.

Where is Joette?

Pass along the good news to a friend! On March 27<sup>th</sup> you will be able to hear Joette on live radio and soon you will be able to find her in Dr. Joseph Mercola's newsletter on his site: www.Mercola.com.

Read Joette's column *The Homeopathy Corner* in *Wise Traditions,* the quarterly journal of the Weston A. Price Foundation.

## Listen to Joette Live:

- WKBW AM in Buffalo, NY March 27 9-10am
- WXOJ in Denver, Co April 1 1-2 P

### On Archived Radio

- WXOJ 103.3 FM in Northampton, MA
- KKNW 11.50 AM in Seattle, WA
- WJTN 1240 AM in

Jamestown, NY

## See Joette:

Chautauqua Institution:

- July 18-23
- August 15 -20.

For more information go to <a href="https://www.ciweb.org/special-studies/">www.ciweb.org/special-studies/</a> See you there this summer!

Two Kids, Two Remedies

Christy and Marcus are in the same sixth grade class. Christy is lively, outgoing with blue eyes, while olive-complected Anthony is measured and likes to watch from the sidelines. They are as different as apples and oranges. Yet they have something in common. Both children have suffered from bronchitis in the past and this month it so happened that their illnesses concurred. Yet how different they are!

Christy has a history of getting stomachaches when she's out of sorts, so she often suffers from them when she's had respiratory infections. This is distinctly unlike Marcus who commonly gets high fevers when he's run down. The remedy for Christy

must be one that has been shown to address bronchitis concomitantly accompanying gastro intestinal problems and the best choice for Marcus ought to include the prominent symptom of high fever. Each of these children present in markedly different ways.

The correct homeopathic remedy will address the illness of bronchitis squarely because of the extra effort to make the remedy fit like a glove. Since there are no side effects in homeopathy, there's no concern for residual problems after the illness has receded. Bronchitis is an illness that is usually best handled by a professional homeopath with a good deal of understanding of the principles and *Materia medica*. Yet moms who devote time to it can indeed master enough homeopathy to cure their families of most acute illnesses.

Christy was given *Pulsatilla* every 4 hours for 2 days. Within the first 12 hours she was more alive and the cough had softened by nearly 50%. By the following day she was no longer in bed and after a good rest over the weekend she was back in school. Marcus was given *Lycopodium* and he too enjoyed markedly improved health within a few days. By Saturday his cough was no longer painful and although he was 90% recovered, his sensible mother choose to keep him home a few more days for good measure.

Marcus' mom has studied homeopathy for years from her well-worn books,tapes and CDs. She made a decision long ago to take full control of her family's health to avoid the dangers of drugs. Since her family has been prone to respiratory illness she studied the remedies specifically for those illnesses as well as the principles and now has assured confidence.

Christy's mom is just learning homeopathic strategies so she called her homeopath. In the end both children received the care they needed and will likely not have a revisit of this harsh illness in many a long year, if ever again! This is because well-chosen homeopathy minimizes the chances of infirmity returning. Why? Because it has been resolved, not suppressed.

Inexpensive, gentle, no side effects, and effective; something both mothers welcome. The youngsters are back in class, full swing and without a weakened system and inevitable antibiotic rebound. Homeopathy is medicine for families. Optimistic and essential, meticulous and refined, these are the hallmarks of real medicine. Homeopathy.

**Want to learn more?** Joette's book *Cure Yourself and Family with Homeopathy* is your #1 guide by going to: www.homeopathyworks.net/products.html.

Edu-Tip!

Do you know those pretty yellow flowers that look like dandelions from a distance; the ones that are the first to pop up in the spring? Well, be sure you know what you're picking, but, they are called Coltsfoot and they come just as spring bronchitis appears. When the flowers are at their peak, pop off the blossoms, fill a jar with the flowers and pour 80-proof vodka to the top of the jar. Devil's Spring is a convenient brand. Allow this to set for a fortnight (as they say in the old botanical texts). After this 2 week period, you may decant and use as an effective natural cough treatments. If corked tightly, it will last for years.

To use for coughs draw up 10-20 drops into a pipette and drop into 4 ounces of water. This dose is administered every few hours or so. It is much less expensive on the body *and* the pocket book than antiquated antibiotics. It's effective and carries no questionable properties. Just like your own homemade soup.....your own homemade medicine!

Nutri-Tip!

Blood levels of vitamin D that teeter most of the year can become downright pathological in the cold months. Could Marcus and Christy have taken a food high in saturated fats replete with vitamin D such as cod liver oil? The answer is a resounding YES! Yet, they took the appropriate homeopathic remedy and the need was answered. That's not to say they couldn't have taken both the remedy and oil. Homeopathy and sound nutrition are not only compatible but optimal. Two to four caps or a tablespoon of cod liver oil would gird them for the upcoming season of rain so that their immune system would be fortified. What better way than to team up the old-timer cod liver oil with a scientifically proven homeopathic! Ahhhh... homeopathy and sound nutrition, an unbeatable duo for health.

## Employment Opportunity

Do you have small office management, computer, business writing and people skills with an eye for organization? Then you might qualify for a part time (with progression to fulltime) position at Joette's office in Colden, New York. Respond to this email if it sounds like a match.



About Toette

Calabrese, HMC, CCH, RSHom(Na)

Joette Calabrese teaches and instructs folks how to add, obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced and committed and has a following of discerning clients throughout the United States and abroad. Click here for more about Joette.

Books, Tapes and CD's from

## Toette:

Learn to treat YOUR family. Joette's educational CDs and books are on download at www.Homeopathyworks.net/products.html.

If you liked today's issue, you'll LOVE learning more about Joette's programs and services for those seeking robust health via homeopathy. Joette offers a FREE audio CD, great blog articles, workshops, coaching and other resources to help women (and interested men too). *Learn more now at* www.Homeopathyworks.net

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## sites

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