

Joette Calabrese presents HomeopathyWorks.net, where mothers are empowered via Homeopathy. *Volume 3 Issue 6.0~ ISSN: 2152-4890*

Welcome to our issue for Early June 2011. This is where you and homeopathy meet. Your questions answered, fears quieted and resources discovered! If you have a specific question you'd like answered or topic covered in future issues, please E-mail suggestions to: <u>Joette@homeopathyworks.net</u> or post *comments on our blog at: http://www.homeopathyworks.wordpress.com*

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Greetings:

Don't collapse under the fear of common acute illnesses. Just arm yourself with knowledge. Read your homeopathy books or listen to your homeopathy CD's in the lovely sunshine most of the country is enjoying.

Love, *The.tte*

Quote From Joette:

Optimistic and essential, meticulous and refined: these are the hallmarks of real medicine: Homeopathy.

Where is Joette?

Watch for Joette in her column *The Homeopathy Journal* in *Wise Traditions*, the quarterly journal of the Weston A. Price Foundation in Washington, D.C.

- Joette's recent article published on Kim Hartke's blog: <u>http://hartkeisonline.com/natural-</u> <u>health/mommies-beware-the-excitotoxin-</u> <u>hidden-in-your-food/#more-9545</u>
- See Joette this summer:
 - Chautauqua Institution, Chautauqua, NY – August 1-5, 2011 Look on page 41 in the Health and Fitness section. Course # 1338 http://www.ciweb.org/storage/downlo ads/SScatalog 2011 web.pdf

Antibiotics? Heck No! Homeopathy is the Alternative

The media and modern medicine are beginning to catch up to what homeopathy has known for centuries: antibiotics are dangerous drugs and any decision to use them ought to be well weighed.

A case in point in making such a decision ought to include the following study: "A firstof-its-kind study of more than 10,000 Washington state women concluded that women who used the most antibiotics had DOUBLE (my emphasis) the chance of being struck by breast cancer and that the association was consistent for all forms of antibiotics. The study also concluded that the risk went up with the number of prescriptions, a powerful indication that the link was real". This quote from the *Buffalo News* on 2/17/04 is not the only warning from the conventional medical world.

In *Country Living Magazine;* January 2004 issue, there was a full right sided page (the most costly page on which to advertise) paid for by the Centers for Disease Control(*CDC*) and U.S. Food & Drug Administration (*FDA*) that read: "Snort. Sniffle. Sneeze. No Antibiotics Please. Treat The Colds and Flu With Care." The body of the ad said in essence, don't ask for antibiotics anymore.

So what do we do to replace antibiotics? Why, homeopathy of course! Homeopathy is a most efficacious method of not just addressing bacteria and virus related pathology, but leaving the sufferer in a better state than the one previous to the illness.

Samuel Hahnemann, MD, the Father of homeopathy, understood and laid out a legacy of profound medicine in the late 1700's. He understood that when we cover up symptoms, deeper more serious pathology results. So, in "treating" or killing germs, we harm the host. If we, however, support the body's natural ability to heal, health will prevail.

So what *is* homeopathy? It is an intelligent method of medicine that uses minute amounts of pharmaceutically prepared substances from plant, animals and minerals to stimulate the body's ability to bring it to its best economy.

Homeopathy is based on the strict adherence to the "Law of Similars" offered by Dr. Samuel Hahnemann. He noted in his scholarly efforts, that when a toxic substance is diluted to an infinitesimal level, the toxic characteristics are antidoted leaving only the curative qualities.

For example, *Cinchona* (quinine) which was used to treat malarial fevers in Europe in Hahnemann's time produced a toxic effect in healthy people including the same feverish attacks similar to those for which it was used as a therapeutic agent.

Twenty five hundred years previously, Hippocrates also noted the parallel action existing between the toxic power of a substance and its therapeutic ability. With the inspiration from Hippocrates and years of research, Hahnemann came to the hypothesis that medicinal substances are capable of eliminating symptoms similar to those which they could produce. This is not to say that the symptoms are covered up, but rather removed as a result of the body's ability to adjust to the stimulus and therefore regain health.

This profound method of treating bacteria, viral, parasitic, or any infection via this method isn't new. A study of "mortality rates among homeopathic and conventional medical patients throughout the US and Europe showed that two to eight times as many homeopathic patients with life-threatening infectious diseases survived, as compared with those receiving conventional medical care of the day." says Stephen Cummings, MD and Dana Ullman, MPH.

Homeopathy has had a superior record for its ability to address deadly diseases throughout the world such as cholera, typhoid, scarlet fever, influenza, yellow fever and other infectious diseases. In France, Italy, Germany, South America and India, homeopathy is used by over a third of the population. In England, this number increases to one half. In India, where the pharmaceutical industry hasn't penetrated as deeply as in the US, homeopathy thrives.

I encourage everyone to study homeopathy from a simple homeopathy how-to book, a good CD, a seminar or classes. As a beginner, don't expect to treat cholera or other serious diseases, but many a mother has quickly tended to her children's ear infections, conjunctivitis, sore throats and coughs with their beloved homeopathic remedy kit and a good guide book. If this doesn't sound like your cup of tea, contact a certified homeopath; many will work over the phone. With a desire and commitment toward your family's health, relentless antibiotic use can become a thing of the past in our American society as well as our own homes.

Homeopathy; the choice of discerning people who expect a medicine to deliver genuine results.

Homeo Tip:

Hot weather getting you down? I like *Nat sulph* 6x in my water bottle. It makes many heat associated discomforts melt away when taken every hour or so. It's been shown to relieve headaches, sluggishness and fogginess if it's the heat and humidity that's the exciting cause. The general way to use it is to dissolve 4 pills in 4ounces of water and to sip from it every hour or so. Then sit back and enjoy the sunshine.

Want to learn more? Joette's book *Cure Yourself and Family with Homeopathy* is your #1 guide by going to: <u>www.homeopathyworks.net/products.html</u>.



About Joette Calabrese, HMC, CCH, RSHOM (Na)

Joette Calabrese teaches and instructs folks how to add, obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced and committed and has a following of discerning clients throughout the United States and abroad.

Books, Downloads and CD's from Joette:

Learn to treat YOUR family. Joette's educational CDs and books are on download at <u>www.Homeopathyworks.net/products.html</u>.

If you liked today's issue, you'll LOVE learning more about Joette's programs and services for those seeking robust health via homeopathy. Joette offers a FREE audio CD, a great blog, lots of FREE articles, workshops, coaching and other resources to help mothers (and interested fathers too). Learn more now at <u>www.Homeopathyworks.net</u>

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