

Joette's Blog

- Joette's Blog
- Academy of Practical Homeopathy
- Acne
- ADHD
- Allergies
- Alumina
- Anquish
- Antibiotics
- Antidote
- anxiety
- anxiety
- Articles
- Asthma
- bad temper
- Banerji Protocol
- Bedbugs
- Bee Stings
- Bites
- Blog
- Bone Broth
- Breastfeeding
- Broken bones
- bruising
- Buster's Blog
- Causticum
- Cell Salts
- Cell Salts
- childbirth
- Cholesterol
- cold sweats
- Colds
- Coughs
- Course Syllabus

- dandruff
- Ear Infections
- Family
- fear
- Fermented Foods
- Fevers
- food allergies
- frostbite
- Genital Herpes
- gluten free
- Gut
- Gut disease
- Hair
- Headache
- healthy deodorant
- Heart Health
- heat
- Holiday Cheer
- Homeopathic Remedies
- Homeopathy
- Homeopathy for Pets
- Homeopathy Tips
- Influenza
- Injuries
- Injuries and Accidents
- Insomnia
- Ipecac 30
- Jet Lag
- Kali carb 200
- Kali Iodatum 6
- labor
- Lachesis 200
- Lead Poisoning
- Lice
- Lyme Disease
- measles
- menopause

- menses
- menstruation
- Mothering
- Nutritious foods
- Nux vomica
- pain
- pain
- period
- pesticides
- petroleum 200
- pimples
- Plumbum
- PMS
- Q&A
- Radioactivity
- Raw Milk
- Remedies
- Reviews
- seizure
- Skin
- Sore Throats
- sprain
- Stomach And Gastro-Intestinal Ailments
- Teeth/Dental
- Travelling and Homeopathy
- Travelling and Homeopathy
- Urinary Tract Infection
- Vaccine
- Whole foods
- Wise Traditions

Joette's Blog

- Joette's Blog
- Academy of Practical Homeopathy
- Acne
- ADHD

- Allergies
- Alumina
- Anquish
- Antibiotics
- Antidote
- anxiety
- anxiety
- Articles
- Asthma
- bad temper
- Banerji Protocol
- Bedbugs
- Bee Stings
- Bites
- Blog
- Bone Broth
- Breastfeeding
- Broken bones
- bruising
- Buster's Blog
- Causticum
- Cell Salts
- Cell Salts
- childbirth
- Cholesterol
- cold sweats
- Colds
- Coughs
- Course Syllabus
- dandruff
- Ear Infections
- Family
- fear
- Fermented Foods
- Fevers
- food alergies
- frostbite

- Genital Herpes
- gluten free
- Gut
- Gut disease
- Hair
- Headache
- healthy deodorant
- Heart Health
- heat
- Holiday Cheer
- Homeopathic Remedies
- Homeopathy
- Homeopathy for Pets
- Homeopathy Tips
- Influenza
- Injuries
- Injuries and Accidents
- Insomnia
- Ipecac 30
- Jet Lag
- Kali carb 200
- Kali Iodatum 6
- labor
- Lachesis 200
- Lead Poisoning
- Lice
- Lyme Disease
- measles
- menopause
- menses
- menstruation
- Mothering
- Nutritious foods
- Nux vomica
- pain
- pain
- period

- pesticides
- petroleum 200
- pimples
- Plumbum
- PMS
- Q&A
- Radioactivity
- Raw Milk
- Remedies
- Reviews
- seizure
- Skin
- Sore Throats
- sprain
- Stomach And Gastro-Intestinal Ailments
- Teeth/Dental
- Travelling and Homeopathy
- Travelling and Homeopathy
- Urinary Tract Infection
- Vaccine
- Whole foods
- Wise Traditions

A Student's Success Story:

Tick Bite Recovery with Practical Homeopathy®

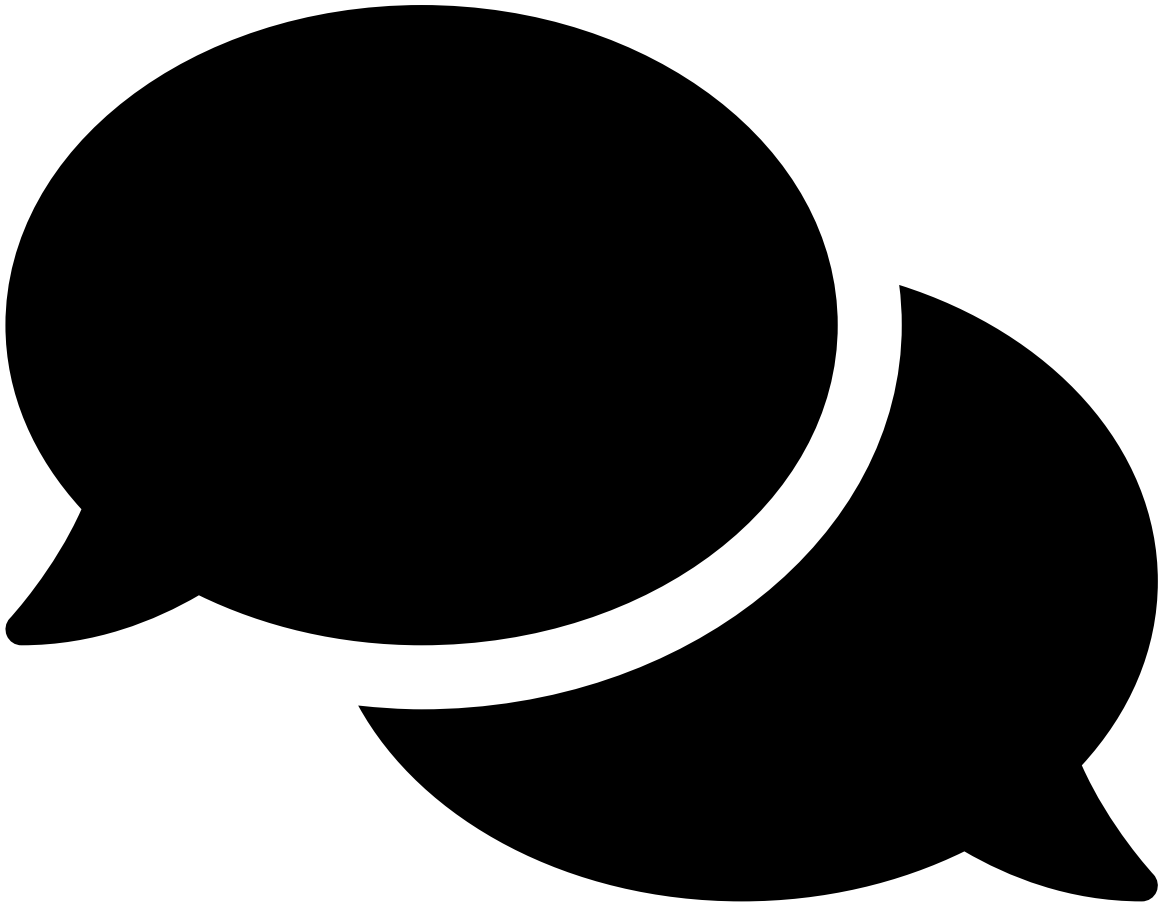


 **Joette
Calabrese**
JoetteCalabrese.com
Practical Homeopathy Inc.

[**A Student's Success Story: Tick Bite Recovery with
Practical Homeopathy®**](#)



July 31, 2026



Comments

A student – someone just like you – successfully addressed a tick bite with education, support from a friend and her homeopathic medicines.

What is Practical Homeopathy®?



[What Is Practical Homeopathy®? \(Part 3\)](#)



July 26, 2026



2

Comments

What is Practical Homeopathy®? Why do you, your family, friends, clients or patients need it instead of other homeopathic methodologies?

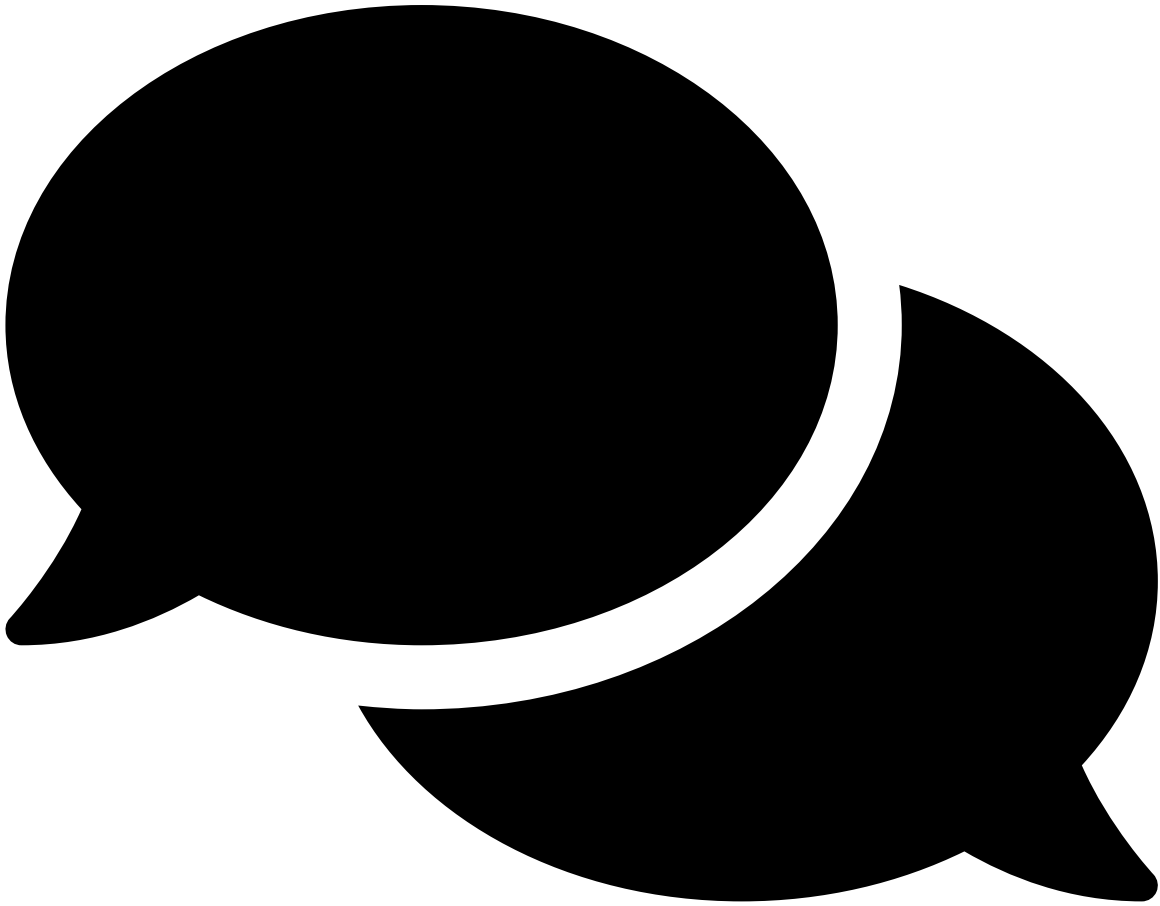
BAM! That Bump Led to a Bloody Nose. Now What?



BAM! That Bump Led to a Bloody Nose. Now What?



July 19, 2026



Comments

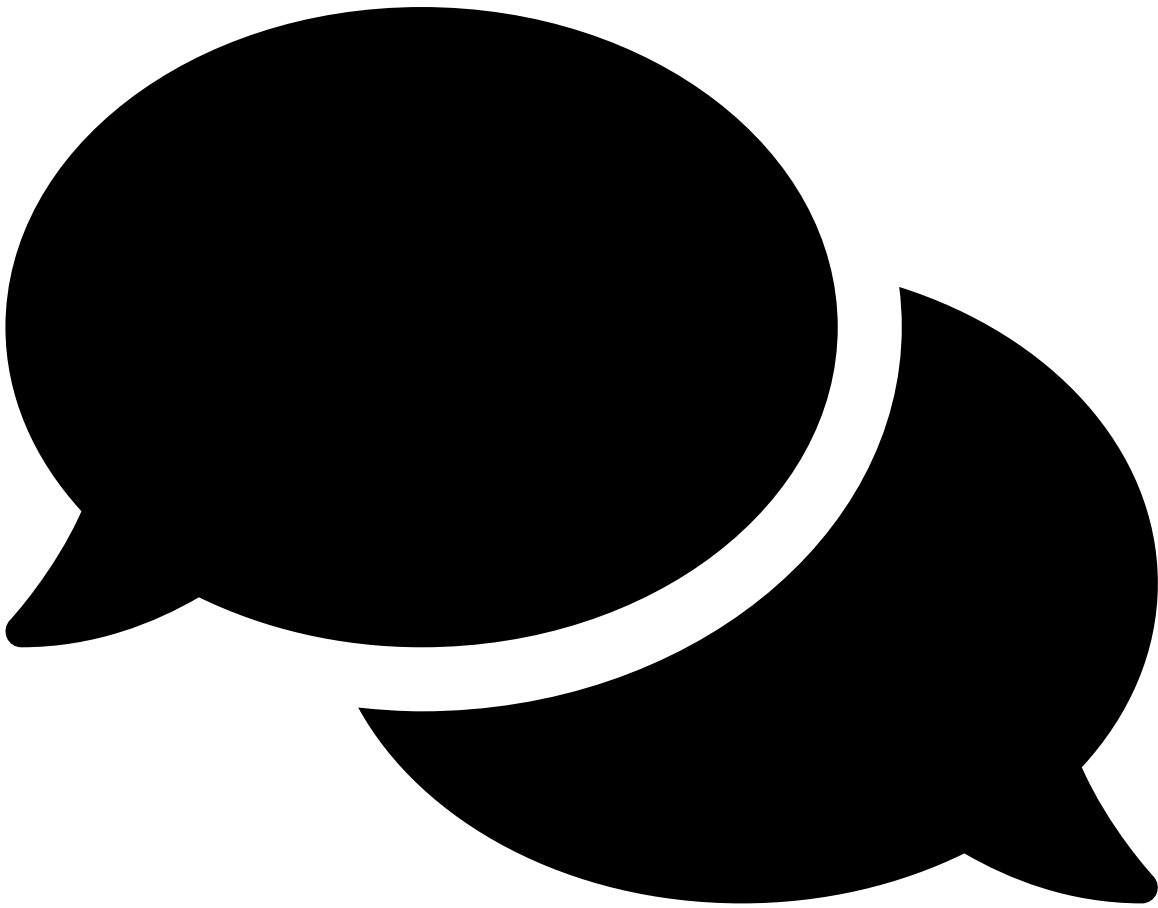
A bloody nose is an all-too-common injury during summer activities. Let's discuss the homeopathic medicines to consider for nosebleeds.



[Snow in Summer? A Dry Scalp and Embarrassing Flakes Meet Practical Homeopathy®](#)



July 12, 2026



Comments

Dry scalp and dandruff can be an unsightly and embarrassing condition. Worry not. Homeopathy, as always, is poised to assist.

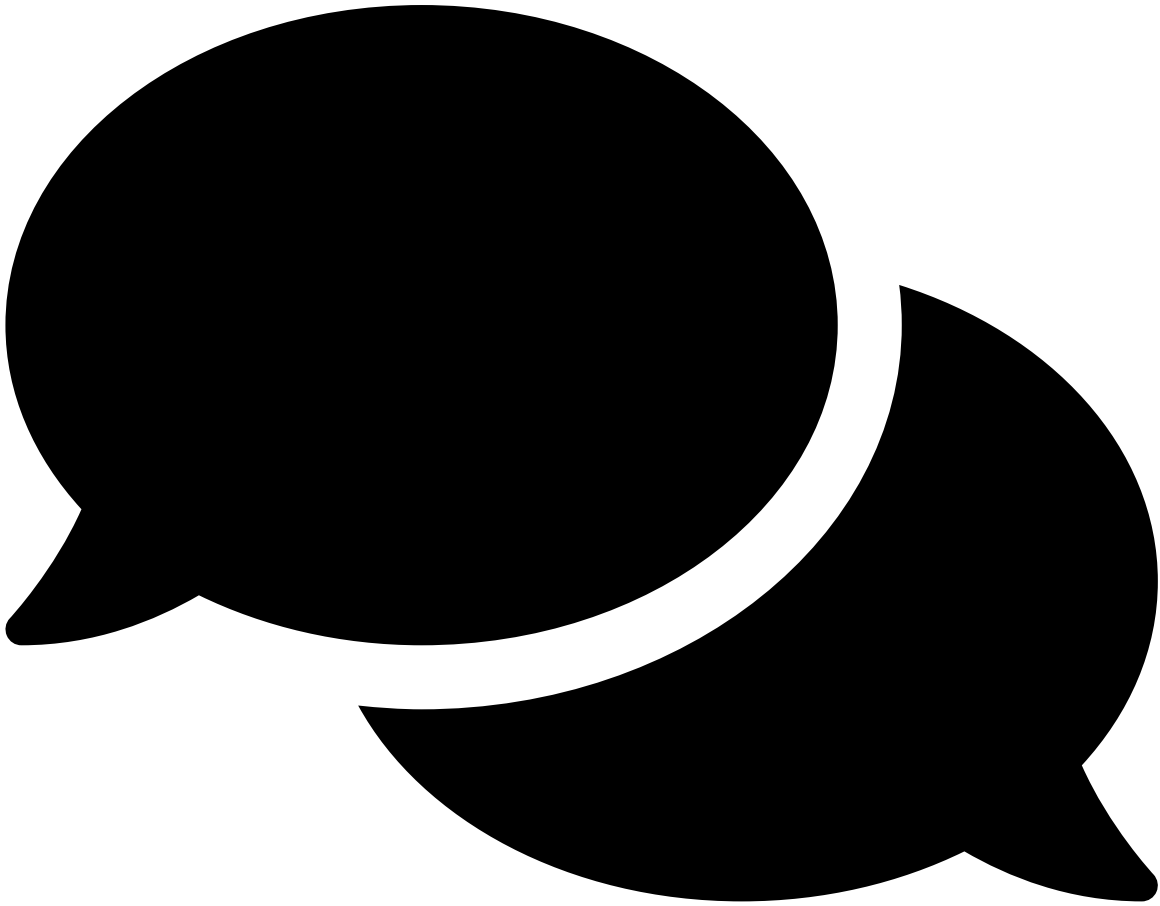
Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®



[Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®](#)



July 5, 2026



Comments

Muscle weakness: While it's incumbent upon us to do our part to regain our physical strength, homeopathy can help.

Shell Shocked:

**1 Cracked Turtle + 1 Prepared Daughter
= 1 Happy Ending**

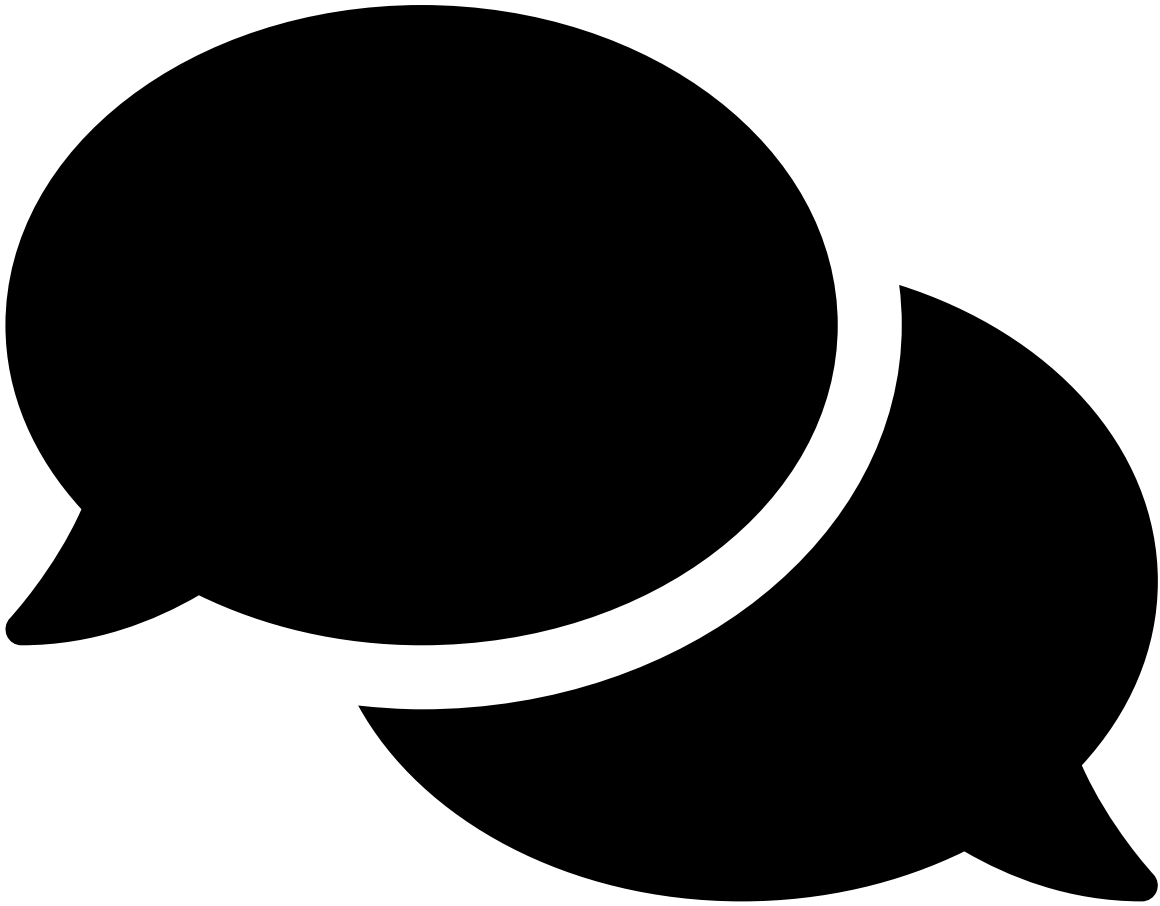


 **Joette
Calabrese**
*JoetteCalabrese.com
Practical Homeopathy Inc.*

**Shell Shocked: 1 Cracked Turtle + 1 Prepared
Daughter = 1 Happy Ending**



June 28, 2026



Comments

When confronted with an accidental injury, what would you do?
Even if the sufferer is a turtle, Practical Homeopathy® works.

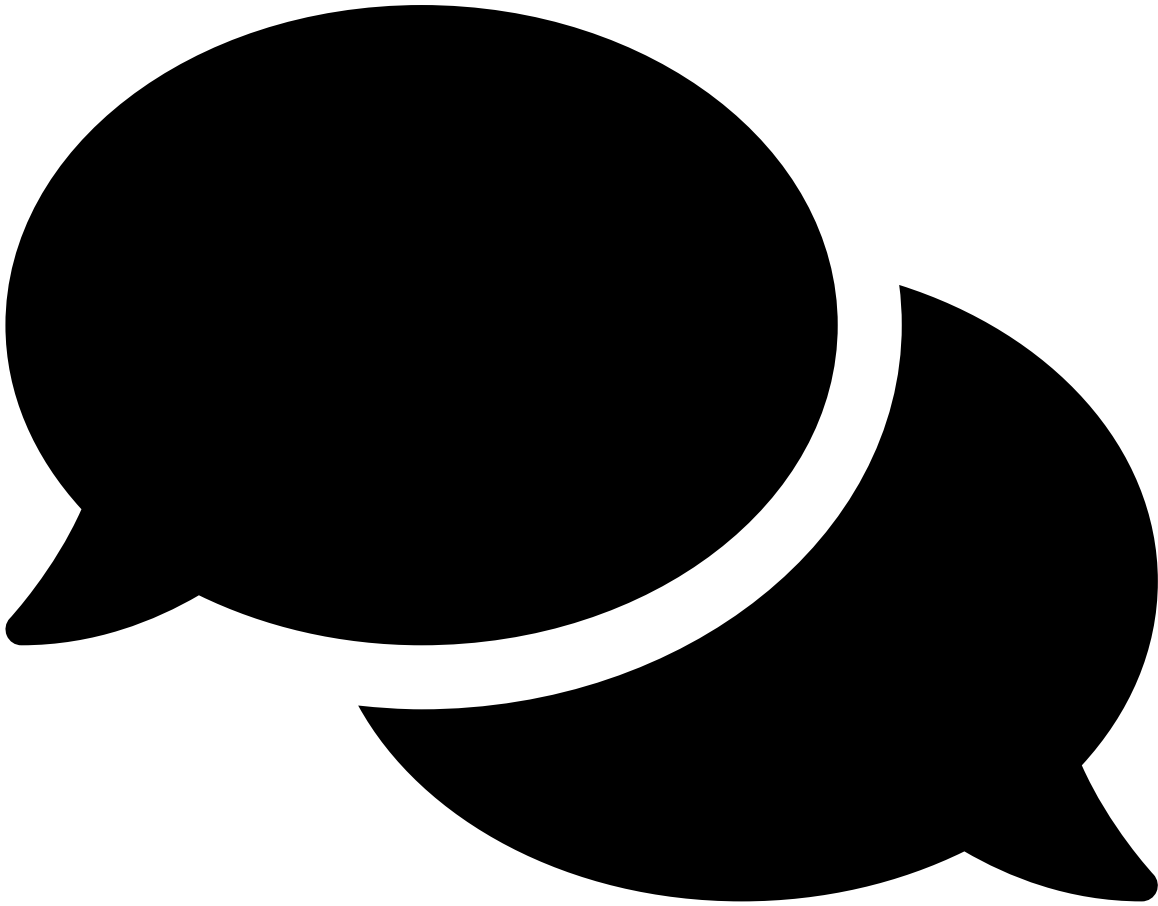
4 Homeopathic Remedies for a Happier Father



[4 Homeopathic Remedies for a Happier Father](#)



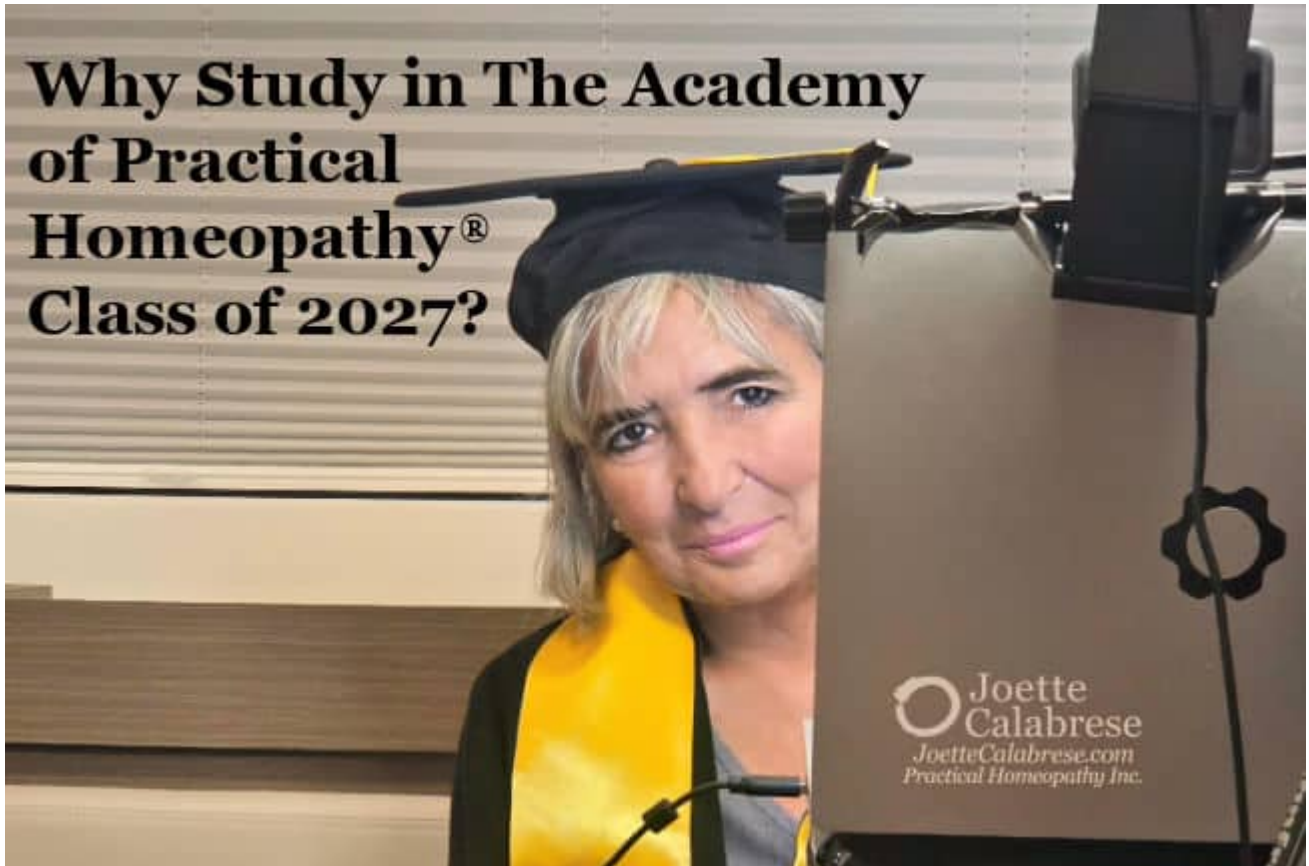
June 21, 2026



Comments

Fathers: Doing so much for your family can take its toll. When unsettling emotions rise, Practical Homeopathy® can help.

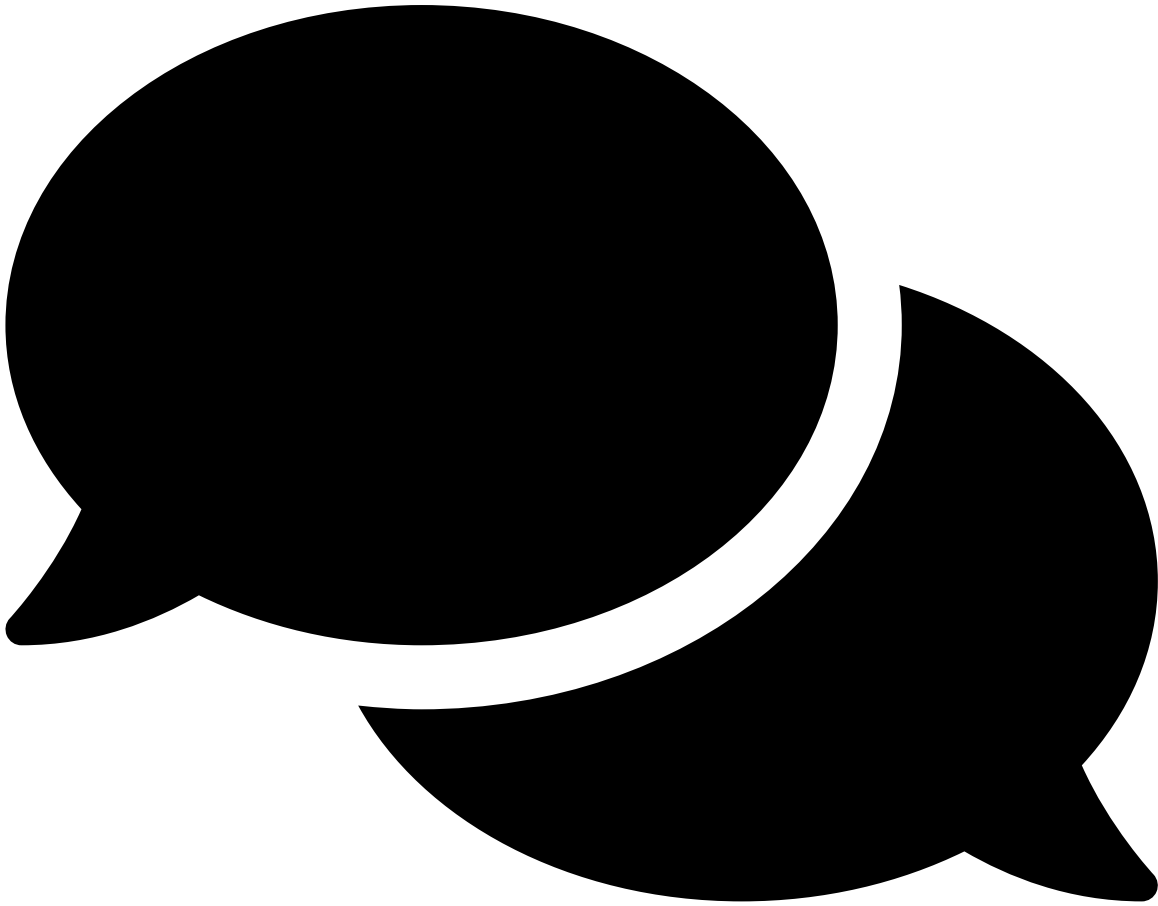
Why Study in The Academy of Practical Homeopathy® Class of 2027?



[Why Study in The Academy of Practical Homeopathy®
Class of 2027?](#)



June 14, 2026



Comments

The Academy of Practical Homeopathy® grew from a bold dream into a thriving, established institution with a well-built, time-tested curriculum and hundreds of accomplished graduates.

...

**Tummy
Terrors:
Relieve
Incarcerated Gas
With Practical
Homeopathy®**

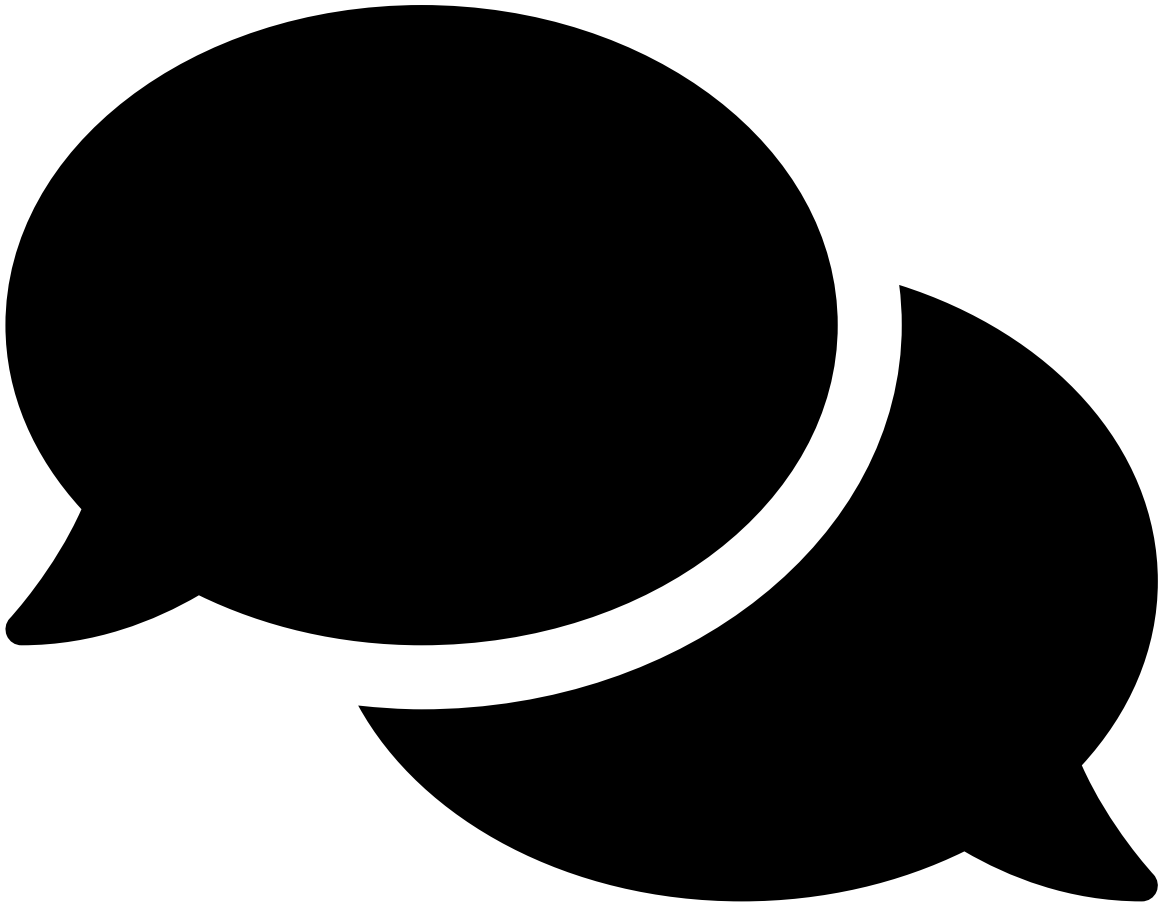


Joette
Calabrese
JoetteCalabrese.com
Practical Homeopathy, Inc.

[Tummy Terrors: Relieve Incarcerated Gas With Practical Homeopathy®](#)



June 7, 2026



Comments

Gassy tummies are never pleasant, but when the gas won't pass, it can be quite painful. However, trapped gas is no match for homeopathy.



[Squirrel! A Practical Homeopathy® Success Story of a Little Furry Friend](#)



May 28, 2026



Comments

Imagine using homeopathy to address the suffering of your family, acquaintances and even a squirrel. Homeopathy knows no speciesism.



The 10th Anniversary of the Gateway to Practical Homeopathy®

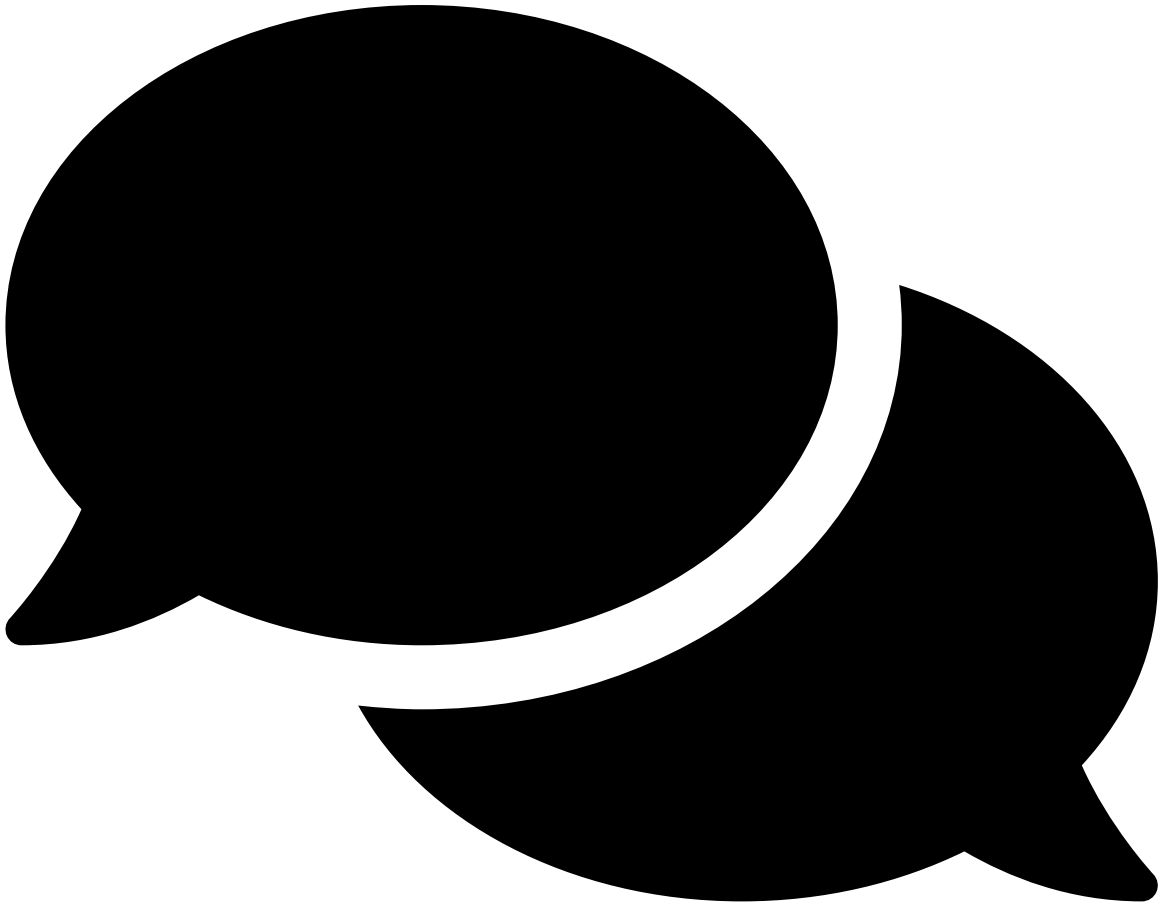
Changing Lives, One Family at a Time

 **Joette
Calabrese**
JoetteCalabrese.com
Practical Homeopathy, Inc.

[The 10th Anniversary of the Gateway to Practical Homeopathy®: Changing Lives One Family at a Time.](#)



May 17, 2026



Comments

Since I shipped the very first Gateway to Practical Homeopathy® study guide a decade ago, over 20,000 have learned Practical Homeopathy.



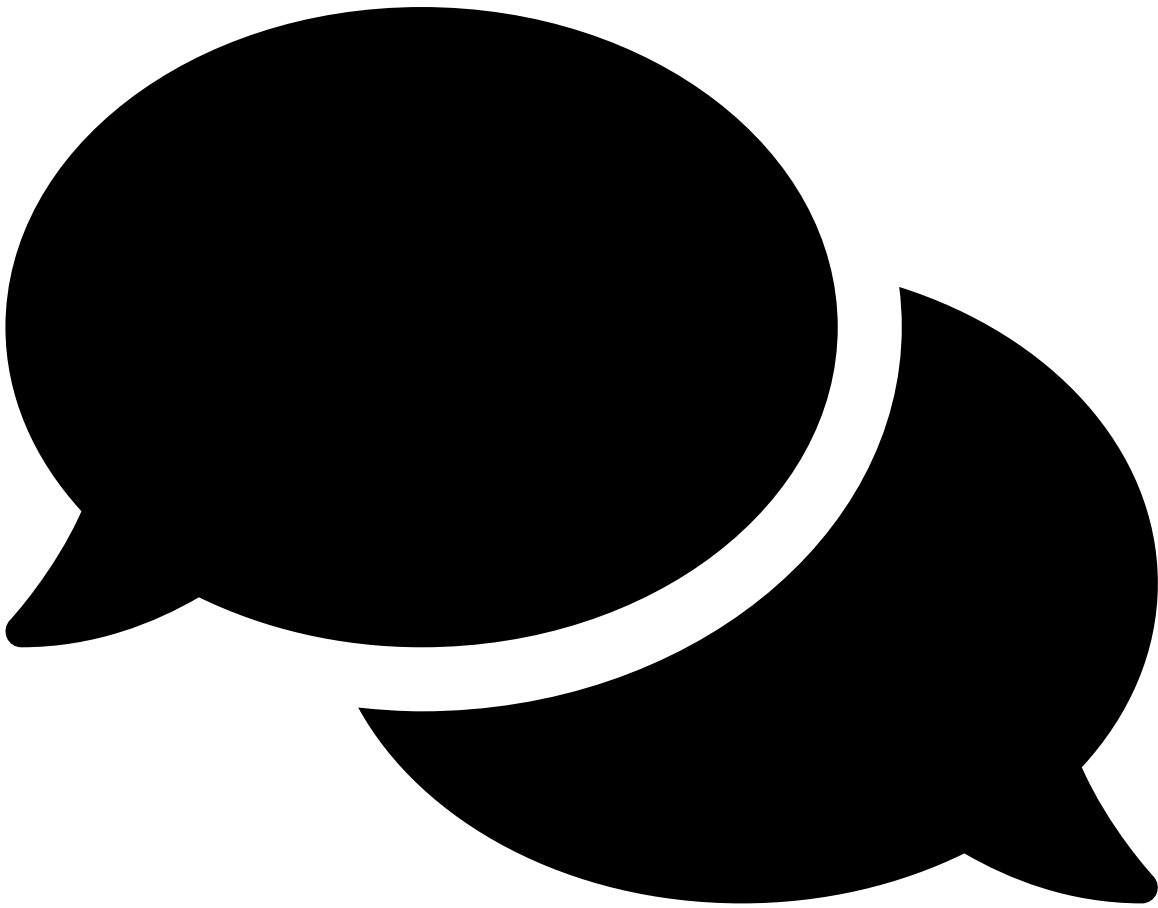
6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit

Joette
Calabrese
JoetteCalabrese.com
Practical Homeopathy Inc.

[6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit](#)



May 9, 2026



Comments

Here's a Practical Homeopathy® toolkit for an overwhelmed mom. After all, "overwhelmed" is basically our job description.

Hyperhidrosis: Not Hot. Not Nervous. Still Sweating.



[Hyperhidrosis: Not Hot. Not Nervous. Still Sweating. Consider These 2 Homeopathic Medicines.](#)



May 3, 2026



Comments

Here's an obscure fact: Researchers¹ say that up to 20% of people are averse to even the word "moist." So, what would be worse than ...

Alpha-Gal Syndrome:

**Homeopathic
Considerations for
a Carnivore's
Worst Nightmare**

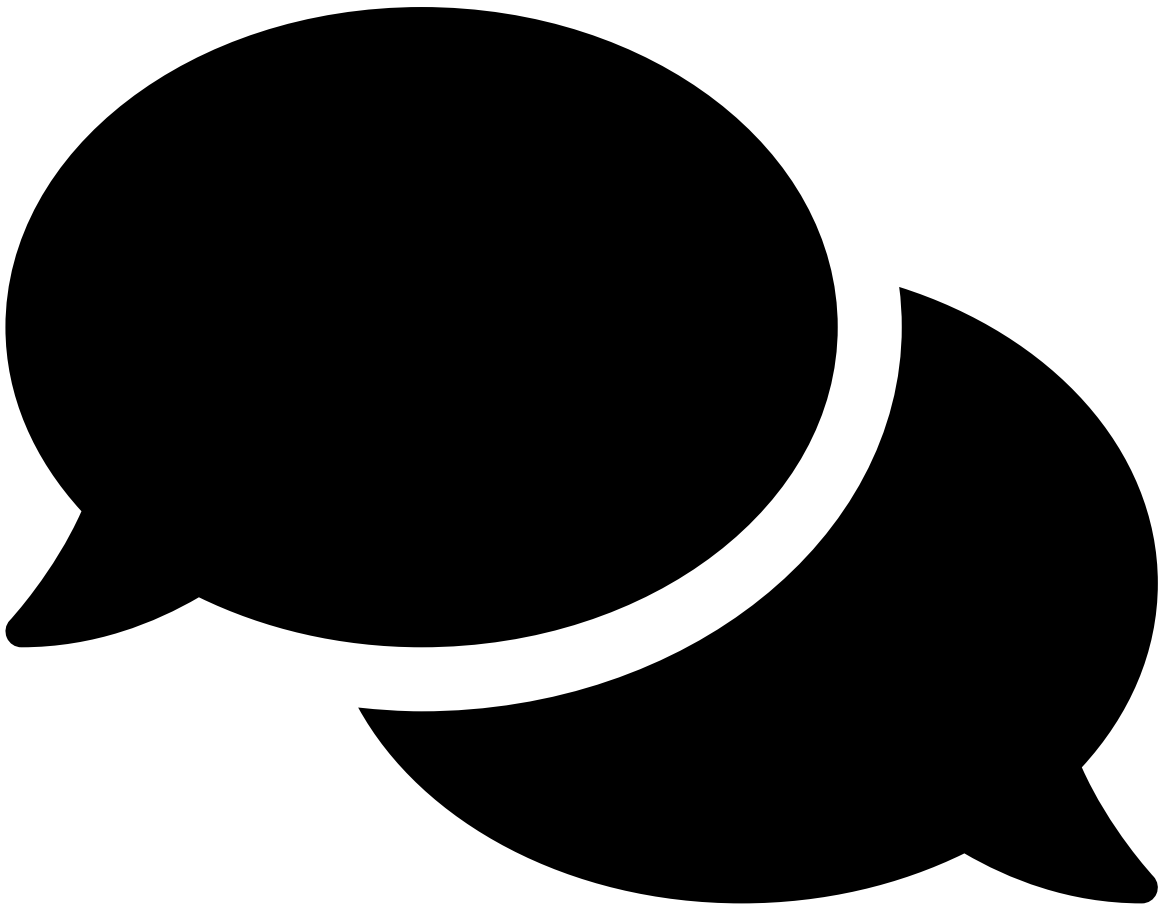


**Joette
Calabrese**
*JoetteCalabrese.com
Practical Homeopathy Inc.*

[Alpha-Gal Syndrome: Homeopathic Considerations for
a Carnivore's Worst Nightmare](#)



April 26, 2026



Comments

Alpha-gal syndrome is a tick-borne disease causing an allergic reaction to eating meat. Homeopathy can help!

The Curious Case of Connie's Cognitive Crisis: Menopause and ADHD

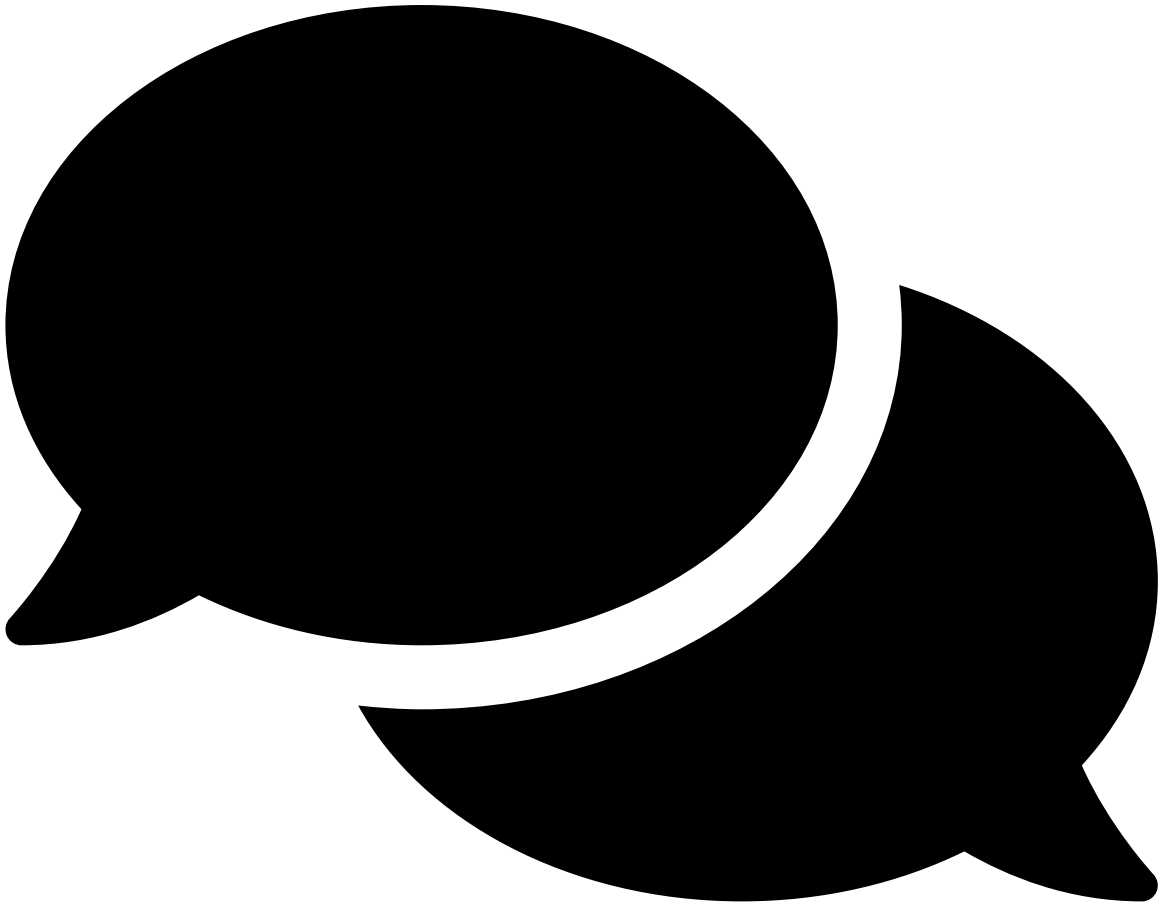


Joette
Calabrese
JoetteCalabrese.com
Practical Homeopathy Inc.

[The Curious Case of Connie's Cognitive Crisis:
Menopause and ADHD](#)



April 19, 2026



21

Comments

Connie wasn't herself. She felt like she was in a cognitive crisis, and everything was slipping. Was it menopause, ADHD or both?

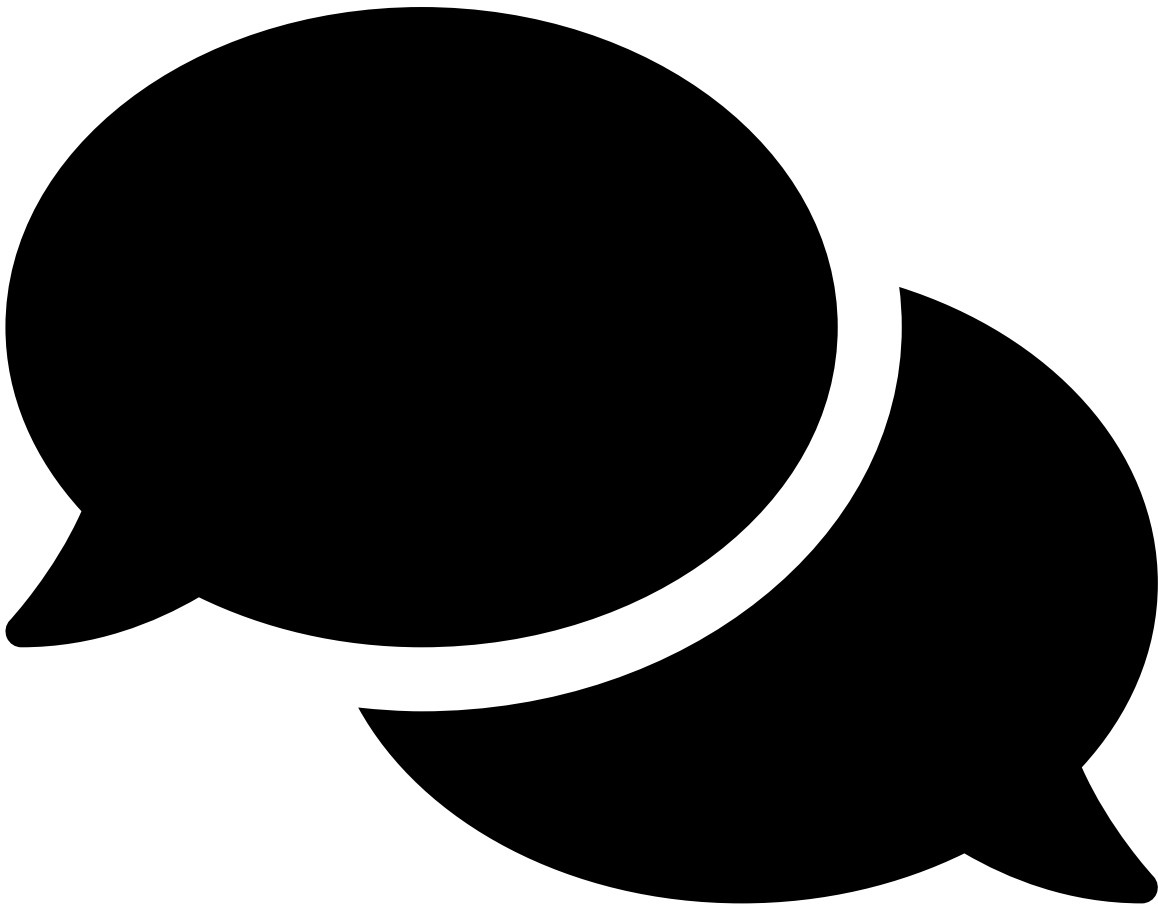
**Spring Has Sprung.
Allergies
Have Attacked.**



Spring Has Sprung. Allergies Have Attacked.



April 12, 2026



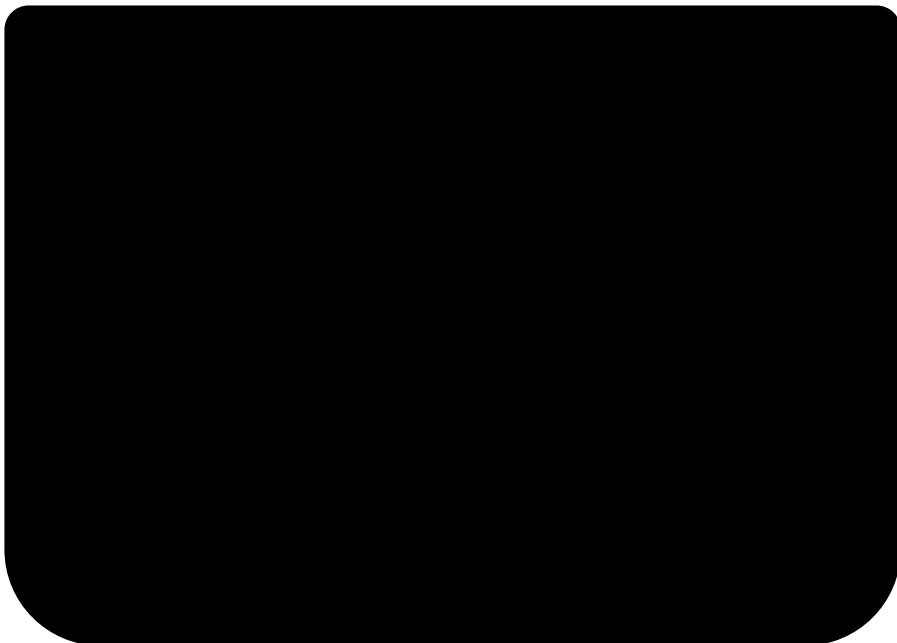
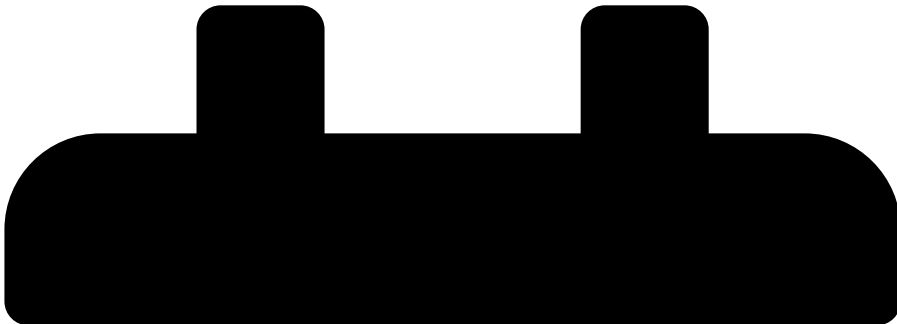
10

Comments

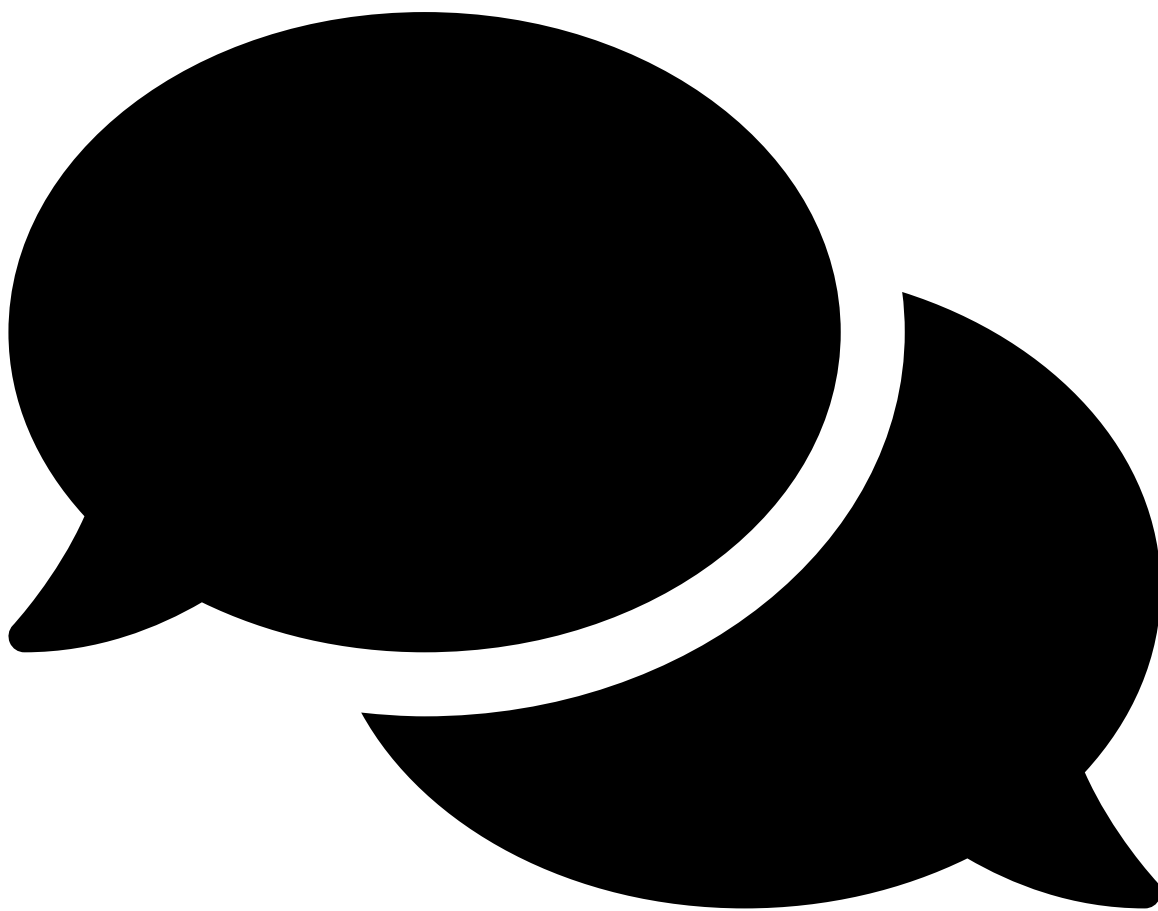
Many folks suffer from seasonal allergies in spring. Symptoms can vary, so how do we choose the most appropriate homeopathic remedy?



[A Blessed Easter 2026](#)



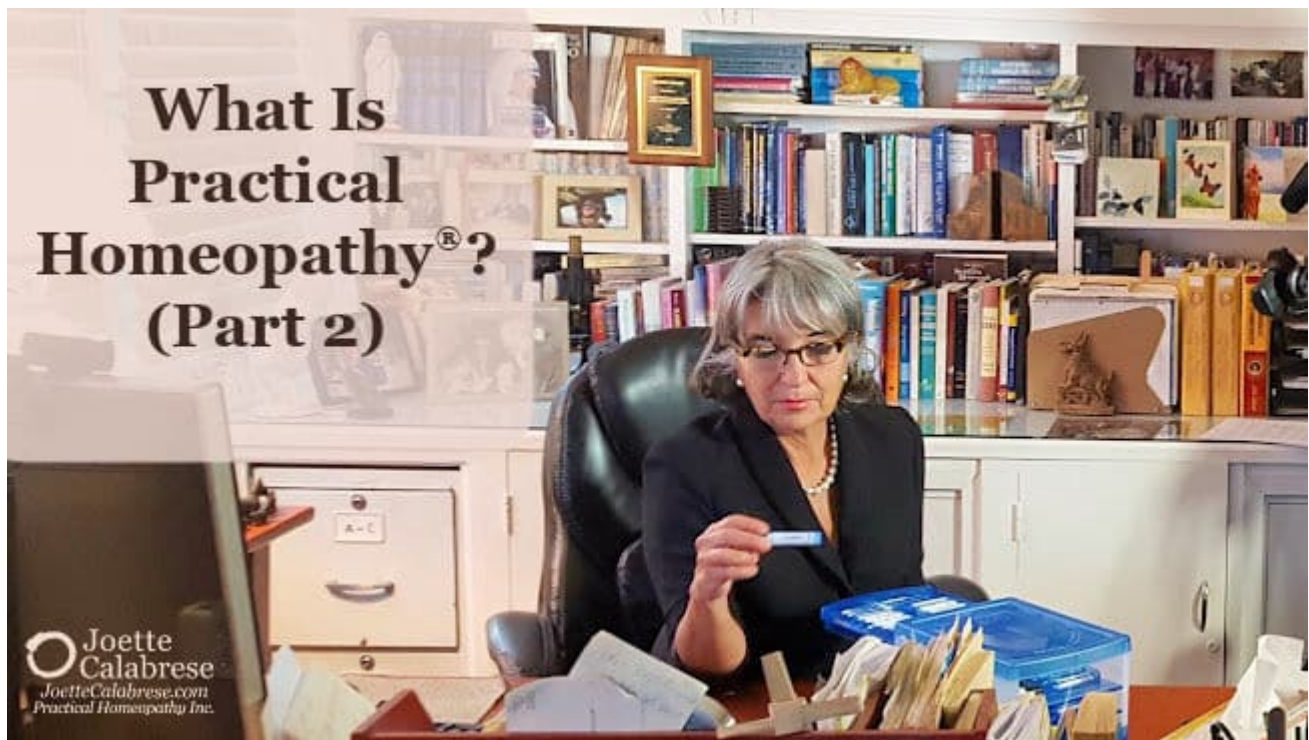
April 5, 2026



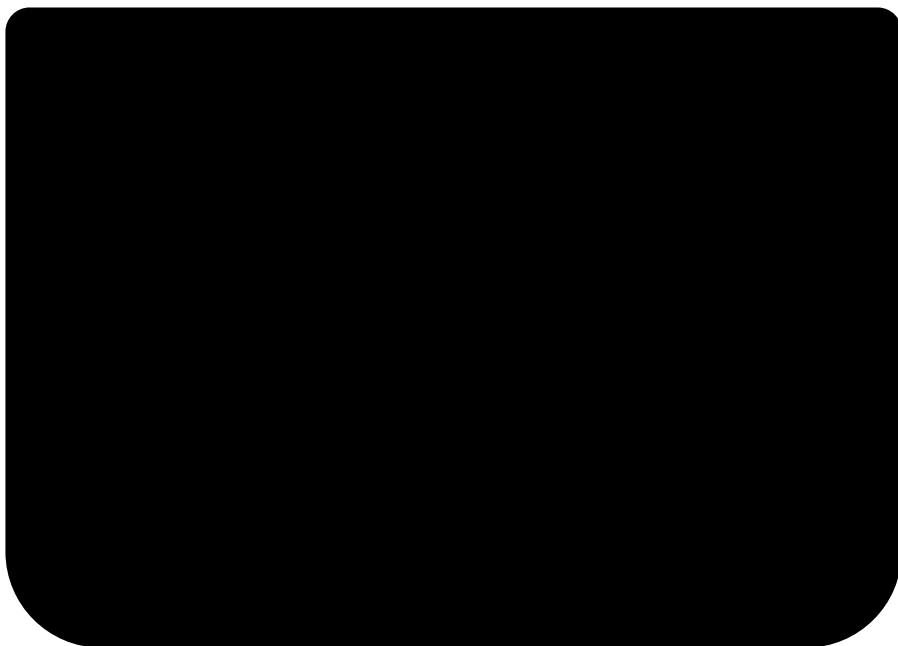
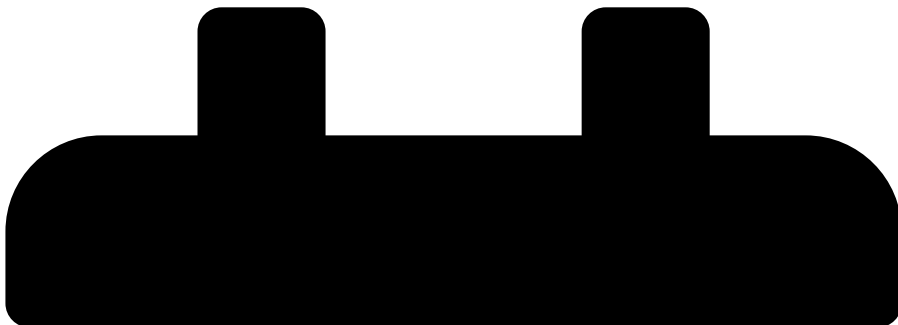
19

Comments

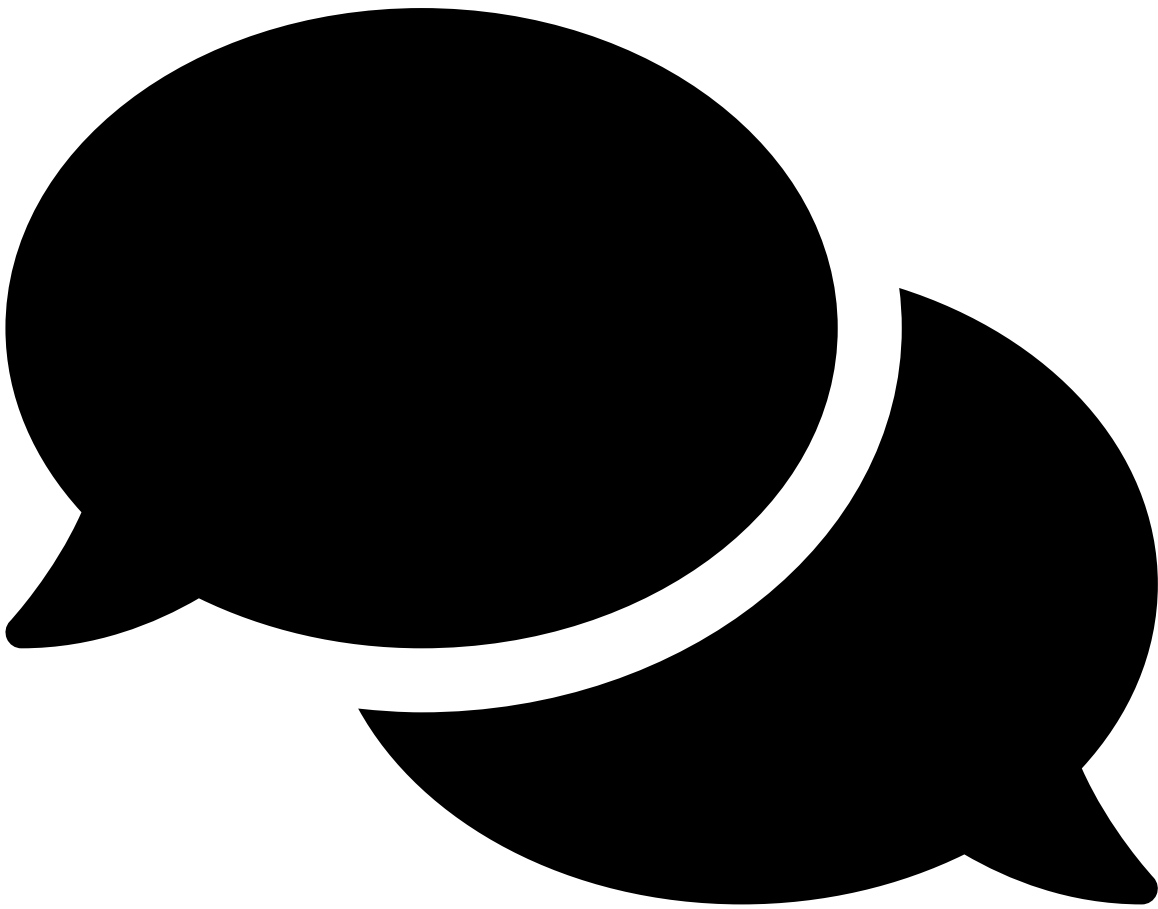
Wishing you a blessed Easter. Please enjoy my gift to you in today's blog post: a beautiful hymn to commemorate this deeply meaningful day.



[What Is Practical Homeopathy®? \(Part 2\)](#)



March 29, 2026



9

Comments

What is Practical Homeopathy®? I'll explain my decades-long thought process and the resources that culminated in its development.

Why Healing Isn't Always Instant



[Expectations vs. Reality: Why Healing Isn't Always Instant – Even When We Wish It Were](#)



March 22, 2026



Comments

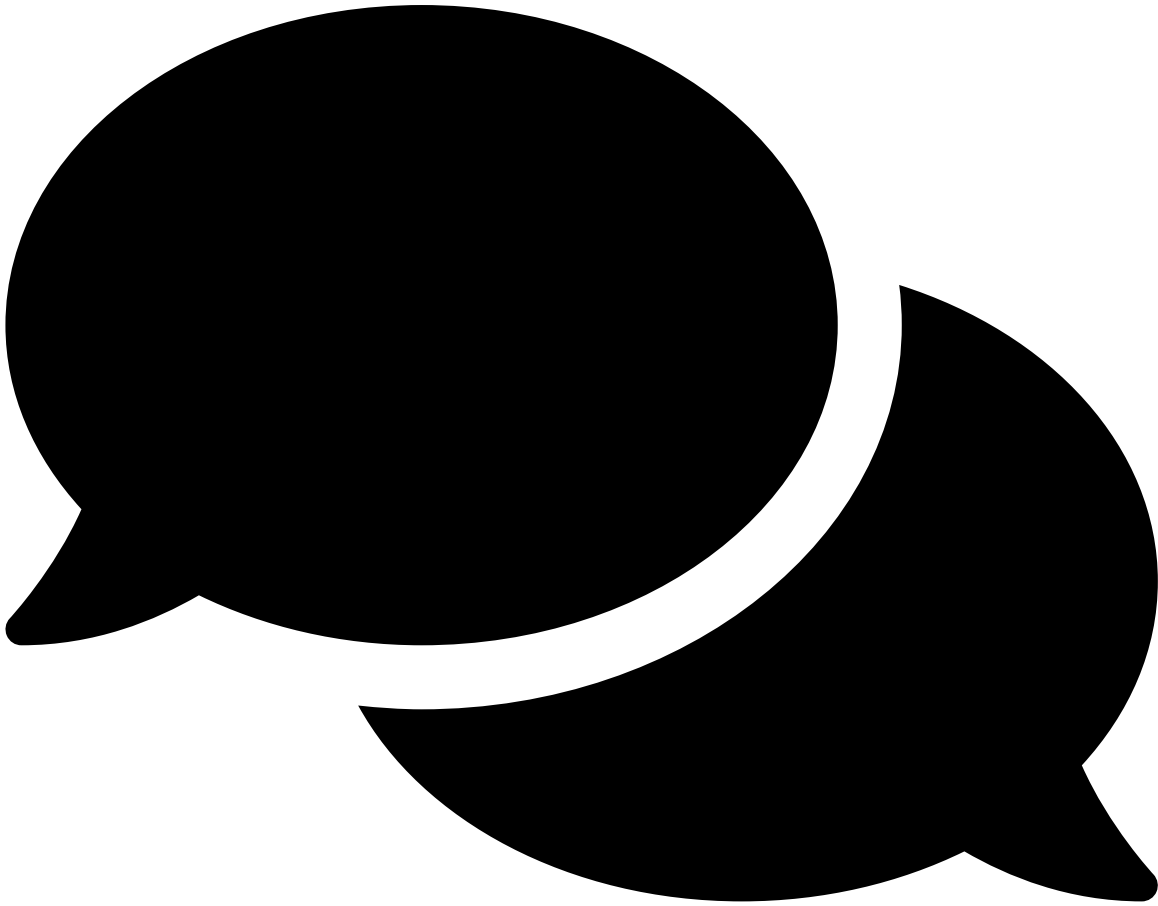
True healing can take time, so our expectations need to be adjusted. Homeopathy doesn't force the body into submission; it gently nudges it.



[A Homeopathic Blog You Can Sink Your Sensitive Teeth Into](#)



March 15, 2026



Comments

Sensitive teeth can be an ever-present reminder that our mouths are not at their best. Homeopathy can ameliorate dental discomfort.

[1](#)

[2](#)

[3](#)

...

[44](#)

[Next »](#)