

# Joette's Blog

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- ADHD
- Allergies
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- Teeth/Dental
- Travelling and Homeopathy
- Travelling and Homeopathy
- Urinary Tract Infection
- Vaccine
- Whole foods
- Wise Traditions

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# **A Student's Success Story:**

## **Tick Bite Recovery with Practical Homeopathy®**



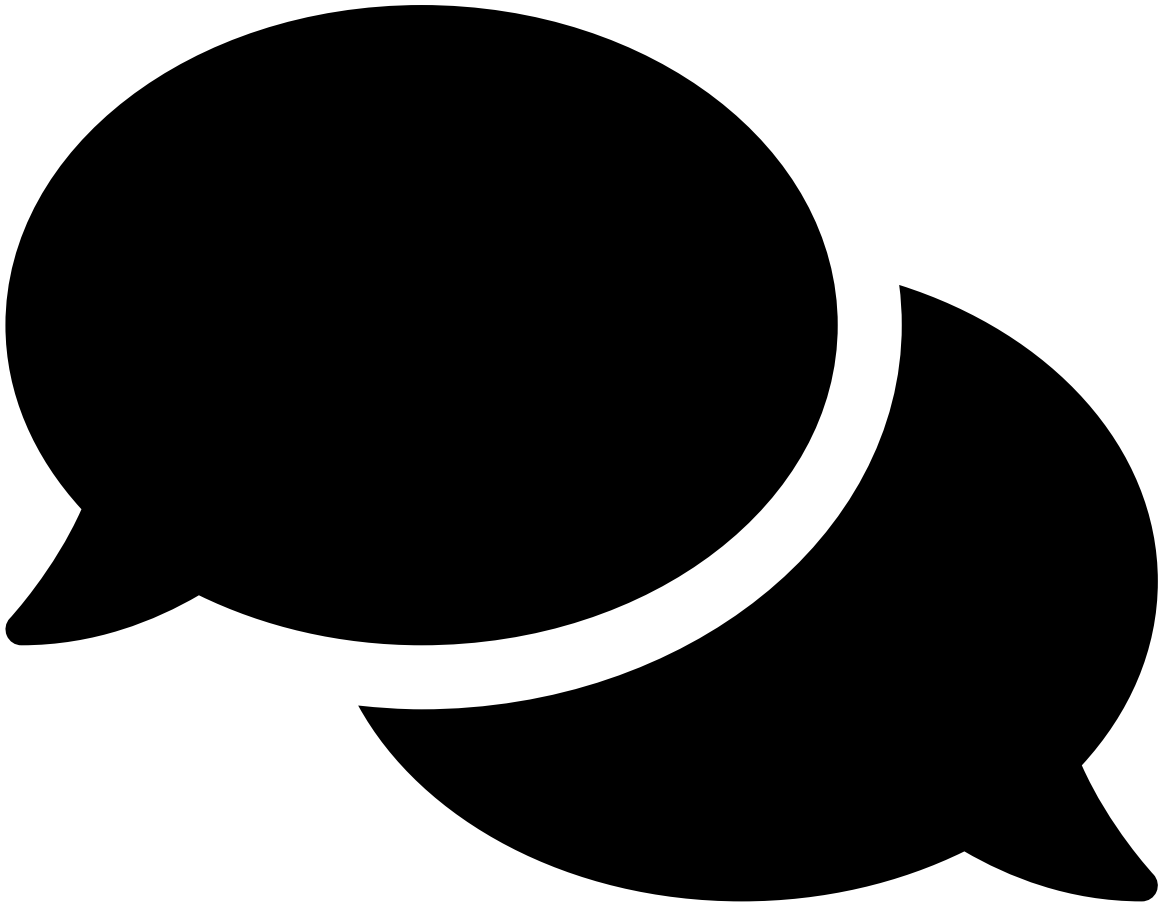
 **Joette  
Calabrese**  
JoetteCalabrese.com  
Practical Homeopathy Inc.

[\*\*A Student's Success Story: Tick Bite Recovery with Practical Homeopathy®\*\*](#)



July 31, 2026





### Comments

A student – someone just like you – successfully addressed a tick bite with education, support from a friend and her homeopathic medicines.

# What is Practical Homeopathy®?



(Part 3)

Joette  
Calabrese  
JoetteCalabrese.com  
Practical Homeopathy Inc.

[What Is Practical Homeopathy®? \(Part 3\)](#)



July 26, 2026



### Comments

What is Practical Homeopathy®? Why do you, your family, friends, clients or patients need it instead of other homeopathic methodologies?

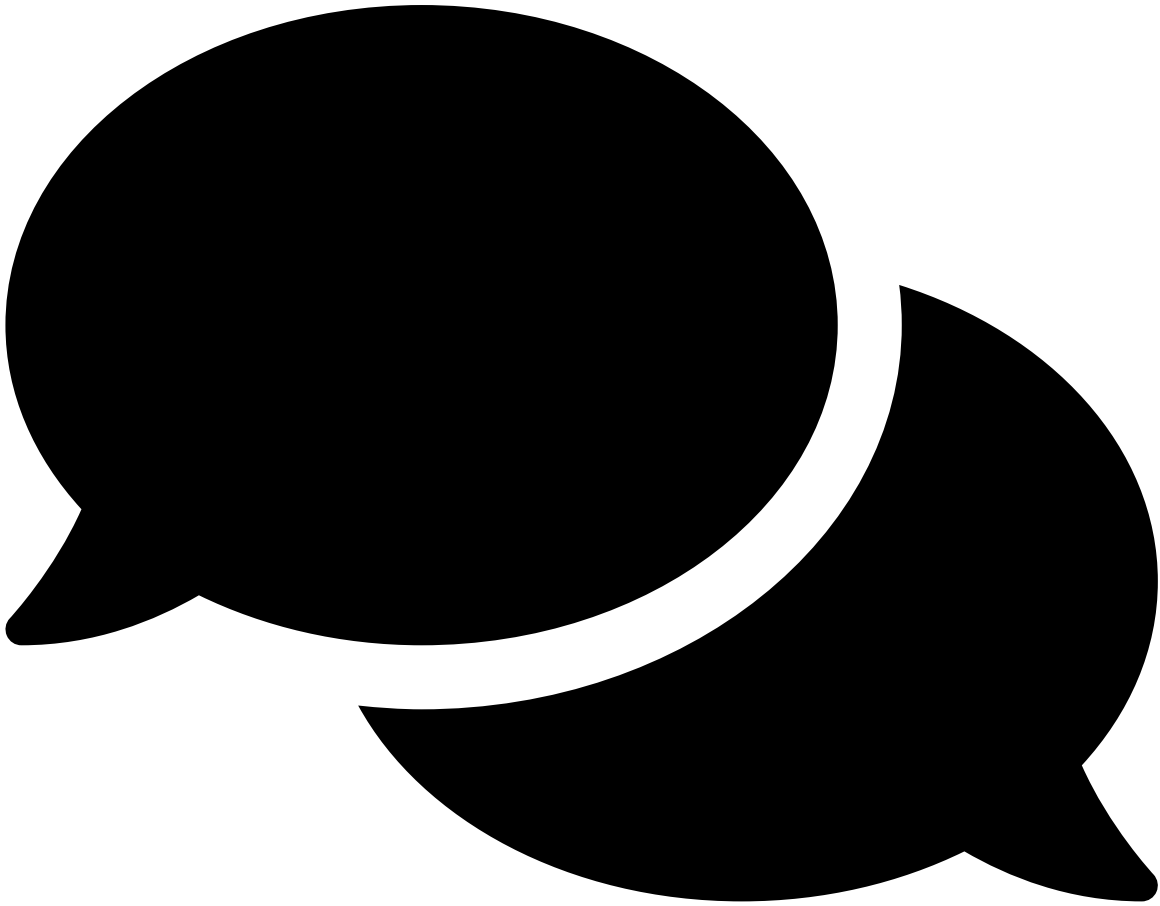
# **BAM! That Bump Led to a Bloody Nose. Now What?**



**BAM! That Bump Led to a Bloody Nose. Now What?**



July 19, 2026



### Comments

A bloody nose is an all-too-common injury during summer activities. Let's discuss the homeopathic medicines to consider for nosebleeds.



**Snow in Summer?**

**Dry Scalp  
and Flakes Meet  
Practical Homeopathy®**

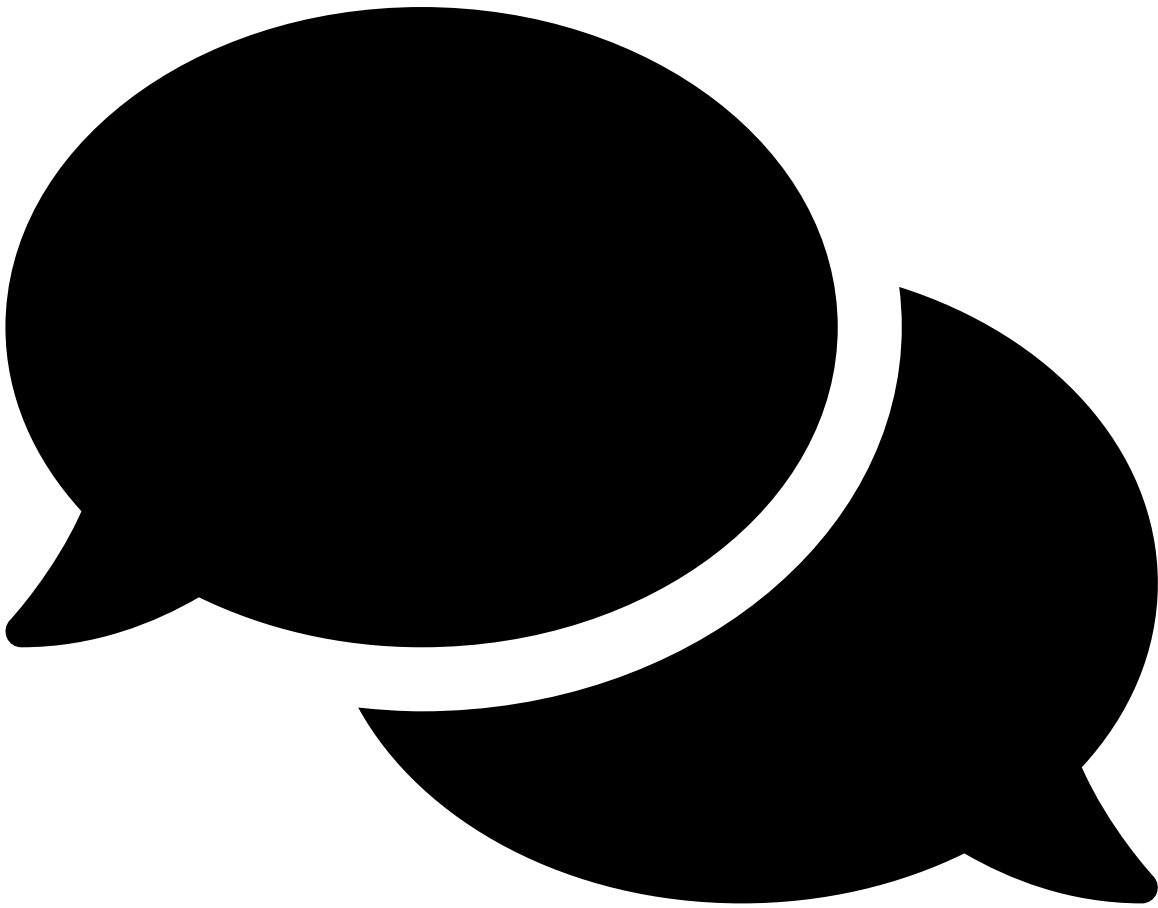
**Joette  
Calabrese**  
JoetteCalabrese.com  
Practical Homeopathy Inc.

**[Snow in Summer? A Dry Scalp and Embarrassing  
Flakes Meet Practical Homeopathy®](#)**





July 12, 2026



#### Comments

Dry scalp and dandruff can be an unsightly and embarrassing condition. Worry not. Homeopathy, as always, is poised to assist.

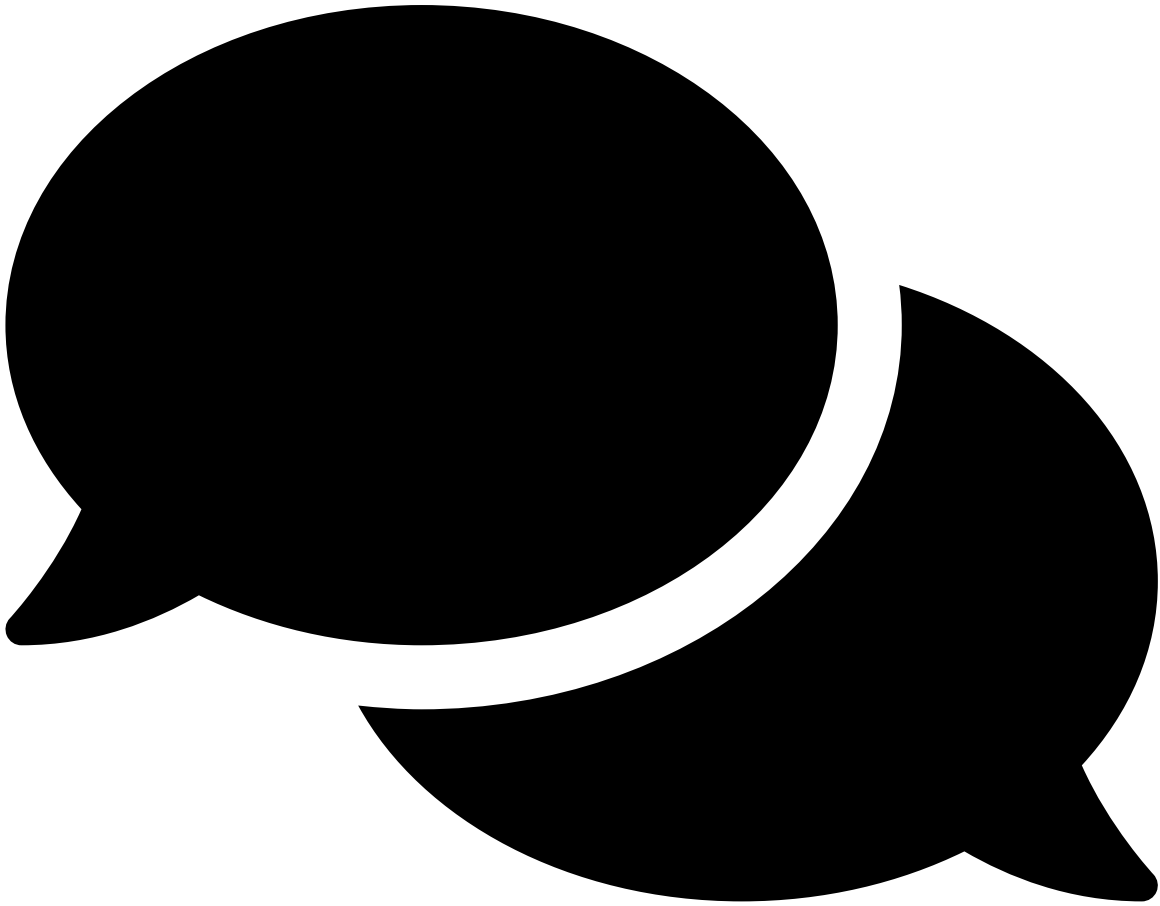
# Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®



[Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®](#)



July 5, 2026



#### Comments

Muscle weakness: While it's incumbent upon us to do our part to regain our physical strength, homeopathy can help.

## **Shell Shocked:**

**1 Cracked Turtle + 1 Prepared Daughter  
= 1 Happy Ending**

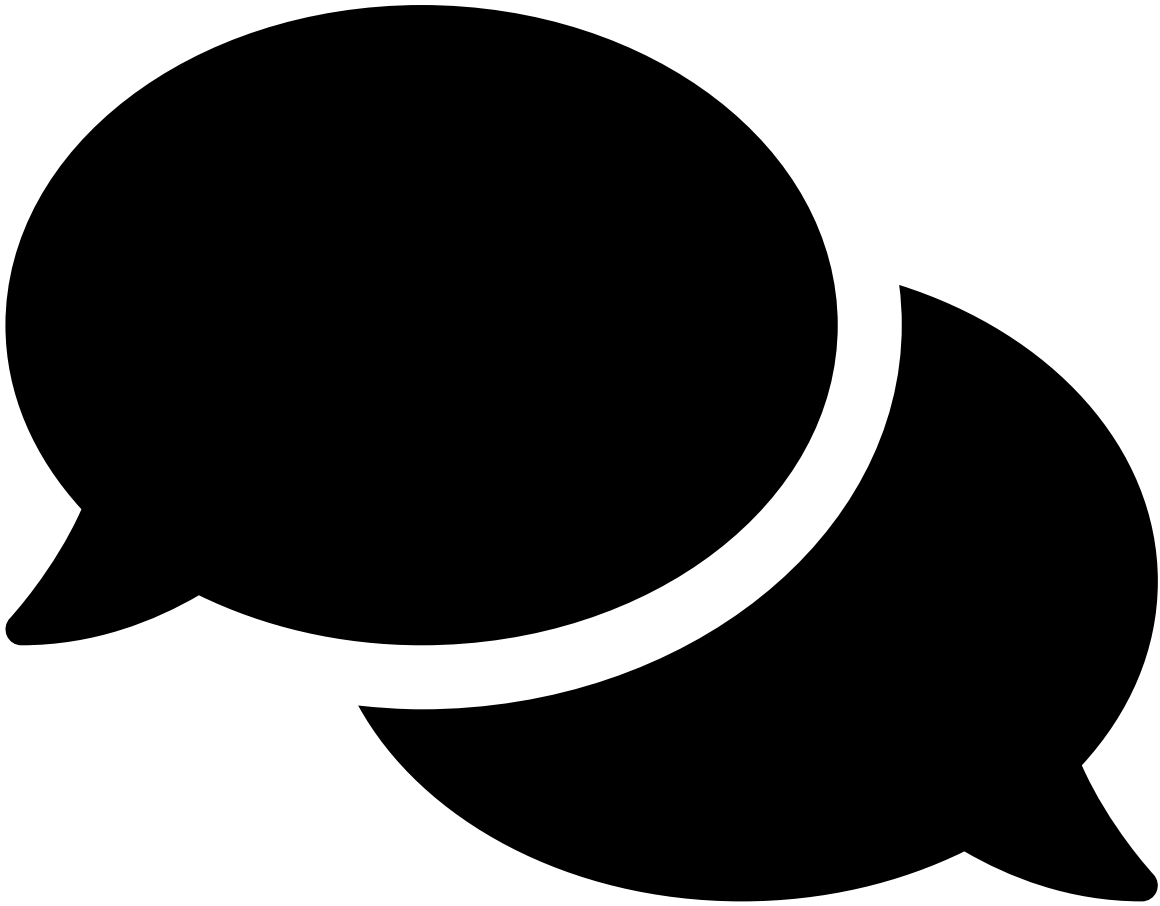


 **Joette  
Calabrese**  
*JoetteCalabrese.com  
Practical Homeopathy Inc.*

**Shell Shocked: 1 Cracked Turtle + 1 Prepared  
Daughter = 1 Happy Ending**



June 28, 2026



### Comments

When confronted with an accidental injury, what would you do?  
Even if the sufferer is a turtle, Practical Homeopathy® works.



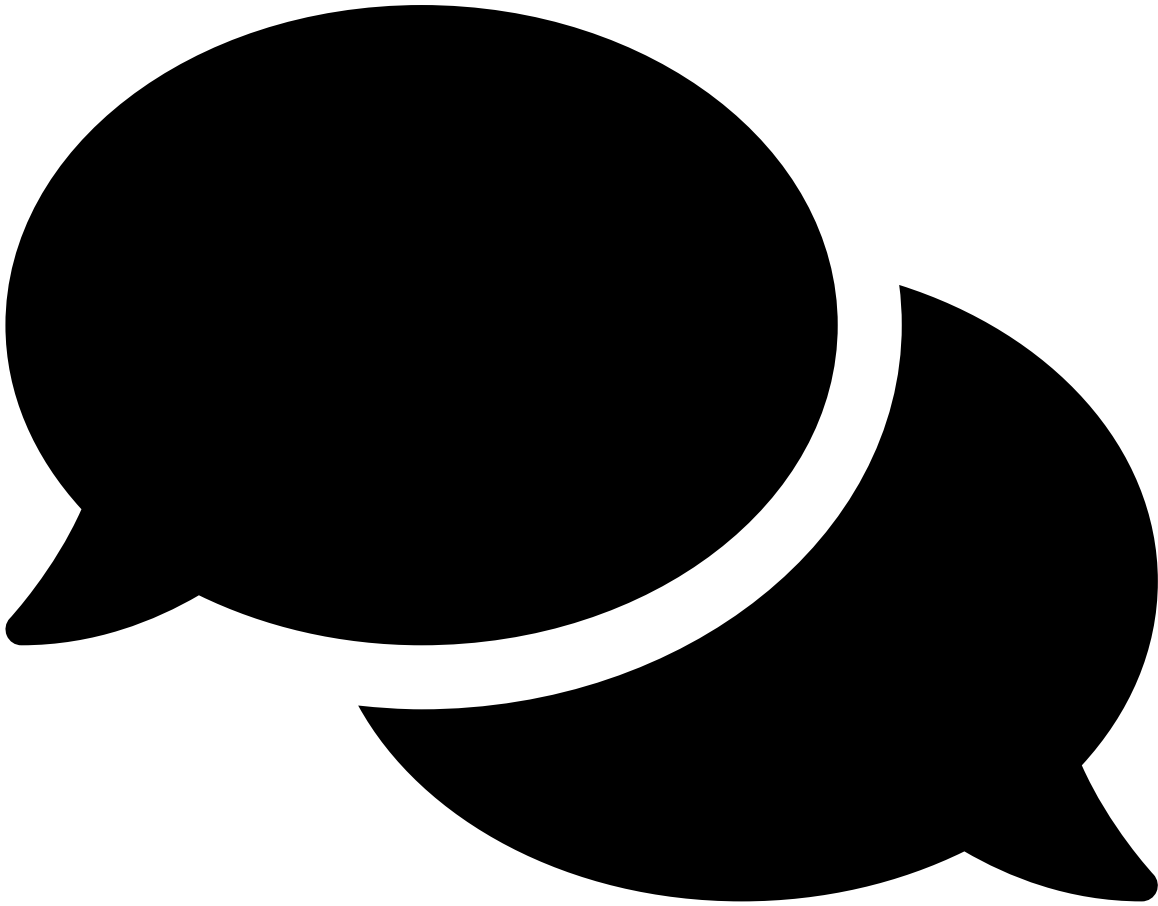
## 4 Homeopathic Remedies for a Happier Father



## [4 Homeopathic Remedies for a Happier Father](#)



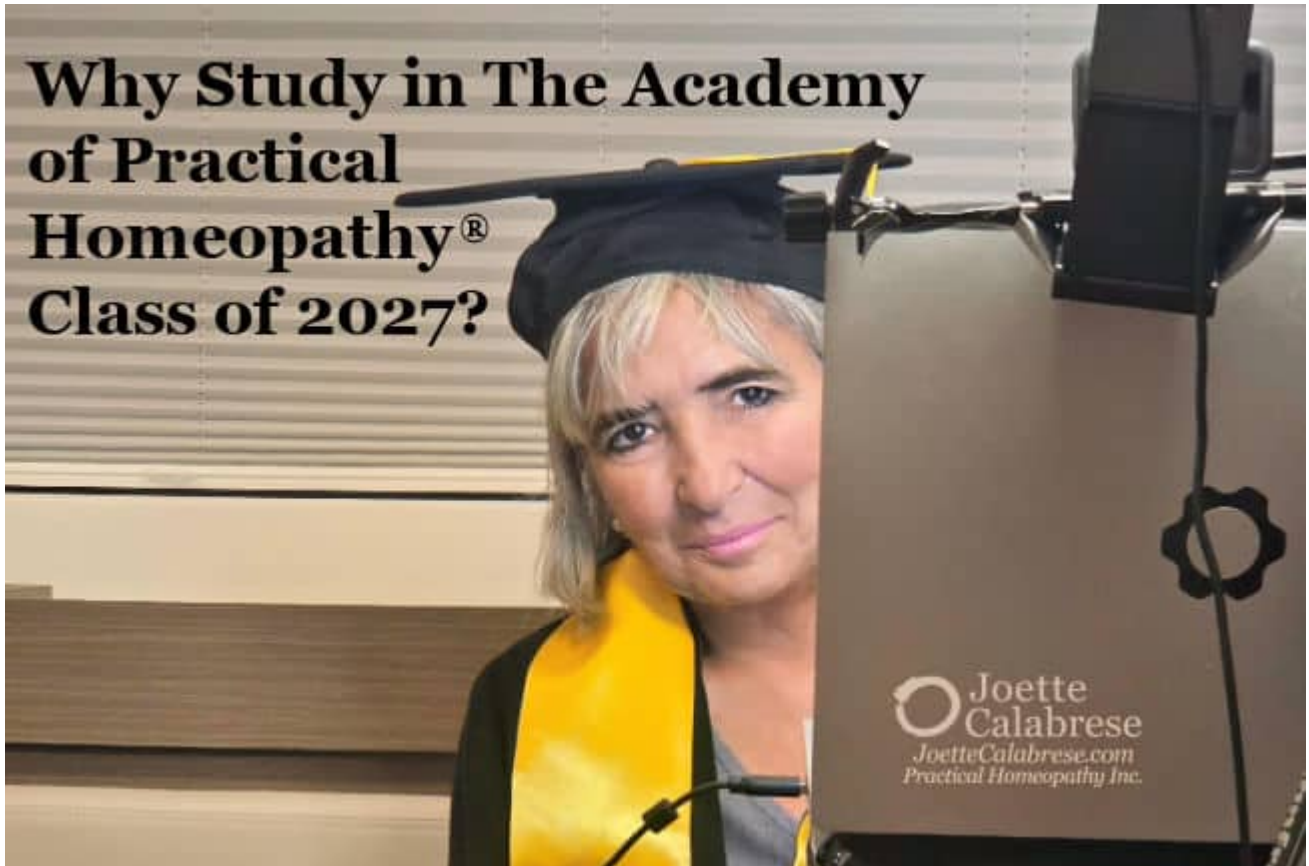
June 21, 2026



#### Comments

Fathers: Doing so much for your family can take its toll. When unsettling emotions rise, Practical Homeopathy® can help.

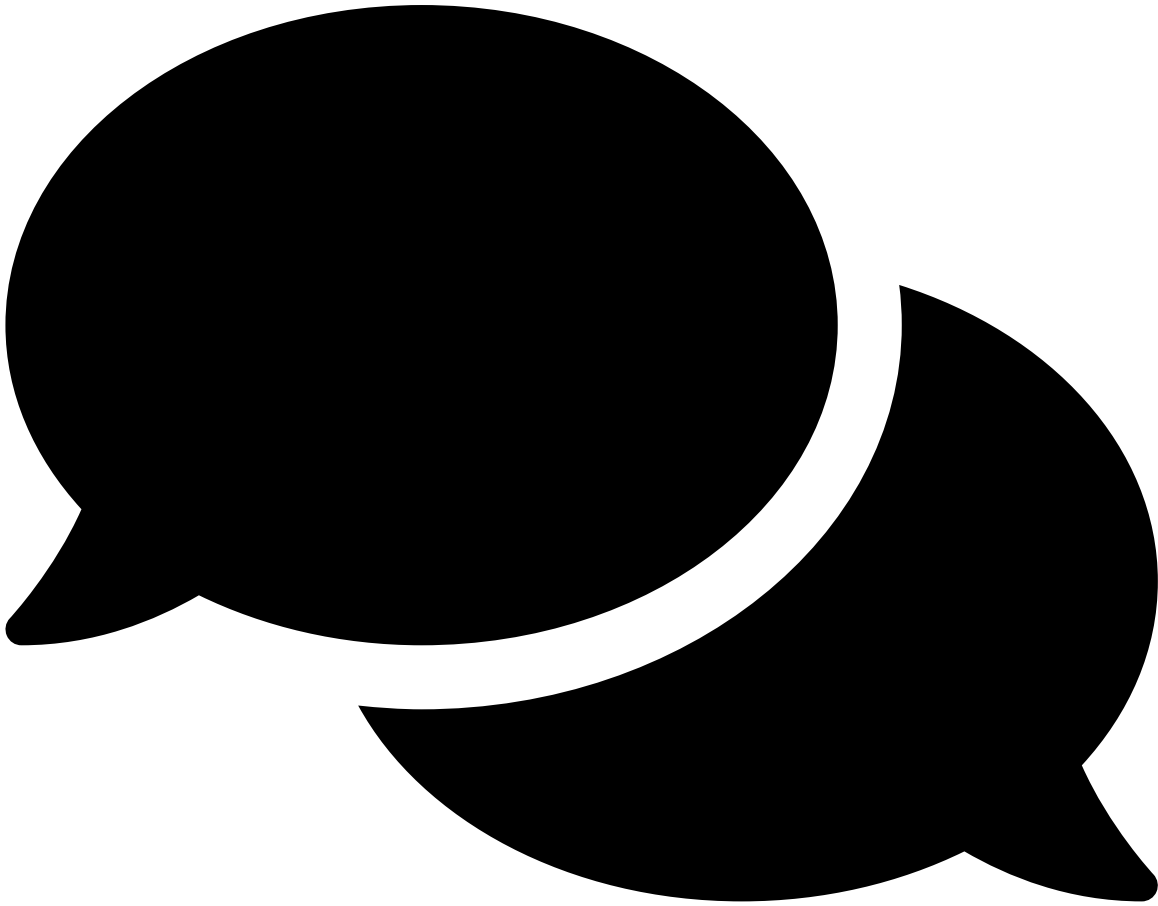
# Why Study in The Academy of Practical Homeopathy® Class of 2027?



[Why Study in The Academy of Practical Homeopathy®  
Class of 2027?](#)



June 14, 2026



### Comments

The Academy of Practical Homeopathy® grew from a bold dream into a thriving, established institution with a well-built, time-tested curriculum and hundreds of accomplished graduates.

...

**Tummy  
Terrors:  
Relieve  
Incarcerated Gas  
With Practical  
Homeopathy®**



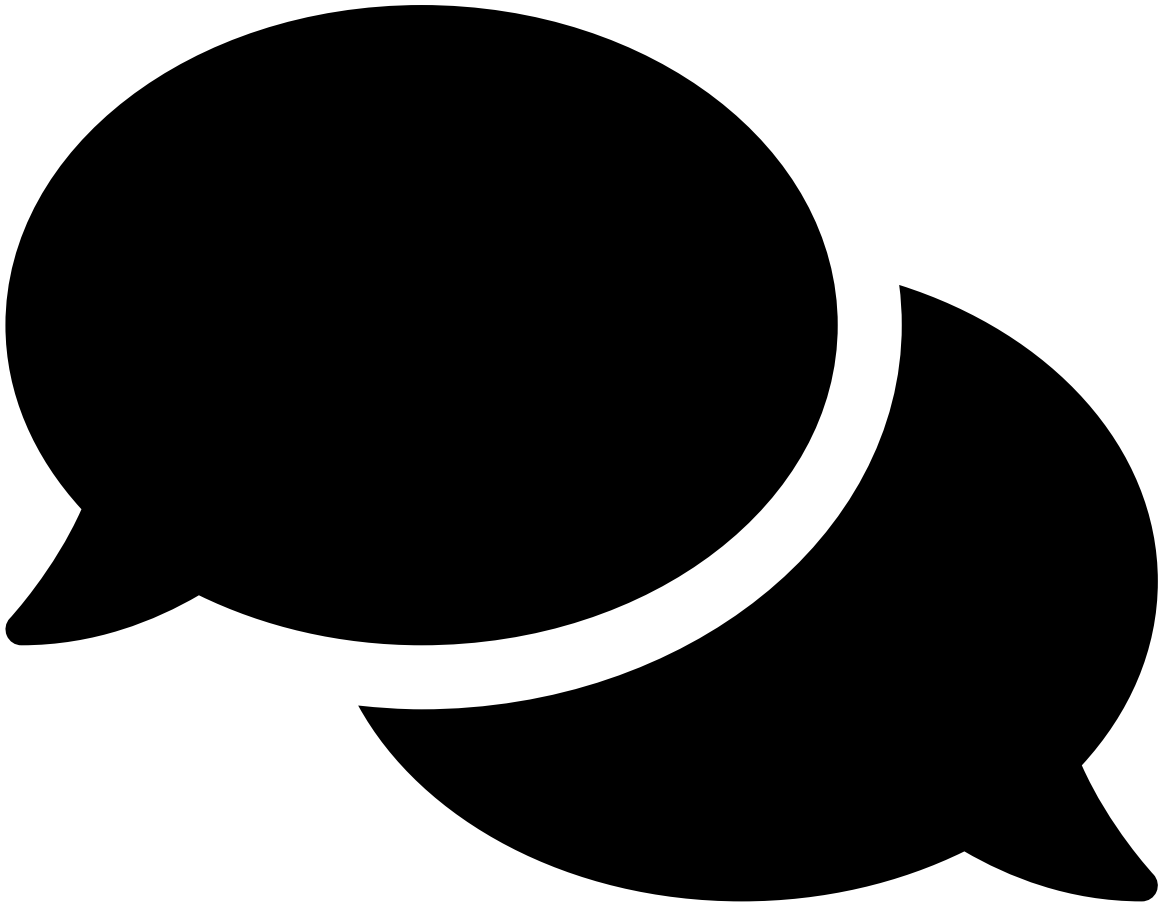
 **Joette  
Calabrese**  
*JoetteCalabrese.com  
Practical Homeopathy, Inc.*

**Tummy Terrors: Relieve Incarcerated Gas With  
Practical Homeopathy®**



June 7, 2026





#### Comments

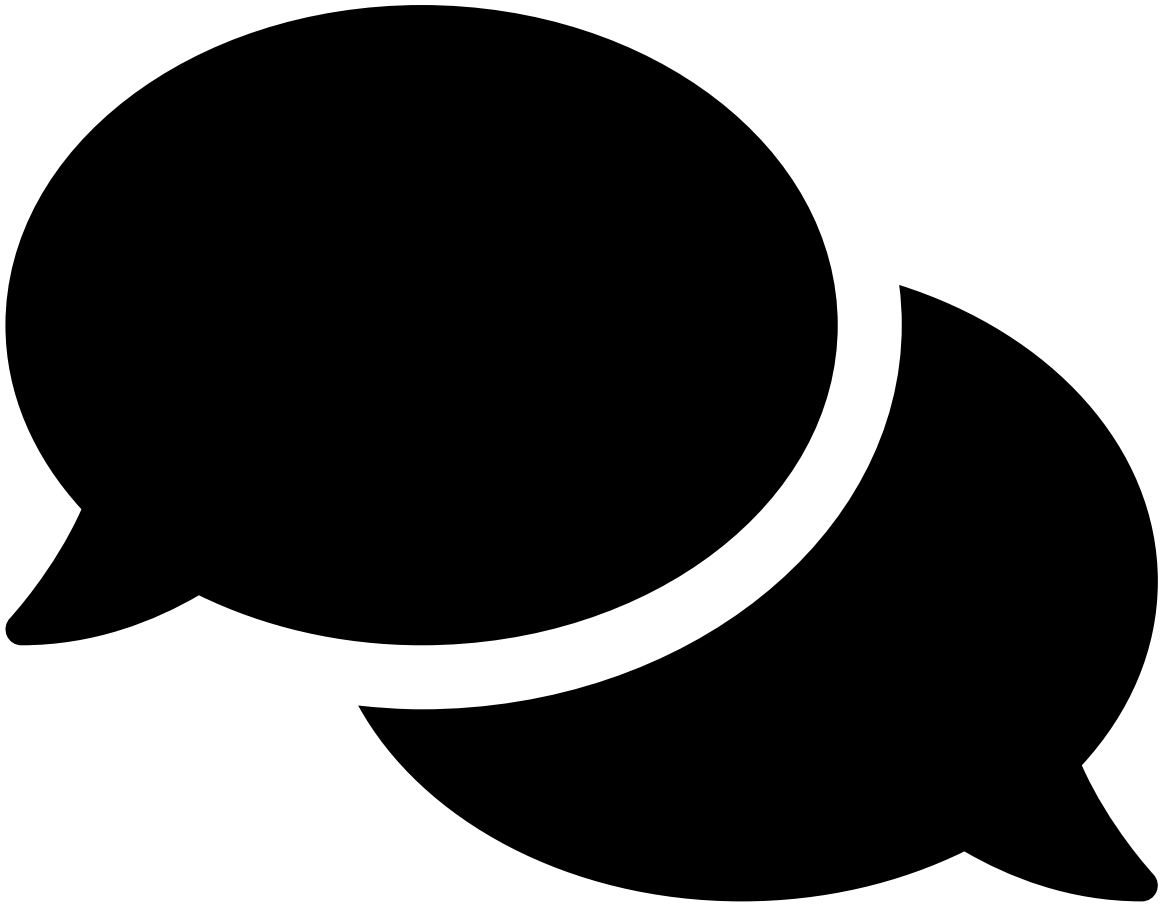
Gassy tummies are never pleasant, but when the gas won't pass, it can be quite painful. However, trapped gas is no match for homeopathy.



[Squirrel! A Practical Homeopathy® Success Story of a Little Furry Friend](#)



May 28, 2026



### Comments

Imagine using homeopathy to address the suffering of your family, acquaintances and even a squirrel. Homeopathy knows no speciesism.



## **The 10th Anniversary of the Gateway to Practical Homeopathy®**

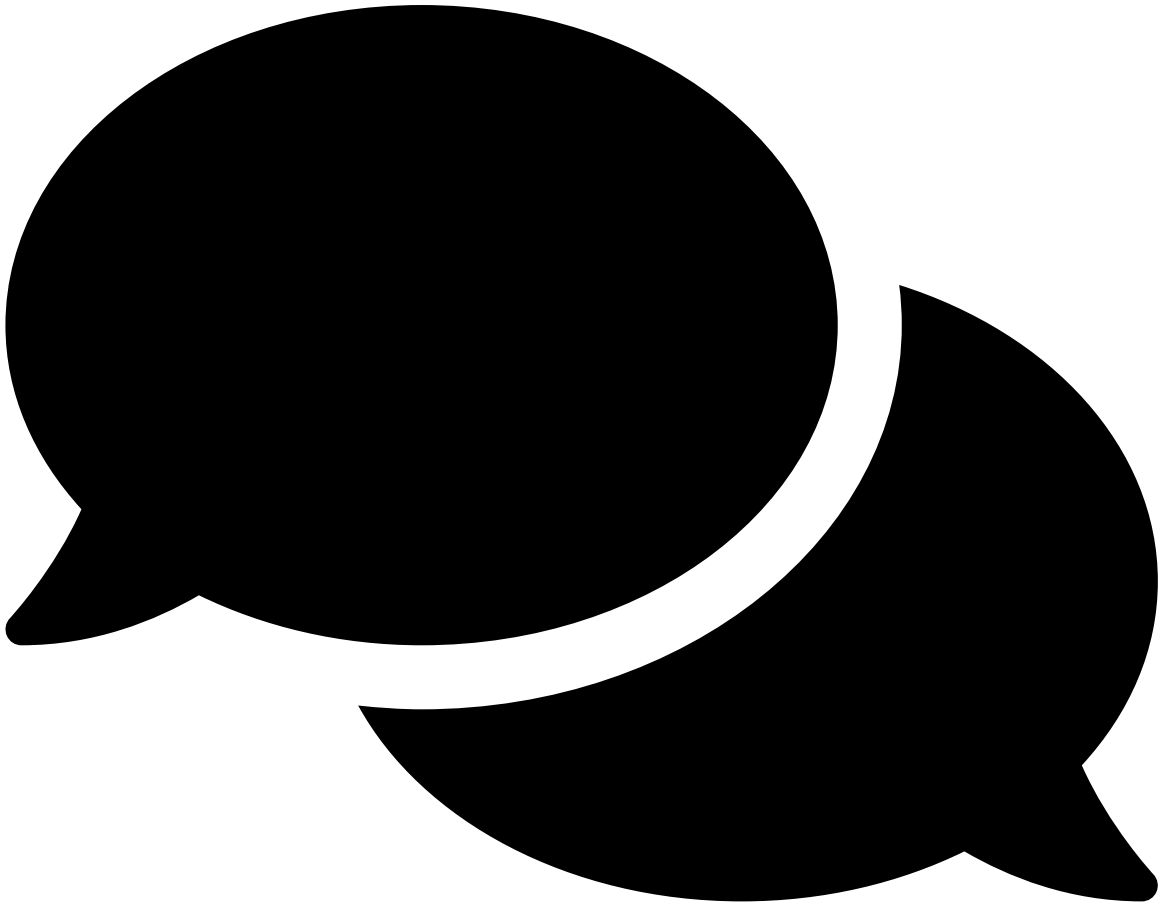
**Changing Lives, One Family at a Time**

 **Joette  
Calabrese**  
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Practical Homeopathy, Inc.

**[The 10th Anniversary of the Gateway to Practical Homeopathy®: Changing Lives One Family at a Time.](#)**



May 17, 2026



### Comments

Since I shipped the very first Gateway to Practical Homeopathy® study guide a decade ago, over 20,000 have learned Practical Homeopathy.



## 6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit

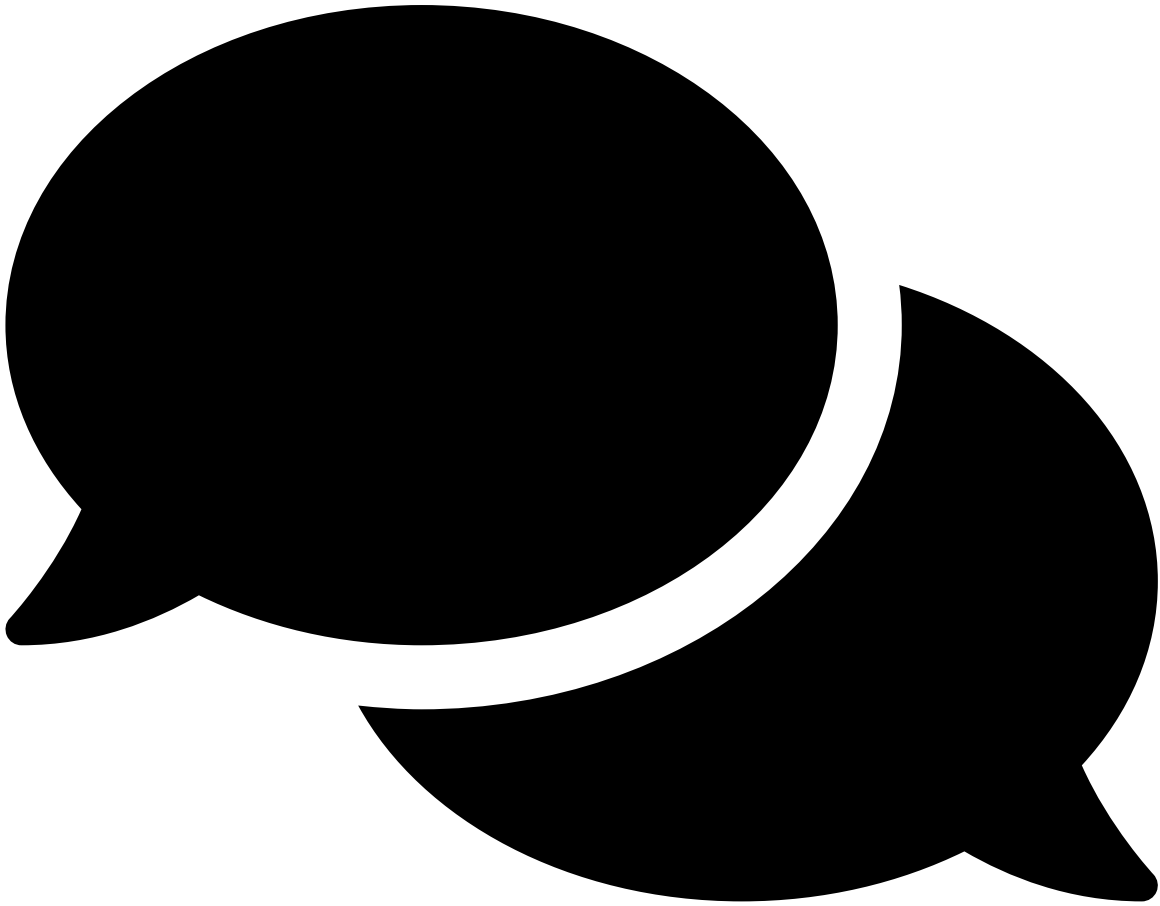
Joette  
Calabrese  
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Practical Homeopathy Inc.

[6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit](#)





May 9, 2026



### Comments

Here's a Practical Homeopathy® toolkit for an overwhelmed mom. After all, "overwhelmed" is basically our job description.

## Hyperhidrosis: Not Hot. Not Nervous. Still Sweating.



[Hyperhidrosis: Not Hot. Not Nervous. Still Sweating. Consider These 2 Homeopathic Medicines.](#)



May 3, 2026



### Comments

Here's an obscure fact: Researchers<sup>1</sup> say that up to 20% of people are averse to even the word "moist." So, what would be worse than ...

# **Alpha-Gal Syndrome:**

**Homeopathic  
Considerations for  
a Carnivore's  
Worst Nightmare**

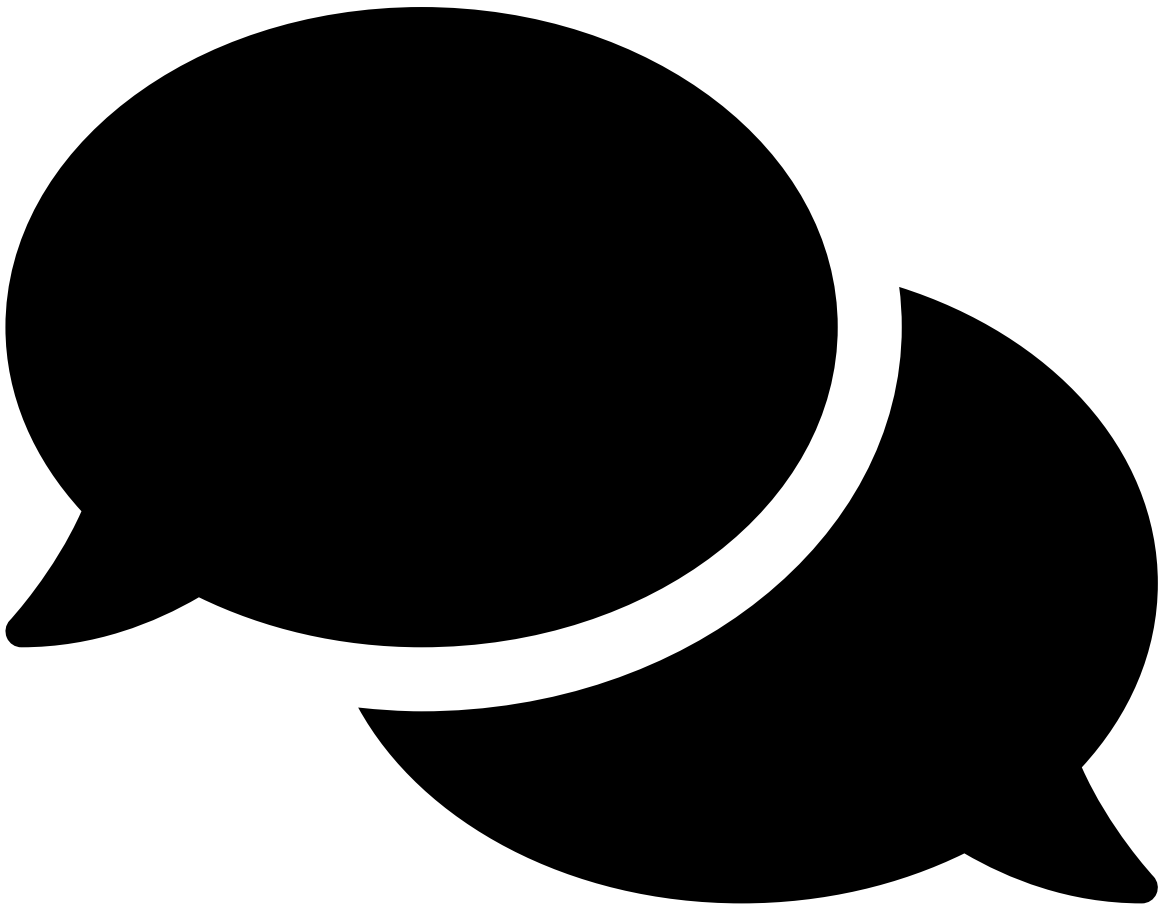


**Joette  
Calabrese**  
*JoetteCalabrese.com  
Practical Homeopathy Inc.*

[Alpha-Gal Syndrome: Homeopathic Considerations for  
a Carnivore's Worst Nightmare](#)



April 26, 2026



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#### Comments

Alpha-gal syndrome is a tick-borne disease causing an allergic reaction to eating meat. Homeopathy can help!



## The Curious Case of Connie's Cognitive Crisis: Menopause and ADHD

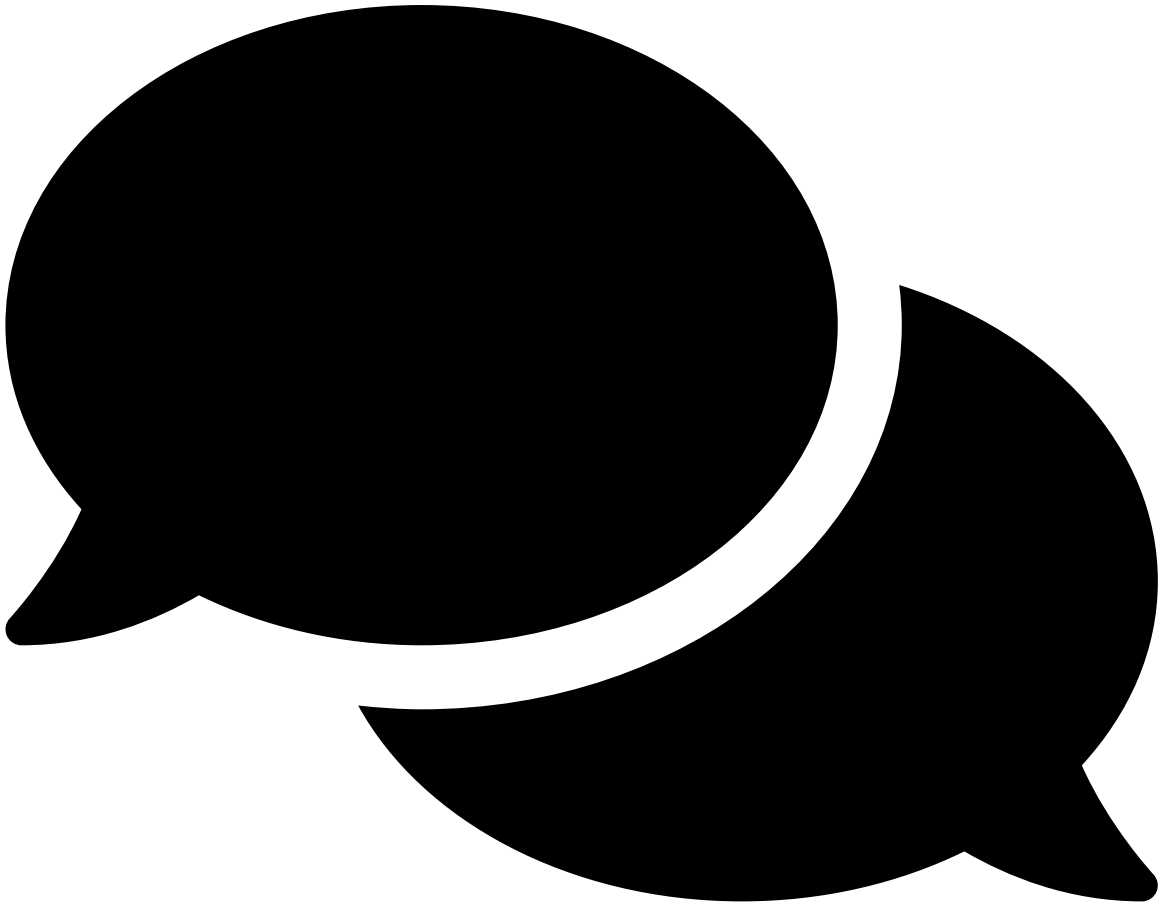


Joette  
Calabrese  
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Practical Homeopathy Inc.

[The Curious Case of Connie's Cognitive Crisis:  
Menopause and ADHD](#)



April 19, 2026



### Comments

Connie wasn't herself. She felt like she was in a cognitive crisis, and everything was slipping. Was it menopause, ADHD or both?

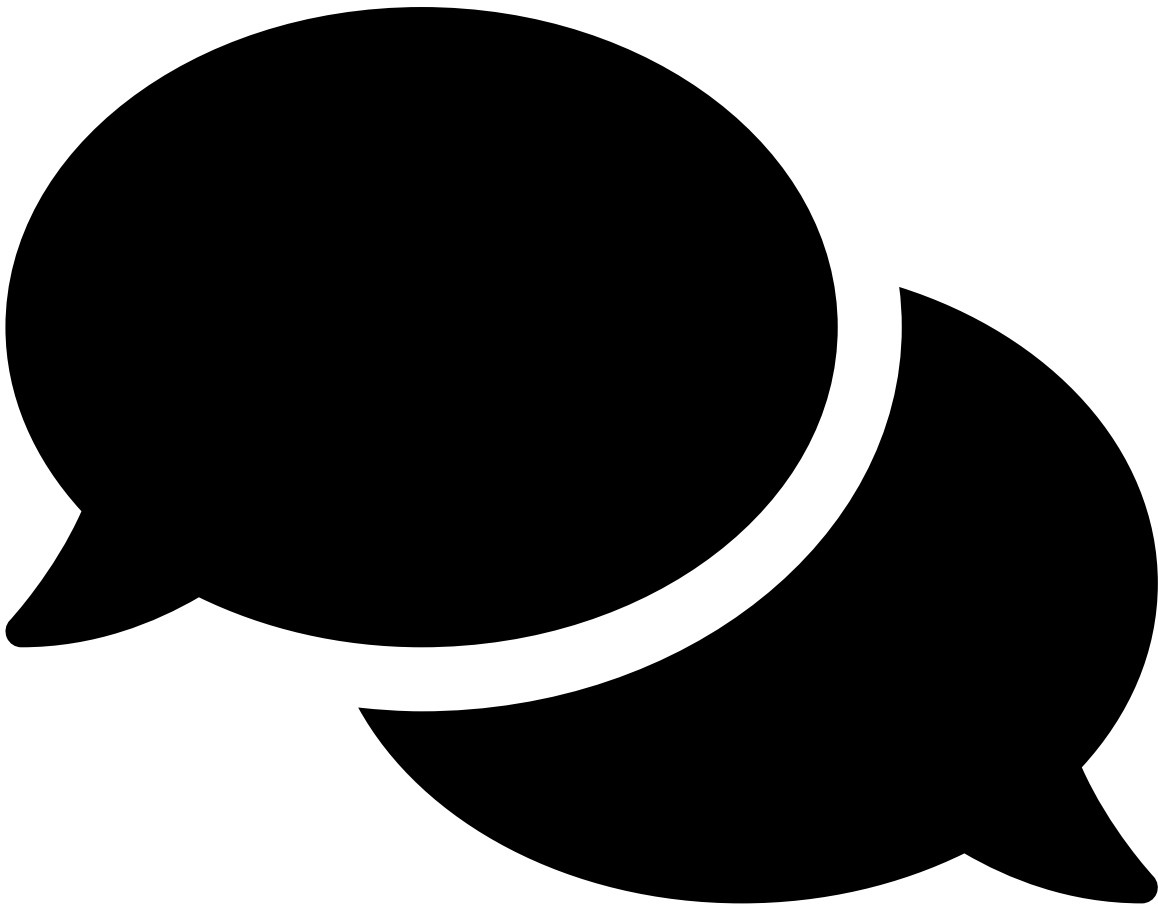
**Spring Has Sprung.  
Allergies  
Have Attacked.**



**Spring Has Sprung. Allergies Have Attacked.**



April 12, 2026



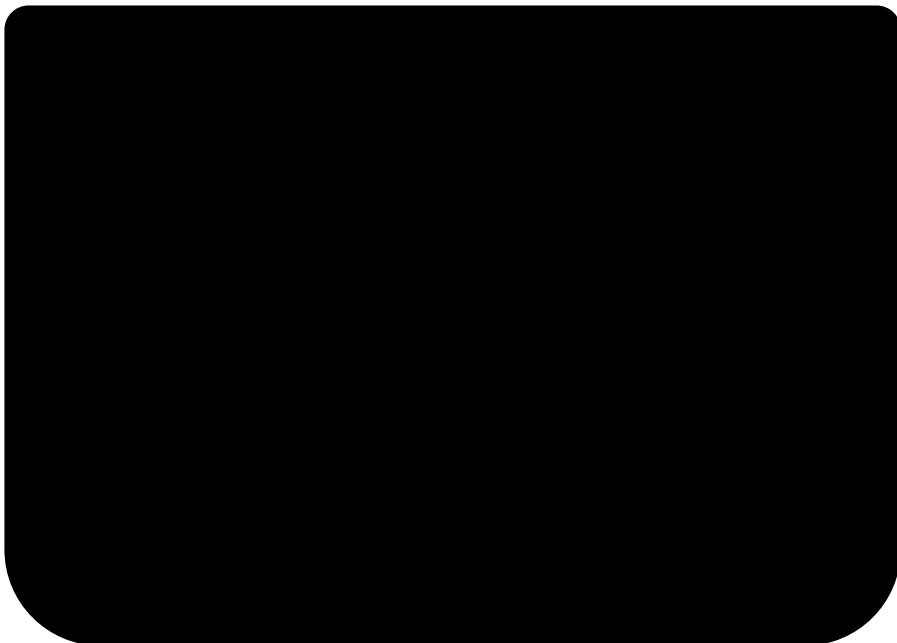
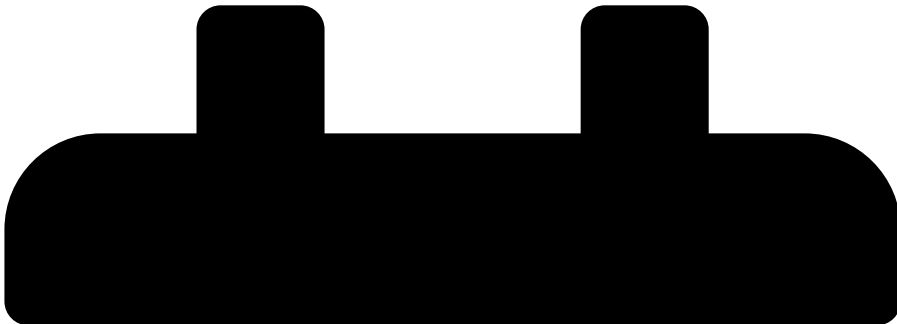
10

### Comments

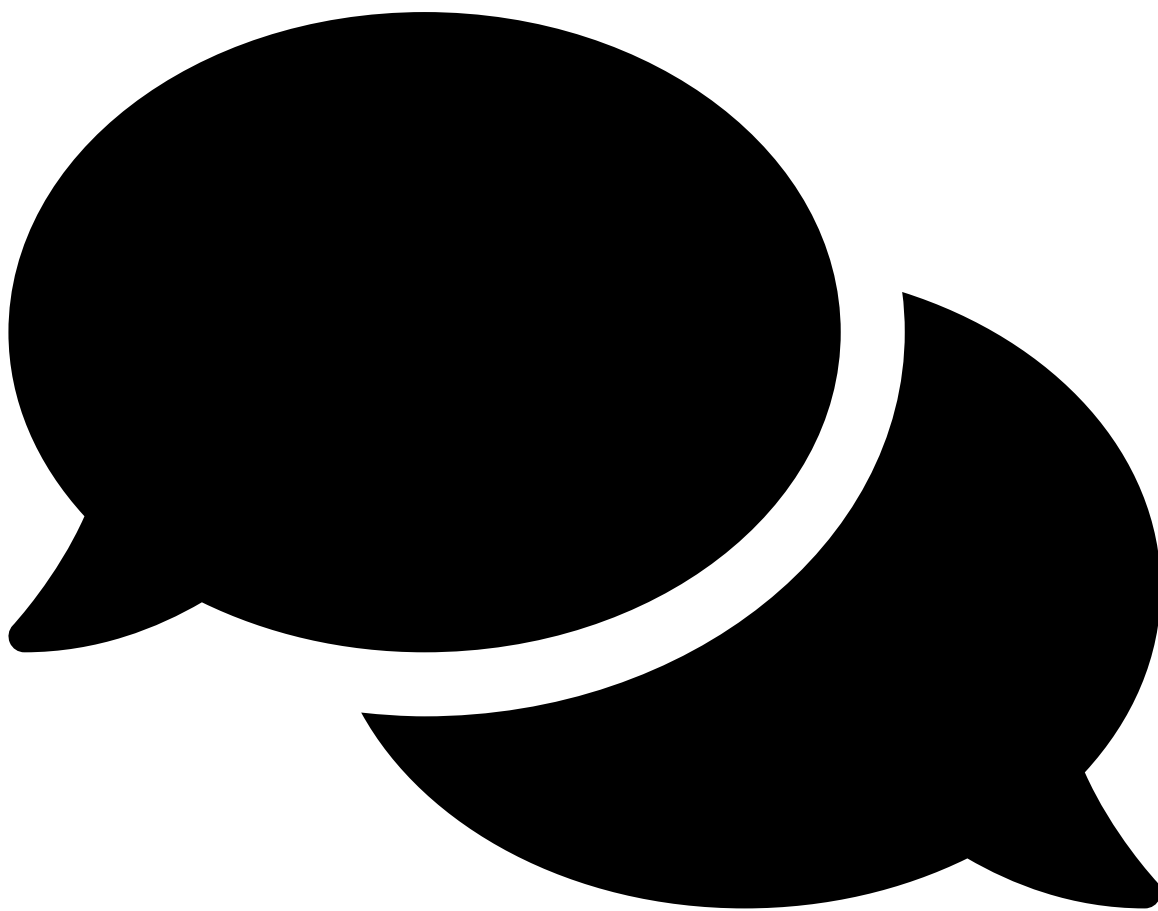
Many folks suffer from seasonal allergies in spring. Symptoms can vary, so how do we choose the most appropriate homeopathic remedy?



[A Blessed Easter 2026](#)



April 5, 2026

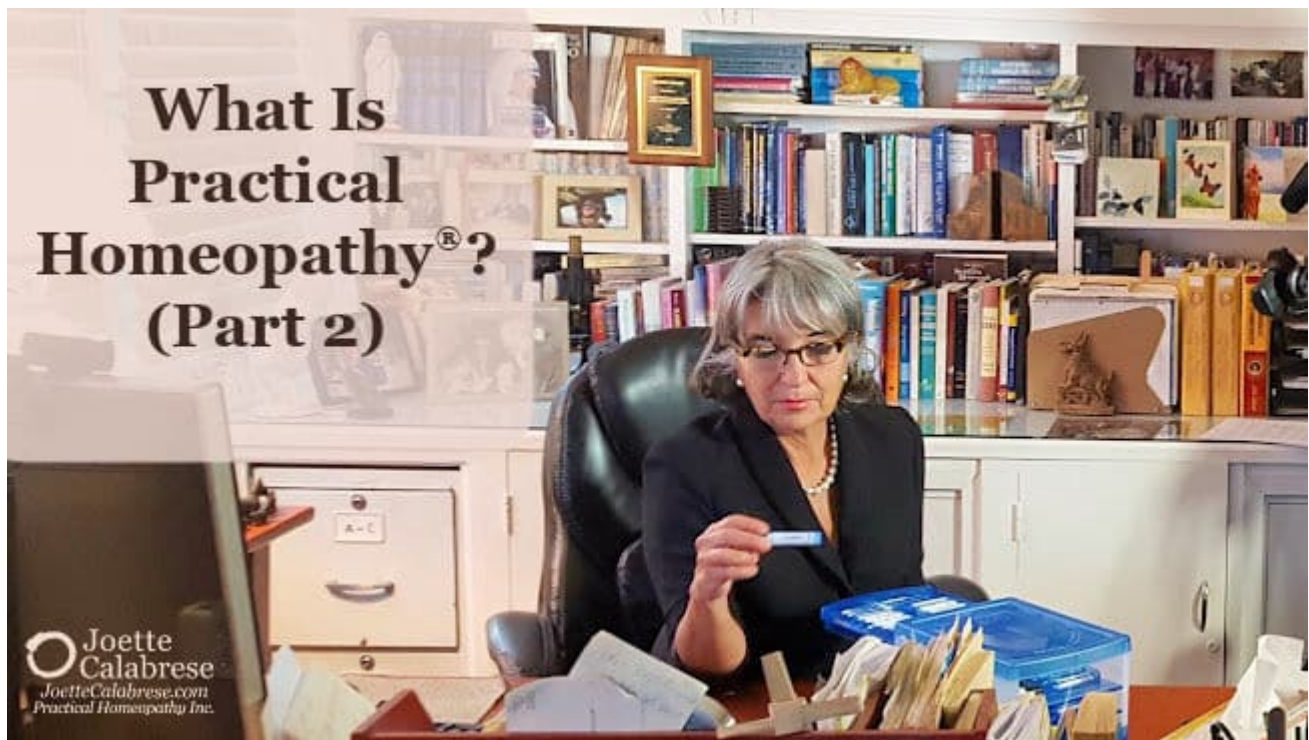


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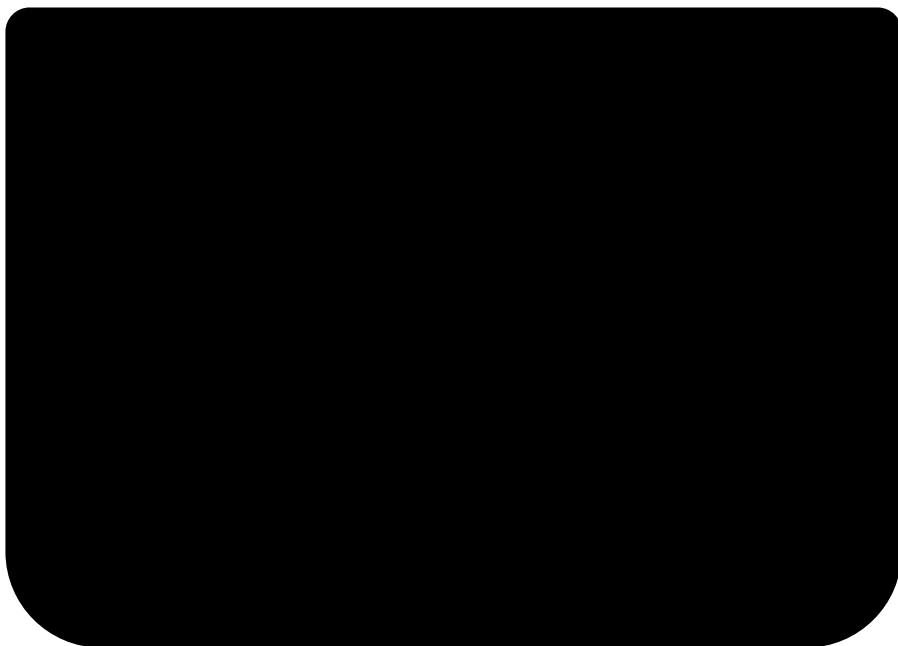
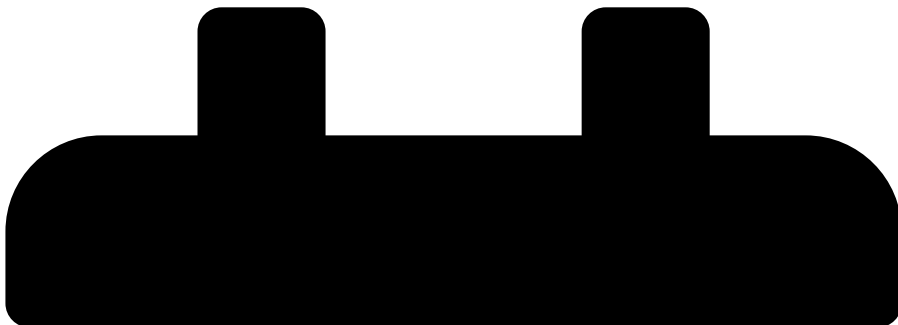
### Comments

Wishing you a blessed Easter. Please enjoy my gift to you in today's blog post: a beautiful hymn to commemorate this deeply meaningful day.

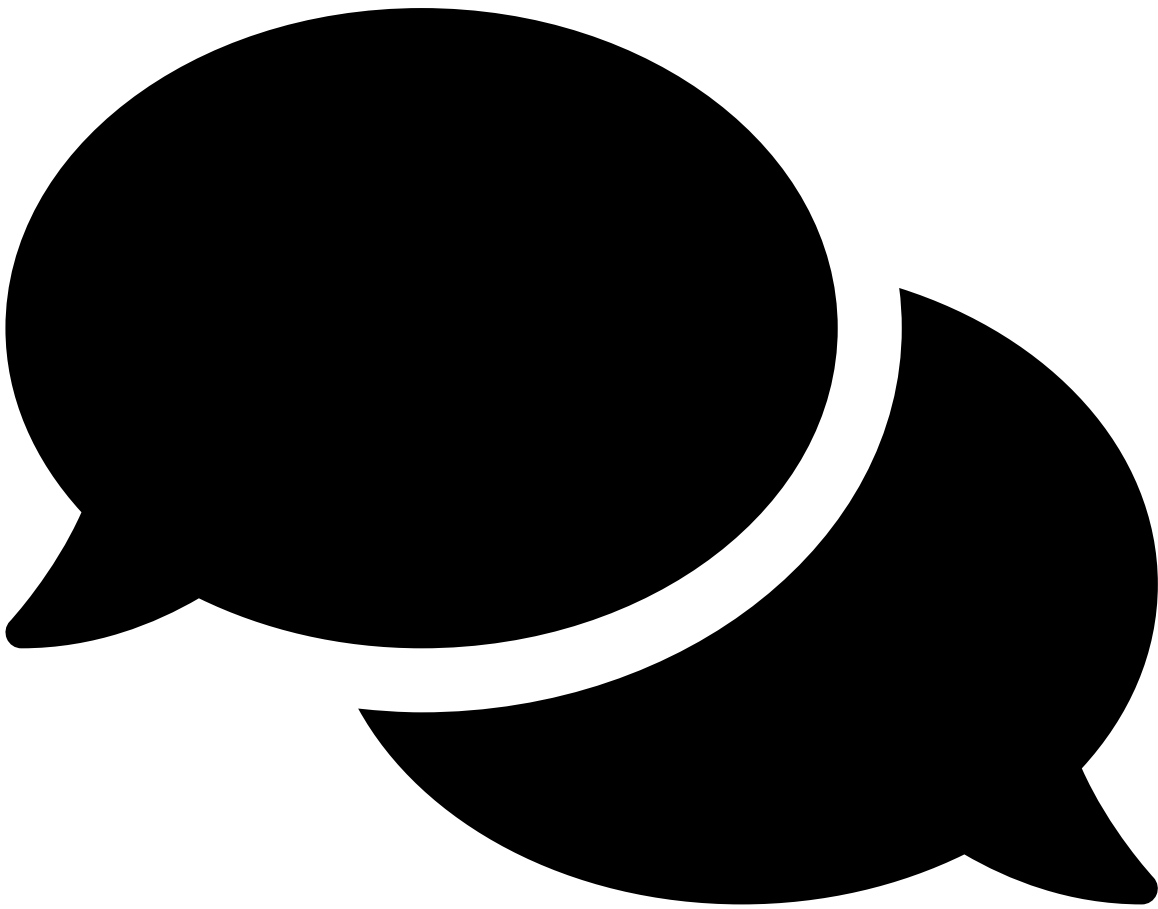




## [What Is Practical Homeopathy®? \(Part 2\)](#)



March 29, 2026



9

#### Comments

What is Practical Homeopathy®? I'll explain my decades-long thought process and the resources that culminated in its development.

## Why Healing Isn't Always Instant



[Expectations vs. Reality: Why Healing Isn't Always Instant – Even When We Wish It Were](#)



March 22, 2026



### Comments

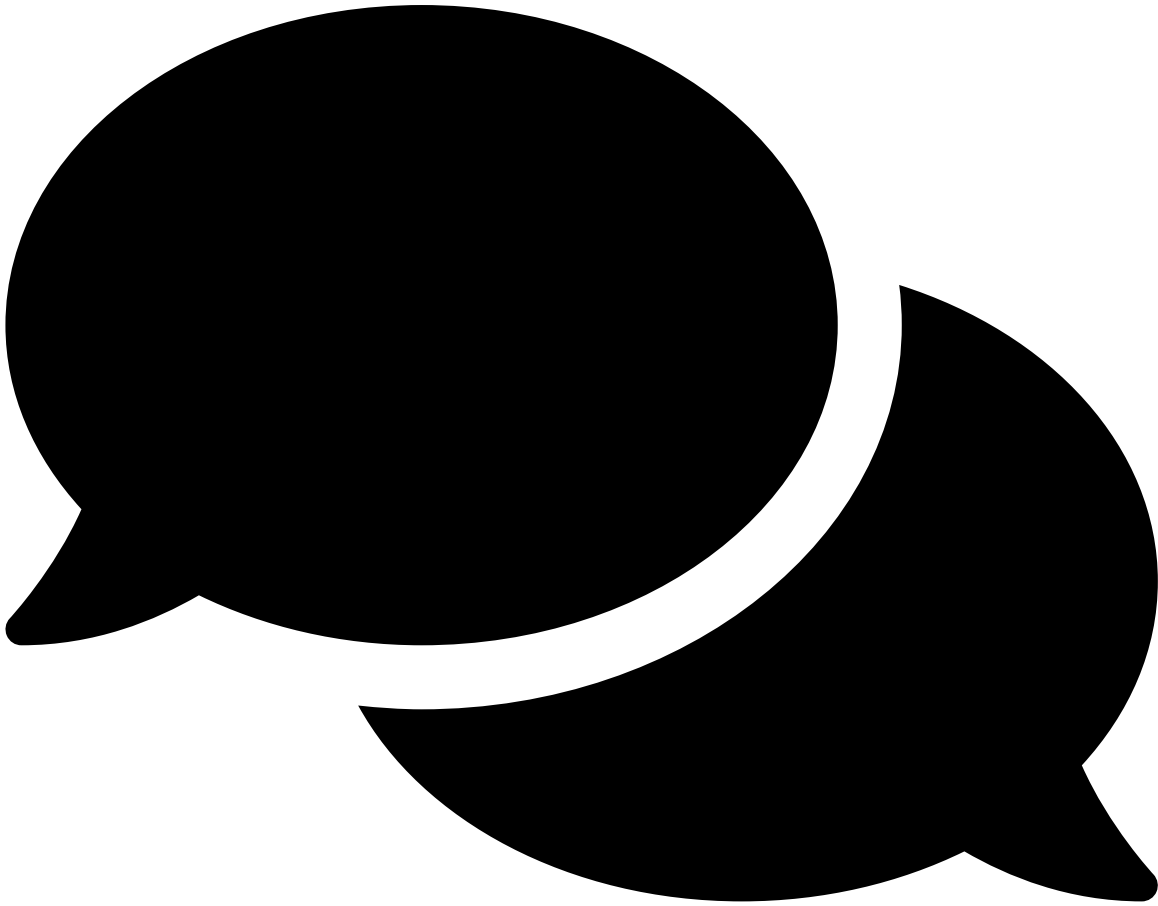
True healing can take time, so our expectations need to be adjusted. Homeopathy doesn't force the body into submission; it gently nudges it.



[A Homeopathic Blog You Can Sink Your Sensitive Teeth Into](#)



March 15, 2026



## Comments

Sensitive teeth can be an ever-present reminder that our mouths are not at their best. Homeopathy can ameliorate dental discomfort.

[1](#)

[2](#)

[3](#)

...

[44](#)

[Next »](#)