# Unavoidable Surgery: Use Homeopathy

Surgery. We love it; we hate it. It can be life threatening and it can be life saving. In the world of homeopathy, it's a measure that we try to avoid as oft as possible since homeopathy often has the ability to eliminate the need for it. However, there are times in which it is inevitable and so homeopathy is still there in the ready.

The surgical protocol that will be discussed is both pre and post operative and is accepted world wide by homeopathic physicians. It is also the protocol used in homeopathic hospitals in the Netherlands, India, England and South America and was a mainstay of American hospitals until relatively recently.

Homeopathy is a two hundred year old medical method. In the US, it was considered a mainstay of 40% of the doctors and hospitals until the 1940's. It's demise came as a result of political in-fighting between medical factions, but today it is making a comeback in the US while it continues to thrive in Europe and India. It has the reputation for dealing with the most rigorous post surgical settings in short order.

The most important aspect of the protocol is that the advice of a homeopathic consultant be attained throughout the process. This is valuable since there are situations in which the educated voice of experience is necessary. At such a tentative period in someone's life, situations can change rapidly.

The protocol is as follows:

Arnica montana 200c given morning and night on the day before surgery. Then repeated the morning of and just before being wheeled into the operating room. What is the purpose? Arnica

montana has a reputation for keeping infection at bay, minimizing the shock to the system, reducing swelling, minimizing the possibility of hemorrhages and putting the patient at ease. This should be repeated as soon as possible after surgery and administered every 2-3 hours from that time on until consciousness is revived, then repeated as often as required to eliminate pain. If pain is persistent, it indicates the need for more frequent repetition, perhaps every hour or two. If the pain is still a problem, Hypericum 200 should be considered an alternate so that Arnica is administered say, every even hour and Hypericum every odd hour.

Sometimes, other remedies are required, such as Staphysagria 200 for wound pain and Nux vomica for nausea from the anesthetic. Phosphorus also comes into use as a powerful remedy for headaches and difficulty withdrawing from the anesthetic. This is when the experience of a well educated homeopath is best employed, whether in person or on the phone.

If the American surgeon was reacquainted with the methods of his predecessors and European counterparts who so deftly understand the value of homeopathy, the rates of post surgical problems would be greatly minimized. Why is this no longer common protocol? To shorten a very long story; it has more to do with the pharmaceutical industry's profit margins and how they have successfully infiltrated the education of doctors and hospitals. Quarterly margins should not come in the way of you or your loved one's surgical recovery and well being.

It's important to know that homeopathic remedies can never interfere with conventional drugs. This includes the ingestion before surgery. For obvious reasons, it is advisable to not take food or drink before surgery, but the melting of three tiny pills for each dose doesn't fall into this category. Homeopathy is safe, gentle, curative, noninvasive and compatible.

The next time you or someone you love is faced with surgery, talk with your homeopath first, then if surgery is certain, work with your homeopath and follow the protocol utilized by homeopathic hospitals and physicians throughout the world. Then your world will be a be better place for it.