

Teenage Acne and Homeopathy

Because acne is such an important subject in the life of a teen, the pressure to use antibiotic treatment looms. Topical creams suppress the body's ability to complete its function. What is applied to the skin is readily absorbed into the body. A good rule of thumb is, if you can't eat it, don't wear it. Daily antibiotics at such a tender and developmental time would set the stage for future problems, so it's prudent to find a natural solution. By far the most reliable treatment for recalcitrant acne is homeopathic constitutional care provided by a homeopath. This will unearth the propensity for the problem often in spite of diet or lifestyle.