

Medicine that makes sense

In recent years a profound shift in thinking about health and medicine has emerged. The public is clamoring for medicine that makes sense. The intelligent person asks the questions "If orthodox medicine were really effective why do heart disease and cancer effect so many people when only two generations or so ago they were rare? Why are classrooms filled with asthmatic and ADT children?" These illnesses were an unusual occurrence. Arising from these kinds of questions is a trend toward a more holistic viewpoint. The underlining concept in holism is that each of us is an integrated whole. That is, we're not fragmented into separate parts each carrying a specific illness or diagnostic category.