Another Great Woman of Homeopathy



As a homeopathic consultant for many years, I find the inspiration of the homeopaths before me to be of encouragement and worthy of emulation.

Besides Mother Teresa, I look to Dr. Dorothy Shepherd as a beacon of light in our world of interest-group medicine and symptom-masking drugs.

Dr. Shepherd, my posthumous mentor, was an English medical doctor practicing in hospital clinics and emergency rooms after WWI. She used the conventional methods learned in medical school, hospitals and clinics.

Then, as luck would have it, she learned of homeopathy via the veterinarians and homeopathic physicians abounding in England at the time. So, she returned to medical school. This time it was a homeopathic medical school she attended.

After putting her full attention into the study of this vast body of medical literature, she slowly began incorporating it into her daily practice in the emergency room and clinic where she worked.

As WWII rolled around, and trauma became a customary fair, she depended on her new medicine entirely.

Once Dr. Shepherd advanced to using homeopathy full time, she never reverted to the “ways of old” again. Having a full staff at her call, she made sure they knew homeopathic protocols for all emergencies, including pre- and post-operative procedures.

Her conventional antiseptics were replaced with C*alendula*; her protocol for broken bones was to administer *Arnica*, then set the bone.

Conventional analgesics that carried side effects were replaced by *Hypericum, Arnica* and *Ledum*. Fever cases were given *Belladonna,* psychological trauma was treated with *Aconite* and *Gelsemium*.

And her caseload wasn’t light.

London and the surrounding areas where she practiced were under frequent bombings, so her experience was like working in a MASH unit, only with ill-prepared civilians as her assistants.

Her work was one of diligence and commitment to her patients and dedication to the calling of homeopathy.

And indeed, it was a calling of stature. Her writings are documented evidence against the tide of conventional modern medicine. In her books, she retraces her experience of moving away from drug-laden medicine to homeopathy.

Here is a woman thoroughly trained in the ways of her professors and colleagues, who found her tools frustrating and causing more harm than good.

Before her transformation towards a more rational medicine, she found her clinic a source of frustration and ill-equipped for the sheer numbers of civilians who flooded her doors.

And so, she found a solution in homeopathy.

Like Mother Teresa, Dr. Shepherd was a stalwart among her colleagues. She had inner strength, a probing mind and a heart attuned to the good of humanity.



I hail the works of both of these women among those with the courage to stand against the forces of cartel medicine.

They are to be imitated as they are the carriers of the good name of homeopathy and the promoters of the well-being of all those around them.