

# Aggravation

Often when we administer a remedy that is correct, we witness an aggravation. This is a phenomenon that occurs more often when treating chronic conditions, but is useful to understand when working with acutes. An aggravation is an exacerbation of the present symptoms or a return of old symptoms. This situation is generally short lived and is often a confirmation that the correct remedy has been used. After the completion of the aggravation, not only will the patient suffers complaint, but he will be left in a better state than before the pathology began. This is frequently accompanied by an old friend – “well being”.