Homeopathic Investing



Homeopathic Remedies

Question: I've heard you say that owning homeopathic remedies is an investment, but is it safe to ignore expiration dates on the vials of remedies I purchased years ago? Don't the remedies lose their effectiveness?

Reply: Yes, it's safe, and no, remedies don't lose their effectiveness! Allow me to illustrate:

While doing research for my first book years ago, I frequented the University of Buffalo's Medical Library, where they archived homeopathy medical books and remedy kits used in Buffalo homeopathic hospitals from the 1800s to 1940s.

One of those days, while in the throes of my exploration in an old section of the library, I contracted a monumental

headache, likely from the moldy and dusty surroundings.

There before me sat a homeopathy kit circa 1900. I asked myself, “Am I stealing by taking a dose or is this furthering my research?” Whether it was the call of science or the pain in my forehead, I can’t say which was more compelling. I took (stole) a dose of *Kali bichromicum* 30, and within 20 minutes, the pain adroitly melted away. The pills were at least 110 years old, yet they were just as efficacious as the kit I keep in my linen closet!

To further my point, a week or so later, the same kind of headache reappeared after helping my aunt in her basement. This time I used *Kali bichromicum* 30 from my own kit at home. The results were precisely the same.

Can you think of anything like this in modern medicine?

Yeah, me neither.

Another story that demonstrates the same point is when an 85-year-old client came to me bearing gifts. He had been cleaning the house and came across some remedies from when he was a child. Some of them were dated from even before that time because his mother was an MD homeopath in Chicago around the turn of the last century. I consider these bottles precious, so I framed and hung them in my office.

This was about 15 years ago, and before I enclosed the remedies in the shadow box, I used one of them for my cat, who had sneezing fits every spring.

Hay fever in a cat? Yes, Carmelina suffered every spring until I gave her a few doses of the old remedy *Sabadilla* 200C, and it worked just as efficaciously as if it had been manufactured last month. (Two doses per day for about one week did the trick.)

I've found time and again that remedies are more durable and have consistent and even greater value than many other precious things in life … even after a century.

Jewelry? Gold bars? Antique carpets? Lovely.

But give me a homeopathic remedy that will offer my grandchildren and great-grandchildren relief from suffering.

Now that's a sound investment!

Question: I've heard that coffee antidotes remedies. Does this mean I must stop drinking coffee if I want homeopathy to help me?

Reply: Coffee can indeed antidote the action of remedies if one is unaccustomed to drinking it. For example, if someone drinks a cup of coffee once every few weeks, then when they take a remedy followed by coffee, they might find that the remedy stops acting, and old symptoms may return.

I say it might because not everyone is sensitive to these kinds of antidotes. If, however, one drinks coffee daily, then it becomes a part of who they are, and we find that it is not a problem and can be drunk without concern.

By the way, it's not caffeine but coffee. So tea, chocolate and soda will not antidote.

Question: If I'm taking drugs like Synthroid, can I still take homeopathic remedies?

Reply: Certainly! I'm sure you've noticed, most of our society is on drugs. I've met a number of people on as many as ten and even more daily drugs. It would be a sad

circumstance if the only folks who could benefit from homeopathy were those who have successfully skirted the drug lifestyle.

For those who have been taking drugs for years, recovery can take longer, but it’s not recommended that folks injudiciously stop their meds.

Instead, we expect the remedy to act so that the illness is less trying, and they can return to the prescribing doctor to discuss reducing the number of drugs.

As the synthetic stuff is decreased and the action of the remedy performs, the person begins to recover a more genuine level of health.

As always, our goal is to bring the person to authentic health without props whenever possible.

Learn some homeopathy. If nothing else, it will give you perspective. At best, it may cure something you may have thought was incurable.

If you are considering purchasing your own kit, now is the time. Well-priced kits will advance your move to homeopathy.