Anticipating Surgery? Homeopathy Can Help



We would all avoid surgery if we could. Homeopathy, in fact, allows us to do so in many cases, but sometimes going under the knife is necessary.

Fortunately, the fact that homeopathy doesn’t interact with conventional drugs or medical treatments makes it the perfect companion to surgical procedures. Learn this simple surgical protocol, and you’ll be ready for the next time you or a loved one faces surgery.

You may not know that at the turn of the century, our country boasted many homeopathic hospitals where skilled surgeons knew the value of using homeopathy before and after operations. This type of medicine is still practiced in other countries such as England, Switzerland, Germany and India.

The following protocol has been shown to help the surgical patient by reducing the inherent shock from an operation, preventing infection, boosting the immune system, alleviating post-op pain, speeding recovery and even stabilizing the person’s emotional state.

Have these remedies on hand for surgery, which might include tooth extraction, organ removal or a simple mole excision.

The more severe the pain, the more frequent the administration and the higher the potency required.

That means that if you have any homeopathic education and

experience, a higher potency can be used. If homeopathy is rather new in your life, then use potencies such as 30 or 200. For the sake of expediency, the remedies below are indicated in 200c. One dose is generally 4 pills, regardless of the size of the person taking the remedy.

1) *Arnica montana* 200c is given morning and night on the day before surgery, and then repeated the morning of and just before being wheeled into the operating room. Remember that the purpose of *Arnica montana* is to keep infection at bay, minimize the shock to the system, reduce swelling, minimize the possibility of hemorrhages and put the person at ease.

This should be repeated as soon as possible after surgery and administered every 2-3 hours as needed. Then it can be repeated as often as required to eliminate pain. If the pain is persistent, this indicates the need for more frequent repetition, perhaps every hour or two.

2) If pain is still a problem, *Hypericum* 200 is used as an alternate so that *Arnica* is administered say, every even hour and *Hypericum* every odd hour.

3) Sometimes other remedies are required, such as *Staphysagria* 200 for wound pain or site infection.

4) *Nux vomica* is generally used for nausea, constipation or diarrhea from the anesthetic.

5) *Phosphorus* also comes into use as a powerful remedy for headaches and difficulty withdrawing from the anesthetic.

After surgery, choose the issue that is the most trying and then the remedy that most closely matches the symptoms. You can do plenty to protect and get your loved one off to a good start.

With this elegant protocol, surgery takes on a whole new light…even becoming a compatible option.

And options are what we homeopaths and mothers *like*!

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_____ The best way to be prepared for whatever emergencies come your family’s way is to own a kit with the most frequently used homeopathic remedies.