

Essential Oils + Savvy Mom= Mosquito free and guilt-free!

If you want to be safe from mosquito bites, try making your own repellent by using some of the following tested and true essential oils: cinnamon oil, lemon eucalyptus or regular eucalyptus oil (watch out though-these could antidote your homeopathic remedies!), citronella oil, castor oil, orange oil and rose geranium.

I like to mix a part essential oil to 20 parts water. You'll have the best protection if you use all of these essential oils. Though the price may seem high-these oils last you a long time and if you have them handy, you're guaranteed safety from those pesky bugs for many summers to come