

Classical Homeopathy

Recent years have seen a profound shift in thinking about health and medicine. The public is clamoring for medicine that makes sense. Intelligent people are asking, "If orthodox medicine is really effective, why are antibiotics, the mainstay of conventional medicine, now considered so dangerous?" And, "Why are classrooms filled with asthmatics and ADD children, when, only a generation ago they were rare?" Arising from such concerns is a trend toward a more holistic viewpoint.

The underlying concept in holism is that we are each an integrated whole; we are not fragmented into separate parts falling into different specific illnesses or diagnostic categories.

Homeopathy views the person as a whole. This combines their mental state including prevailing thoughts, their emotions such as moods, their physicals such as headaches, and their generals such as their temperature. Success in terms of health must include all these areas or else freedom from ill health will not be achieved.

Whether we realize it or not, our ill health is closely related to the ideas we have and the emotions we experience. These are all symptoms that need to be observed and used to determine the correct remedy. In most cases, the cure will not follow unless we adhere to this fundamental rule of classical homeopathy.