Joette’s Blog

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Joette’s Blog

- Joette’s Blog
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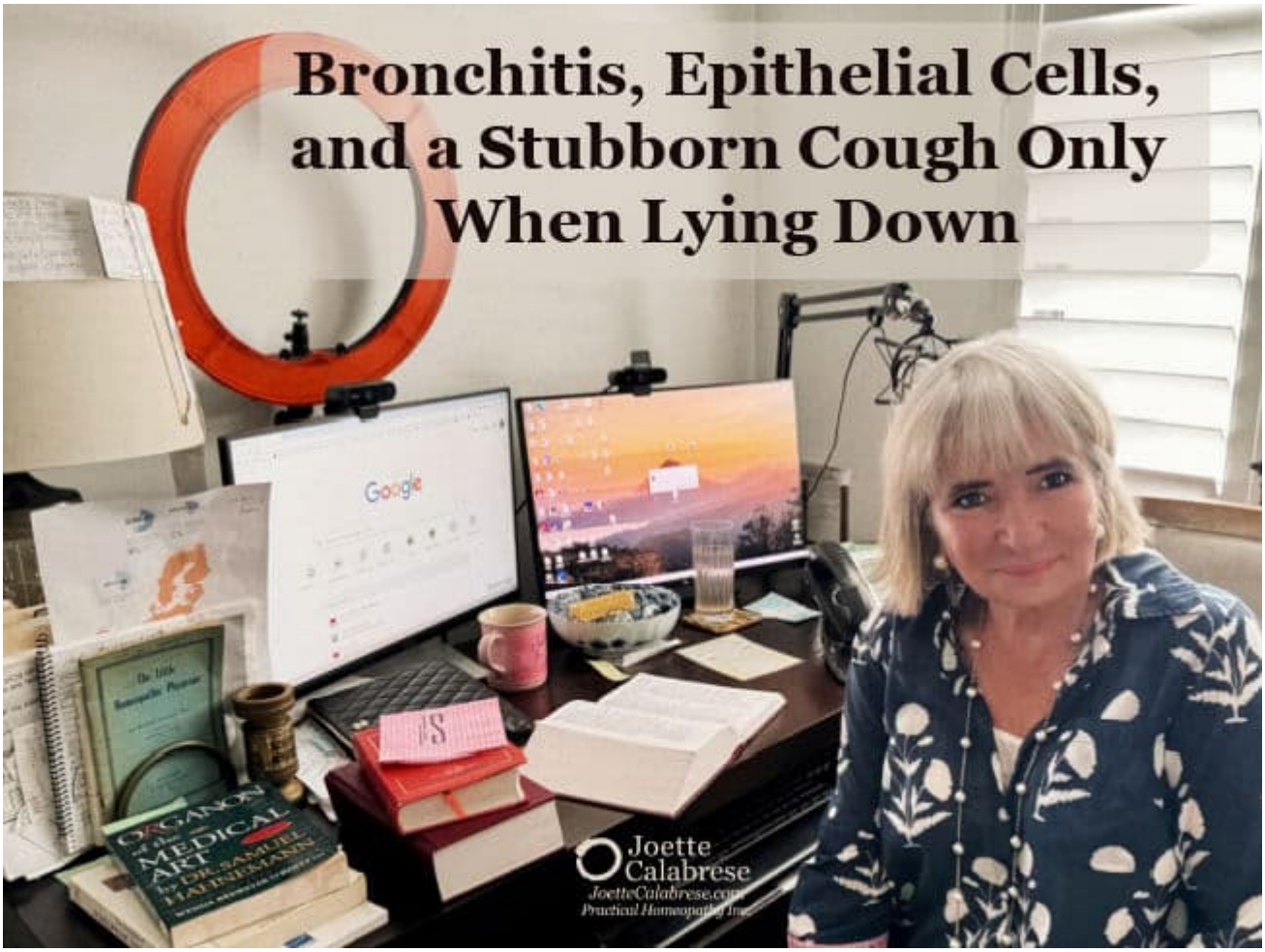
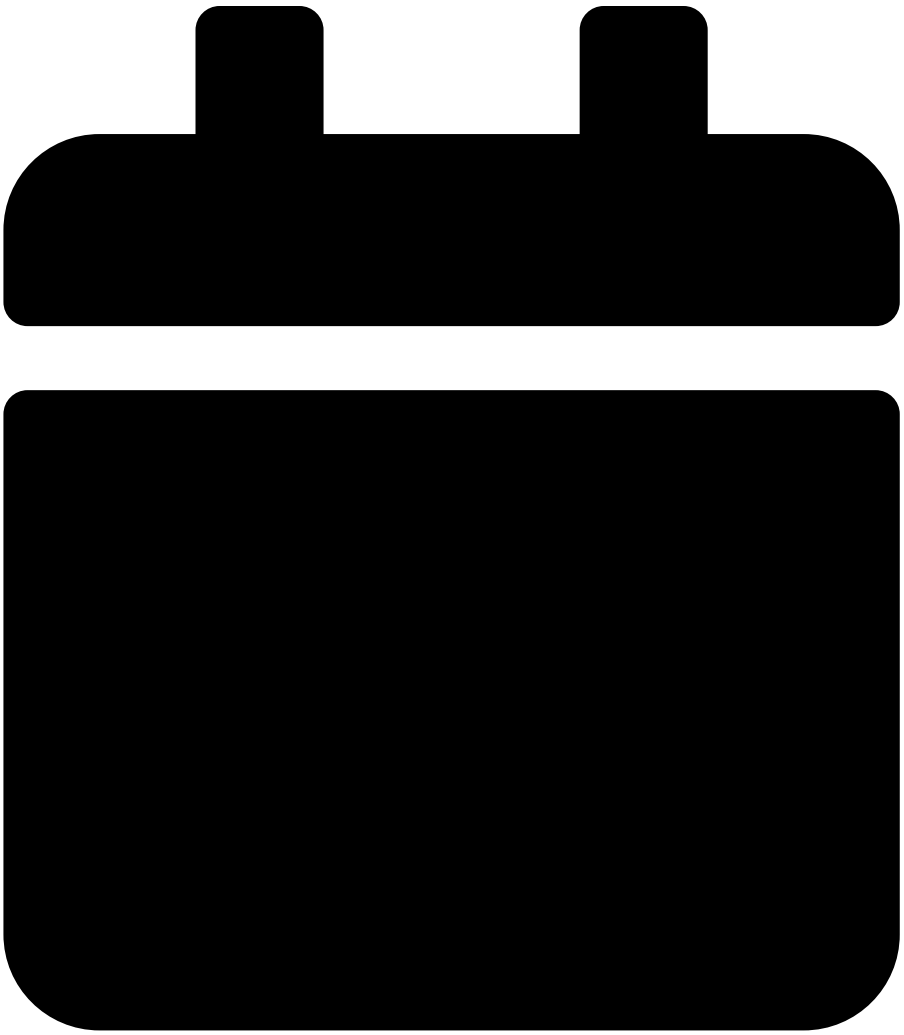
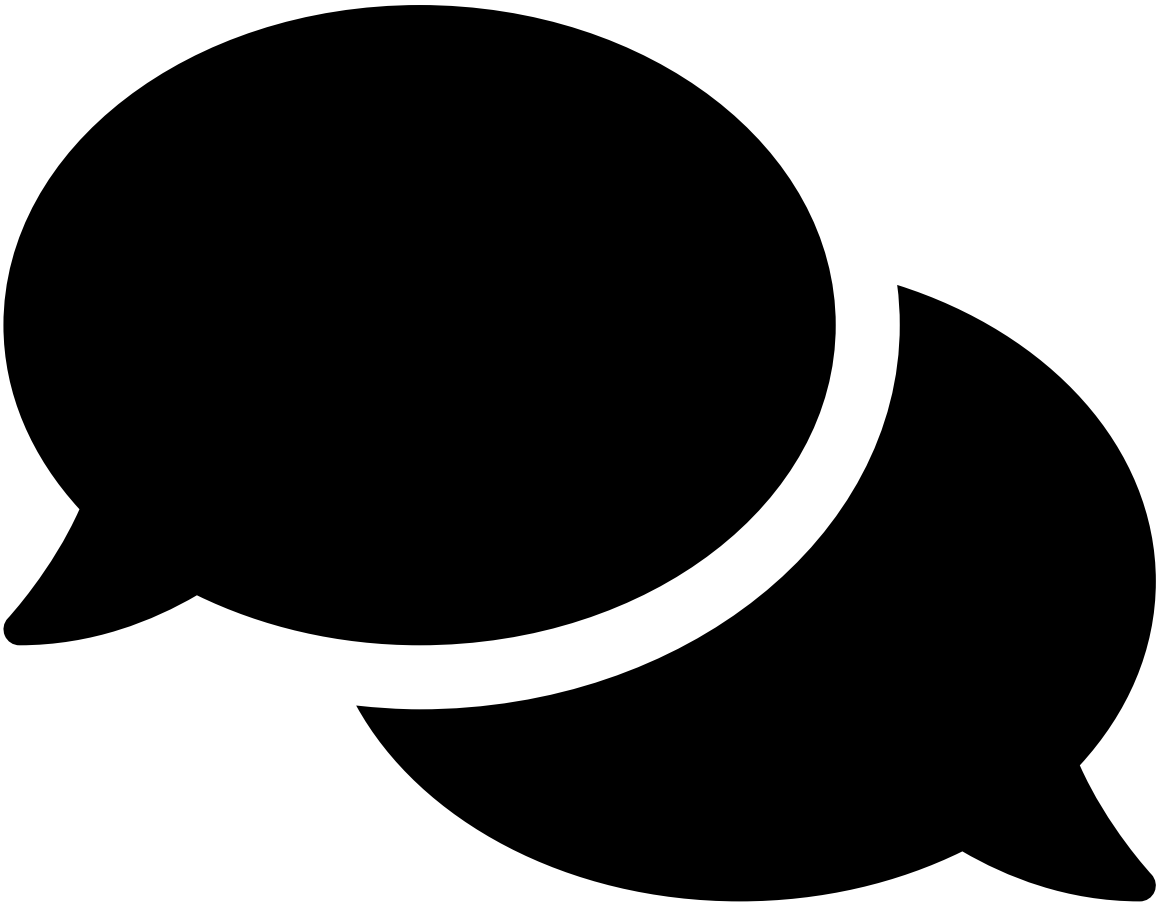


[Bronchitis, Epithelial Cells, and a Stubborn Cough Only When Lying Down]



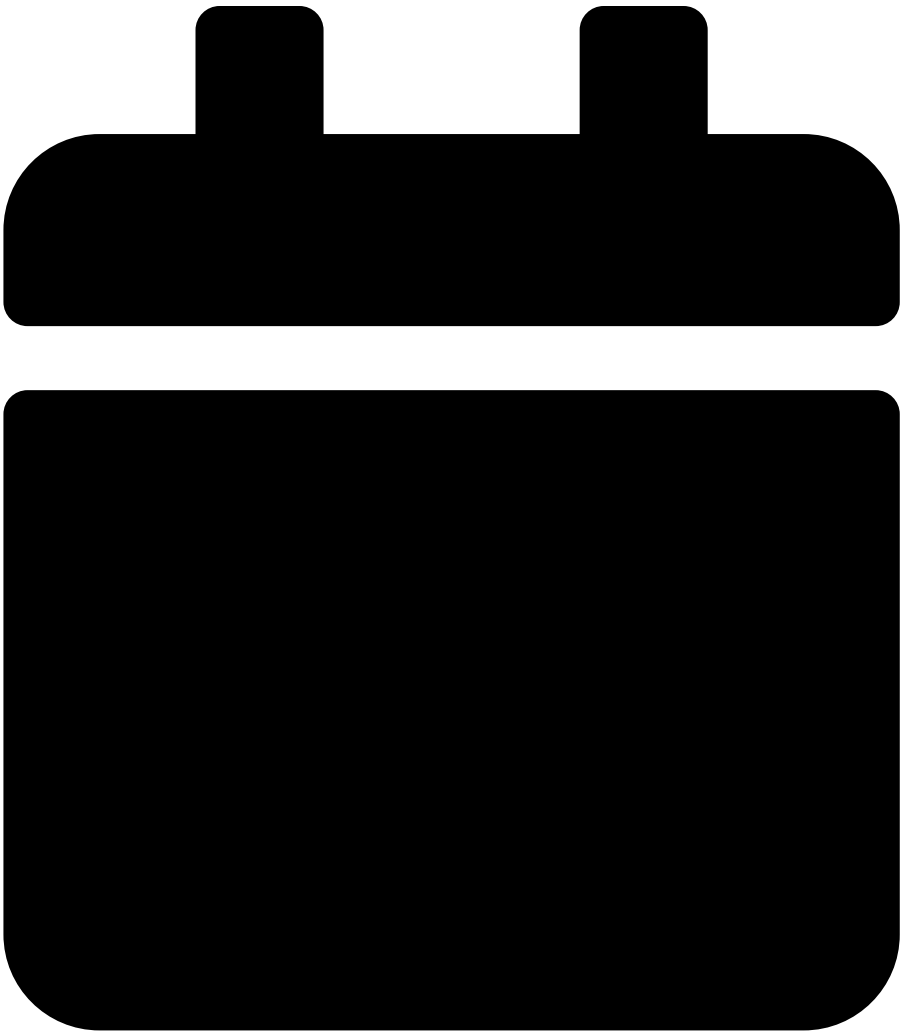
September 27, 2026



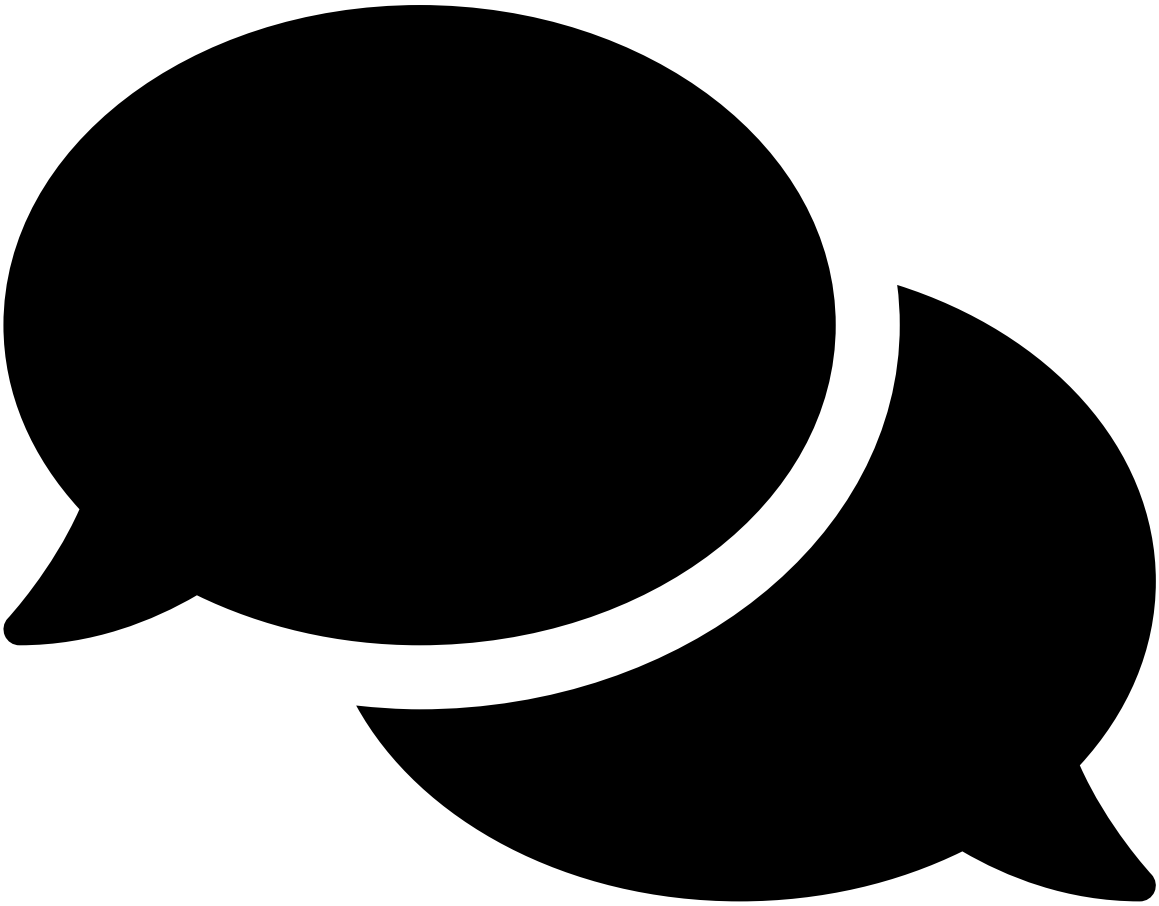
No Comments

Remember the KISS Principle? It’s a clever acronym from the 1960s for “Keep It Simple, Stupid.” It means the least complicated solution is probably the …

A Breast Biopsy Story: ‘To Everything There Is a Season’



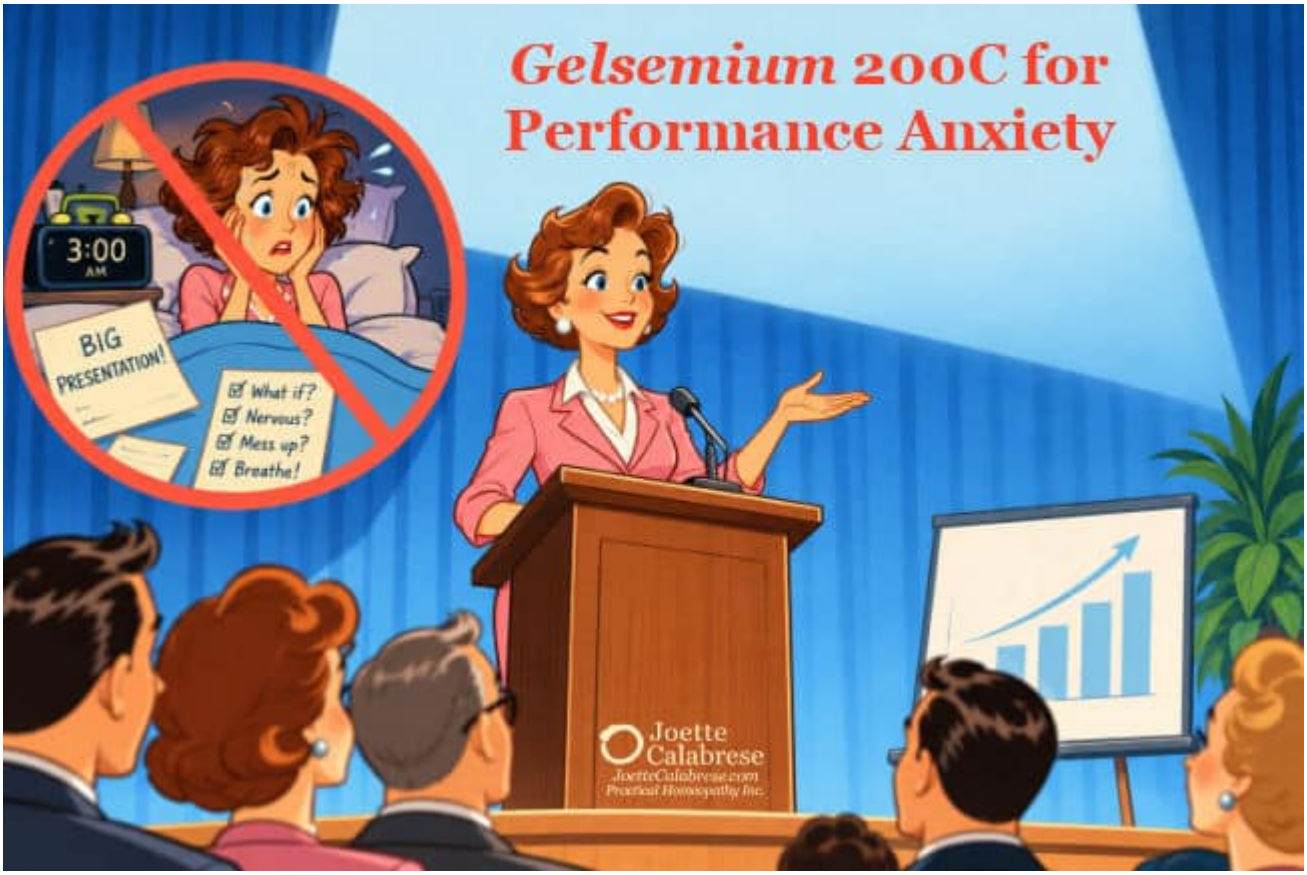
September 20, 2026



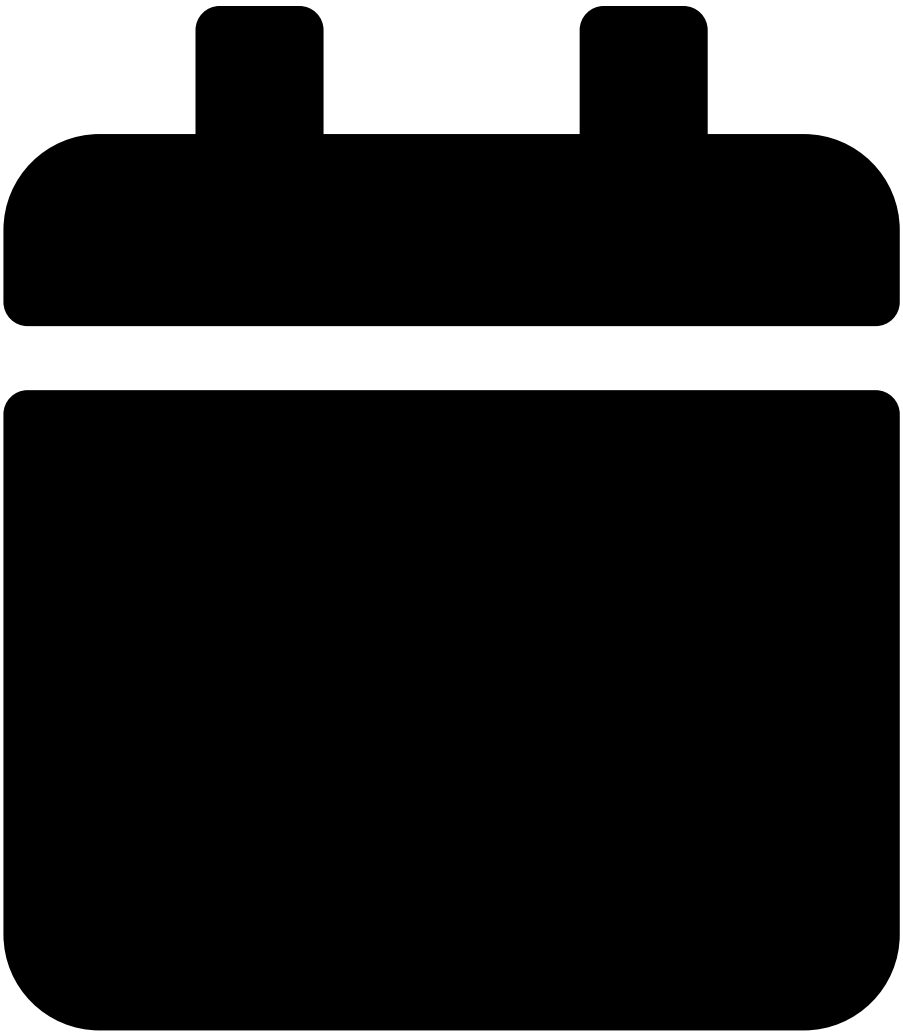
2

Comments

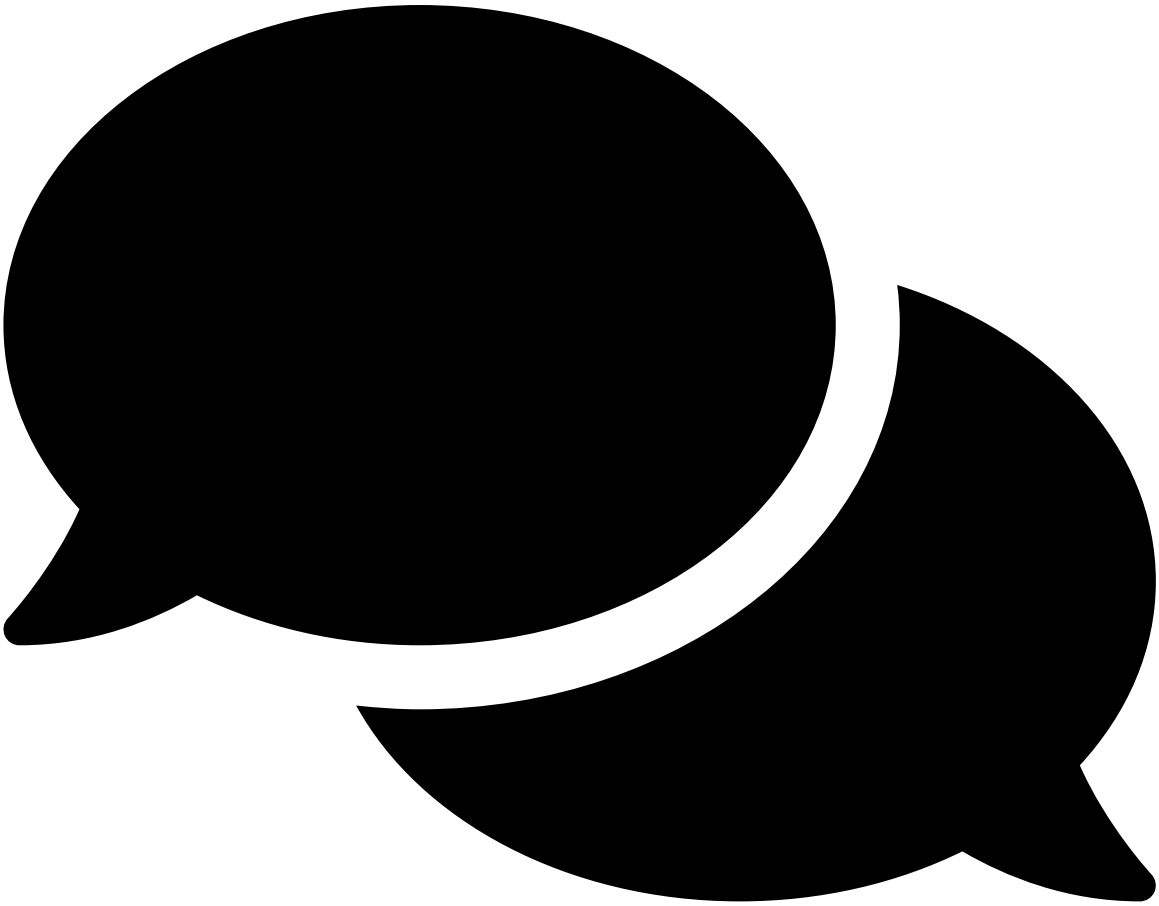
After a necessary conventional medical procedure (such as a breast biopsy), homeopathy can help us heal faster and with fewer complications.



[Gelsemium 200C for Performance Anxiety: From ‘I Can’t Do This’ to ‘I’ve Got This’]



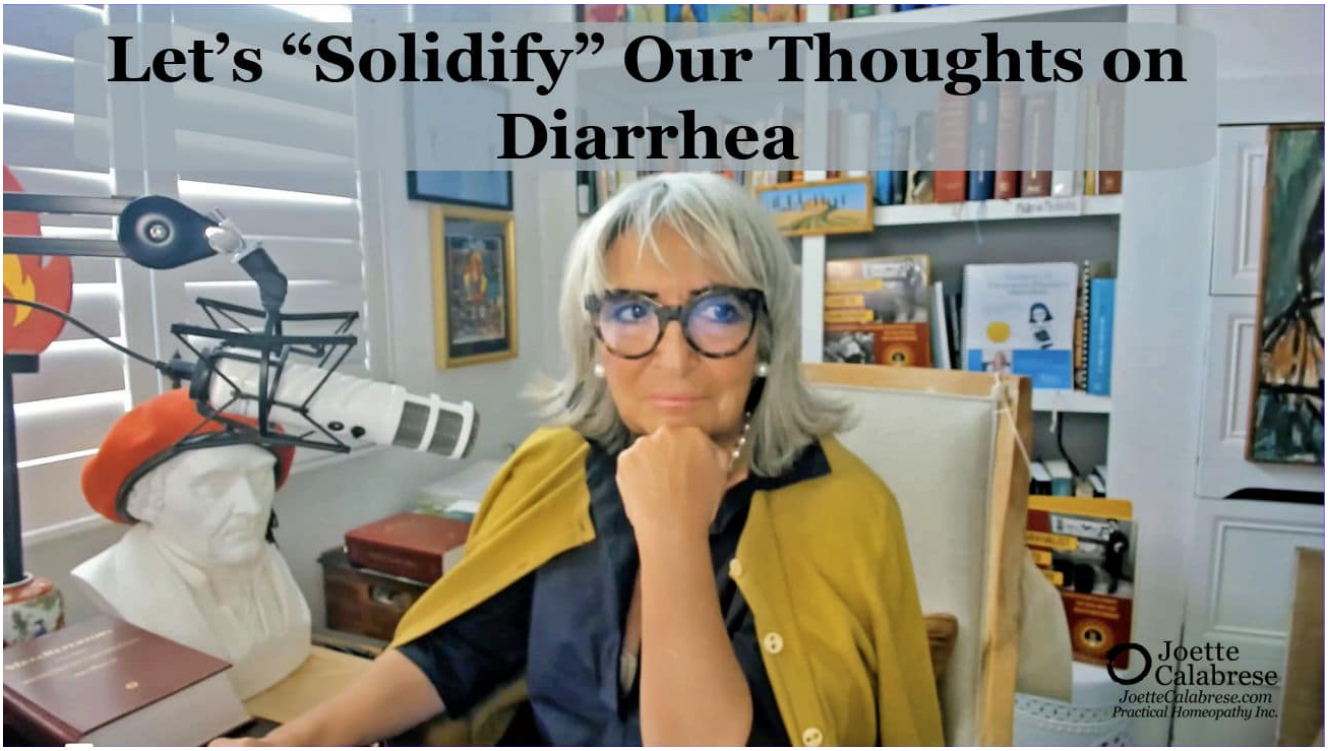
September 13, 2026



4

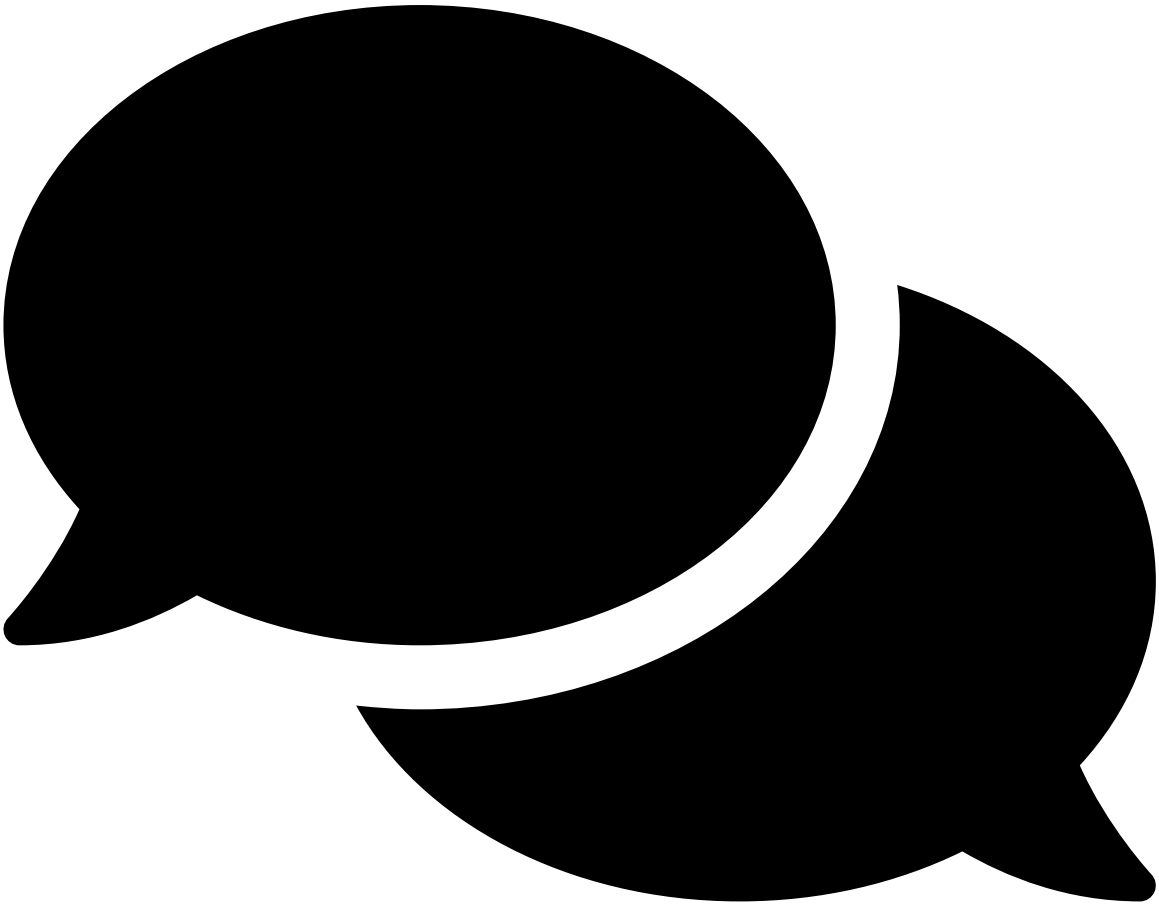
Comments

Performance anxiety may hit all of us at some point. Learn how to choose the right potency of this homeopathic medicine.



Let's "Solidify" Our Thoughts on Diarrhea

September 6, 2026

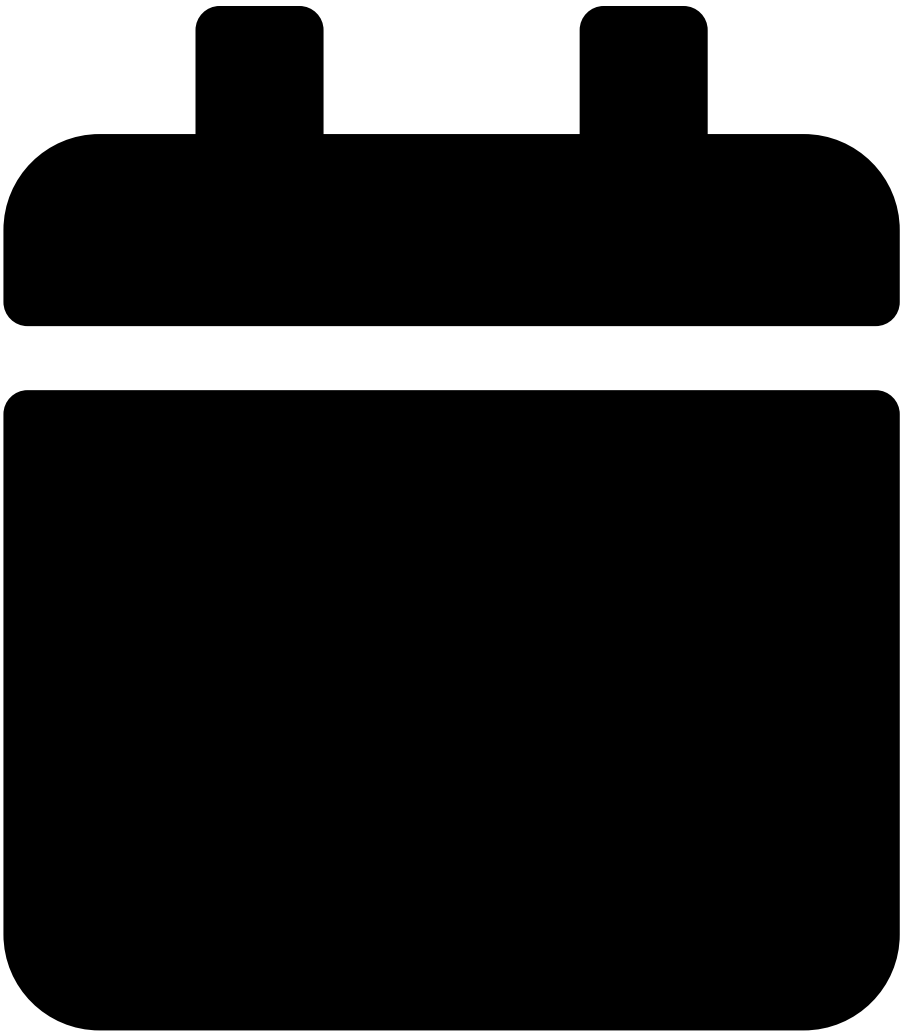


No Comments

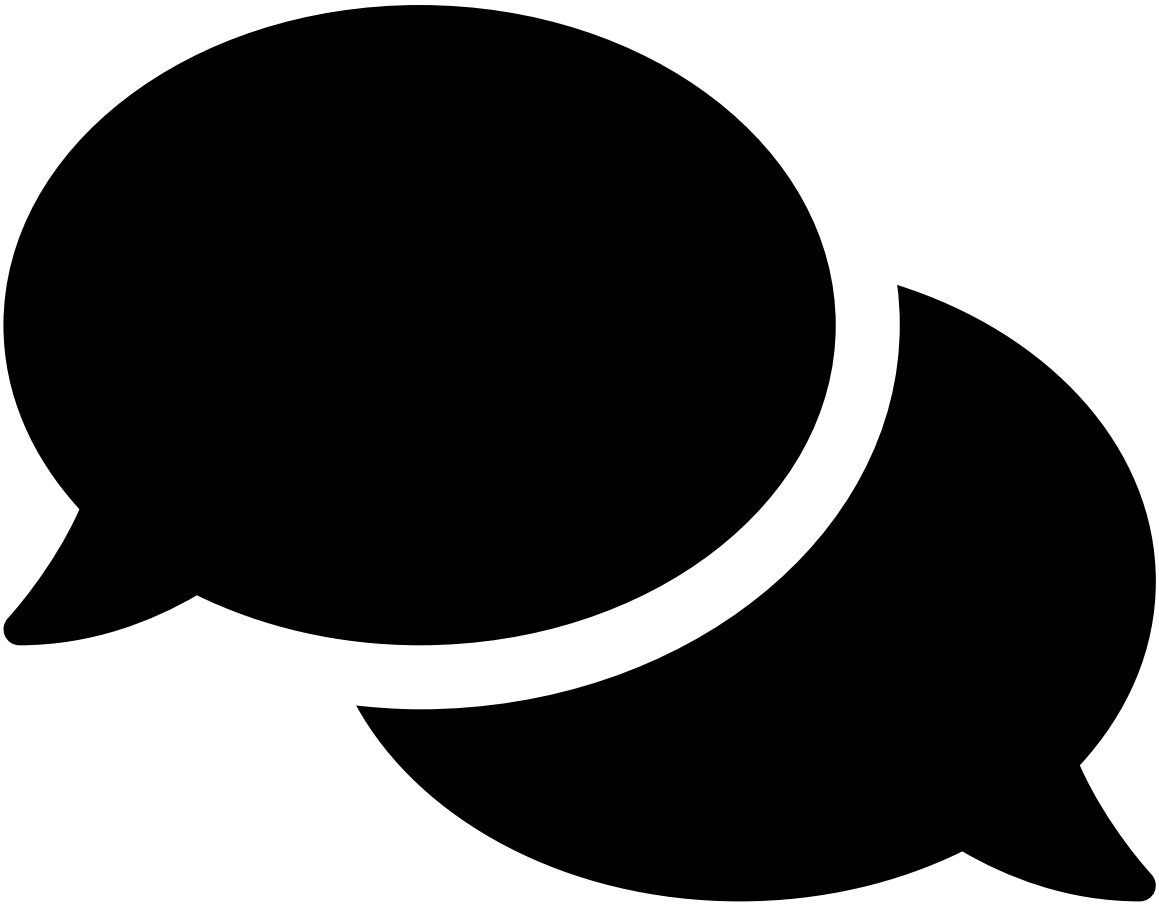
Practical Homeopathy® can keep it simple when it comes to diarrhea, even without knowing the illness’s etiology.

A Closer Look at Apis: Choosing Different Potencies for Different Conditions

[A Closer Look at Apis: Discover Different Potencies for Different Conditions]



August 30, 2026

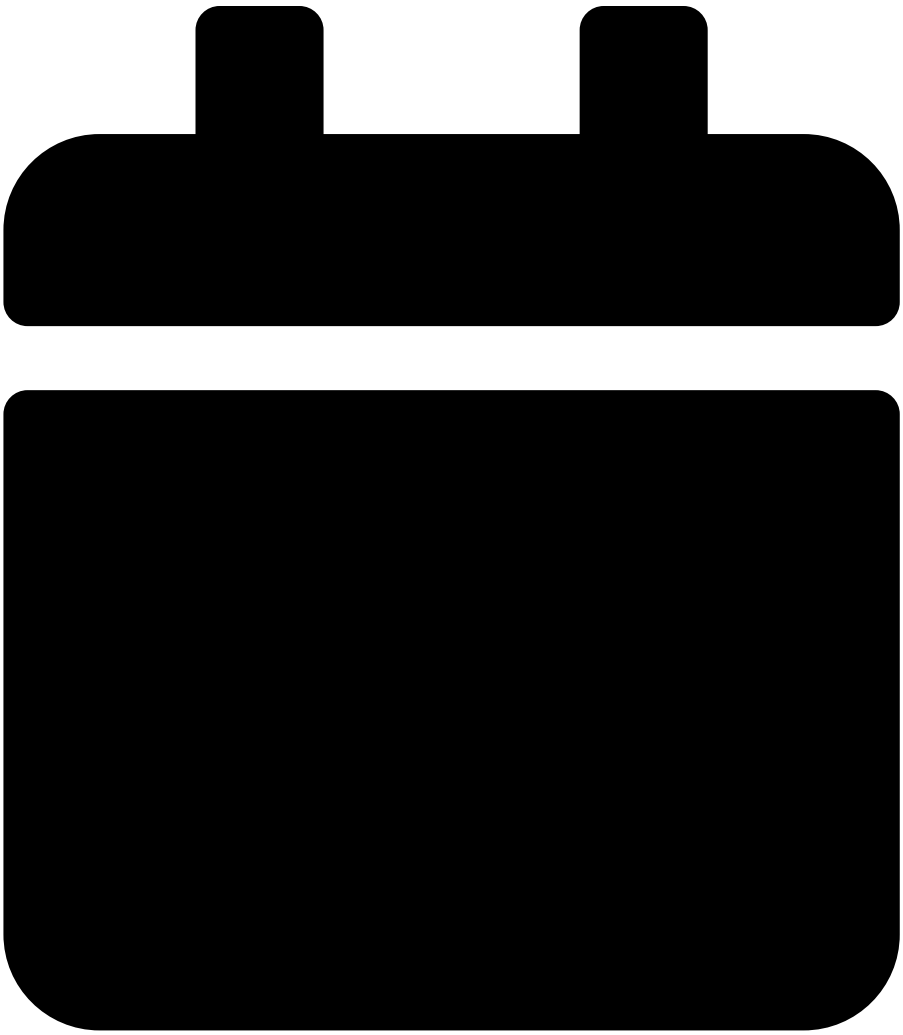


1

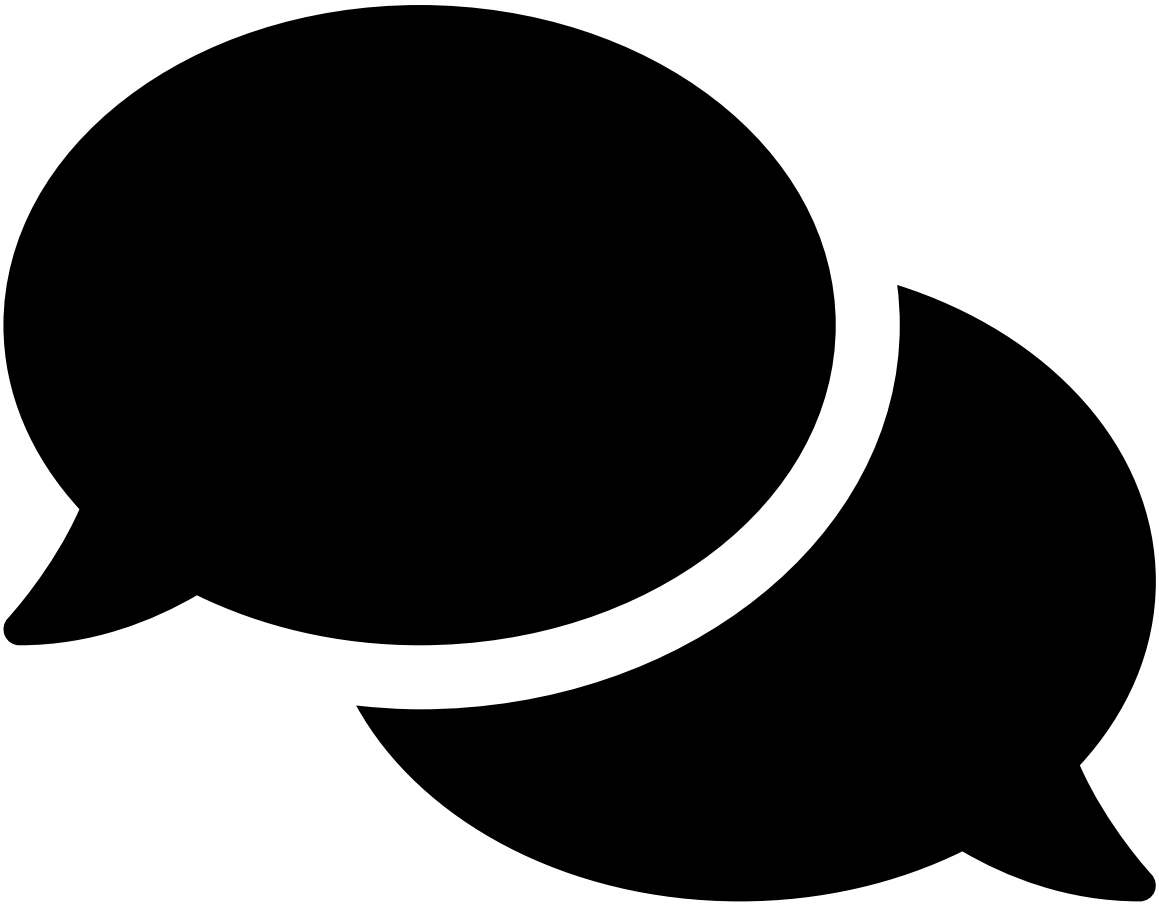
Comment

How do we choose between the potencies of homeopathic medicines if we don’t have a specific protocol? Let’s look at one example: Apis.

[UTI Conundrum: When a Common Condition Lacks the Common Symptoms]



August 23, 2026

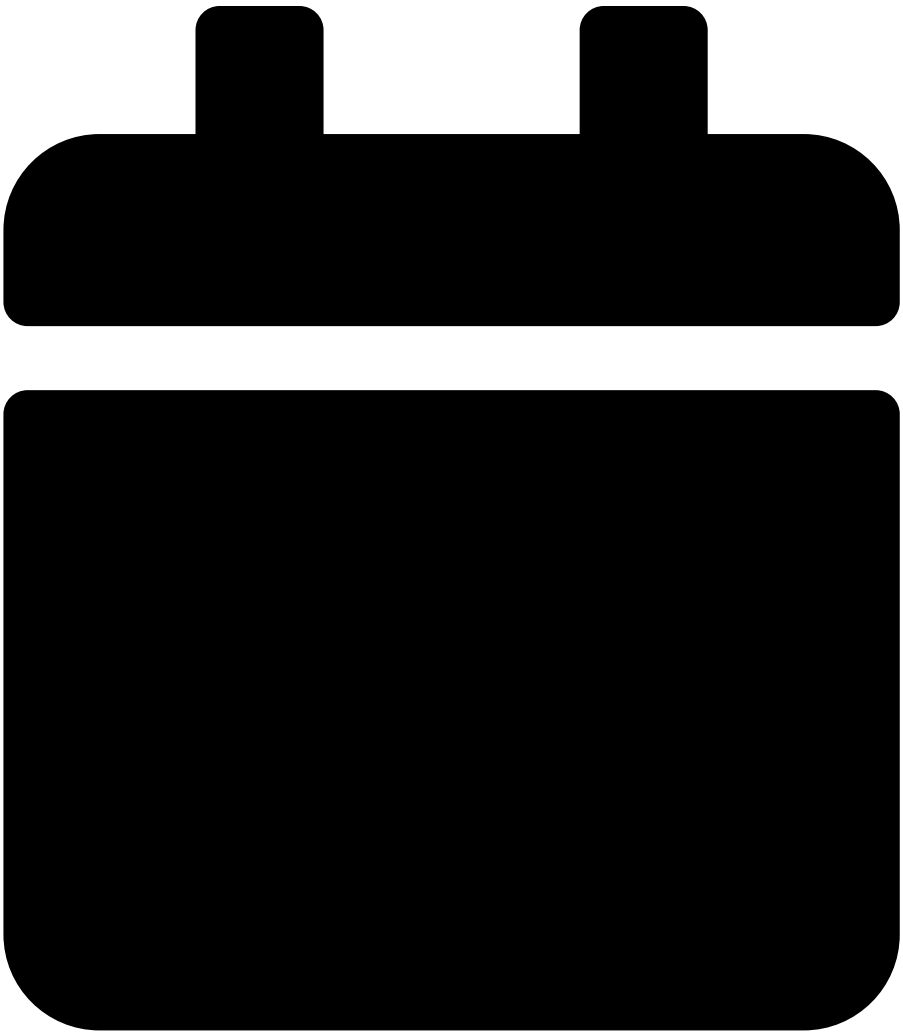


10

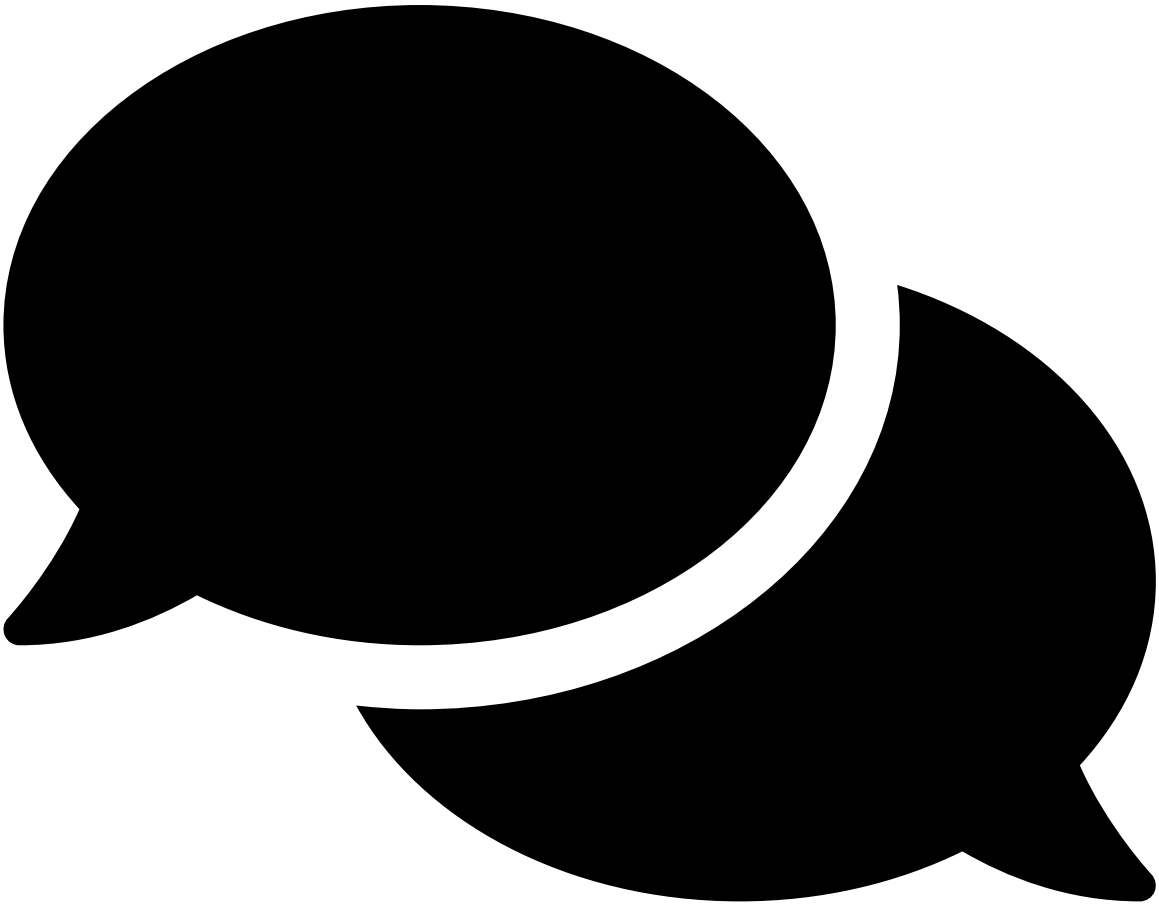
Comments

What to do for a UTI that doesn’t present with the usual symptoms? Let’s look at a few homeopathic options that might be considered.

[Head Injury: There's More Than 1 Way to Look at a Picture]



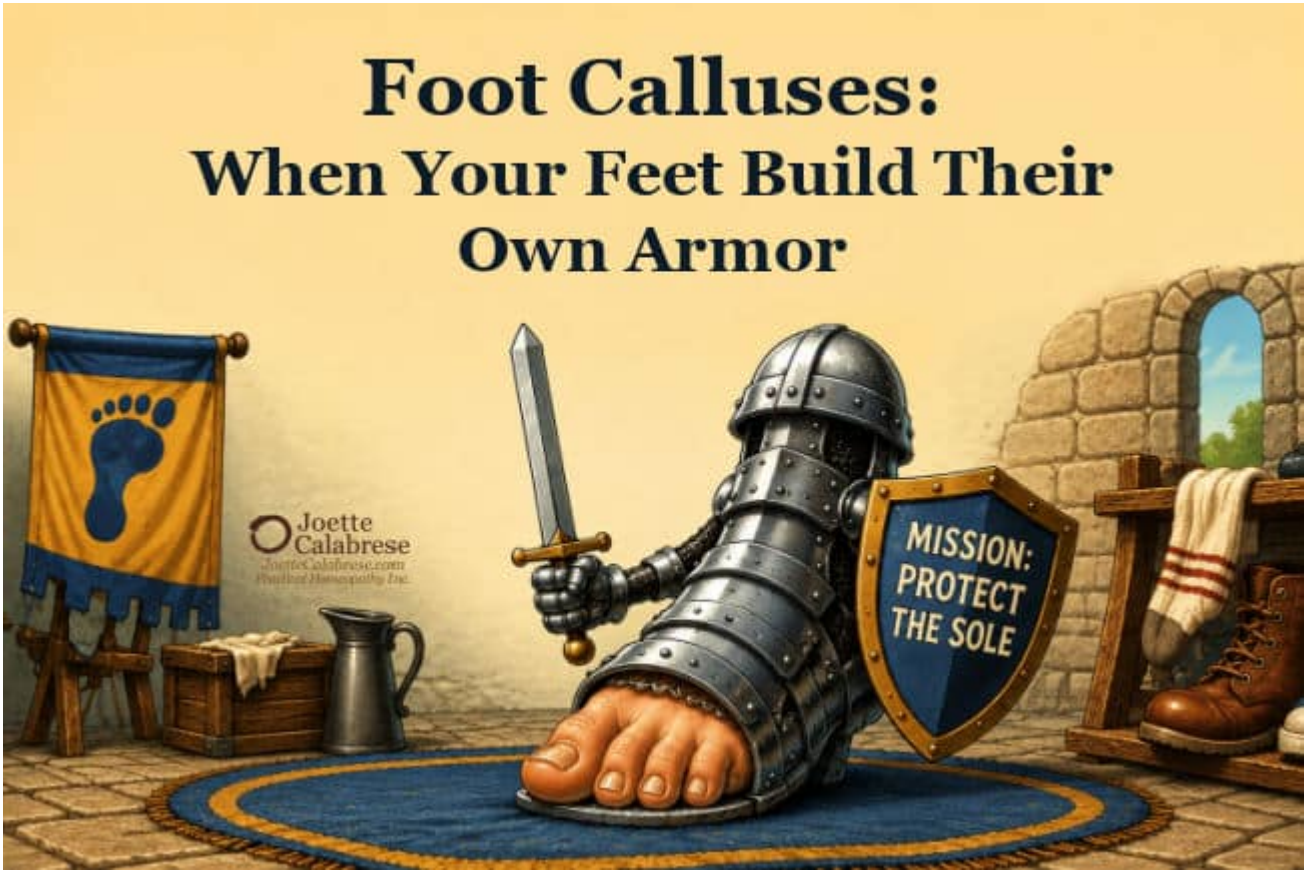
August 16, 2026



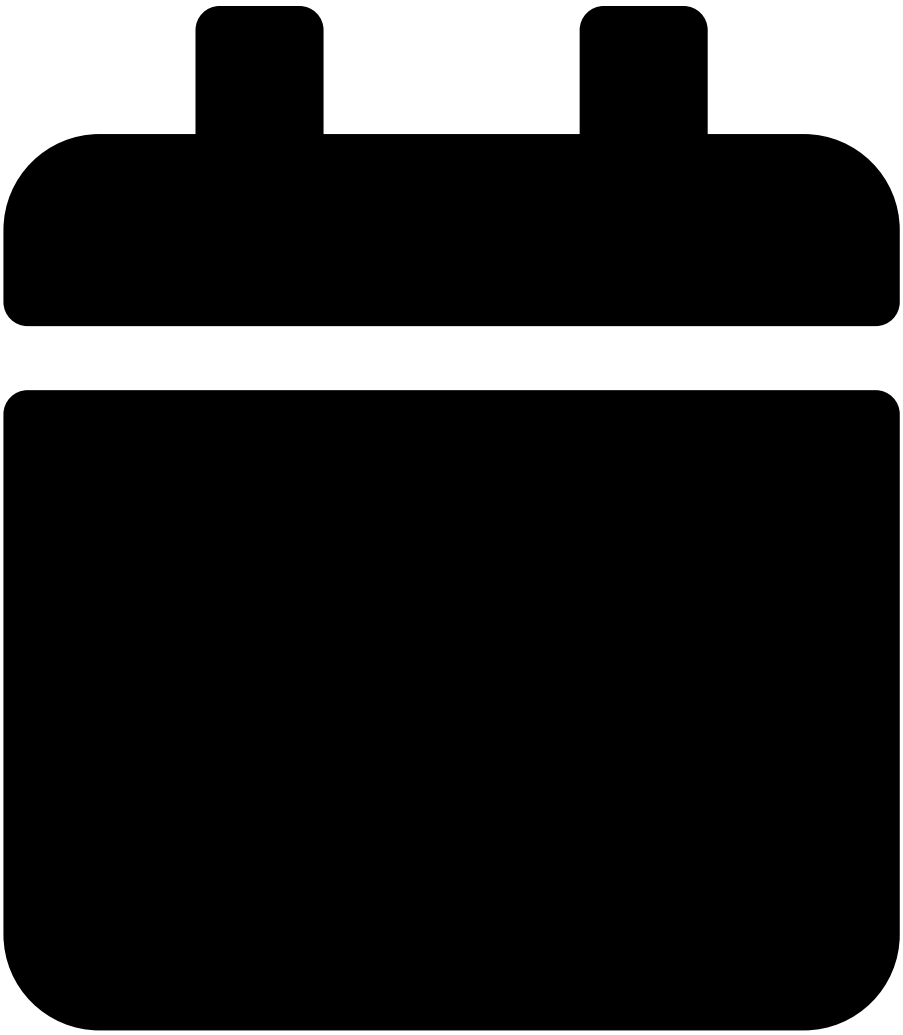
2

Comments

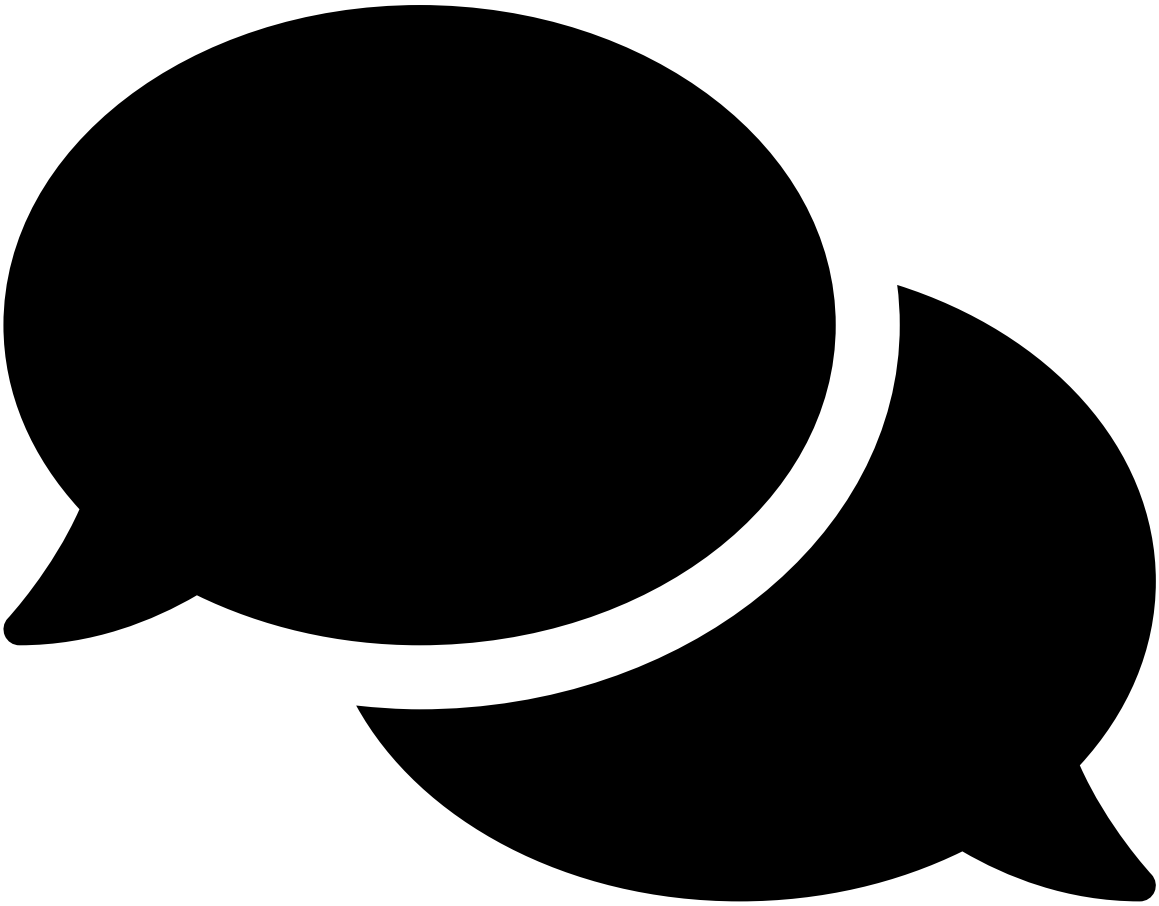
Practical Homeopathy® simplifies choices with tried-and-true protocols. Yet options often remain, as with this remedy for head injury.



[Foot Calluses: When Your Feet Build Their Own Armor]



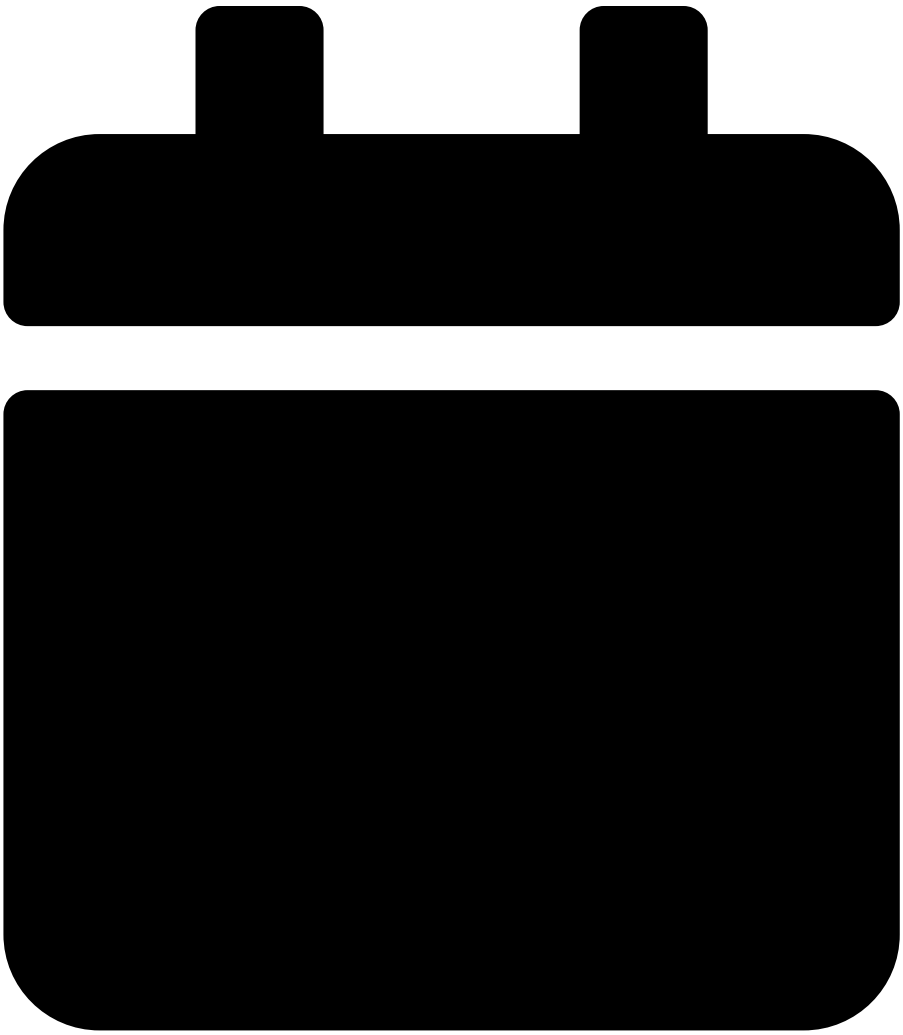
August 9, 2026



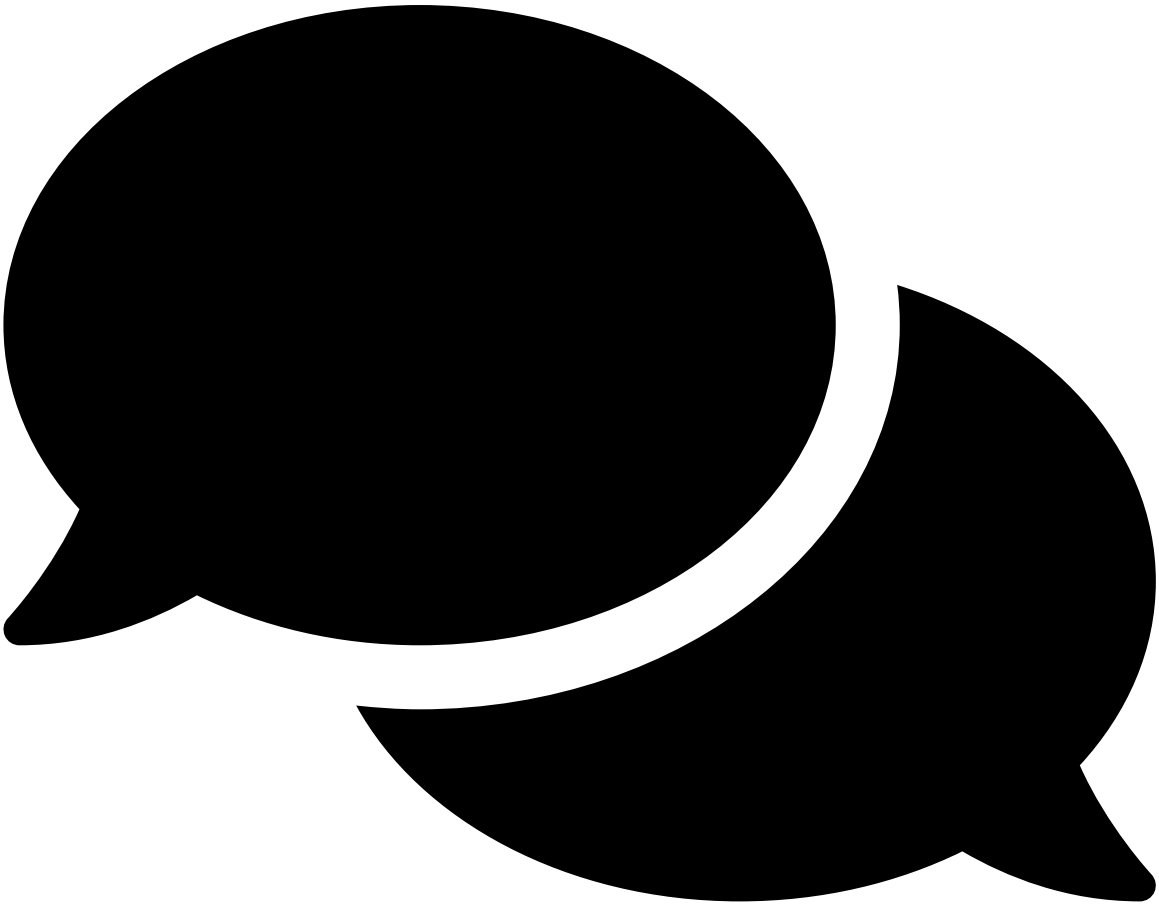
No Comments

Foot calluses can be protective. However, if they’re unsightly or even cracked and painful, homeopathic medicines may be in order.

[A Student’s Success Story: Tick Bite Recovery with Practical Homeopathy®]



July 31, 2026

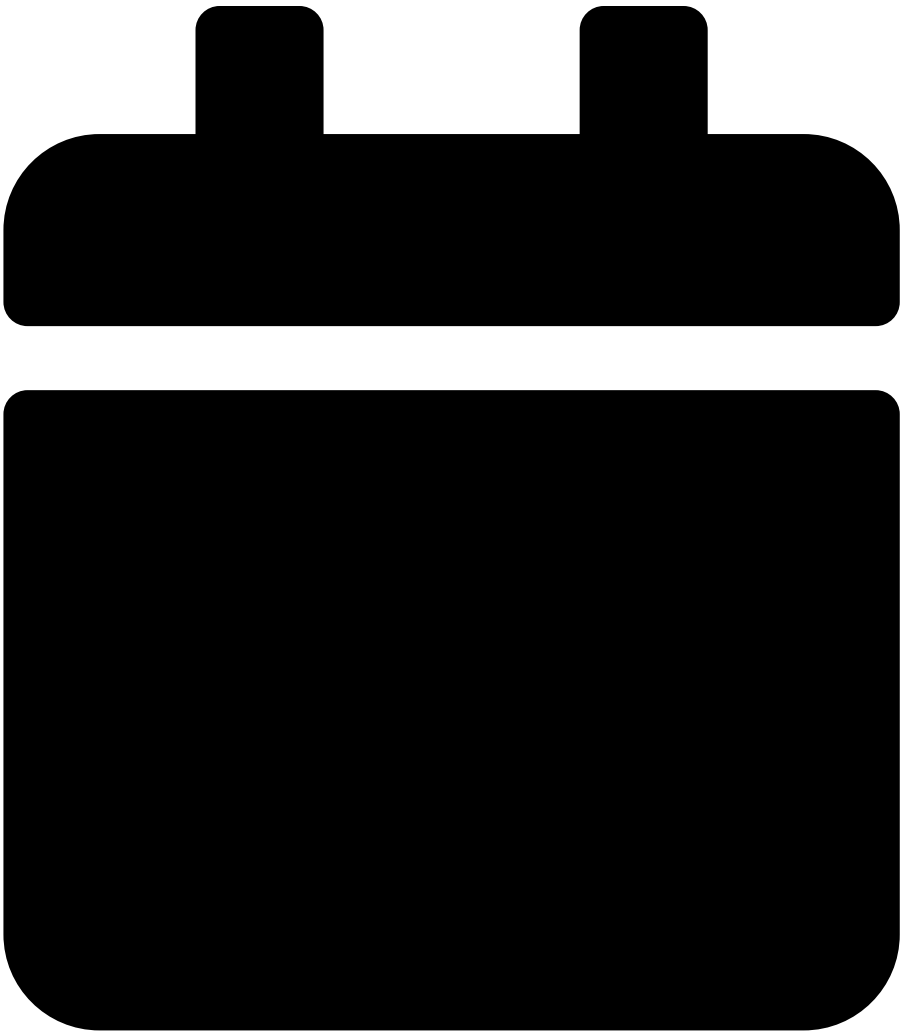


20

Comments

A student – someone just like you – successfully addressed a tick bite with education, support from a friend and her homeopathic medicines.

What Is Practical Homeopathy®? (Part 3)



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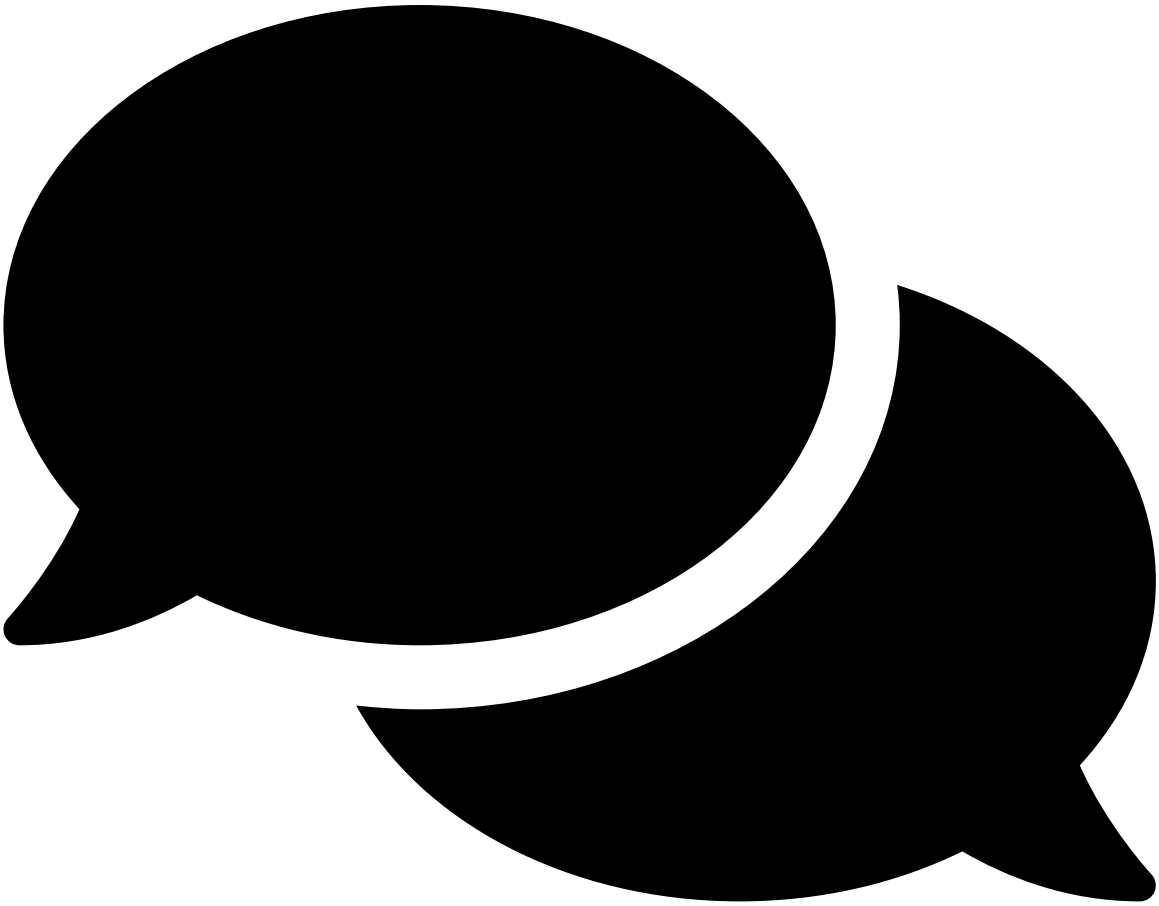
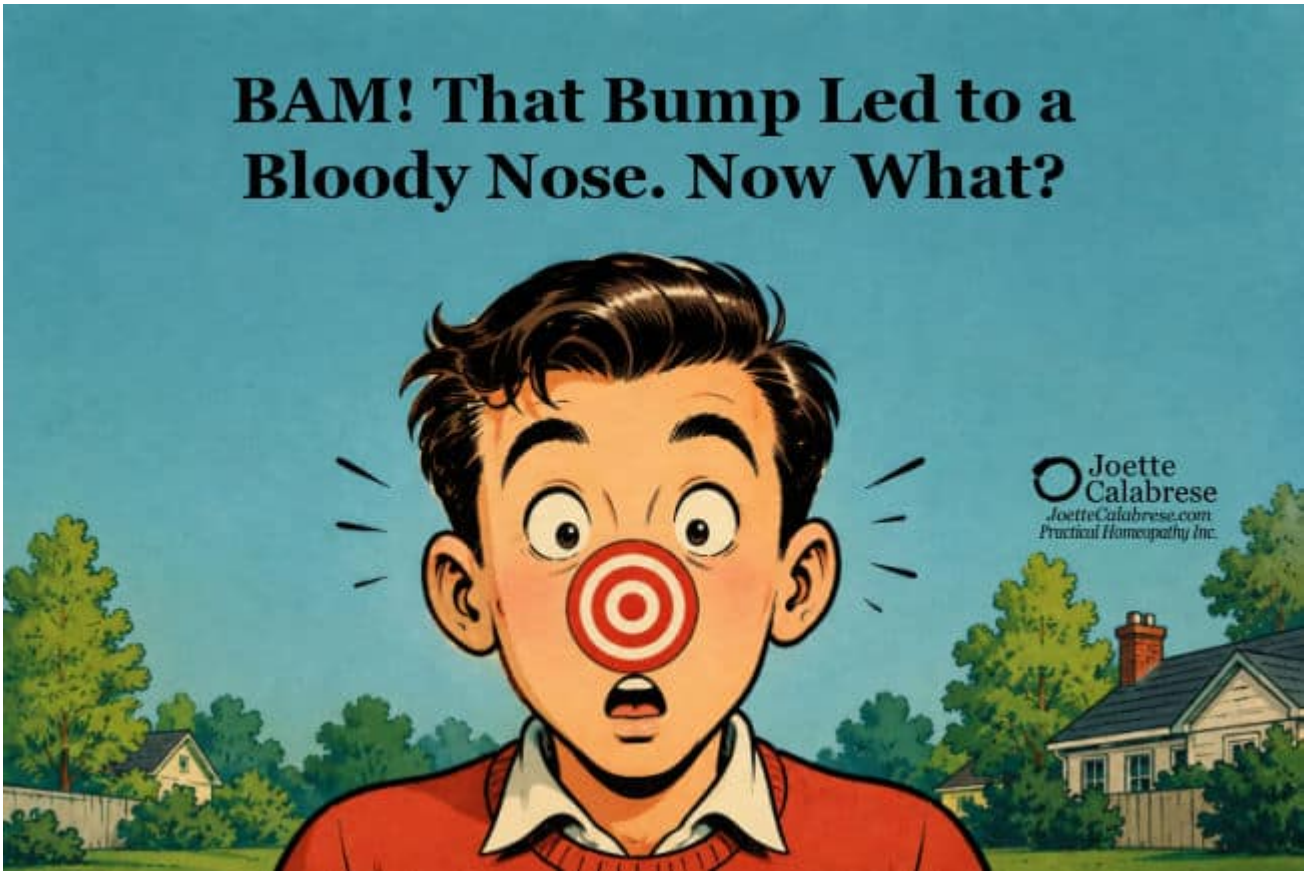


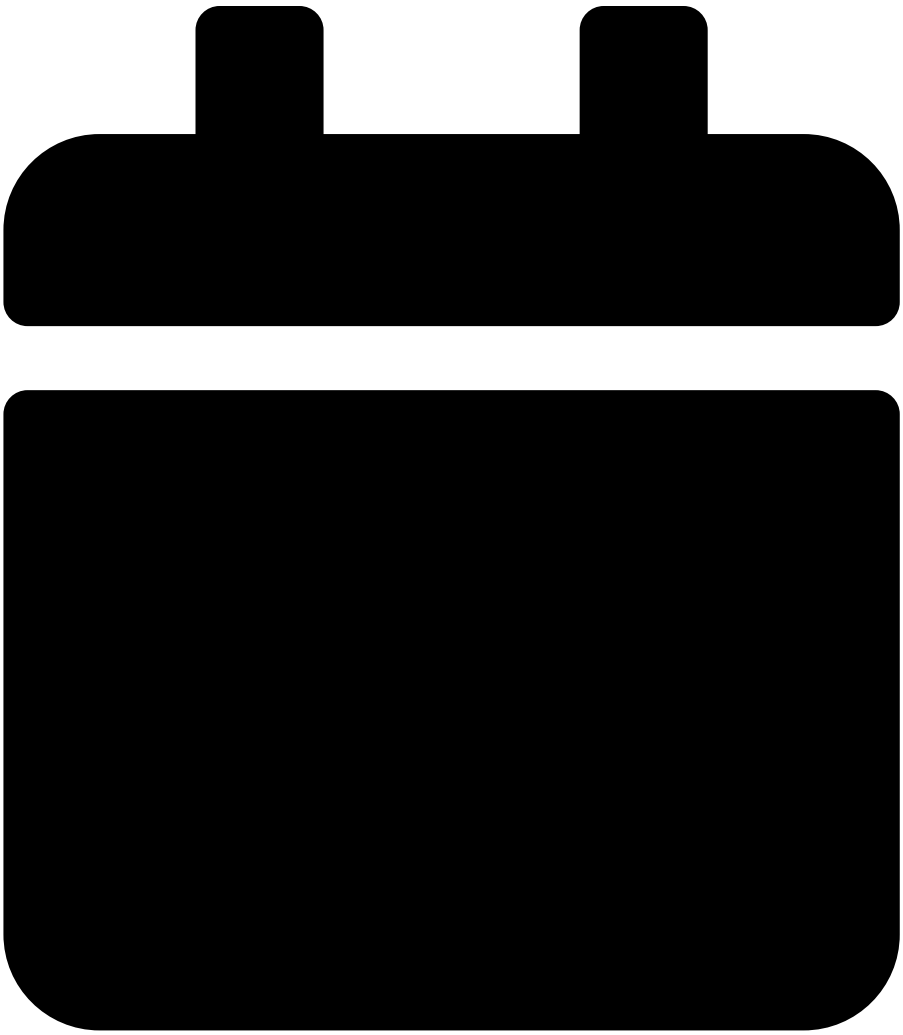
4

Comments

What is Practical Homeopathy®? Why do you, your family, friends, clients or patients need it instead of other homeopathic methodologies?



[BAM! That Bump Led to a Bloody Nose. Now What?]



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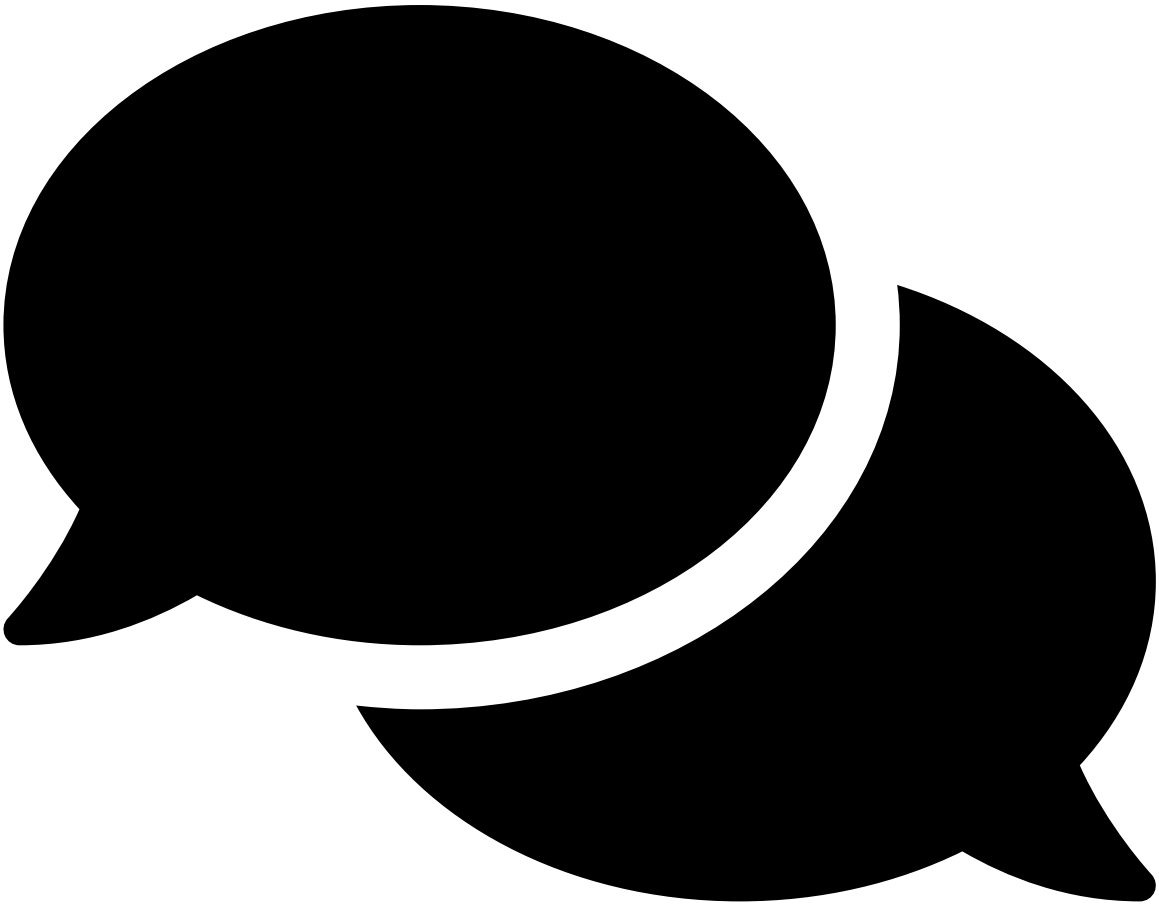
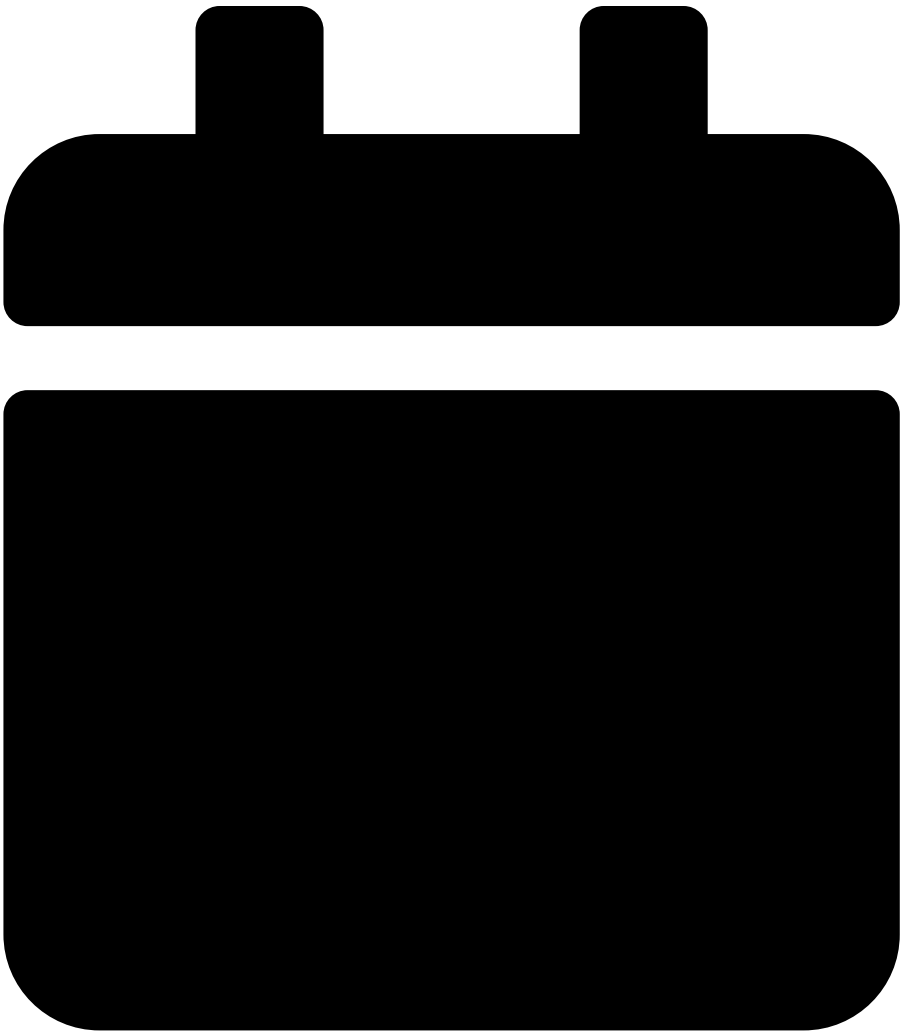


2

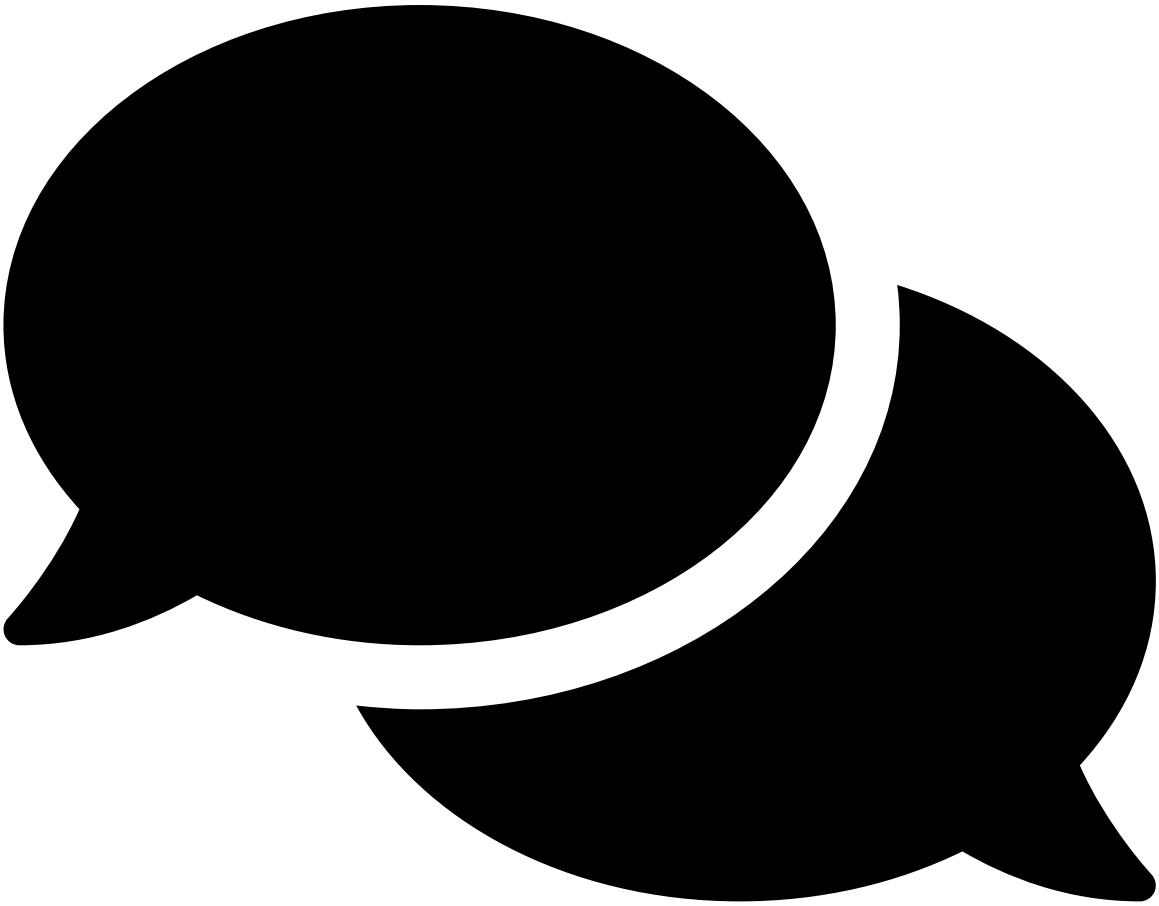
Comments

A bloody nose is an all-too-common injury during summer activities. Let’s discuss the homeopathic medicines to consider for nosebleeds.

[Snow in Summer? A Dry Scalp and Embarrassing Flakes Meet Practical Homeopathy®]



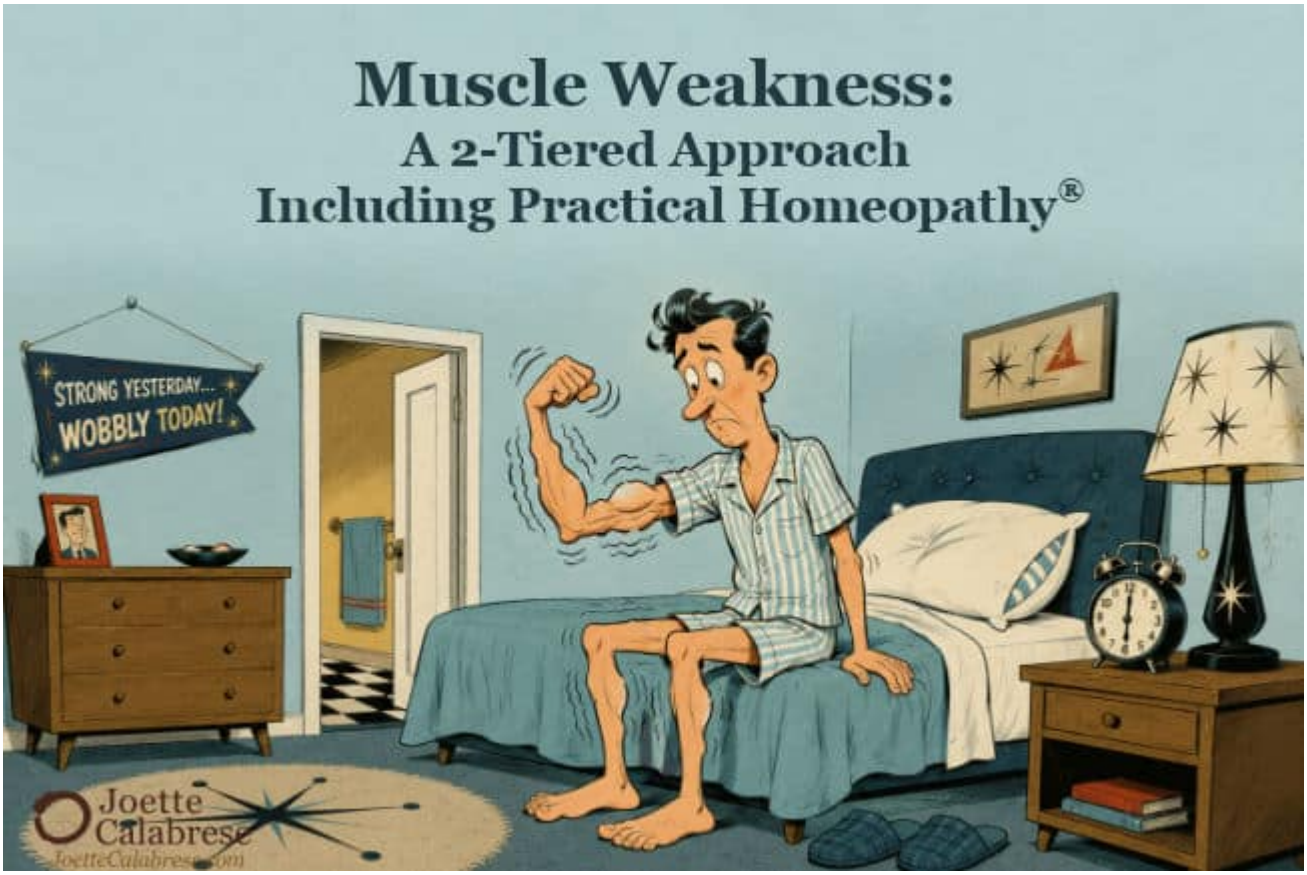
July 12, 2026



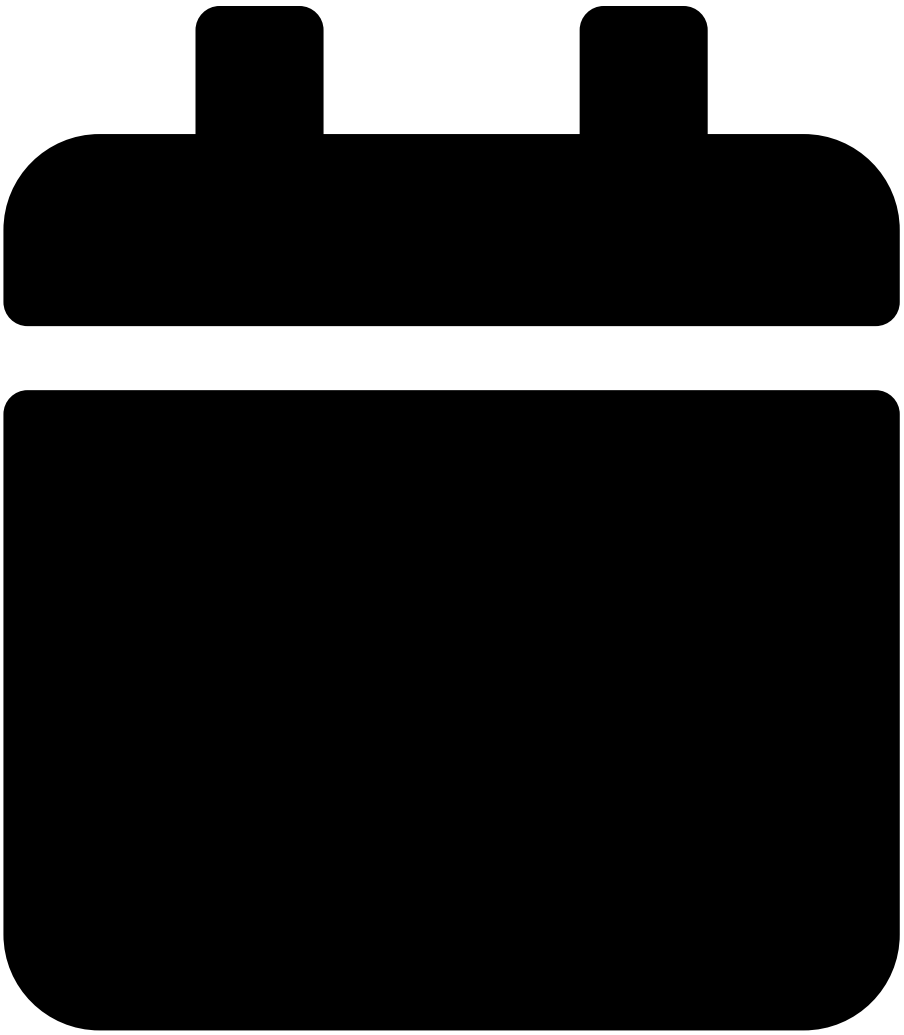
2

Comments

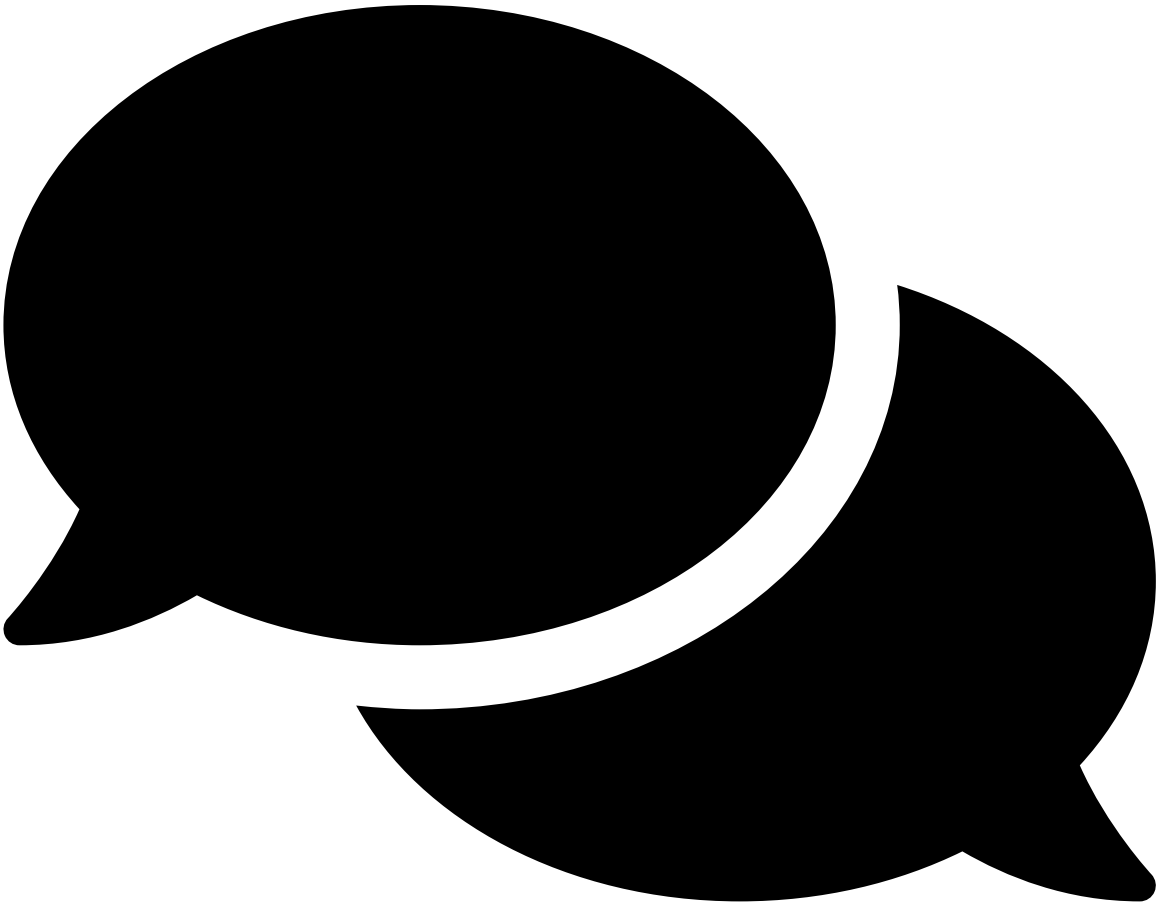
Dry scalp and dandruff can be an unsightly and embarrassing condition. Worry not. Homeopathy, as always, is poised to assist.



[Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®]



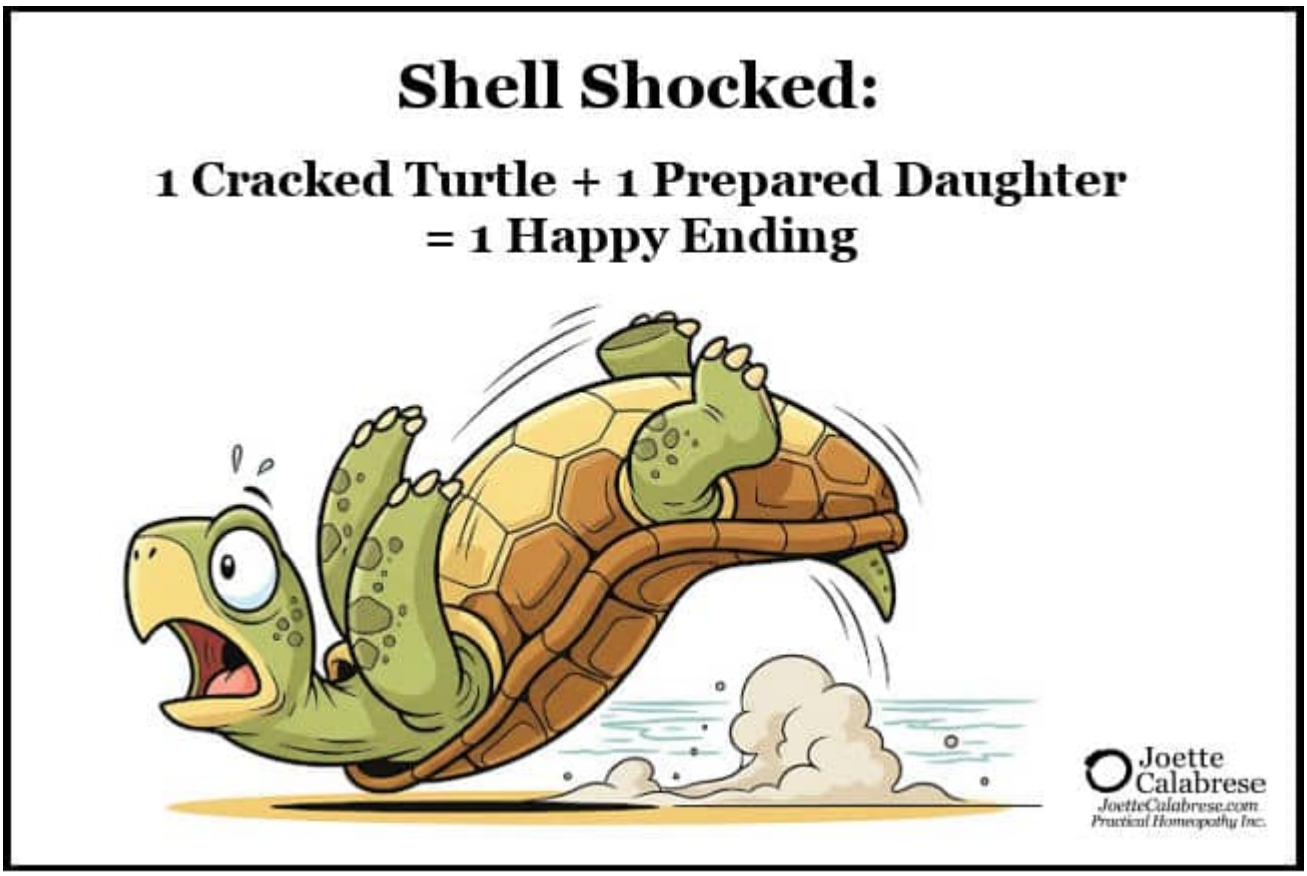
July 5, 2026



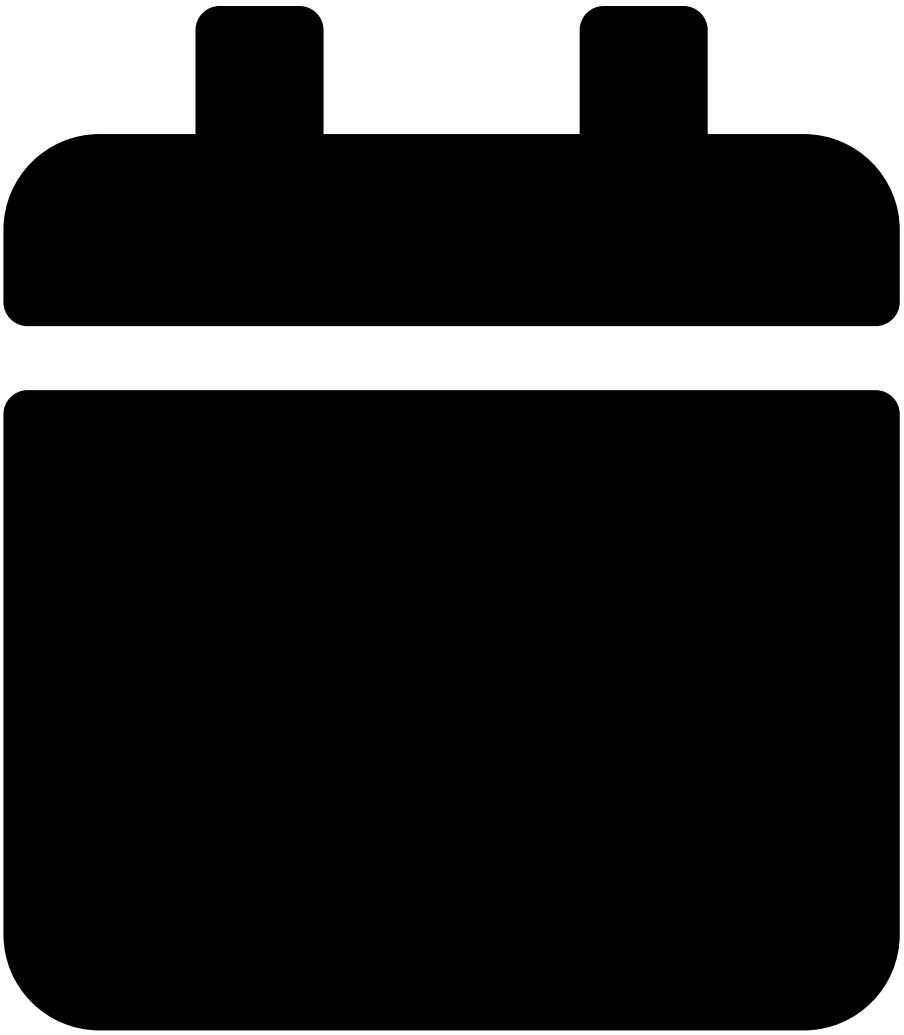
5

Comments

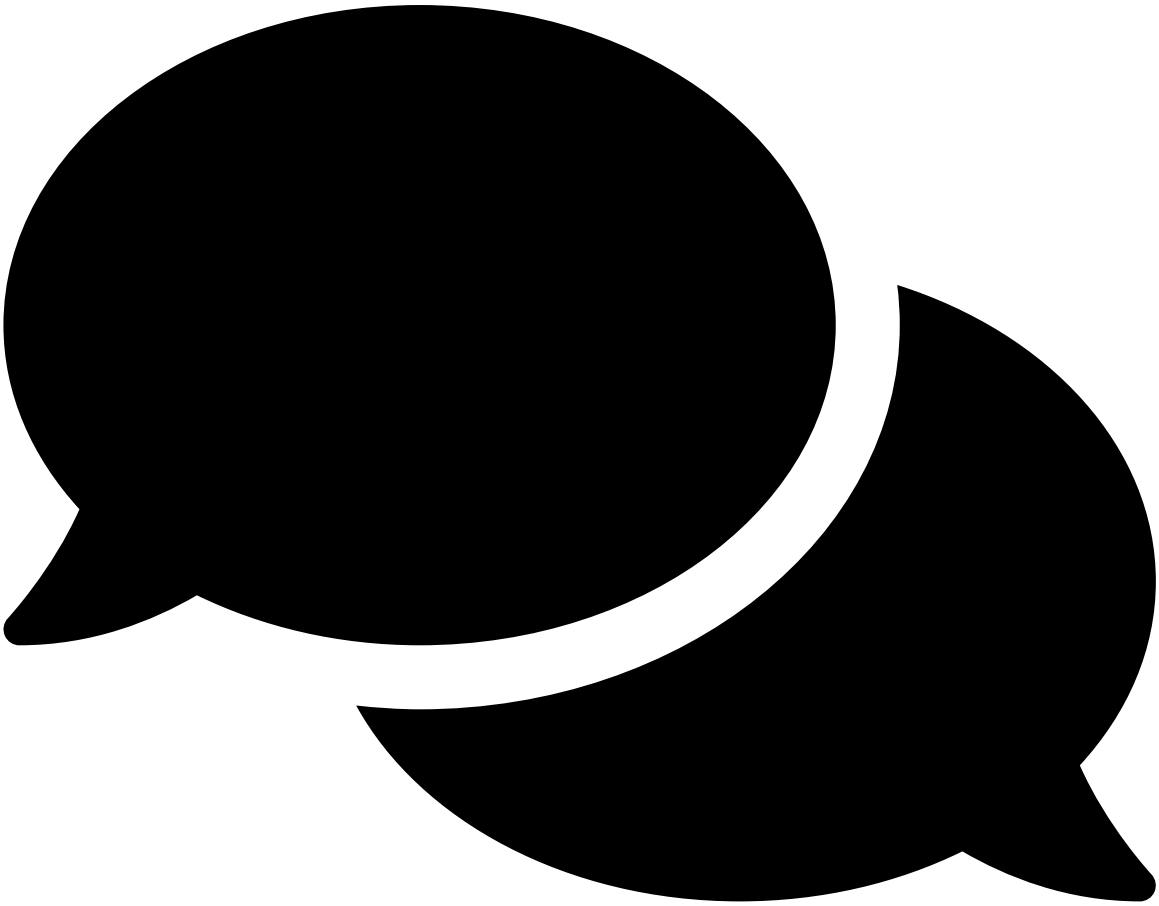
Muscle weakness: While it’s incumbent upon us to do our part to regain our physical strength, homeopathy can help.



[Shell Shocked: 1 Cracked Turtle + 1 Prepared Daughter = 1 Happy Ending]



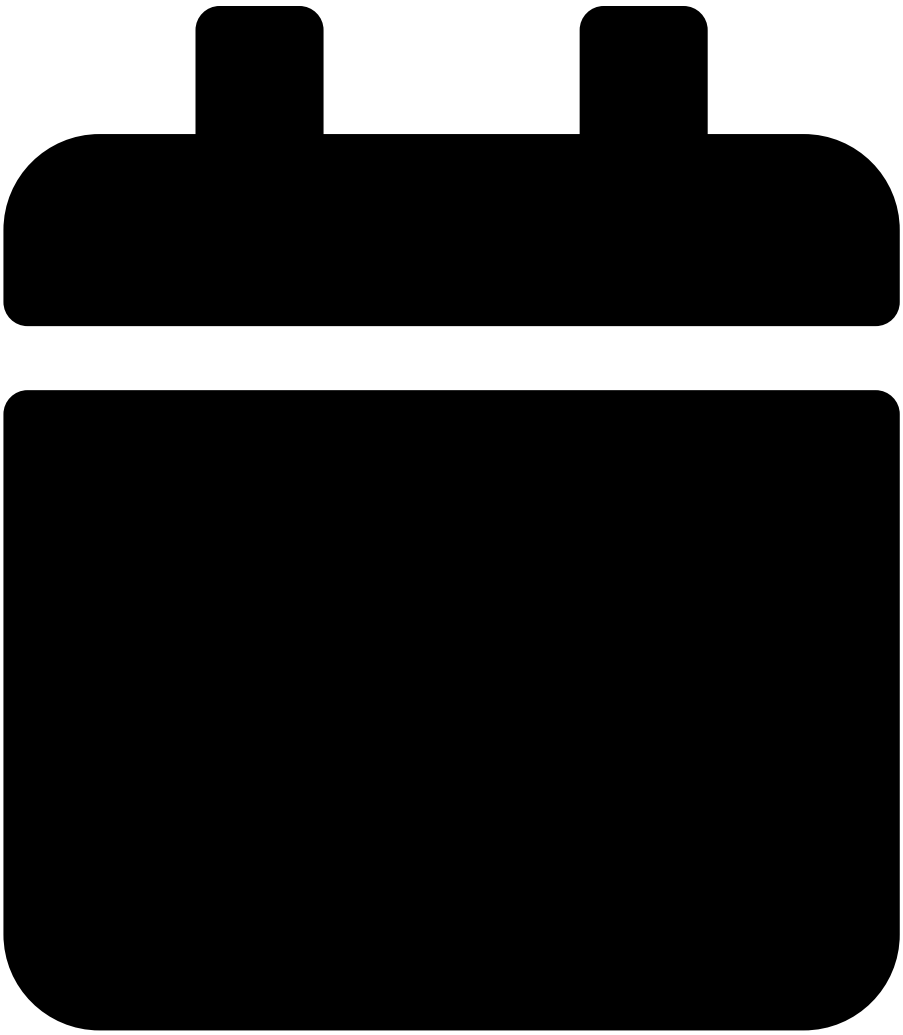
June 28, 2026



Comments

When confronted with an accidental injury, what would you do? Even if the sufferer is a turtle, Practical Homeopathy® works.

4 Homeopathic Remedies for a Happier Father



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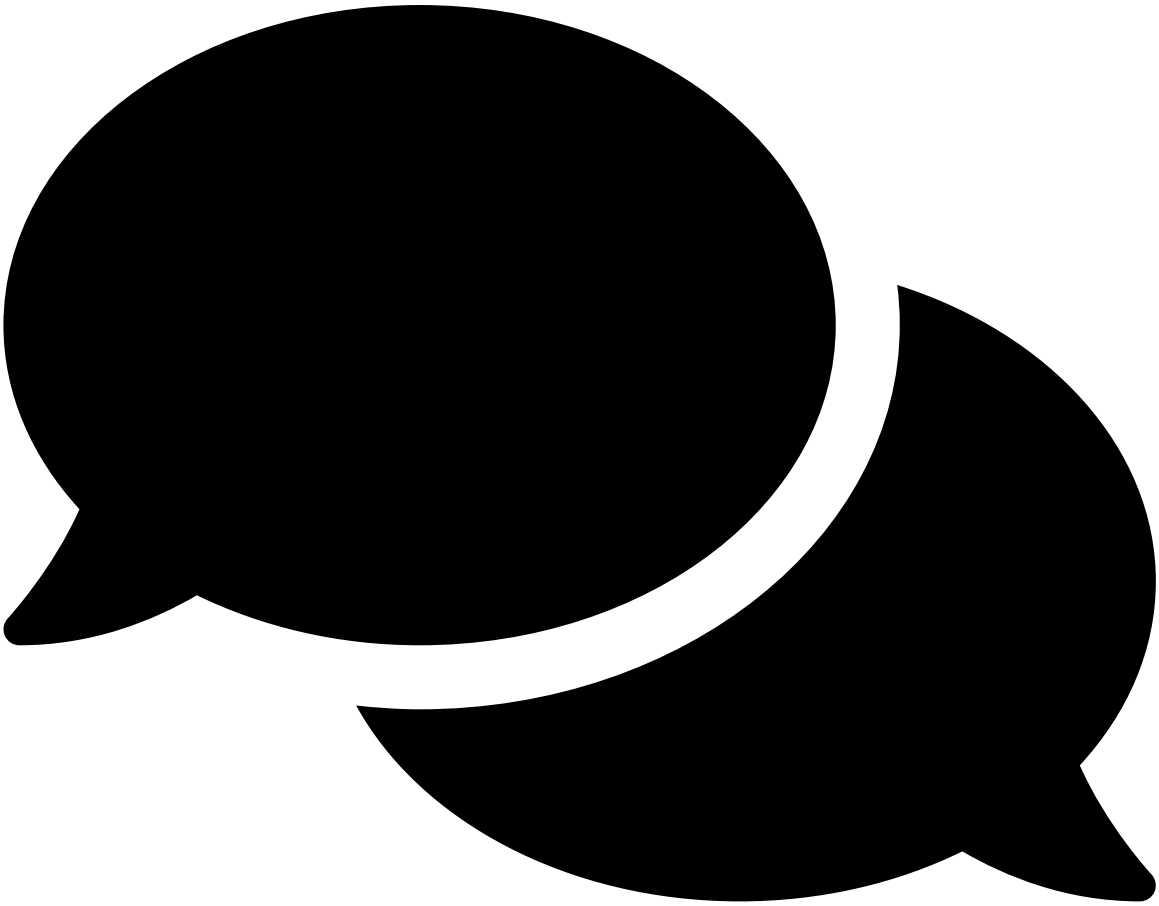
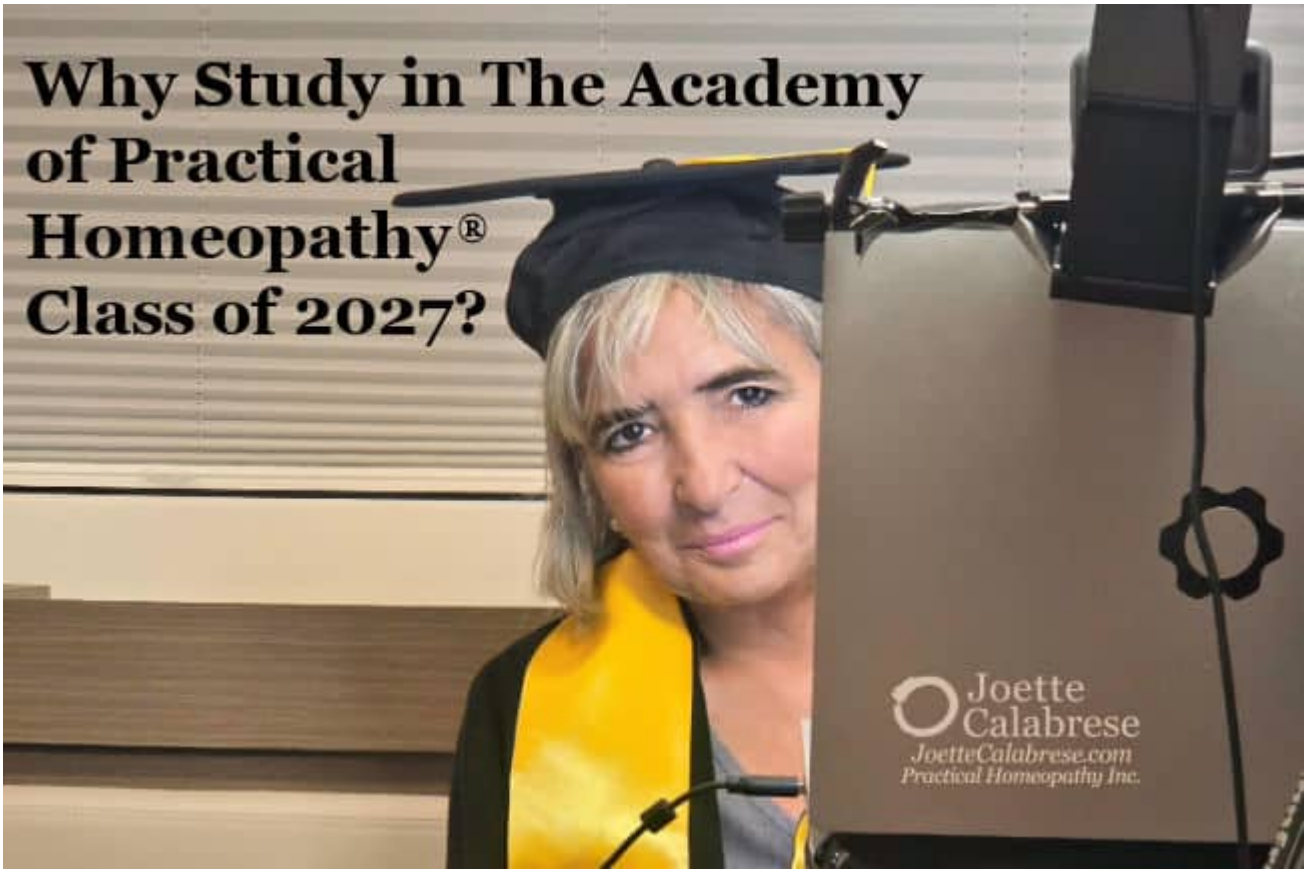


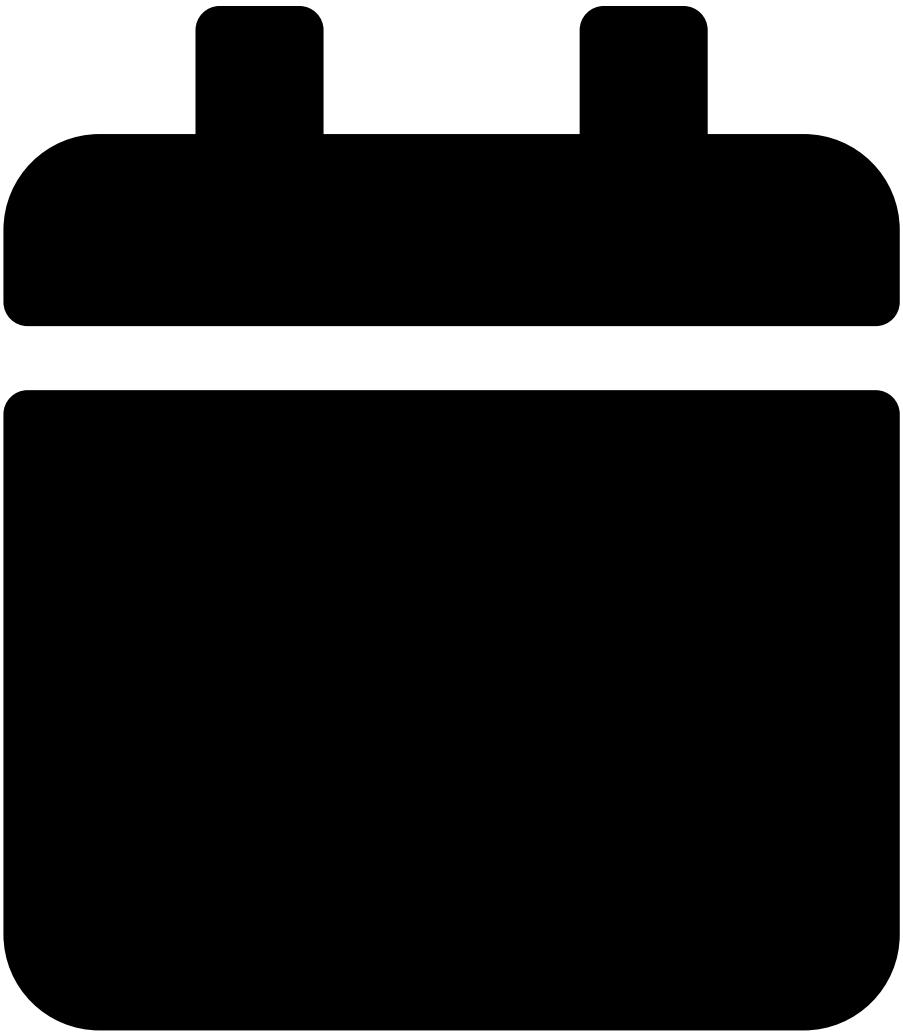
5

Comments

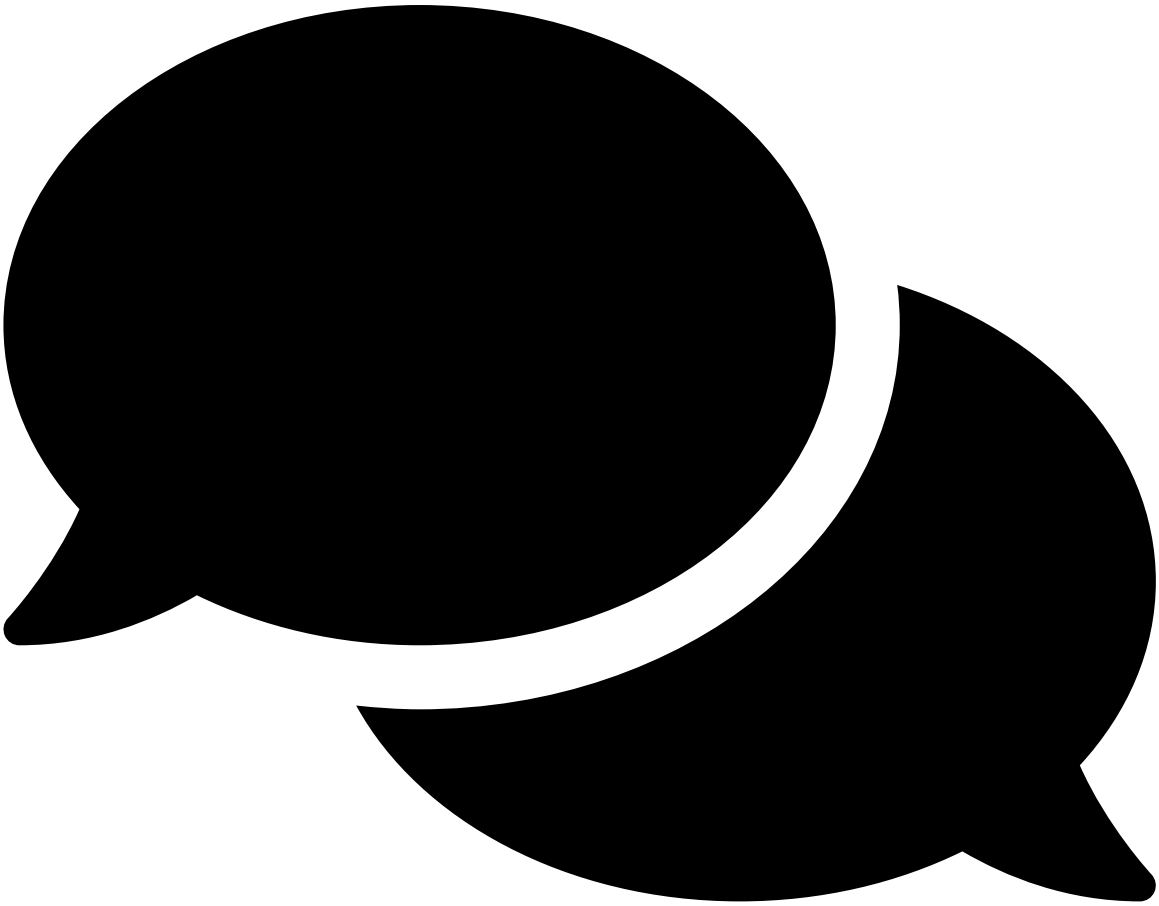
Fathers: Doing so much for your family can take its toll. When unsettling emotions rise, Practical Homeopathy® can help.



Why Study in The Academy of Practical Homeopathy® Class of 2027?



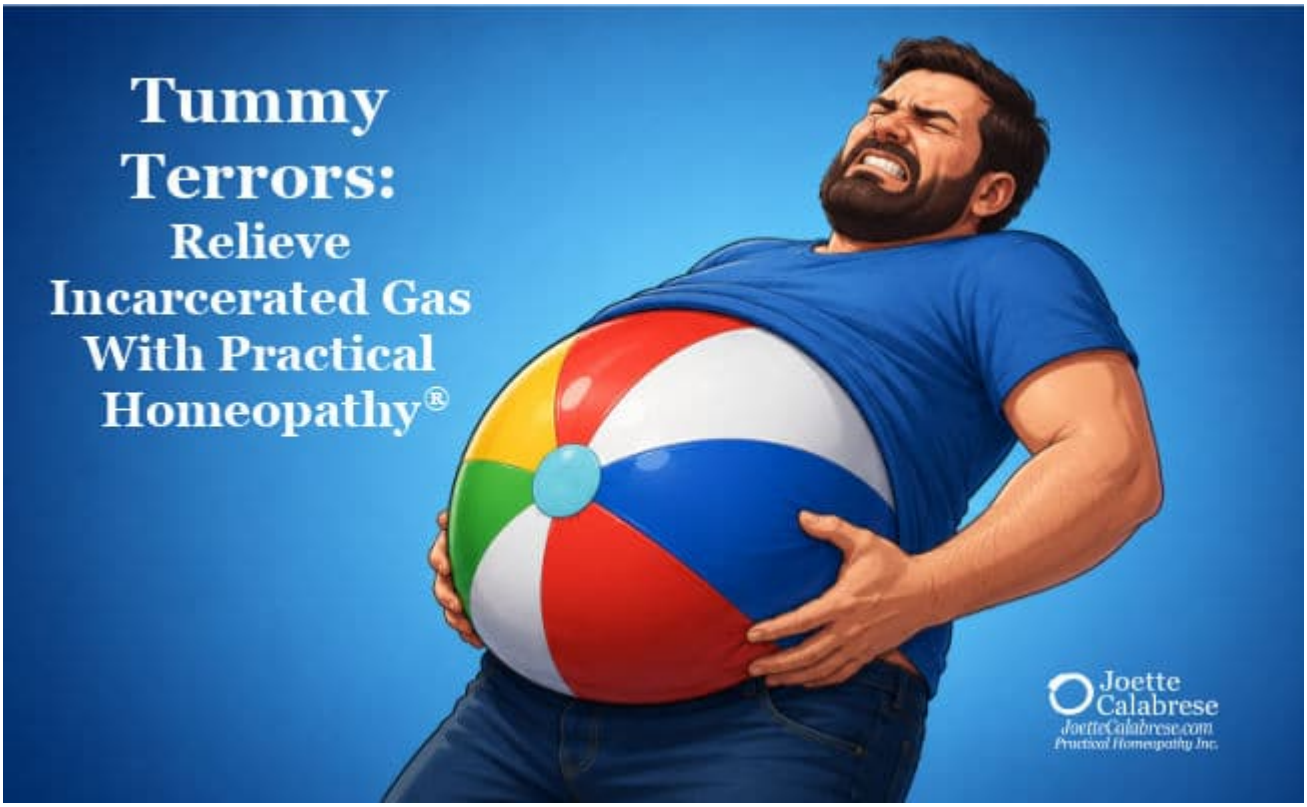
June 14, 2026



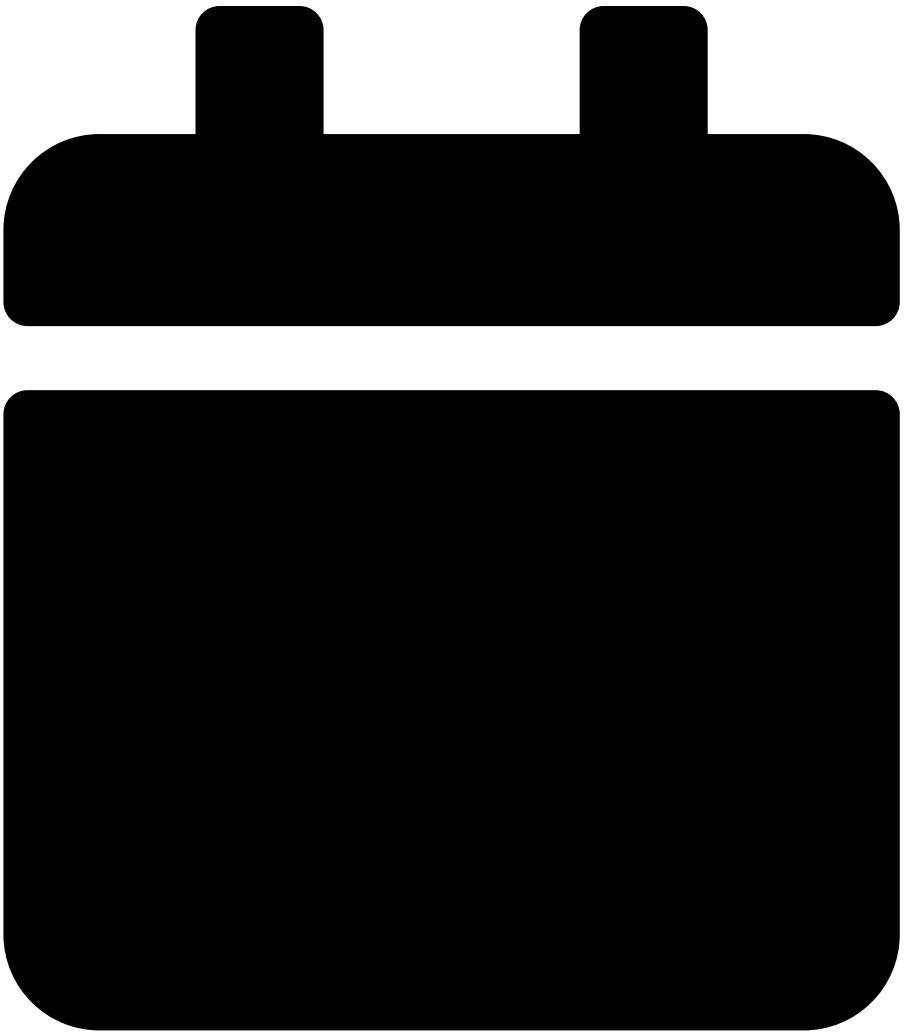
3

Comments

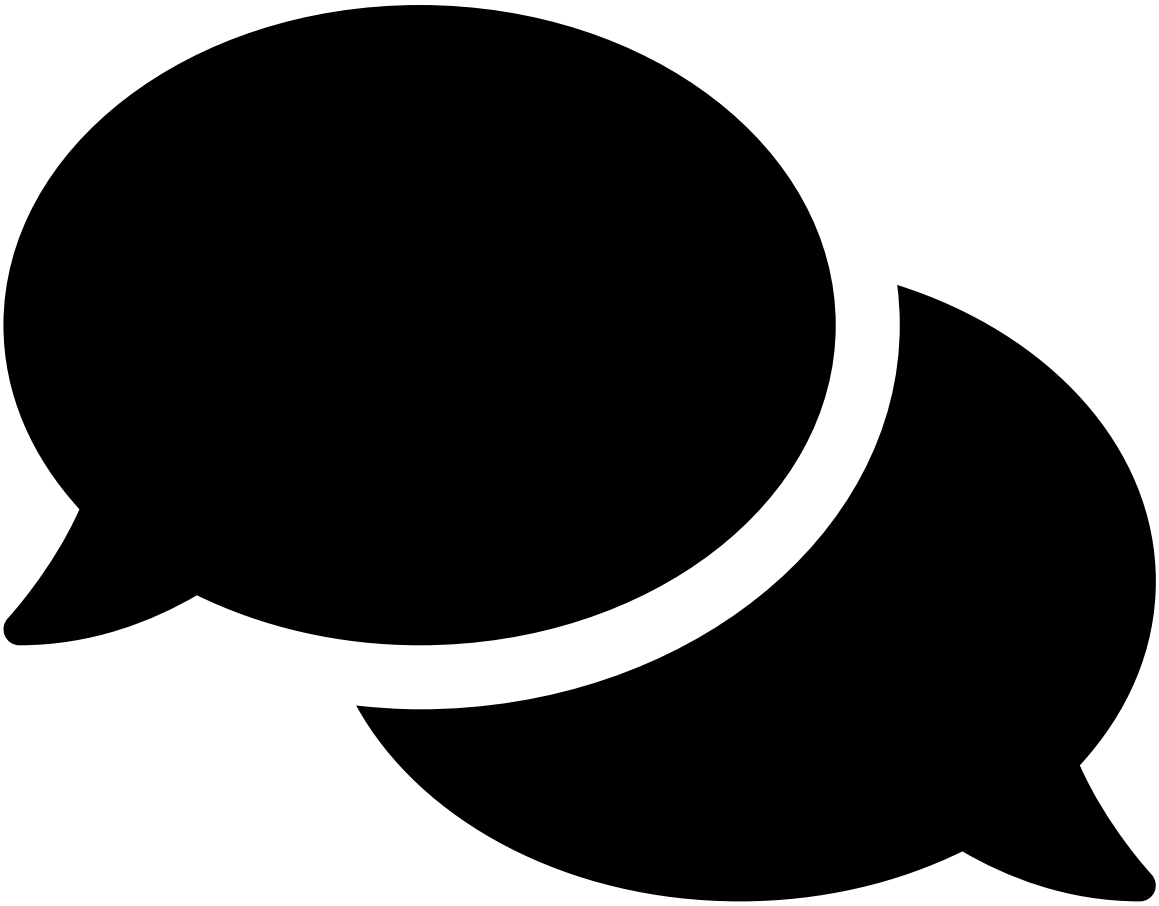
The Academy of Practical Homeopathy® grew from a bold dream into a thriving, established institution with a well-built, time-tested curriculum and hundreds of accomplished graduates. …



Tummy Terrors: Relieve Incarcerated Gas With Practical Homeopathy®



June 7, 2026

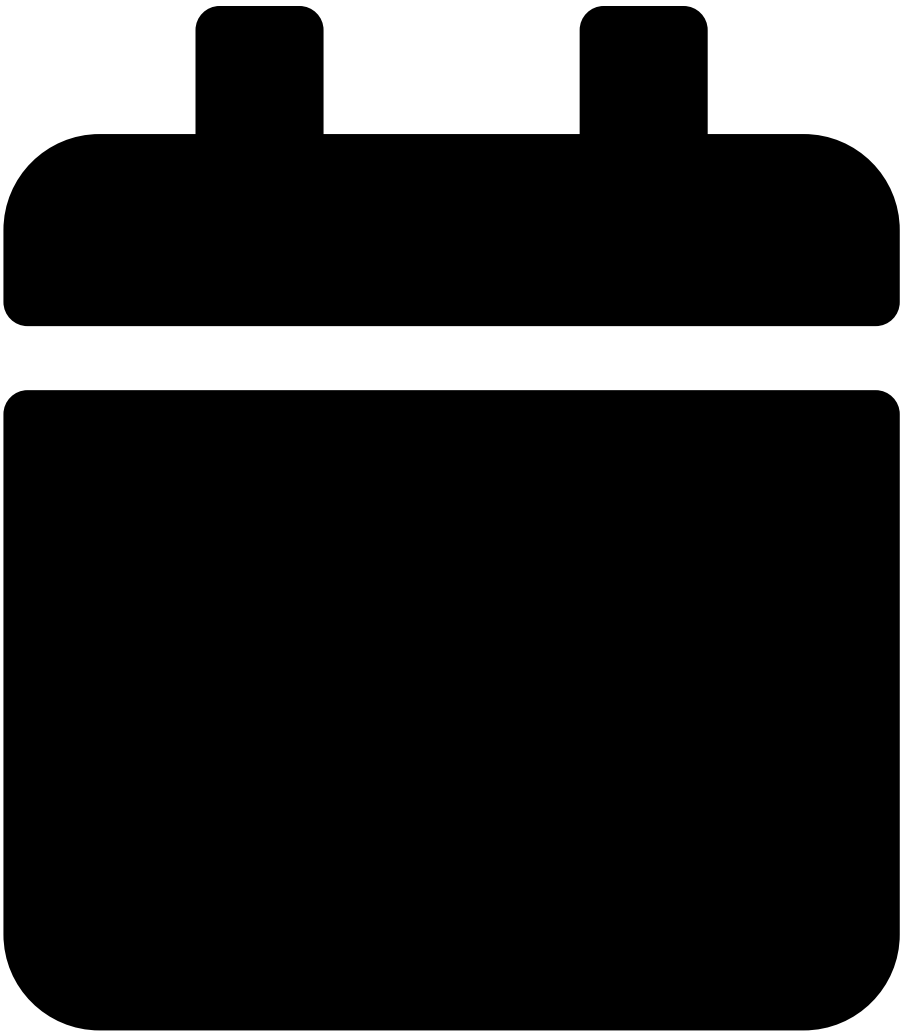


5

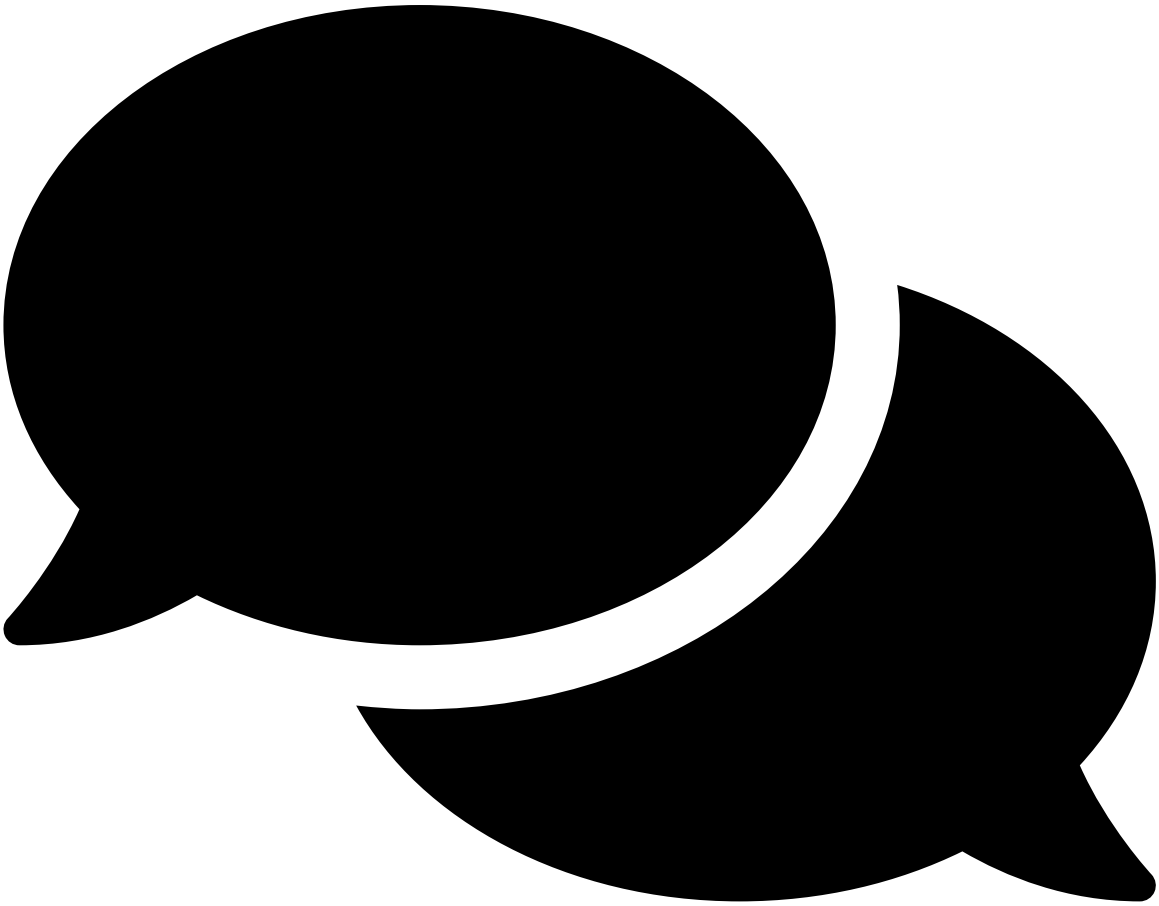
Comments

Gassy tummies are never pleasant, but when the gas won’t pass, it can be quite painful. However, trapped gas is no match for homeopathy.

[Squirrel! A Practical Homeopathy® Success Story of a Little Furry Friend]



May 28, 2026

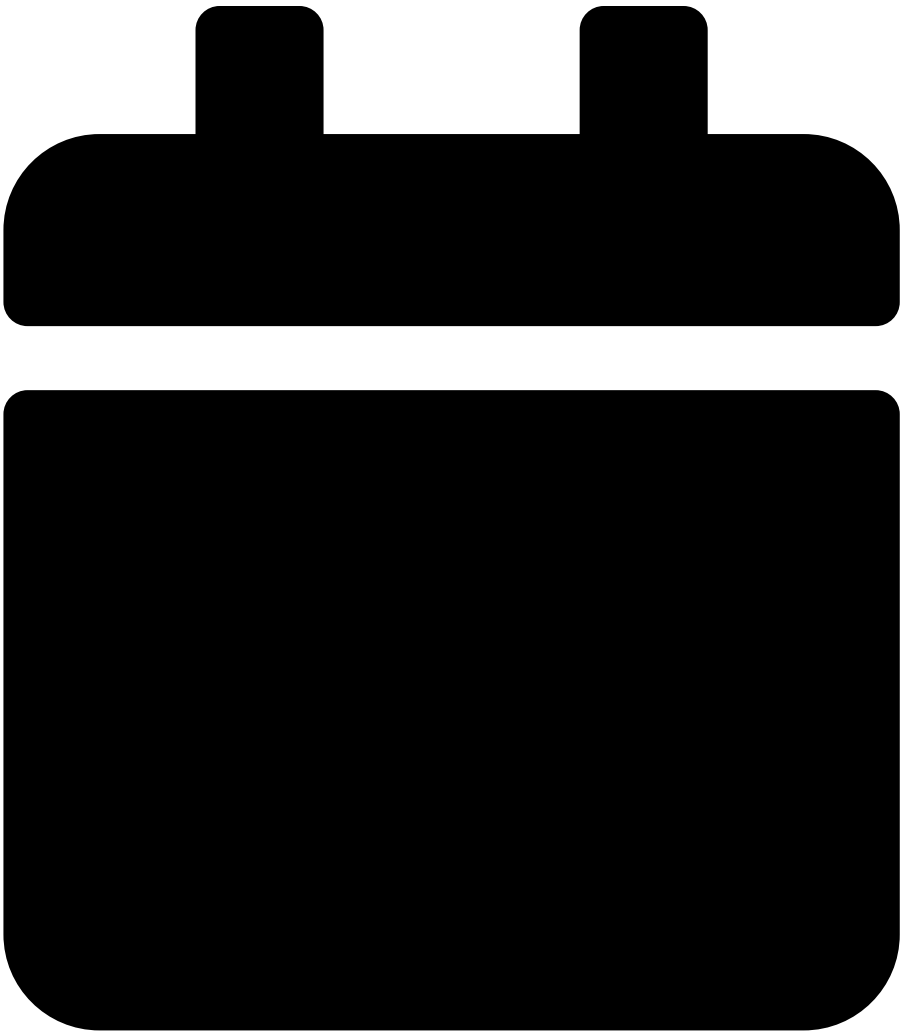


8

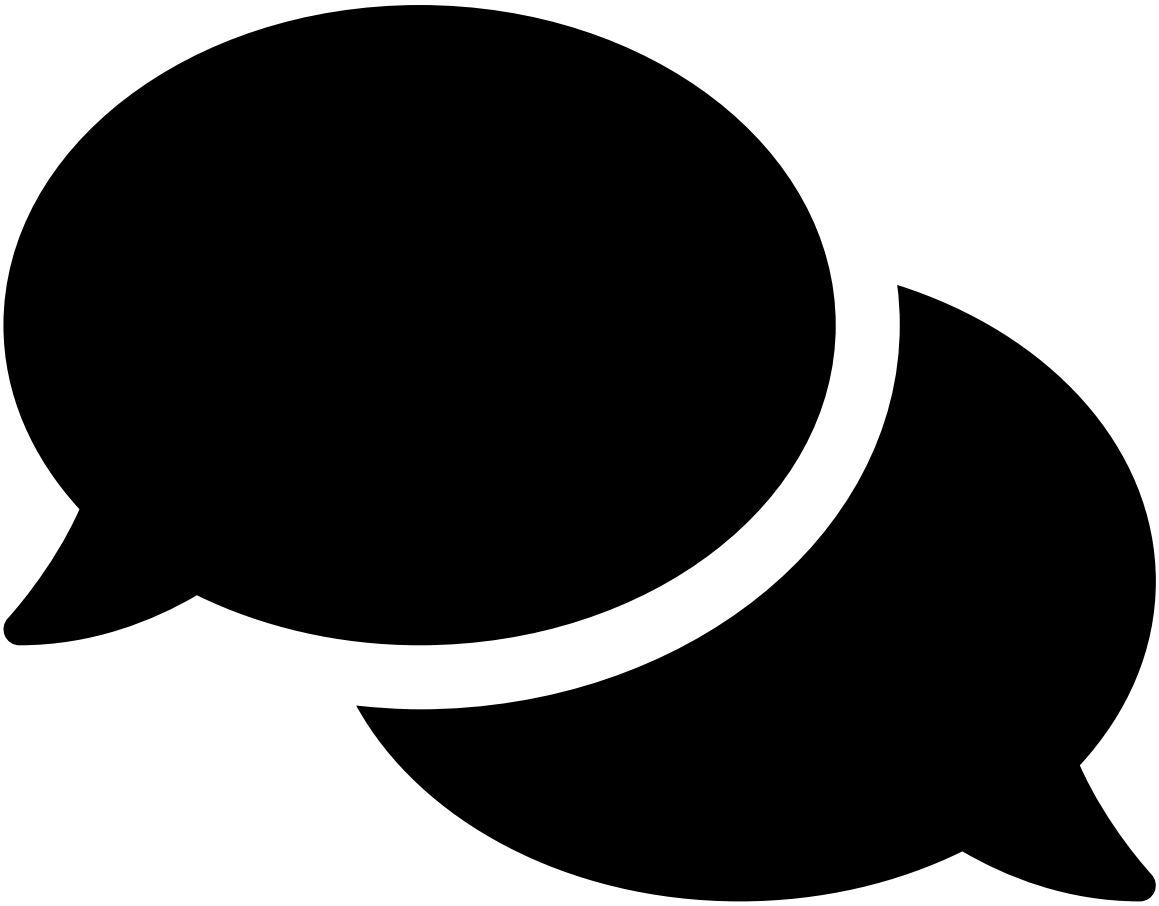
Comments

Imagine using homeopathy to address the suffering of your family, acquaintances and even a squirrel. Homeopathy knows no speciesism.

[The 10th Anniversary of the Gateway to Practical Homeopathy®: Changing Lives One Family at a Time.]



May 17, 2026

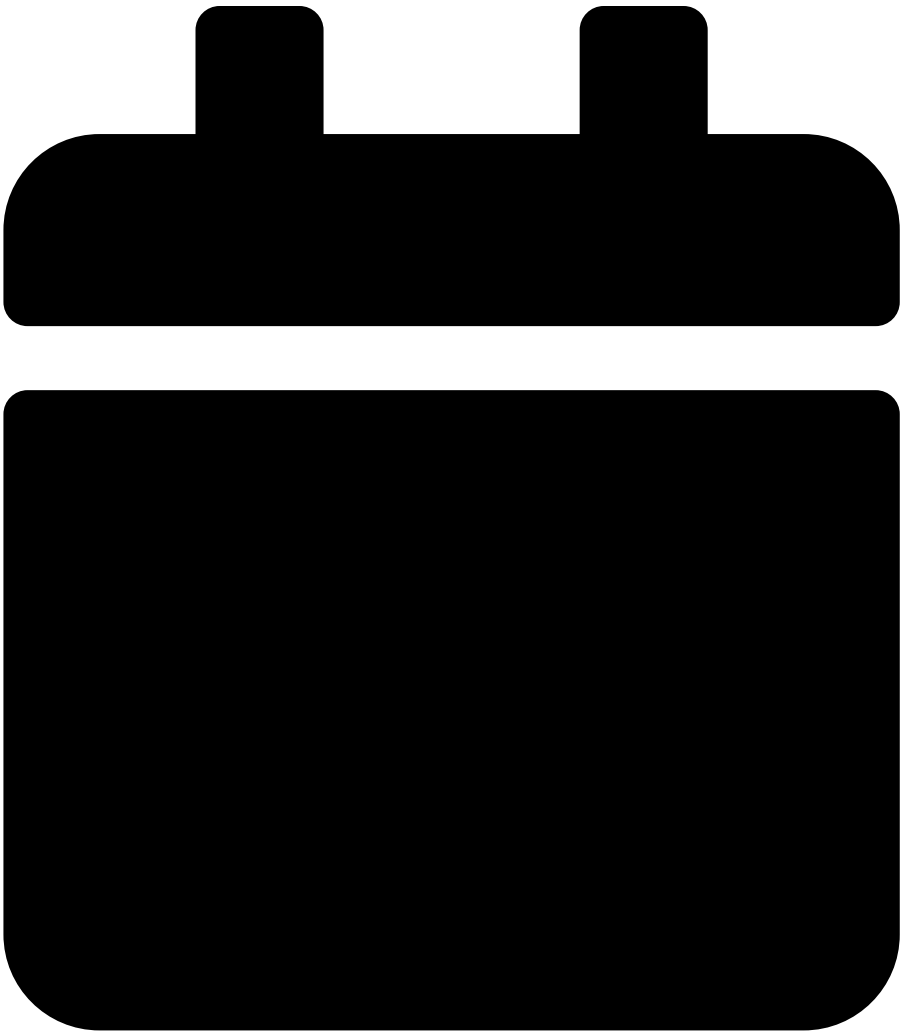


11

Comments

Since I shipped the very first Gateway to Practical Homeopathy® study guide a decade ago, over 20,000 have learned Practical Homeopathy.

[6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit]



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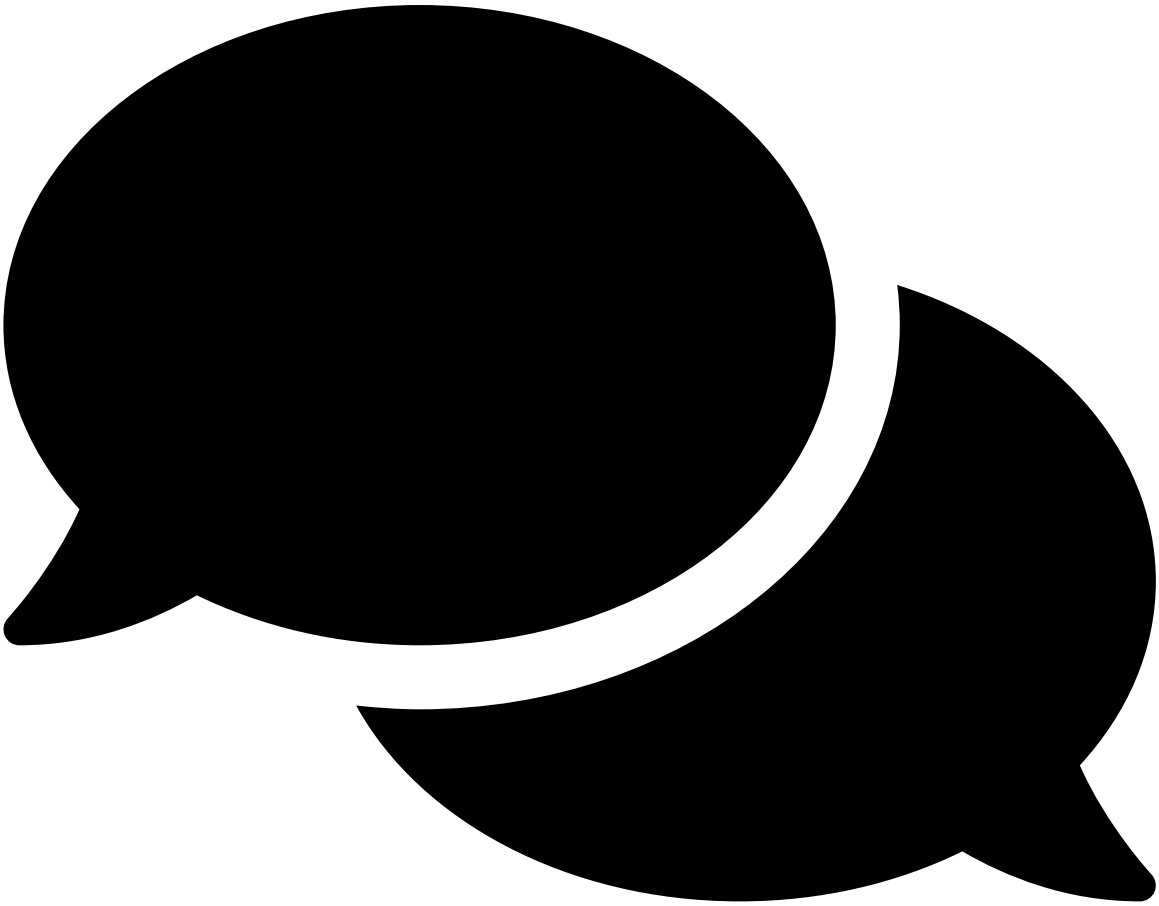

9

Comments

Here’s a Practical Homeopathy® toolkit for an overwhelmed mom. After all, “overwhelmed” is basically our job description.

1
2
3
…
35
Next »