

Outings

Taking needed or potentially useful homeopathic remedies with you on your outings and excursions is a very good idea. Remember, however, not to leave them in a closed vehicle during the hot summer heat. Prolonged high temperatures can damage your remedies, rendering them useless when you need them. Keep them with you or in a place that will ensure that they are safe from the heat.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.