

# Phytolacca and Breast Tissue



Homeopathy works!

I see it work for various conditions every day. And on a regular basis, students share their remarkable victories with me.

I use the term “remarkable” not as in “unbelievable” but rather something worth shouting from the rooftops.

Today, I want to talk about [\*Phytolacca decandra\*](#).

Homeopathic *Phytolacca* is made from the American Pokeweed – a plant considered by most to be toxic.

However, perhaps you remember the Elvis Presley hit, “Polk Salad Annie”? Well, the very same American Pokeweed plant (*Phytolacca*) we are discussing here was the focus of that

song.

(Trivia alert: Generations of rural Southerners have passed down a specific way to cook the young leaves before the plant grows berries, which allows it to be eaten without poisoning the family. And don't ask me why the spelling changed from poke sallet to polk salad– most likely because [colloquial pronunciation altered the spelling.](#))

Remember, substances that may be poisonous or toxic in their gross form, when diluted and succussed into their homeopathic formulas, provide us with some of the most powerful medicines on earth. And that's pretty hard to beat. (See [Ooooh, I Love Toxic Substances! \(When They're So Diluted They Become Medicines\).](#))

So, let me tell you about my student's experience with *Phytolacca*. To protect her privacy, I suppose we'll just call her Annie, like the song.

Annie had breast surgery. Unfortunately, after the surgery, her breast tissue didn't return to normal. Instead, Annie described her breast tissue as “strange” – thickened, hard and puckered – and not at all like her other breast.

Once she cleared that it wasn't cancer, she naturally turned to homeopathy.

Here on my free blog, I've covered several medicines that are highly effective for breast tissue. In [Breast Pain: When Even Hugs Hurt](#), I detailed the use of [Bryonia](#) and [Bellis perennis](#) for breast pain. In [Mammogram Pain](#), I added [Arnica](#) as an alternative medicine for soft tissue trauma.

Those didn't address Annie's specific needs. But she remembered that in homeopathy, there's more than one way to skin a cat. So, in Annie's particular case, [Phytolacca](#) was the best fit.

If you have [A Materia Medica: Practical Homeopathy® for Busy Families](#), you'll find the keynote for *Phytolacca* is glandular conditions because it's primarily a remedy for body aches and glandular inflammations. It's also one of my favorite go-to remedies for mastitis because it uproots the breast tissue issue and addresses the adjacent lymph nodes.

*Phytolacca* is a perfect fit for breast recovery after a trauma such as surgery, injury, or infection.

Mind you, it's not the only one to consider, but it's an important one.

After a couple of weeks of taking [Phytolacca 30](#) twice daily, Annie was gobsmacked! Her "strange" breast tissue became normal again, soft and no longer thickened or puckered. Now, it looked the same as her uninjured breast.

Homeopathy delivered the nudge her body needed to heal the tissue in the abnormal breast.

That's powerful medicine!

This is one of those moments in healthcare when we'd like to use the word "miraculous." But we know homeopathy is not a miracle. No. It's a well-documented, scientific medicine with reproducible results.

Granted, the results are often so complete and astonishing that they may seem miraculous. But, at the very least, they certainly make excellent stories with which to pass on the good news of homeopathy!

Warmly,

Joette

P.S. If you don't yet own a *materia medica*, I encourage you to add one to your toolbox. I wrote [A Materia Medica: Practical Homeopathy® for Busy Families](#) with my students in mind. It features over 150 of the most common homeopathic medicines, with their keynote and a short explanation of the conditions for which the remedy is most often used. Unlike many scholarly *materia medicas*, mine is written in plain English – in my voice. As a result, it's easy to understand, the stories are memorable, and I know you and your family will rely on it as a constant reference.



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