

My Libido? She Was Sent Packing Years Ago – The Homeopathic Fix



“Whatever.”

“I don’t want to.”

“I don’t care.”

Sometimes, we women catch ourselves saying these things more and more often.

It may seem like a big part of us is missing.

When our hormones go awry, our whole personality and outlook can change.

We experience increased emotional PMS, irritability or

vaginal dryness. Sometimes those around us notice our “nesting” instincts diminishing, as evidenced by our lack of interest in our family, in housekeeping, in cooking or in caring for our children.

Even worse, we sadly lose interest in our husbands. It’s as though our libido packed up and left the building!

Of course, all of us have our individual levels of enthusiasm towards our “wifely duties,” so a mild enthusiasm is not necessarily a pathology. But, if we have a strong aversion to the activities associated with being a woman or if we lose the feelings of enjoyment we used to have for them – then it is reasonable to suspect hormonal imbalance.

Life-in-general can disrupt our hormones – as can having a child or taking bioidentical hormones. (By the way, keep in mind “bioidentical” is really only a marketing term. It does *not* mean the product is natural.)

But, I have found one of the most prevalent hormone disruptors in our society is birth control pills. Women don’t take this medication for a few weeks, and then they’re done.

No. In general, when a woman goes on the pill, she is on it for *years, even decades!*

Imagine the confusion years of synthetic hormones cause our bodies – not only in our reproductive systems but the overall endocrine system. Our hormone balances are intricate. Tinkering with them without care for what they may actually cause is at best sloppy science but more importantly, can cause a future of health and even behavioral fallout.

In fact, some have referred to the birth control pill as the “divorce pill,” because of the increased divorce rates in women who have taken the pill. Google it.

It's fascinating – and distressing.

As a woman approaches menopause, prior hormonal tampering can cause her to lose interest in a wonderful man she has loved for years. (In fact, I wrote about this very situation in a [previous blog](#).)

Or worse yet, the birth control pill may cause women to choose the wrong mate in the first place! Scientific American featured an eye-opening [article about the subject](#). Or, perhaps I should say “nose-opening” because birth control pills alter our sense of *smell*.

Believe it or not, smell is a major subconscious influence in our choice of mate. Synthetic hormones manipulate the naturally occurring senses in a woman's body – changing her and changing her preferences. When she stops taking the synthetic hormone, she returns to “herself” and wonders how she ended up with *that* guy.

Shocking, right?

Well, what do we do if we suspect our hormones have changed naturally or have been artificially manipulated? Generally, a good starting point is [Sepia 200](#), twice weekly until hormonal instincts return to normal.

Now, don't get me wrong, there's more to it than just this. The subject is complex, which is why I present an entire course on women's issues: [Feminopathy](#). There, I teach that when approaching this concern homeopathically, *Sepia 200* is the first thought that should come to one's mind when dealing with such hormonal conditions.

Indeed, *Sepia* has a reputation for being able to bring a woman to herself again. That is, it can restore the imbalances the endocrine system has undergone. It helps right the wrongs of synthetic hormones. It is used for low libido, vaginal pain, vaginal dryness and most astounding of

all, brings a woman, not to her 20-year-old self, but *her* version of balance.

I have seen *Sepia* 200 reestablish an interest in the family that has been lost.

I've witnessed its ability to give a woman a lilt in her step when dealing with her household duties.

I've noted time and again that it melts away irritability and fatigue that burdens women, interestingly at around 4 PM.

It does this over a period of weeks or months, sometimes many, but when the problem is clearly "a *Sepia* problem," it acts in a way that can be demonstrably life-changing not just for the woman, but her husband and children as well.

None of us need to live our lives without the joy of taking care of our homes and family. And, we certainly do not need to live without the joy of a loving relationship with our husbands. If it seems our libidos have been sent packing, let's bring them back home!

You may be asking, "Joette, why are you writing about this particular subject today? It's Father's Day!"

EXACTLY! I think there is no better present a husband could receive than enjoying his wife's enthusiasm again. Don't you agree?

So, to all you Dads with Audacity – Happy Father's Day!
(With a little wink from me.)



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