

Homeopathy Is Not a Placebo: Ask My Oak Tree



If a tree falls in the forest and no one is around to hear it, is there a chance it's been crying out for homeopathy?

Ask my oak tree.

One of the most consistent arguments against homeopathy is that there is so little of the original gross substance remaining in the diluted and potentized medicine that it must be functioning as a simple placebo.

Okay, here's a question for those naysayers: If homeopathy is merely a placebo, then why does homeopathy act on plants that are incapable of expectation bias?

Again, let's ask my oak tree.

Now, lest you think I've gone 'round the bend, I realize that trees can't talk. Luckily, a photo is worth a thousand words.

Homeopathy for Plants

Six years ago, we bought a cottage with a beautiful old oak tree in the yard. Our neighbors said the tree was at least 120 years old, according to their parents and grandparents. So, this old oak was a sturdy, resilient tree that had most assuredly been around to witness a thing or two.

However, as you can see from this "before" photo, it was suffering.



I was never quite sure what caused the tree to decline, although consensus seems to point to the next-door neighbors' installation of a pool. Of course, I'm not an arborist, but judging from the tree's canopy, the digging and/or leaching chemicals in the gunite or shotcrete probably distressed its roots. And it had been showing signs of distress for years before we moved to there.

No matter the cause, I knew the tree had been crying out for homeopathy, and I think I heard it.

I looked at the circumstances as a vascular injury to the tree. Consequently, I utilized [*Arnica montana* 3C](#) (one of our leading homeopathic medicines for heart and vascular issues).

I also called upon [*Hyland's Bioplasma*®](#), a combination remedy comprising all 12 of the cell salts vital to overall wellness. (I'll talk more about Bioplasma in an upcoming blog post.)

If I didn't have Bioplasma, I would add [*Silicea*](#) to the tree's water. *Silicea* is one of the 12 cell salts and is known for addressing a lack of hardness.

Method for Providing Homeopathy for Plants

How did I administer the medicines to the tree? I simply dissolved a couple of doses of each in a large pitcher of water and poured the medicine around the base every week for about four months. I've kept up with this regimen every summer and fall for the last six years.

If homeopathy were a placebo, my oak tree might have continued to fail until it died. However, over time, it began to thrive once again. I took the following photograph six years after the first photo – almost to the day. What a difference!



This example also serves as an excellent analogy for how homeopathy addresses chronic conditions in humans.

This was a 120-year-old tree that had been in decline for some time before I came along and heard its cries for help. We can compare that to an adult who has experienced a chronic condition – say, allergies – for many years. The sufferer may say, “I started using homeopathy six weeks ago; why have my allergies not been eliminated quickly?”

While a well-chosen homeopathic medicine employed as an SOS for an acute condition may surprise us with how quickly it can act, it takes time to see a shift in a chronic condition. Chronic conditions don’t appear in a day and likely won’t resolve in a day.

Like my tree, it often takes time to halt the momentum of decline and then make the complete 180° turn to robust health. But it does happen. I see results every day in the feedback I receive from clients and students.

And you can see the results with your own eyes in my tree. The difference before and after homeopathy is gobsmaacking, isn’t it?

My dear friends, I assure you, I did not explain to my tree that it was receiving homeopathy in its water. I did not offer it any blog posts or read to it from the *materia medica*. My tree was not swayed by my confidence or influenced by faith that this medicine could work. As much as I love that tree, it's not much of a deep thinker or conversationalist.

However, homeopathy acted just the same – without any medication prejudice from the placebo effect.

Homeopathy Is Not a Placebo

If my oak tree's experience is insufficient to convince the naysayers, there's more. Once again, I offer this fascinating explanation of a scientific experiment conducted on duckweed plants from the Homeopathy Research Institute. It's hard to cry "placebo" after viewing the short video ["Using Duckweed to Investigate the Effectiveness of Homeopathy."](#)

Pass on the good news of Practical Homeopathy®!

Warmly,

A handwritten signature in black ink, appearing to read "Jette". The signature is fluid and cursive, with a large loop at the bottom.

P.S. A [Gateway to Practical Homeopathy®](#) study group is the perfect way to learn more about homeopathy. Gather up some friends and start a group yourself. Or join a study group led by one of my experienced Ambassadors. As students and graduates of [The Academy of Practical Homeopathy®](#), my Ambassadors have unique knowledge to launch your studies to the next level.

Purchase your study group curriculum, and then log into your dedicated Gateway to Practical Homeopathy® I, Second Edition portal. In the Welcome section, you'll find a list of the next Ambassador-led study groups organized by starting date. Plenty of options enable you to find the time best suited to your schedule.

And don't stop there! If you've already taken Gateway I, be sure to continue with [Gateway II](#). In this second part of the Gateway series, I delve much more into the cell salts. There are also valuable lessons on colds, influenza, seasonal allergies and common emergencies.



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