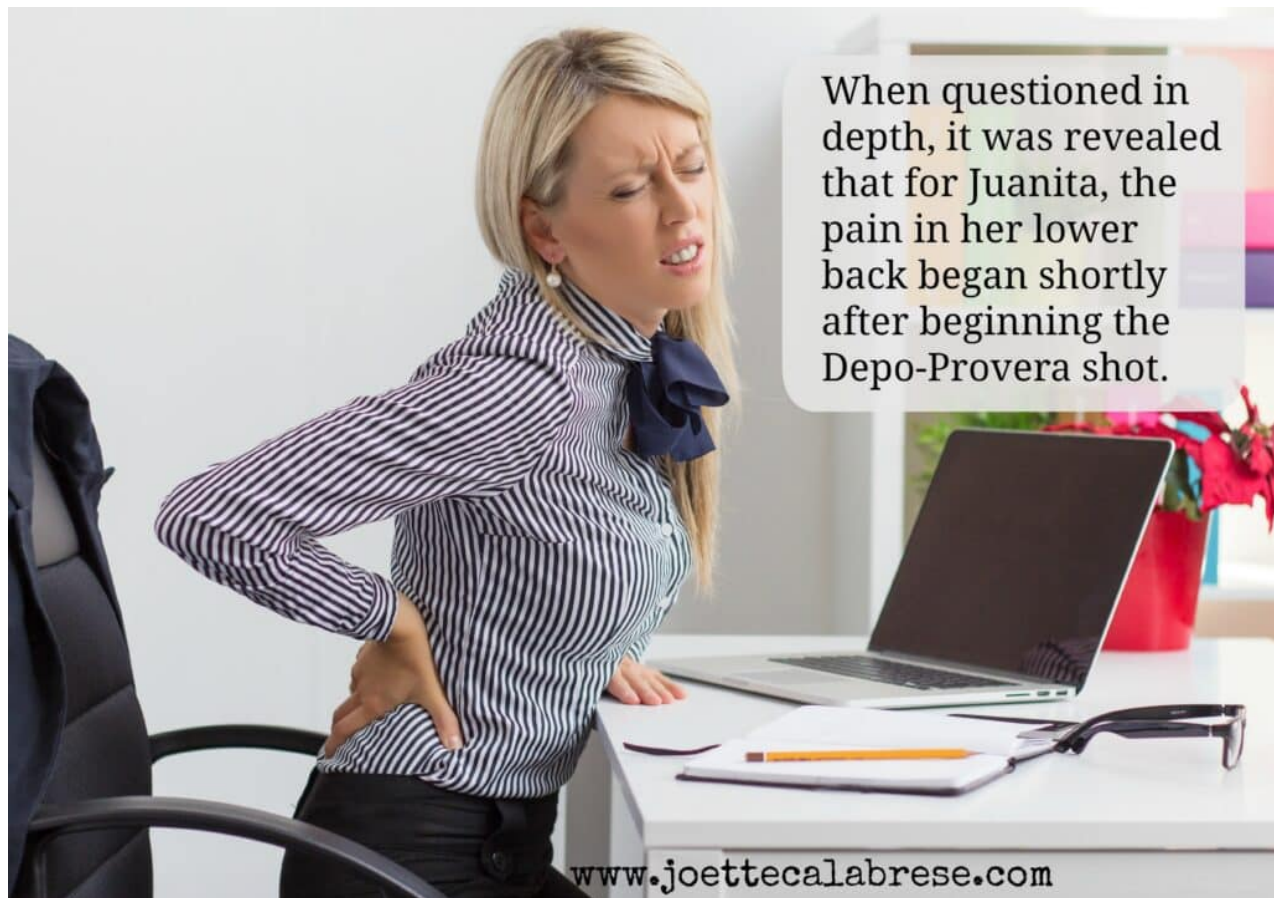


Synthetic Hormones Manipulate Women (Part Two)



Last installment I wrote about the often-troubling side-effects of synthetic hormones on the female body by sharing Robin's story with you.

Now, I write about how they don't just influence emotions and thinking; they can also cause long suffering physical ailments as well.

Take the case of Juanita, a young woman who suffered from severe lower back pain. She had seen numerous doctors and had months' worth of tests, but nothing disclosed the cause or relieved her pain.

She made it a general policy to avoid pain relievers because historically, they made her condition worse, but her doctor was so convincing that she eventually succumbed to the advice.

Accustomed to high intensity workouts to keep her weight in check, she was no longer able to remain active because of her back pain.

As a result, she gained a considerable amount of weight, the amount of which was not commensurate with a simple lack of exercise. Upon having gained nearly 70 pounds, she desperately sought the aid of homeopathy because clearly, something else was at play.

Be Suspicious

When I teach homeopathy and work one on one with my clients, I urge them to sharpen a pencil with a good eraser and grab a long sheet of paper in order to construct a timeline of their past ailments. Without this crucial step, many drugs and their side effects go unnoticed, particularly those that are easily dismissed as “natural.”

When questioned in depth, it was revealed that for Juanita, the pain in her lower back began shortly after beginning the Depo-Provera shot. “It’s great!” her OBGYN had declared. “I take an injection of it yearly myself. And best of all, no nasty, old period! What could be better?”

What could be better would be *genuine health* and a birth control method that holds a woman’s body to a standard of integrity, not chemical manipulation.

Medicine should not offer results that are, for lack of a better word, creepy. The day Juanita visited her doctor when the drug was prescribed, she had reported that she had been experiencing long, painful periods. This gave her doctor the

perfect justification for choosing the drug.

And as promised, once the injections began, her monthly cramps were successfully eliminated, and she no longer menstruated. Instead, her menses was replaced with unrelenting pain in her back.

This is the part of medicine that is the most sinister. It “works” with the promise of removing this or that, but it never reveals what you’re really buying into, which is where the most important information is found.

What Juanita Did Next

Once Juanita connected the dots, it was clear what she needed to do. That is, stop submitting to synthetic hormone injections.

While doing so might eliminate any forthcoming back pain, it would not halt the pain she was presently experiencing. Remember, one Depo-Provera shot is intended to suppress menses for one full year. Often, once a drug is used, the side effects don’t minimize for months, or even years, after ceasing its use.

This means Juanita could wait for the side effects to dissipate and likely be plagued

with her old sufferings, hoping against hope she had stopped taking the shot soon enough to make a full recovery.

I have noted time and again that when a drug is halted, the symptoms they were intended to relieve frequently increase greatly. There is a boomerang effect in which the body must compensate for the efforts it put forth that allowed for the suppression of the initial symptoms.

This is where homeopathy comes in.

It does not do this. Since it is a curative medicine, it is only needed until the body has completed its work.

We initiate the homeopathic method with [*Camphor 200C*](#), one dose for one day

only. It is a Banerji Protocol that aids in anti-doting allopathic drugs. For cases like Juanita's, the medicine that follows best is [*Sepia 200*](#), to be taken once weekly for as many weeks as it takes to make the adjustment. In her particular case, it took just over one month until one morning, her menstruation resumed. This provided her a sense of relief she hadn't felt in well over a year.

Concomitantly, as though on cue, the back pain was conspicuously and happily absent. After a year and a half of mysterious back pain, this was extraordinarily satisfying.

However, it took another two months before her periods normalized. During those two months, she experienced flooding and severe menstrual cramps in the same way she had prior to starting the synthetic drugs.

But we're not done. Now we use the homeopathics that should have been employed for this condition in the first place.

For heavy and painful menses, the Banerji Protocol of [*Arnica montana 3*](#), along with [*Sabina 6*](#) twice daily, is a good place to start.

Not surprisingly, within the 2nd day of her menses, Juanita's pain was manageable. The month that followed showed even better improvement until finally, her periods normalized after 3 months.

Quite a journey.

We only hope she'll not fall for another medical scheme in the future.

The moral of the story is, when there is a condition that comes from a hormonal upheaval, it ought to be met by a medicine that *corrects* the problem, not *suppresses* it.

I've said it before and I'll say it again: do it the right way and get yourself, your daughters and granddaughters **off** disingenuous pharmaceutical synthetics and address the underlying condition with homeopathy.

We're worth it.

Warmly,

A handwritten signature in black ink, appearing to read "Jette". The signature is fluid and cursive, with a large loop at the end.

Did you miss Part I of this series? [Click here to read it now.](#)

I have been where you are now. I've dieted, taken supplements, bioidentical hormones, essential oils, herbs – but nothing, nothing has ever come close to the reproducible, safe, and effective results I and my clients have achieved with homeopathy. To see the full syllabus for my [Feminopathy course](#) and [read the testimonials of other women who have been helped by my Practical Homeopathy methods](#), [click here](#).



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