

Hemorrhoids Are Party Poopers



Hemorrhoids are absolutely no fun, but sometimes inevitable.

Mothers who have just given birth are particularly susceptible, as are men who drive for lengthy amounts of time on heavy equipment.

Thankfully, the Banerjis provide a protocol that performs equally well for whoever is plagued with these annoying little party poopers: [*Hamamelis virginiana* 200C](#) mixed (or taken) with [*Arnica montana* 3C](#) twice a day, until very much better. (Don't forget to scroll down and download your free Remedy Card containing this information so you'll have it handy for off-line reference.)

Why these two medicines? *Hamamelis* (the homeopathic formula made with witch hazel) is a premier medicine for vascular issues, and *Arnica* is especially well-suited for vascular issues, especially presenting with pain.

Also, Boiron has an excellent ointment called [HemCalm®](#) containing *Hamamelis* as one of the active ingredients. Sometimes an ointment can be more immediately soothing while waiting for the protocol to act.

Now, at about this point in my blog posts, I customarily like to relay a little personal story. But ... uh ... nope. For this particular blog topic. I just don't feel like I want to shout that out to the entire internet world. So, I guess this blog post will have to be a little short today.

But I can assure you, in my clinical experience, that it works for most folks.

Do keep in mind, however, this protocol should only be used if the hemorrhoids are problematic: painful, protruding or obstructive. If they are small and inconsequential, in my opinion, there is no need to treat them. I prefer to use homeopathy only to treat a pathology – not just a characteristic.

Warmly,

A handwritten signature in cursive script, appearing to read "Jette". The signature is written in dark ink on a white background.



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