

The Angry Child



"Oh, you better not cry; you better not pout"

If a wee bit of childlike misbehavior weren't normal, those well-known lines wouldn't have made it into a Christmas carol. So, that's how we encourage all kids to be on their best behavior for Christmas (Santa's watching, you know).

But what if their emotions – especially anger – are unmanageable year-round?

Of course, a hissy fit here and there is to be expected. That's normal. But occasionally, even with the best of parental strictness, unregulated anger can be a pathology – one with which homeopathy is poised to intervene.

But don't take my word for it. One of The Academy of Practical Homeopathy® graduates shared an impressive success story with her fellow students and has graciously allowed us to share it here.



“For three years, our son has had explosive anger, frustration and rage tantrums coupled with extreme fear of being alone and other emotional aspects. Throwing himself on the floor, punching people/furniture, kicking and resort[ing] to furniture flipping and punching glass/walls during his rages.

“Also, [he] had residual muscle burning from recent Lyme and hadn’t ridden his bike in a year and would cry in pain during the horse riding lessons he begged to do. Bedtime brought more fits of rage. Our goal became to minimize damage to us/property and keep him safe.

“He wouldn’t take herbals, homeopathics, emotional coaching. Doctors offered no diagnosis nor advice. Chiropractor identified a nerve impingement in C2, but our son would not do treatments.

“Halfway through (Joette’s) Academy (of Practical Homeopathy), I decided to skip to [Joette’s] Mindful course. There had to be an answer there! For two days, I locked myself in my office, went through the course, and scoured the materia medica/repertory.

“I chose Stramonium 200C (every other day), [and other homeopathics for other conditions]. Within two weeks, he was riding his bike & horse again; his tantrums had reduced by 15%; he was talking to adults unprompted; he was spending a few minutes alone.

“At eight weeks, his muscle burning was 100% resolved; his tantrums were now a few times a week rather than several daily – less severe if [they] happened – and he ventured a little independently.

"By 10 weeks, we noticed that on days [he was] given Stramonium, he would have severe meltdowns. So, we went to once a week and then dropped it as it had done its work.

"Now, 15 weeks in, we feel like we are finally meeting the sweet five-year-old boy that was there all along! Everything is reaching the magic markers in divine harmony, and all symptoms lessened as the weeks go by.

"It has been so miraculous that friends and family are in disbelief. My husband says the entire tuition was worth it to see this beautiful healing that we had lost hope could even be possible. Our family is saved thanks to what I have learned this year in APH!" – Jennifer A.*



Well done, Jennifer! My entire team was moved to tears when you shared your story.

My dear readers, do you see what can be done by a mom who prioritized assimilating as much homeopathy education as possible? It's miraculous!

I am particularly impressed with her choice of [Stramonium](#), a highly effective homeopathic that has historically been known to address unwarranted anger coupled with fear.

I have previously described its use in both the 200th potency (as discussed in [Podcast 94: Stramonium and The Swiss Family Robinson](#)) and also in the 6th potency (as detailed in [Is It ODD or Ordinary?](#)). In fact, in my experience, *Stramonium* has accomplished the work on its own, eliminating the need for other remedies. But remember, there's always more than one way to skin a cat!

But I am so pleased by the excellent work that this Academy of Practical Homeopathy graduate did! She embarked on a noble mission, no doubt beginning with the free information offered on this site.

Then she homed in on my protocol course, [Mindful Homeopathy: Practical Protocols for Mental and Emotional Conditions](#) (a course that is available to everyone through [this link](#)). And while attending The Academy, she cultivated expertise in using a repertory and *materia medica*.

She put in the work to get “skilled up” in her use of homeopathy and was able to change the life of a child and an entire family.

Can there be a loftier goal than that? I certainly can’t imagine one.

Pass on the good news of homeopathy!

Warmly,

A handwritten signature in cursive script, appearing to read "Jette".

P.S. With Christmas right around the corner, it’s time to read your list and check it twice! If you know a family dealing with a genuinely struggling child, perhaps a gift of [Mindful Homeopathy: Practical Protocols for Mental and Emotional Conditions](#) would be welcomed. (Or perhaps you want to drop a hint or two for yourself!)

It’s easy to give a course through [The Learning Center](#) by purchasing a gift card. You can choose the dollar amount and personalize your gift card. My team will email a gift

announcement to your recipient on *your* selected date. They'll receive all the necessary information to finalize their course choice, pay with the gift card, and register as a student!

Or, as you can tell from this graduate's experience, having a *materia medica* is of the utmost value. So, I wrote [A Materia Medica: Practical Homeopathy® for Busy Families](#) with just plain talk, memorable stories, and plenty of education!

And remember – all of my Mighties ([Joette's Mighty Members](#)) qualify for a 10% discount on course purchases. If you need assistance getting your discount, email contact@practicalhomeopathy.com for more information.

*Story lightly edited for clarity.



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