

Breaking News



We interrupt your regularly scheduled week for a special blog post regarding recent breaking news.

In the last week, the news has been filled with reports on the recent increase of a very rare polio-like condition called Acute Flaccid Myelitis (AFM). While [CNN reports](#) this disease only seems to affect “fewer than one in a million people each year across the country,” it is garnering a lot of attention right now because it mostly affects children.

And let’s face it, “breaking news” involving children can be frightening.

Although I have not treated anyone with this condition, when you’ve used homeopathy as long as I have, these remedies start to make sense for new situations – logically.

So, I decided to share my thoughts with you in this unscheduled blog post. I want you to be prepared, not scared!

Apparently, the common element in those children contracting AFM is they have recently experienced a respiratory illness. This is leading the CDC to try to determine if it is either caused by a specific virus or a complication from a virus added to other factors.

Seeking the exact cause is the way conventional medicine works. Practitioners of such want to determine precisely which microorganism is causing a disease or illness. If it's caused by bacteria, you'll get antibiotics. If it's a virus, then antivirals will be the drug-of-choice.

However, in homeopathy, we don't have to have that information. We need to know how the child presents. Have they recently experienced a respiratory illness – cold, flu, fever? And now are they experiencing weakness of the muscles in their limbs?

If this situation occurred in my family, my first thought would be [*Gelsemium sempervirens* 30C](#). (In fact, interestingly, *Gelsemium* is an excellent first thought in *any* case involving muscle weakness.) I would handle it as an everyday acute: using the remedy every 3-12 hours depending on the severity. As improvement occurred, I would lengthen the time between doses – backing off from every three hours to every six to every eight, and so on, until the ordeal was complete.

After the *Gelsemium* did its job, and my child was very much better, I would follow up with [*Lathyrus sativus* 200](#). *Lathyrus* is indicated in neurological disorders, especially for weakness of the lower limbs. I would only consider this once the use of *Gelsemium* was completed – after the last of the original condition.

The use of *Lathyrus* after weakness resulting from neurological issues is one of my protocols, generally used every three days for a month after an event – as a “clean-up crew,” if you will.

Because the current fear is AFM results after a respiratory illness, perhaps the best defense is a good offense. If someone in my family were getting a cold, I would make sure they took [ColdCalm®](#) (one of Boiron’s combination remedies) immediately upon the first symptoms – before it could progress to anything worse.

If it came on suddenly and they were going down hard and fast, then it’s the Banerji Protocol of [Aconite 200](#) and [Bryonia 30](#) – as usual in those situations. Hopefully, that protocol might abort the whole event entirely, and there would be no need for *Gelsemium* later!

What could be better than that?

(In case I haven’t mentioned it in a while, I get no affiliate income from your purchase of these remedies. This is just information from one mother to another. I wish someone had told me this stuff when my children were small, and the news made it sound as though disaster and disease were around every corner.)

So, what are you waiting for? Own these remedies. Like I said earlier: Be prepared, not scared.

And please, pass on the good news of homeopathy!

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