

UTI Conundrum: When a Common Condition Lacks the Common Symptoms



In Practical Homeopathy®, our symptoms are gifts. They quickly – and often vividly – inform us which parts of our body a condition affects and how. In other words, symptoms can guide us in choosing the proper medicine(s).

But what if our symptoms are different from what we expect? What if our condition is not signaled by the most commonly recorded symptoms? What then?

A reader recently asked, “Is there a remedy that addresses a urinary tract infection (UTI) that doesn’t have the classic burning and urgency symptoms?”

Reviewing what we know about UTIs

Before I get ahead of myself, let's review the first-line Banerji Protocol, which has historically shown sweeping success with UTIs that involve burning and urgency. You'll find it in my blog post [Recurring UTIs and Antibiotics: Stop the Cycle](#).

However, even the Banerjis, as expert and successful as they were, understood that the protocols were generally effective in 80% of the cases. That is a high success rate, no doubt about it. Yet that leaves 20% of the population that would have to pivot to a second- or third-line protocol, or to a well-chosen alternative homeopathic medicine found by studying the rubrics (symptoms) in a repertory.

We have options for UTIs

These options are not contradictions, as we discussed last week in [Head Injury: There's More Than 1 Way to Look at a Picture](#). Indeed, thanks to the clinical studies performed by masters of homeopathy throughout the last two centuries, we have a *wealth* of options.

What do I consider a "wealth"? Leafing through my repertory right now, I count 49 pages (two columns per page) of symptoms associated with bladder/urine-related conditions and the medicines that have been shown to address them.

In Practical Homeopathy® – especially in a short lesson format, such as here on the blog – I endeavor to simplify those 49 pages into some of the most commonly experienced symptoms and their accompanying homeopathic remedies. Covering every eventuality in this venue is impossible.

Those who have taken my course, [Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy](#), already know several options for various presentations of urinary tract infections. My Academy of

Practical Homeopathy® and Mastery graduates know even more.

What if the common symptoms of a UTI are missing?

Occasionally, instead of the more common burning sensation accompanying urination, the sufferer may only sense a slight sting. In this case, we might consider *Apis mellifica* 200, among others.

For excruciating pain (which isn't necessarily a common symptom), *Sarsaparilla* might move up our short list of remedies to read up on.

Thuja may also be a candidate to consider when other medicines fall short.

Some UTIs present with no pain or discomfort at all. In fact, a UTI can have no discernible symptoms. That's when we rely on a conventional diagnosis or pay closer attention to subtle clues. I've noticed this most remarkably in the senior population.

Even when the elder doesn't recognize any symptoms, an observant caregiver may notice an odor – perhaps a strong odor of the urine itself or an odor lingering around the genitalia.

In that case, we'd generally be drawn to [Sulphur 30.](#)

If the odor is severe, perhaps we might introduce a dose of *Sulphur* 30 every 15 minutes for the first hour. If the condition is not so severe, then maybe every three to four hours. Assuming the condition begins to abate after employing *Sulphur* for a day or two, now we back off. We can reduce the frequency to three times a day, twice a day, and halt when the condition has resolved or is very much better.

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Warmly,



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