It Was the Best of Times, It Was the Worst of Times



I just can't get Charles Dickens' quote from *A Tale of Two Cities* out of my head: "It was the best of times, it was the worst of times …"

Boy, if that doesn't perfectly describe our last year, I don't know what does!

There has been so much confusion, derision, and suspicion, yet 2020 also brought our families an unexpected opportunity.

Opportunity?

Yes, for understanding the real need for preparation.

And the obvious need for the family to tighten up and undergird together in this effort.

If we've learned anything from the past twelve months, it's that we must count on ourselves. We have to know much, much more than we thought we needed to know.

We need to get our information *not* from mainstream media, not from health officials, not from governors, but from good sense.

Number one on the list? We *must* educate ourselves regarding our family's healthcare, so we don't get the wool pulled over our eyes.

It's no different than in the past, but now it's accelerated to a much greater degree.

AND our family members need to know how to help each other – to prepare with knowledge for the unexpected happenings of tomorrow (most certainly to occur).

Given that our children and grandchildren are the future, it's in their hands. We need our kids to know how to differentiate between good and evil, between friend and foe, and yes, which remedy is for this and which remedy for that.

I'll tell you what I taught my own children.

More on that in a moment but back to my underpinning point …

You've heard me say it before, we need to build a moat around our family.

Our entire family needs to develop skill sets to utilize forever – skills that don't go out of style; no matter who is in power politically, when the world around us stops making sense, we need to possess the knowledge to think critically and act wisely.

Now more than ever, our job is to teach our children and grandchildren how to think – not how to follow, but how to think outside of the box. Especially the one that houses the T.V.

We want our families populated with critical thinkers.

So, let me tell you what I learned – and did – with my own kids years ago.

I trained up my now-adult kids to know the importance of treating each other. When skiing together, it was *Arnica* 200 tucked into the pocket of their ski parkas in case of an accident so one could come to the rescue of the other.

If one brother had only a strain, the other knew to administer *Arnica* 200 every few hours or so.

If, however, there was a more sobering injury (their mother's nightmare), the other brother knew to commence using *Arnica* 200 every 15 minutes for about an hour or so, as needed.

And how about the ubiquitous Banerji Protocol of *Aconitum* 200 mixed with *Bryonia* 30 every few hours, depending on the severity of an oncoming cold or cough?

My sons didn't actually grow up with this protocol because I hadn't been to India yet, but they knew that *Aconitum* 200 was most certainly for the quick onset of a cold or cough.

They also knew that *Hepar sulph* 30 was a gift when an ear infection began a-brewing. And because this is interesting stuff, they paid attention to each other so they could hone their skills.

I think they enjoyed owning such unusual and powerful knowledge.

Oh, the family-focused lifestyle and self-reliance!

It was unbeatable!

Think of how this carries them into adulthood not only with each other (which is a gift in itself) but for their own children and spouses.

My dear friends, this kind of preparation set the tone of healthcare for my family well into future generations, and it will do the same for yours.

Now that's my idea of how to raise a family!

Yet, in spite of my commitment to teaching my kids homeopathy, as a fledgling homeopath myself in those early days, I'll be honest – I actually wished there had been someone ahead of me who had done this with their children.

Someone who was willing to share her knowledge, experience and tips with me.

So, now, I'm sharing my personal method with you that I used to train up my own sons.

And as you contemplate your family's future especially now, and you design your summer-school learning or homeschool curriculum for your children, I urge you to consider the lessons I used to do this.

So, dear friends, should this be of interest to you, I'm just itching for you to incorporate my course

The Ultimate Cool Kids' Guide to Homeopathy into your family's lifestyle.

I understand if this isn't for you – or if it isn't for you just *now*.

No problem.

But if you're even just considering it, check out my short video to explain further.

I consider this curriculum the first giant step in building the moat around your family.

So, has it been the worst of times?

Perhaps the lifestyle we incorporate as a result of our experiences can turn this into undeniably the *best* of times.

Join me in raising our kids and grandkids in this unique and worry-free way …

from my family to yours.

Warmly,



P.S. For a sneak peek into just a few of the topics this curriculum covers, click here to download the infographic I created especially for children learning homeopathy.

And be sure to click through to The Ultimate Cool Kids' Guide to Homeopathy for a look at the syllabus and the benefits of this formative course.

And remember – all of my Mighties (Joette's Mighty Members) qualify for a 10% discount on course purchases. If you need assistance getting your discount, email contact@practicalhomeopathy.com for more information.



Remedy Cards

Want the important remedy picture for this blog as a pdf?

Build your homeopathic library as searchable files on your computer.

Print them out as convenient cards and keep them together in a book for those times when you don't have your computer handy.

Click Here To Get Your Card