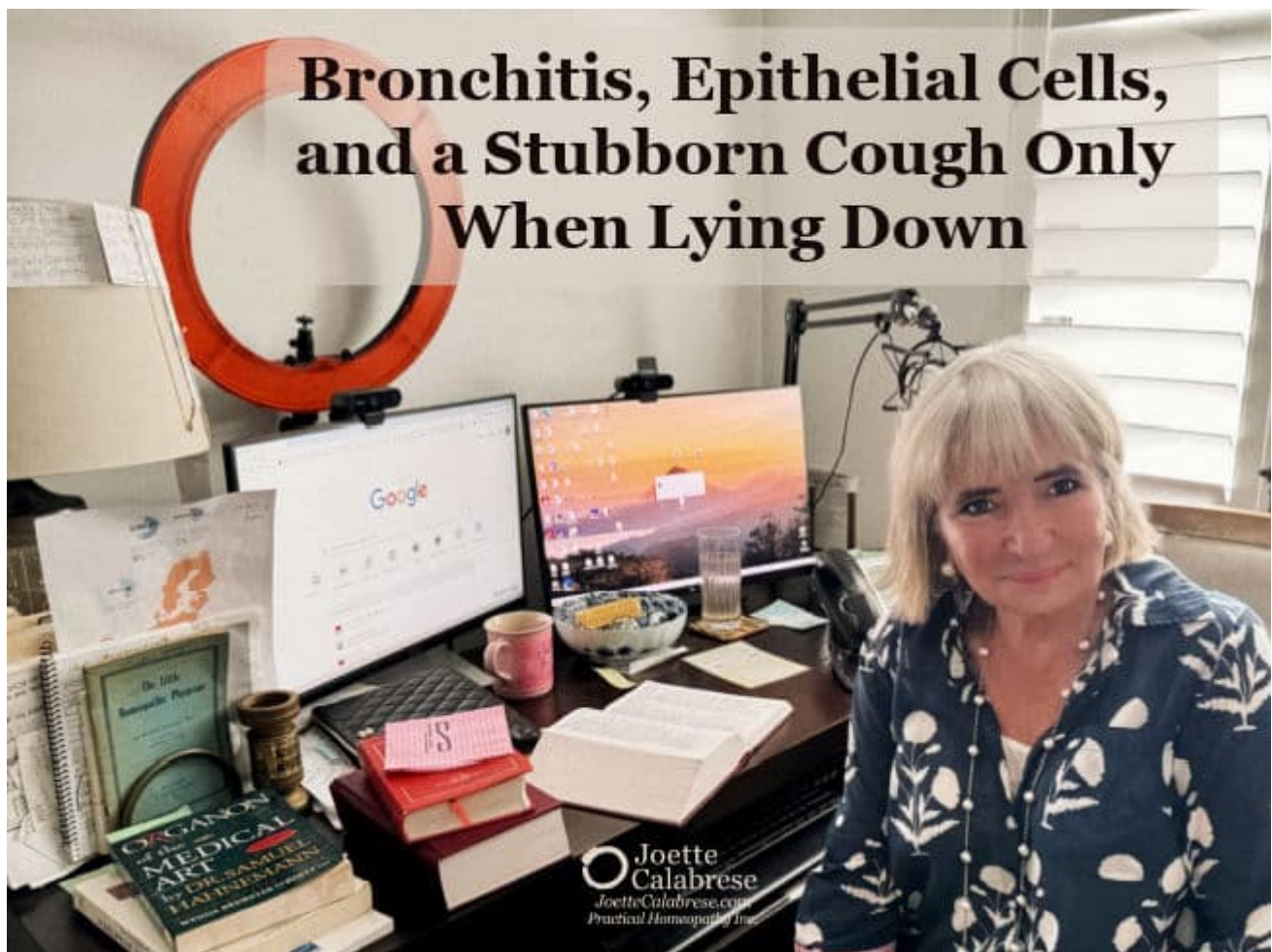


Joette's Blog

- Joette's Blog
- Blog

Joette's Blog

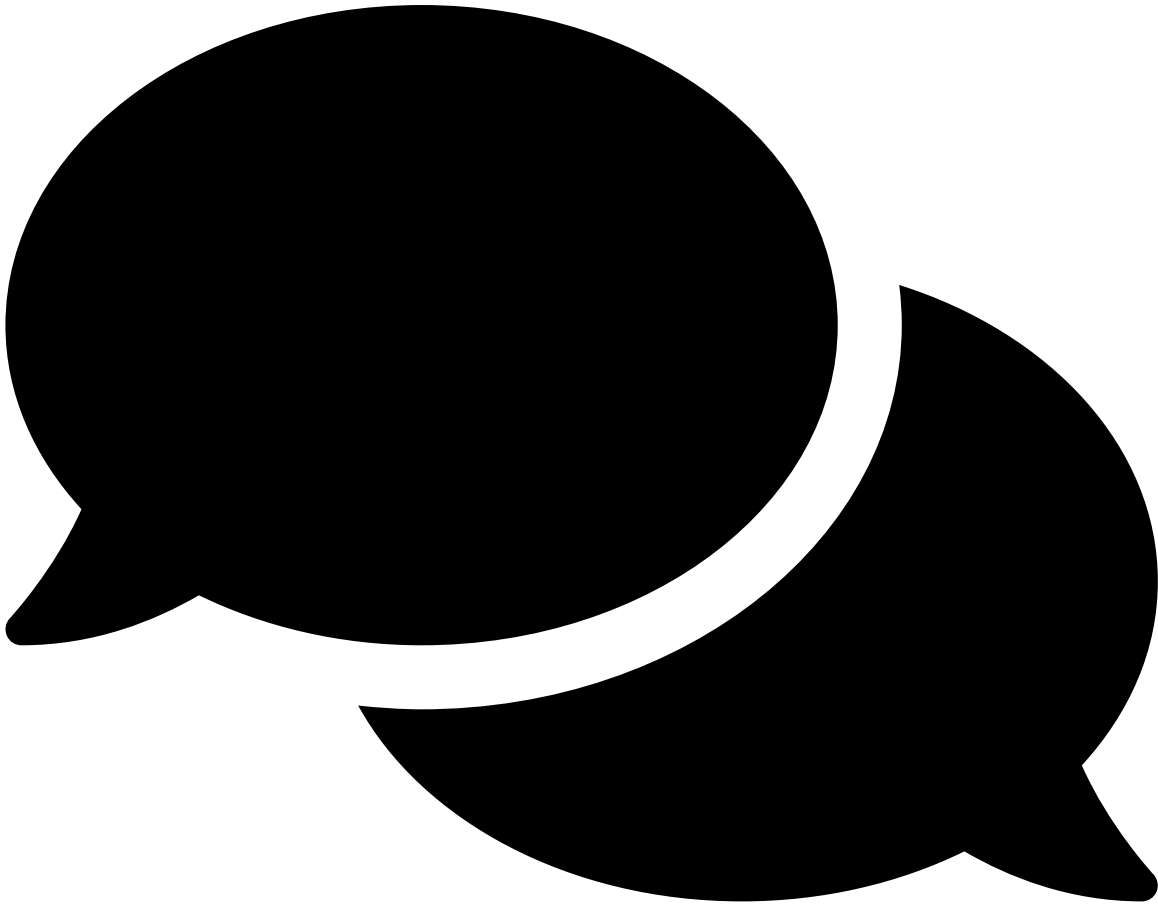
- Joette's Blog
- Blog



[Bronchitis, Epithelial Cells, and a Stubborn Cough Only When Lying Down](#)



September 27, 2026



No

Comments

Remember the KISS Principle? It's a clever acronym from the 1960s for "Keep It Simple, Stupid." It means the least complicated solution is probably the ...

A Breast Biopsy Story: To Everything There Is a Season

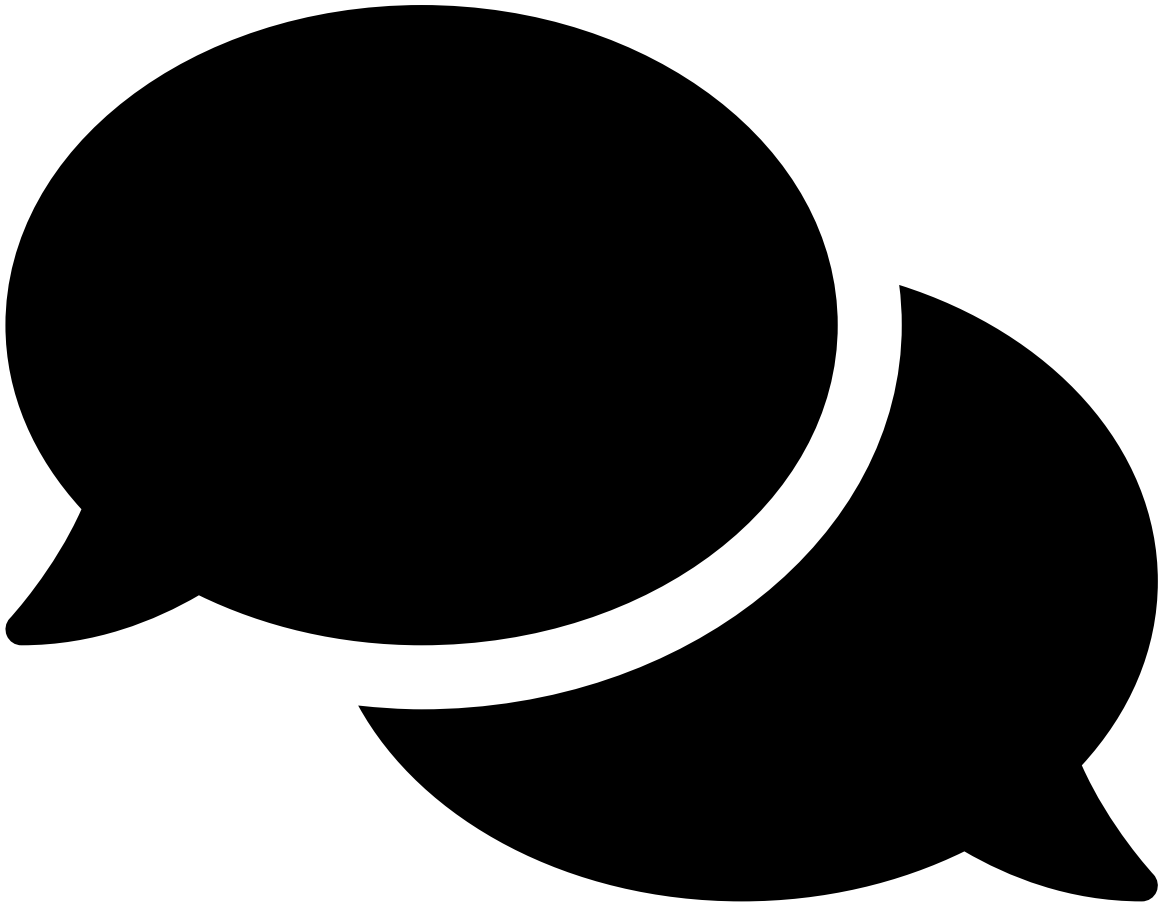


Joette
Calabrese
JoetteCalabrese.com
Practical Homeopathy Inc.

[A Breast Biopsy Story: 'To Everything There Is a Season'](#)

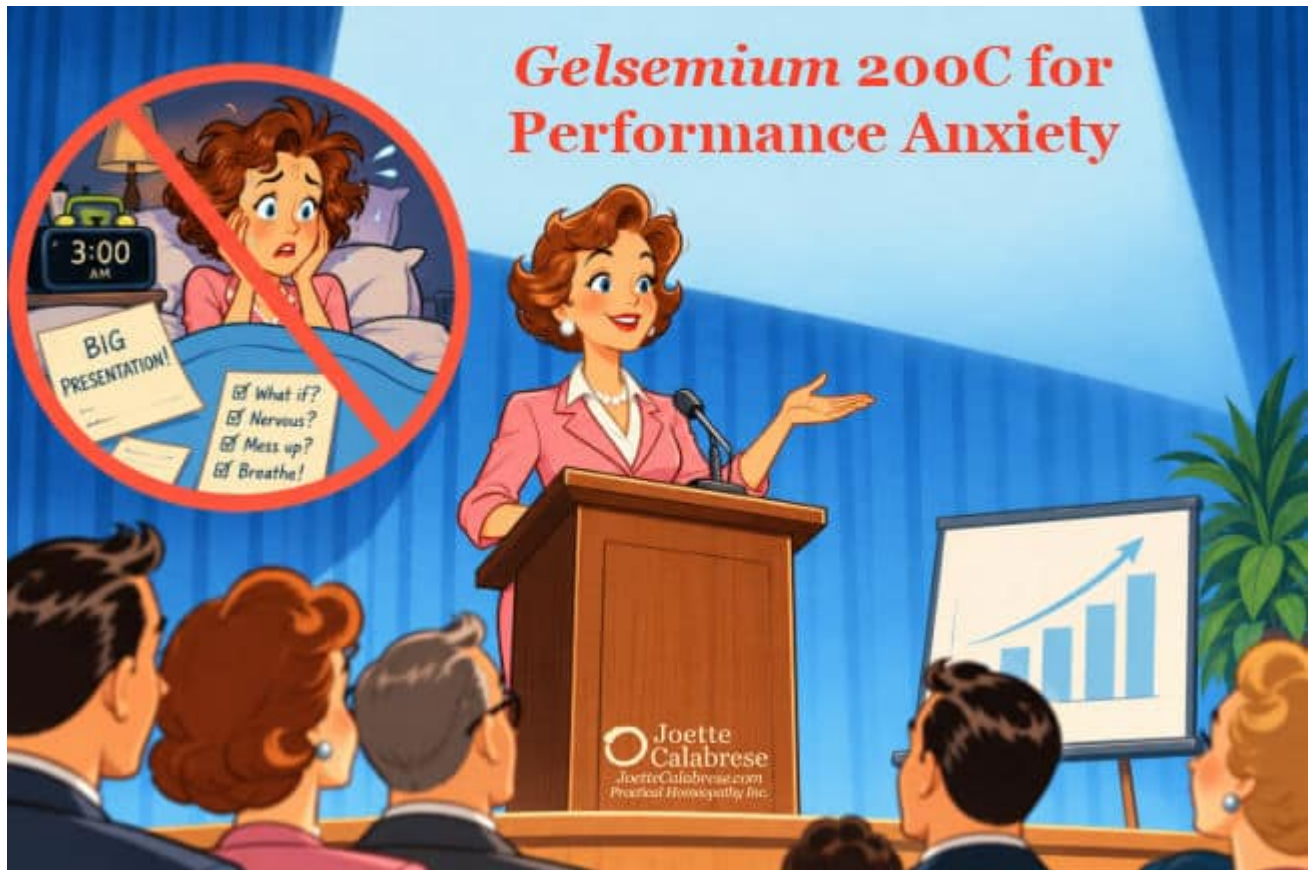


September 20, 2026



Comments

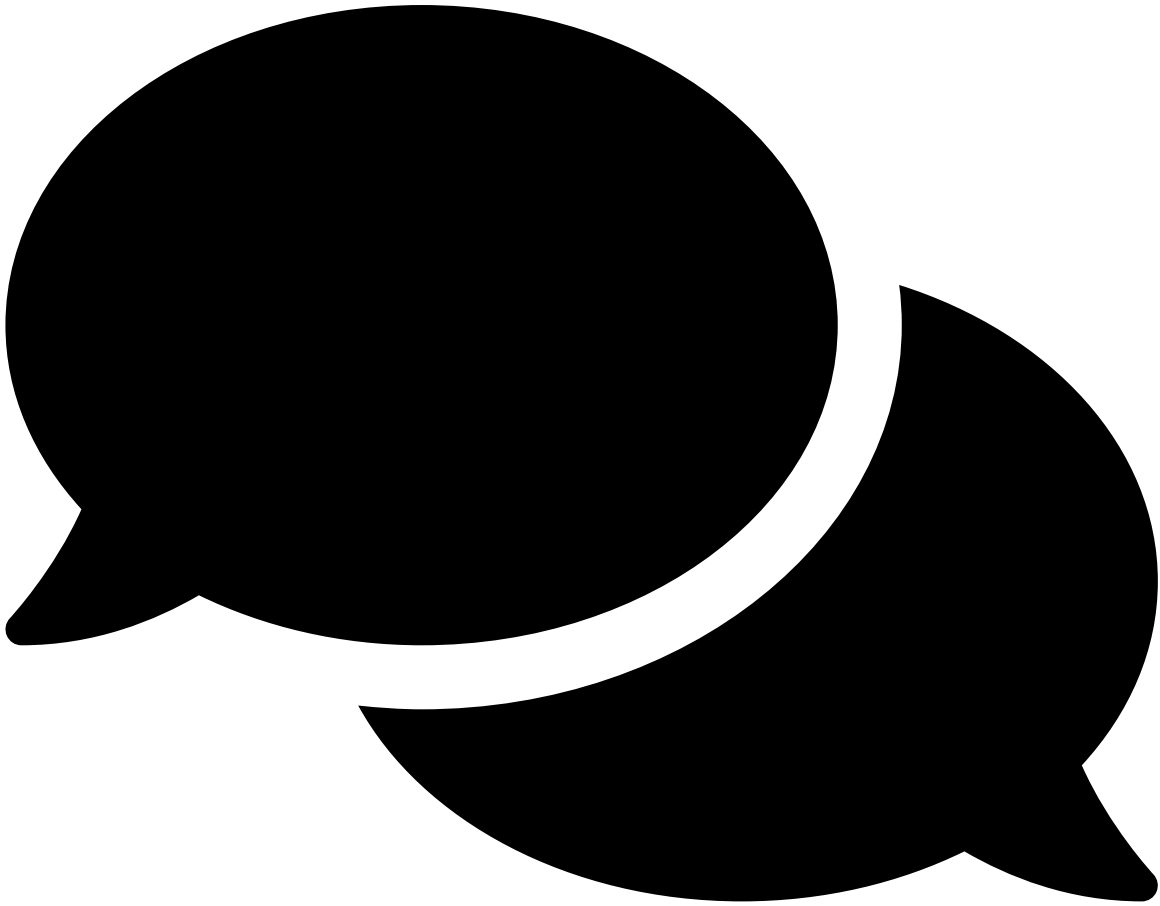
After a necessary conventional medical procedure (such as a breast biopsy), homeopathy can help us heal faster and with fewer complications.



Gelsemium 200C for Performance Anxiety: From 'I Can't Do This' to 'I've Got This'



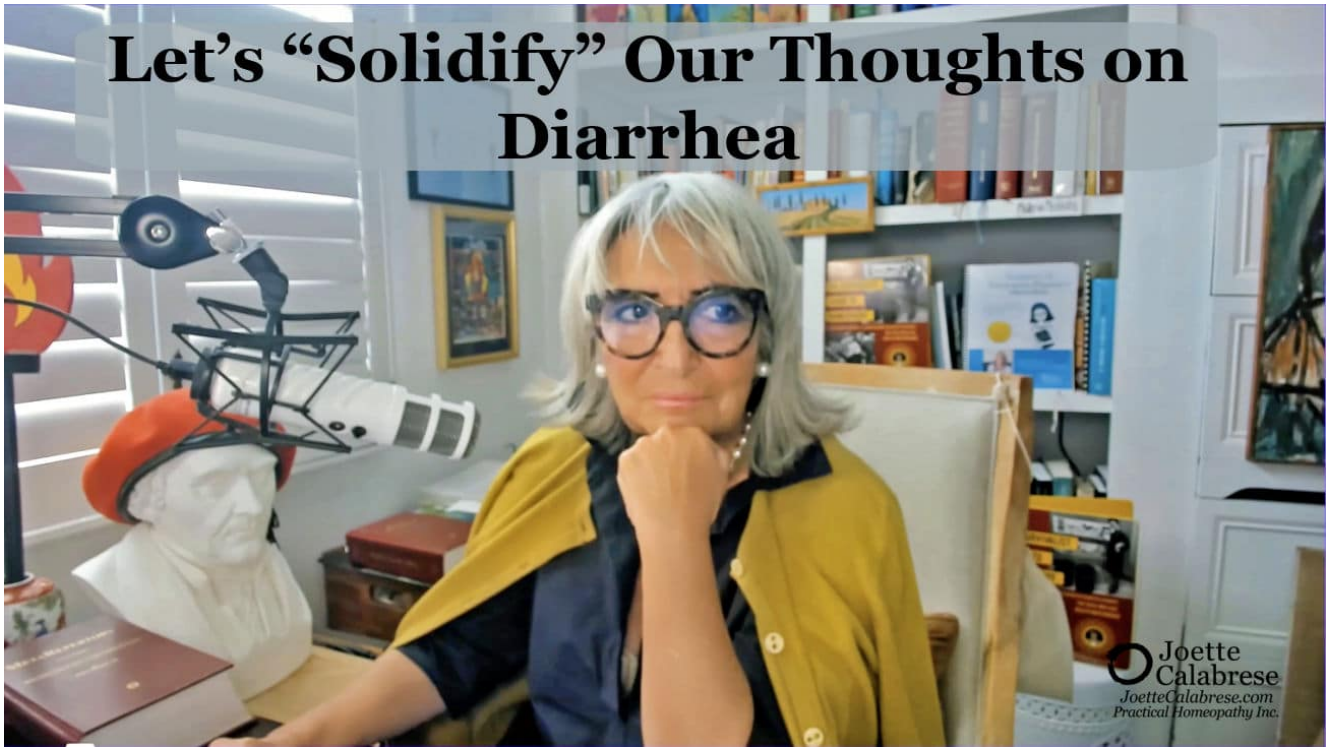
September 13, 2026



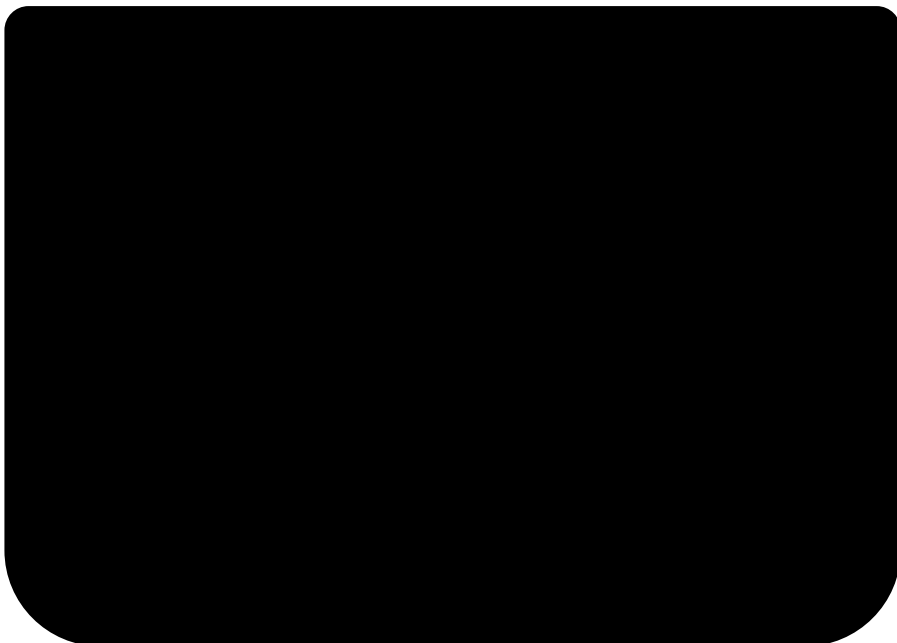
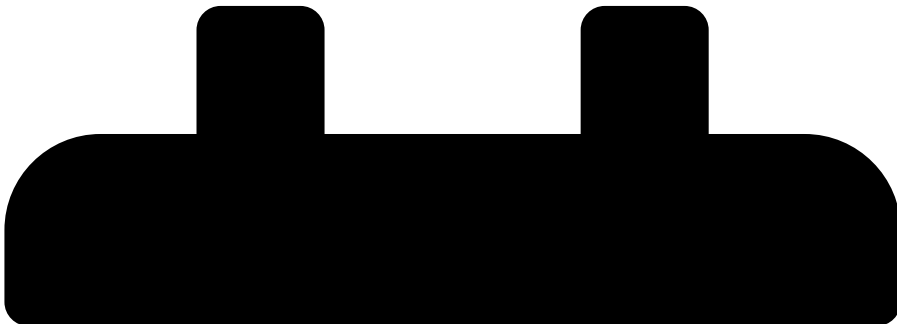
Comments

Performance anxiety may hit all of us at some point. Learn how to choose the right potency of this homeopathic medicine.

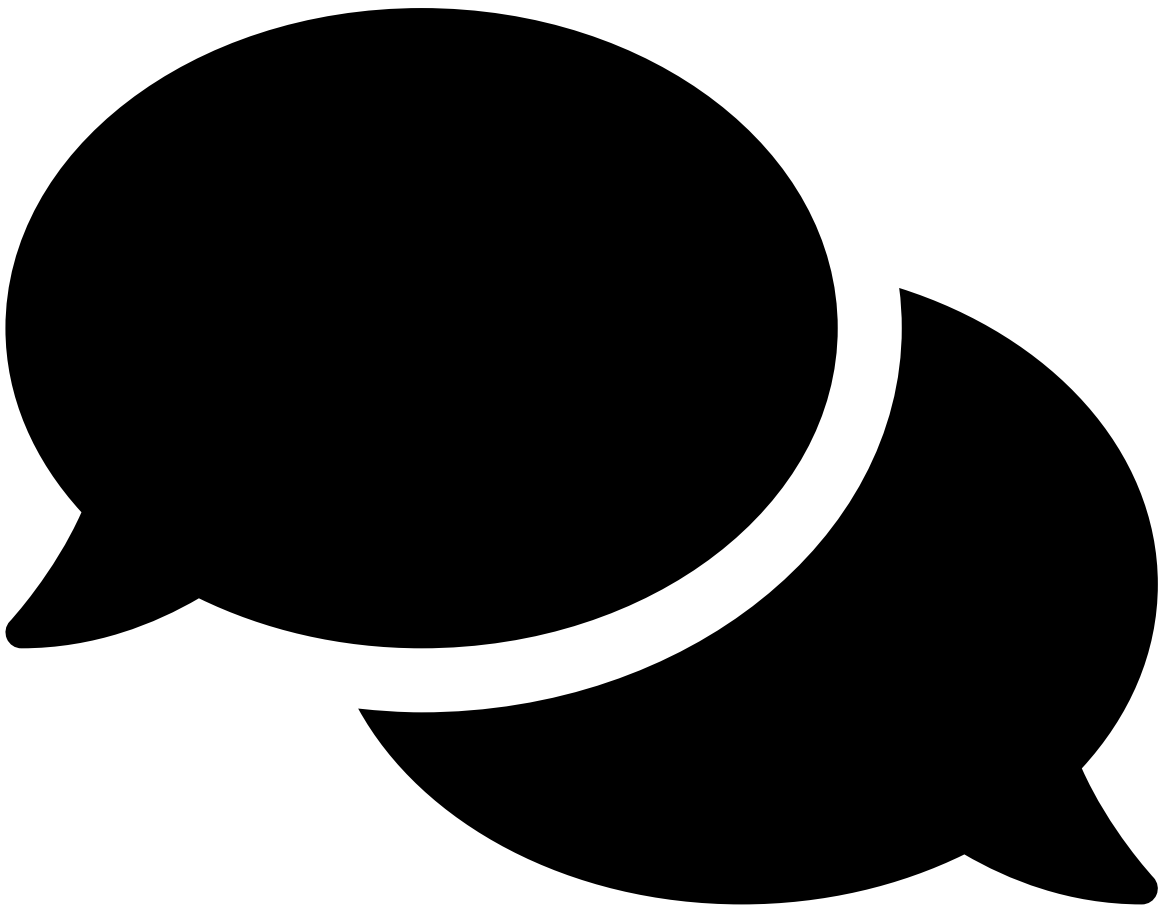
Let's "Solidify" Our Thoughts on Diarrhea



Let's "Solidify" Our Thoughts on Diarrhea



September 6, 2026



No

Comments

Practical Homeopathy® can keep it simple when it comes to diarrhea, even without knowing the illness's etiology.

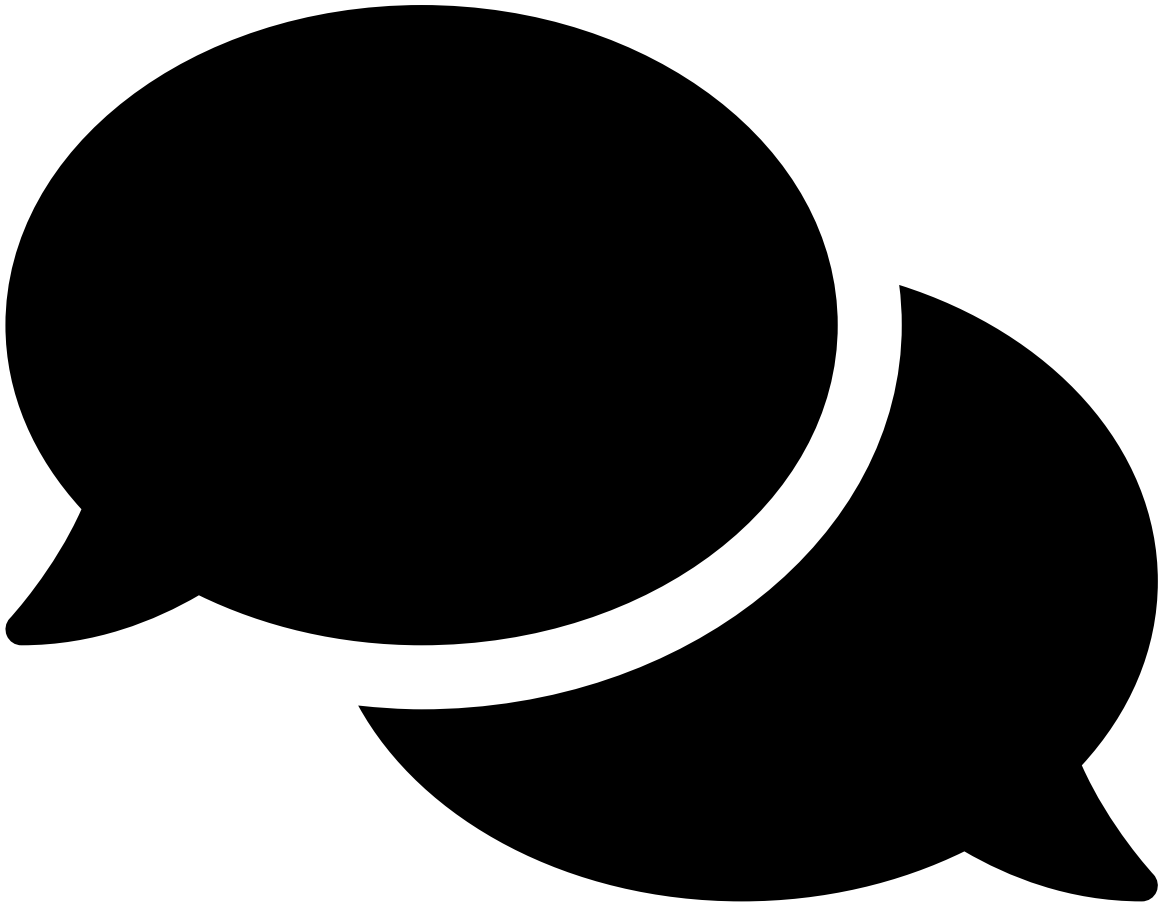
A Closer Look at Apis: Choosing Different Potencies for Different Conditions



[A Closer Look at Apis: Discover Different Potencies for Different Conditions](#)



August 30, 2026



1

Comment

How do we choose between the potencies of homeopathic medicines if we don't have a specific protocol? Let's look at one example: Apis.

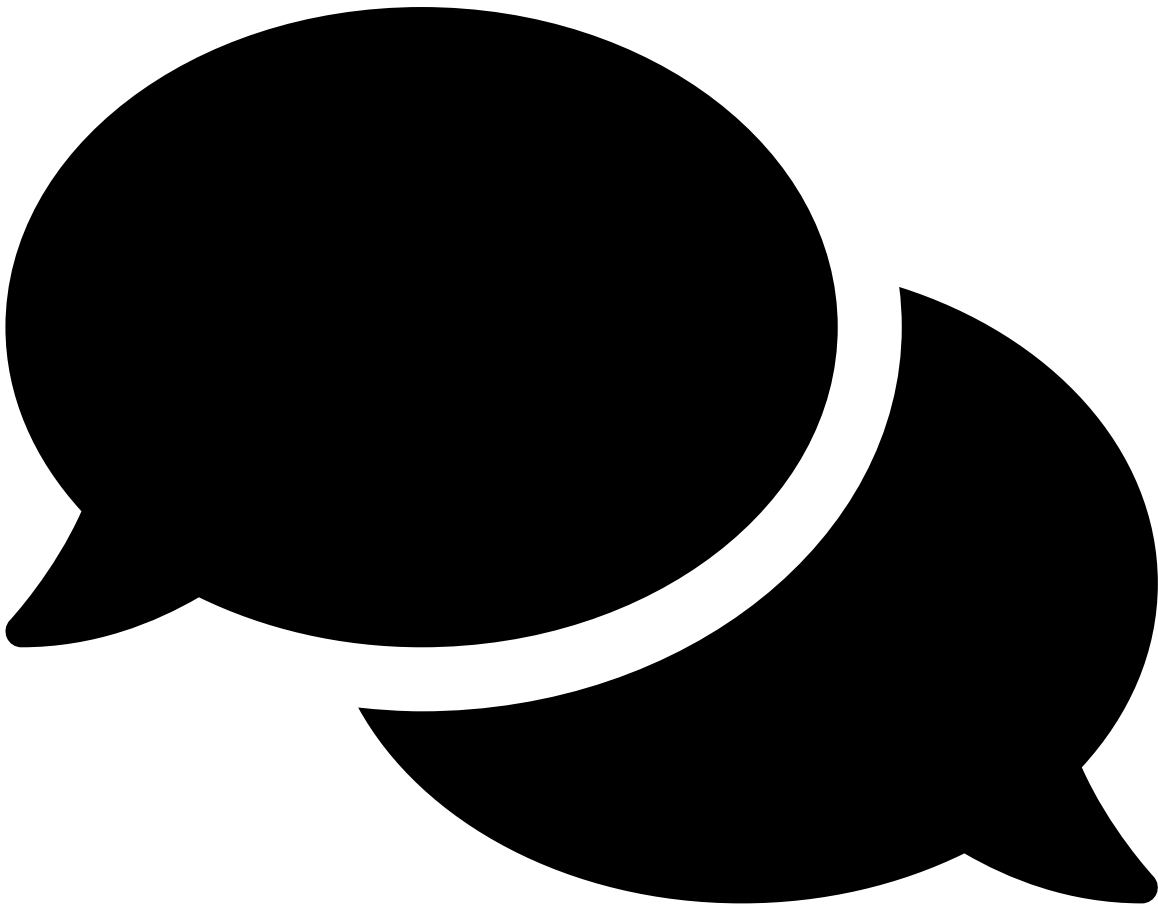
UTI Conundrum: When a Common Condition Lacks the Common Symptoms



UTI Conundrum: When a Common Condition Lacks the Common Symptoms



August 23, 2026



10

Comments

What to do for a UTI that doesn't present with the usual symptoms? Let's look at a few homeopathic options that might be considered.

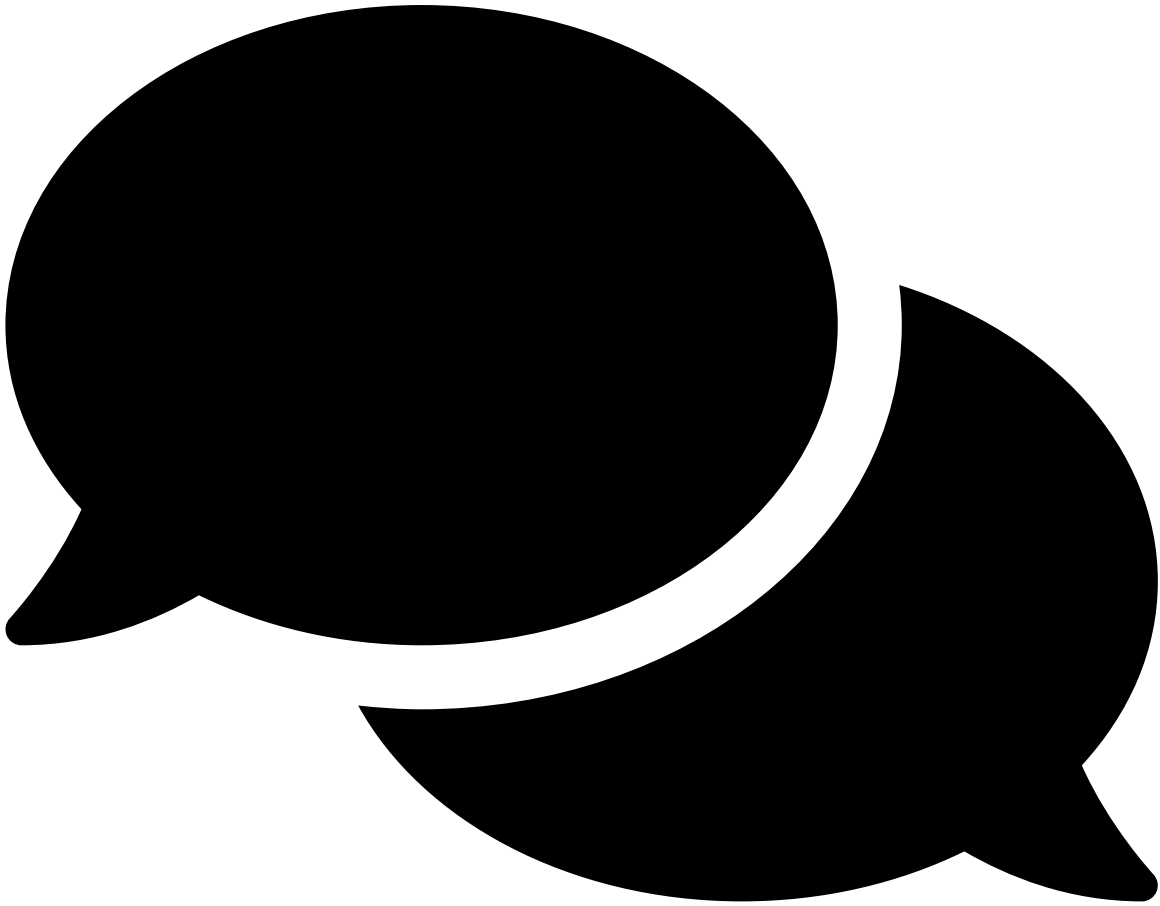
Head Injury: There's More Than 1 Way to Look at a Picture



[Head Injury: There's More Than 1 Way to Look at a Picture](#)



August 16, 2026



Comments

Practical Homeopathy® simplifies choices with tried-and-true protocols. Yet options often remain, as with this remedy for head injury.

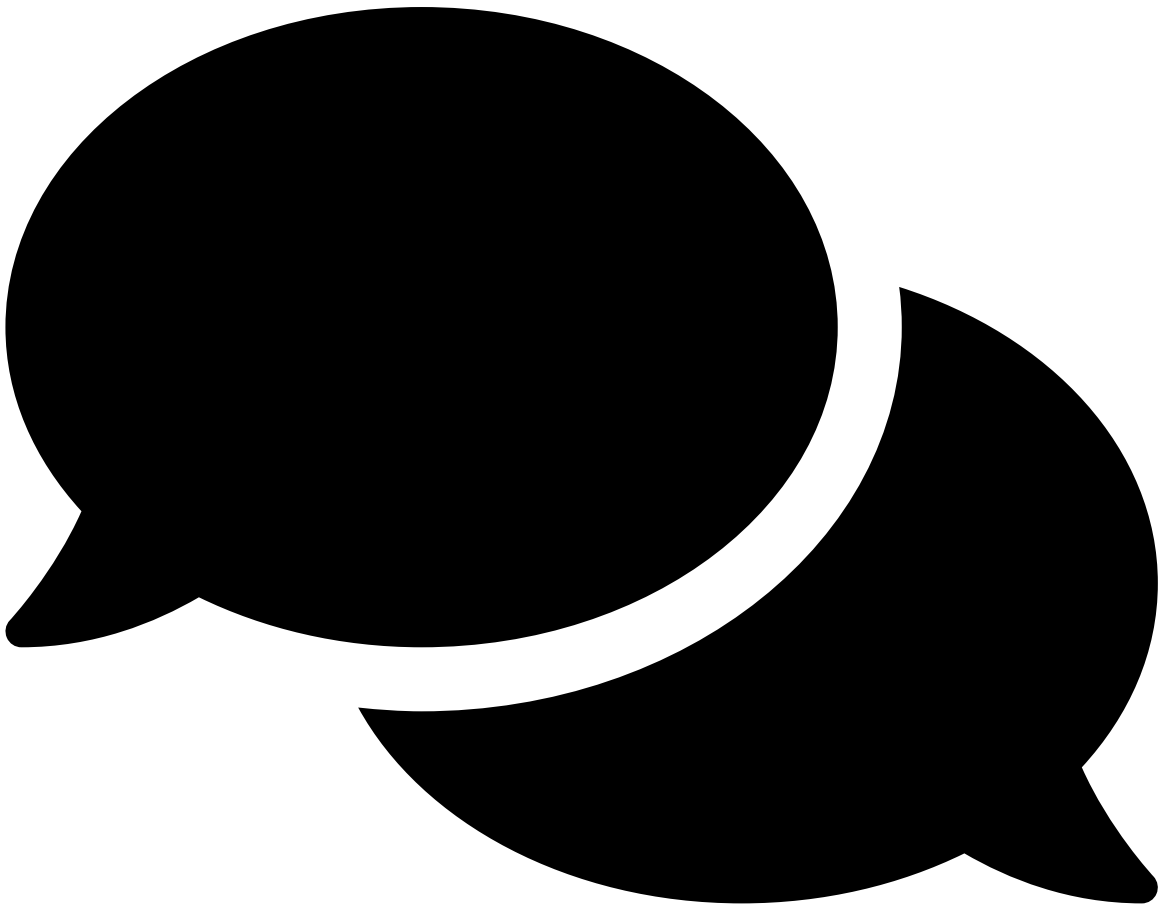
Foot Calluses: When Your Feet Build Their Own Armor



[Foot Calluses: When Your Feet Build Their Own Armor](#)



August 9, 2026



No

Comments

Foot calluses can be protective. However, if they're unsightly or even cracked and painful, homeopathic medicines may be in order.

A Student's Success Story:

**Tick Bite
Recovery with
Practical
Homeopathy®**

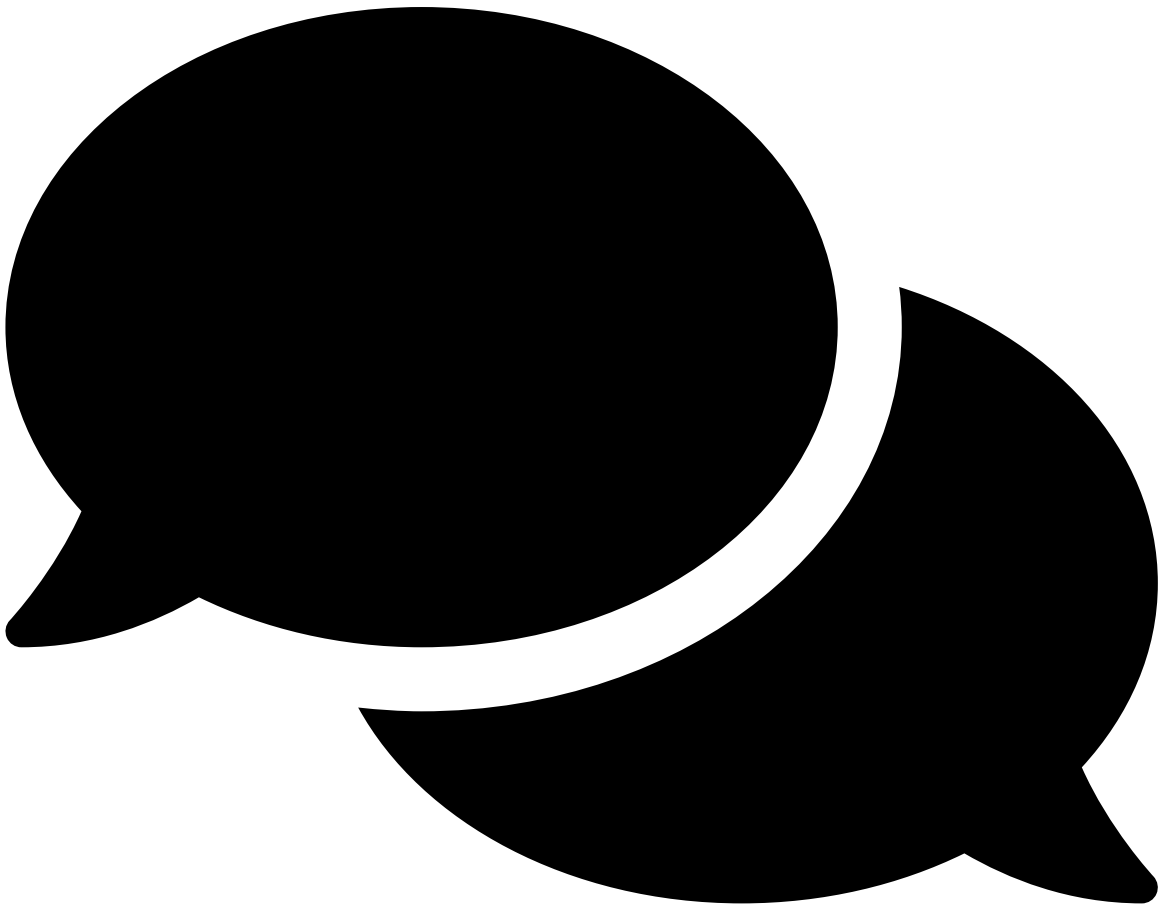


 **Joette
Calabrese**
JoetteCalabrese.com
Practical Homeopathy Inc.

[**A Student's Success Story: Tick Bite Recovery with
Practical Homeopathy®**](#)



July 31, 2026



20

Comments

A student – someone just like you – successfully addressed a tick bite with education, support from a friend and her homeopathic medicines.

What is Practical Homeopathy®?



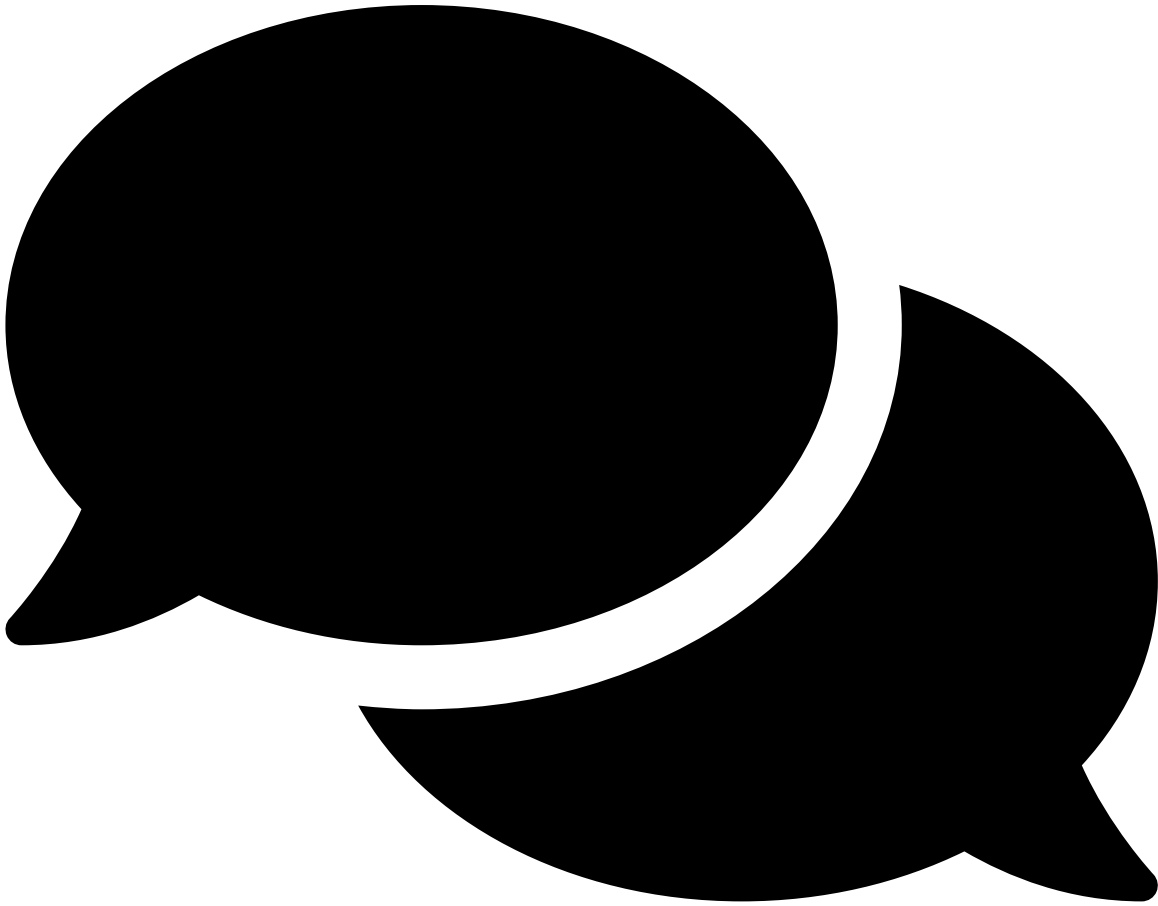
(Part 3)

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[What Is Practical Homeopathy®? \(Part 3\)](#)



July 26, 2026



Comments

What is Practical Homeopathy®? Why do you, your family, friends, clients or patients need it instead of other homeopathic methodologies?

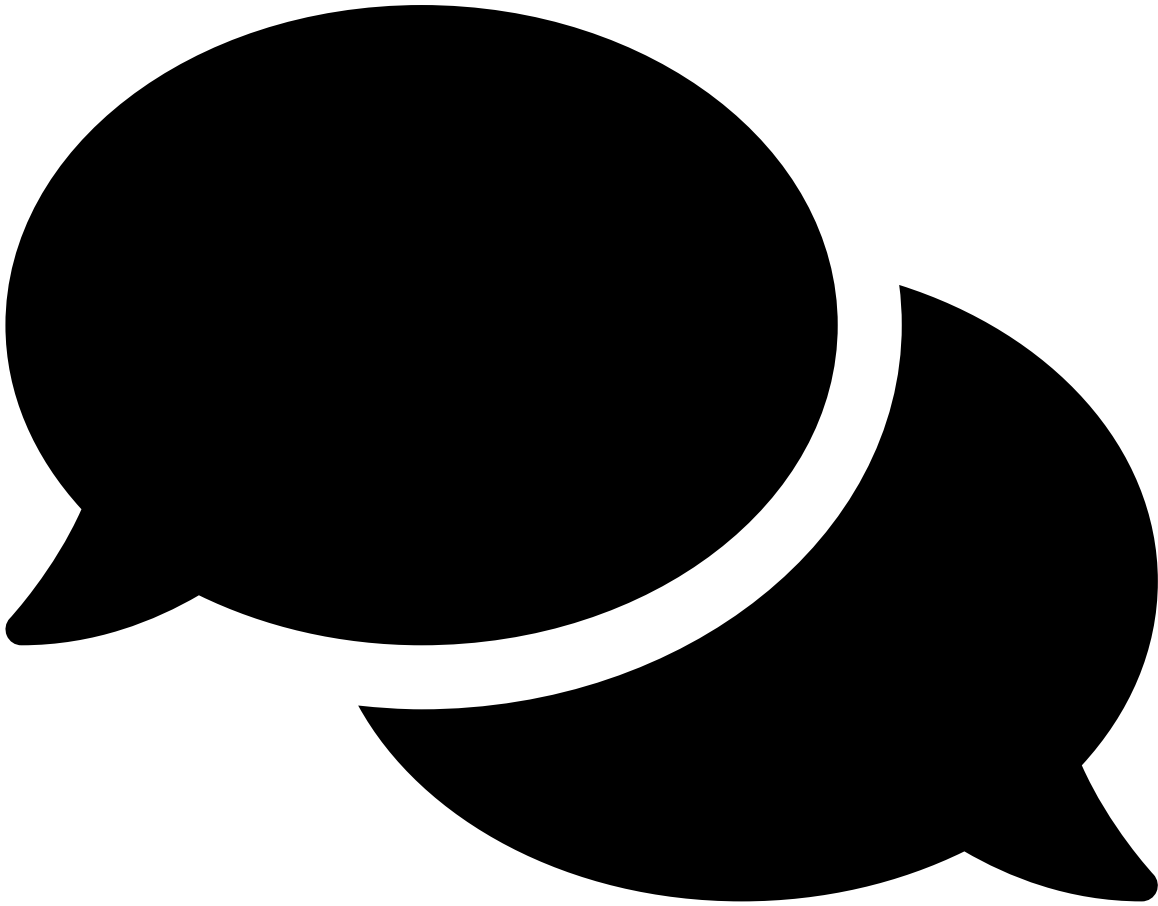
BAM! That Bump Led to a Bloody Nose. Now What?



BAM! That Bump Led to a Bloody Nose. Now What?



July 19, 2026



Comments

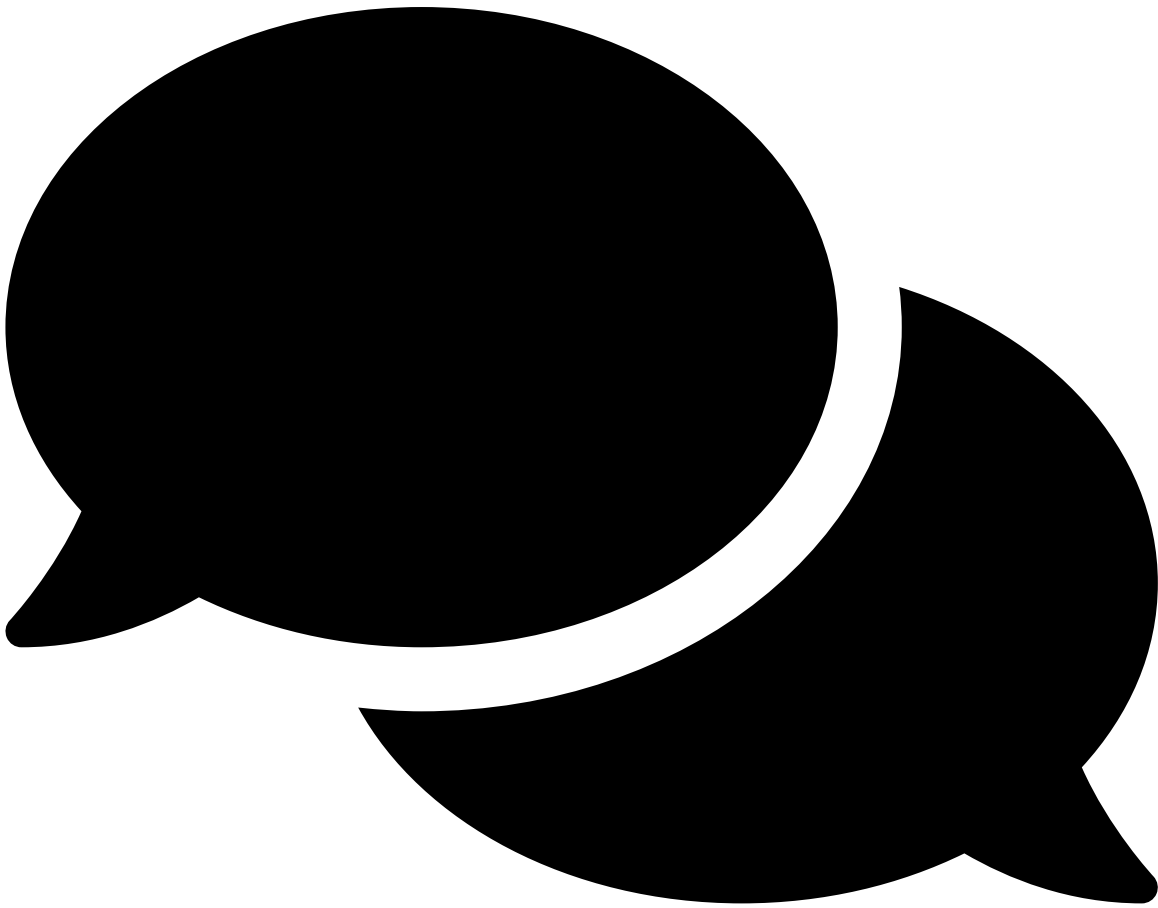
A bloody nose is an all-too-common injury during summer activities. Let's discuss the homeopathic medicines to consider for nosebleeds.



[Snow in Summer? A Dry Scalp and Embarrassing Flakes Meet Practical Homeopathy®](#)



July 12, 2026



Comments

Dry scalp and dandruff can be an unsightly and embarrassing condition. Worry not. Homeopathy, as always, is poised to assist.

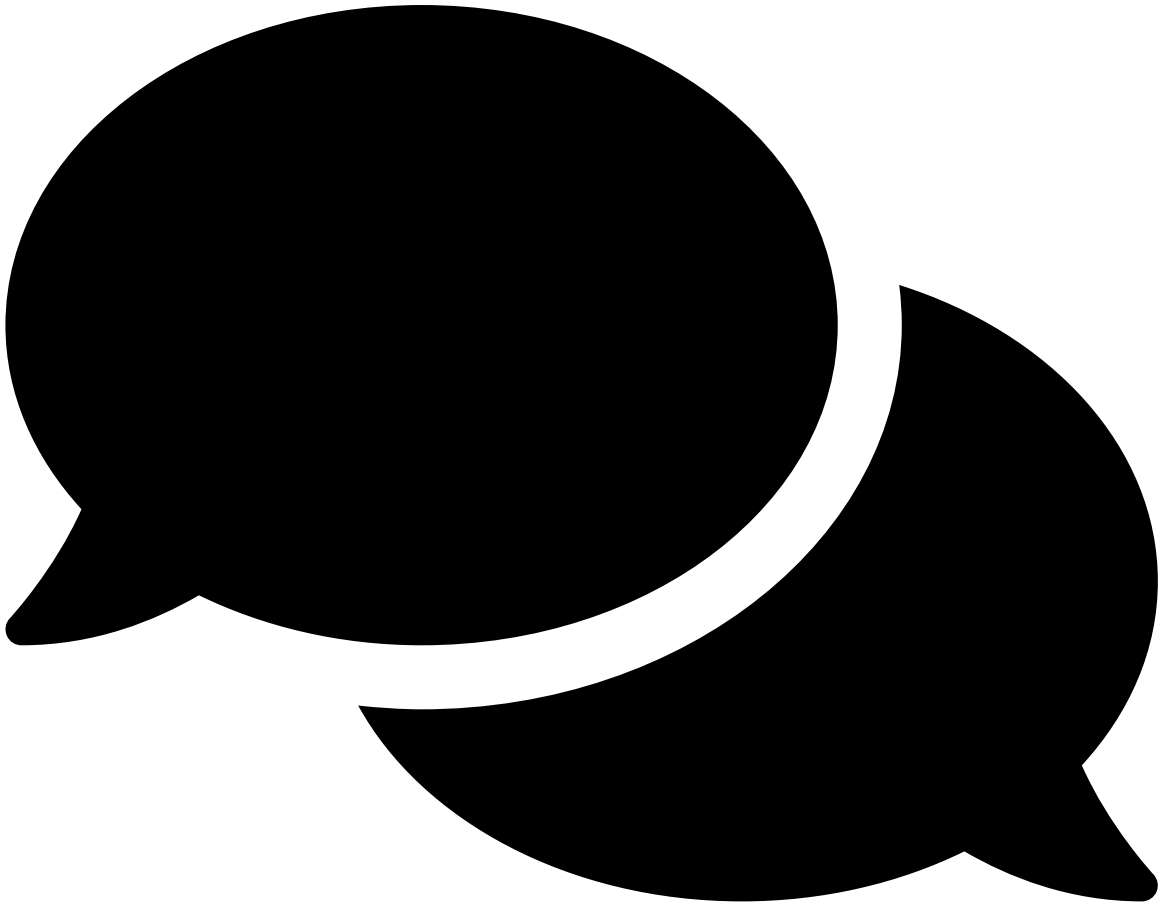
Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®



[Muscle Weakness: A 2-Tiered Approach Including Practical Homeopathy®](#)



July 5, 2026



Comments

Muscle weakness: While it's incumbent upon us to do our part to regain our physical strength, homeopathy can help.

Shell Shocked:

**1 Cracked Turtle + 1 Prepared Daughter
= 1 Happy Ending**

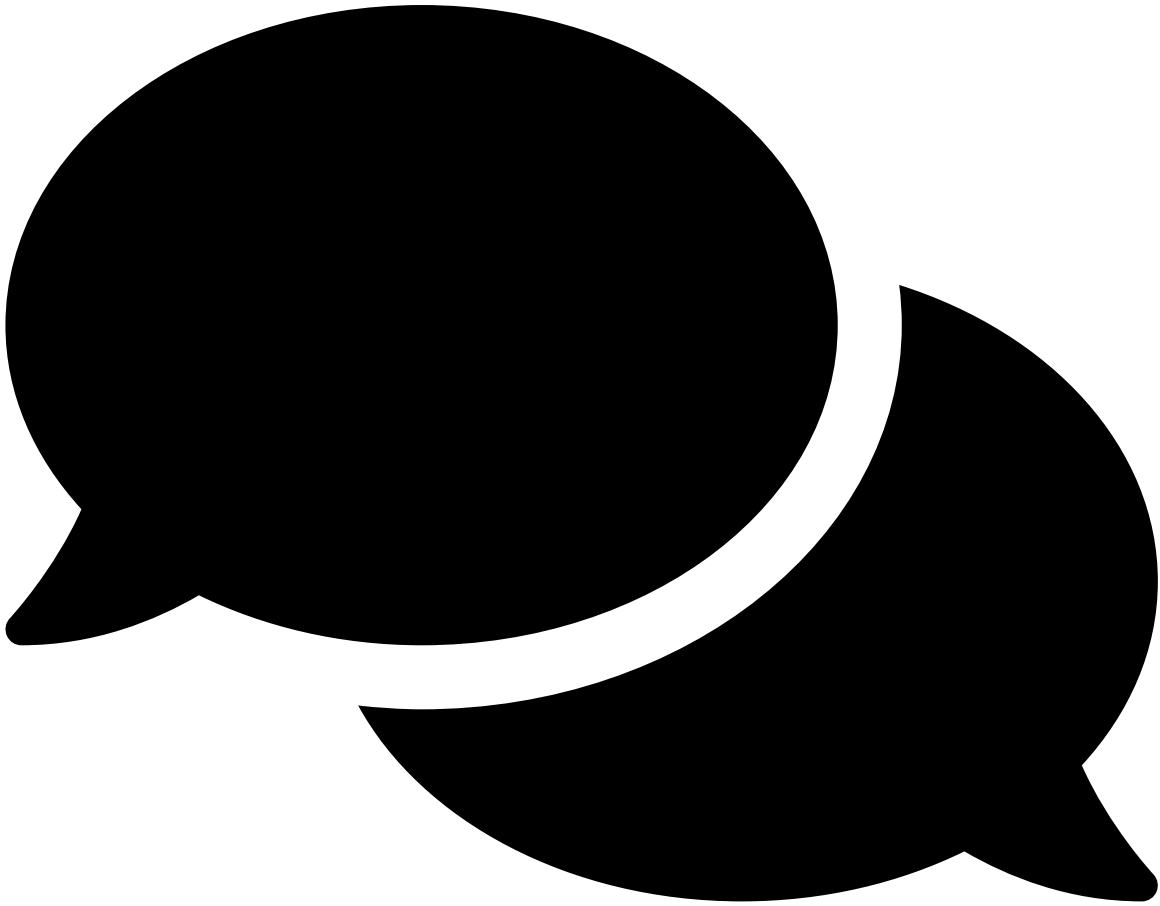


 **Joette
Calabrese**
*JoetteCalabrese.com
Practical Homeopathy Inc.*

**Shell Shocked: 1 Cracked Turtle + 1 Prepared
Daughter = 1 Happy Ending**



June 28, 2026



Comments

When confronted with an accidental injury, what would you do?
Even if the sufferer is a turtle, Practical Homeopathy® works.

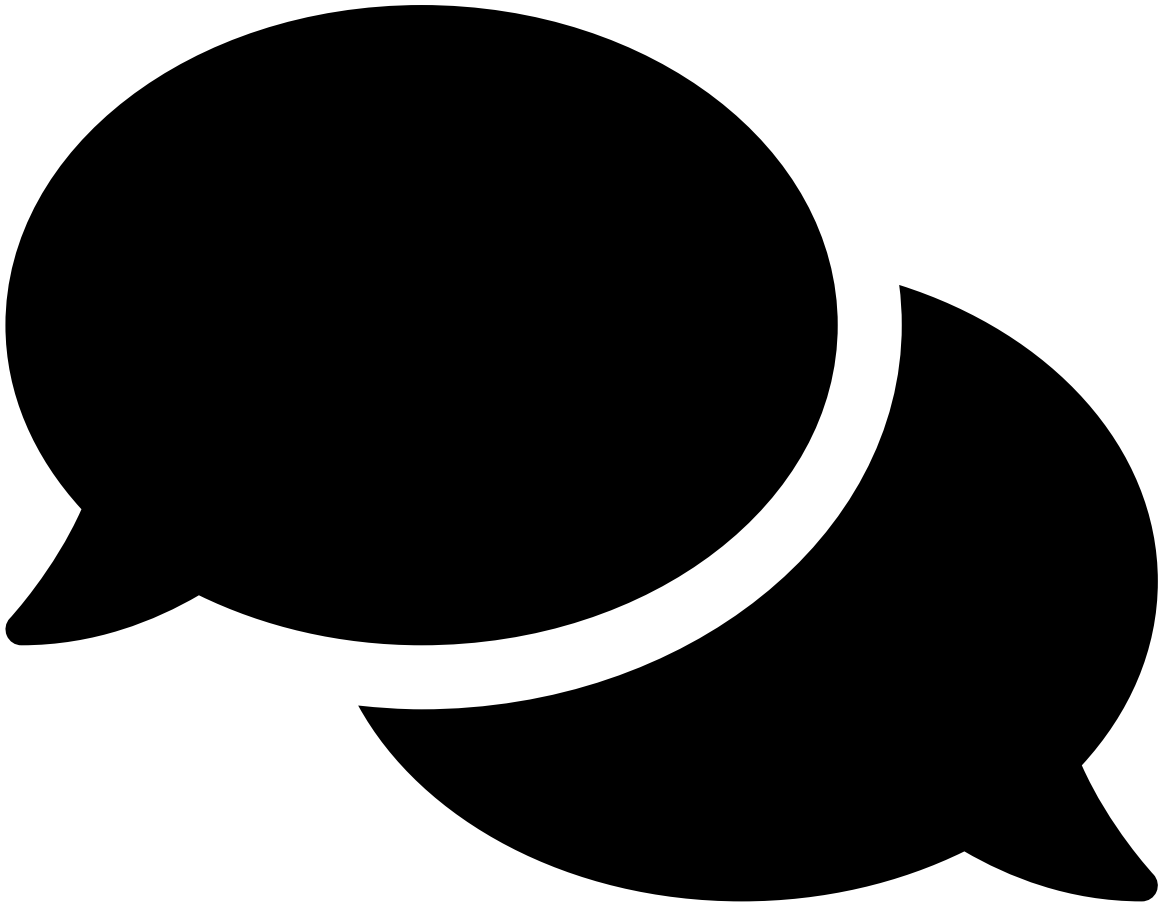
4 Homeopathic Remedies for a Happier Father



[4 Homeopathic Remedies for a Happier Father](#)



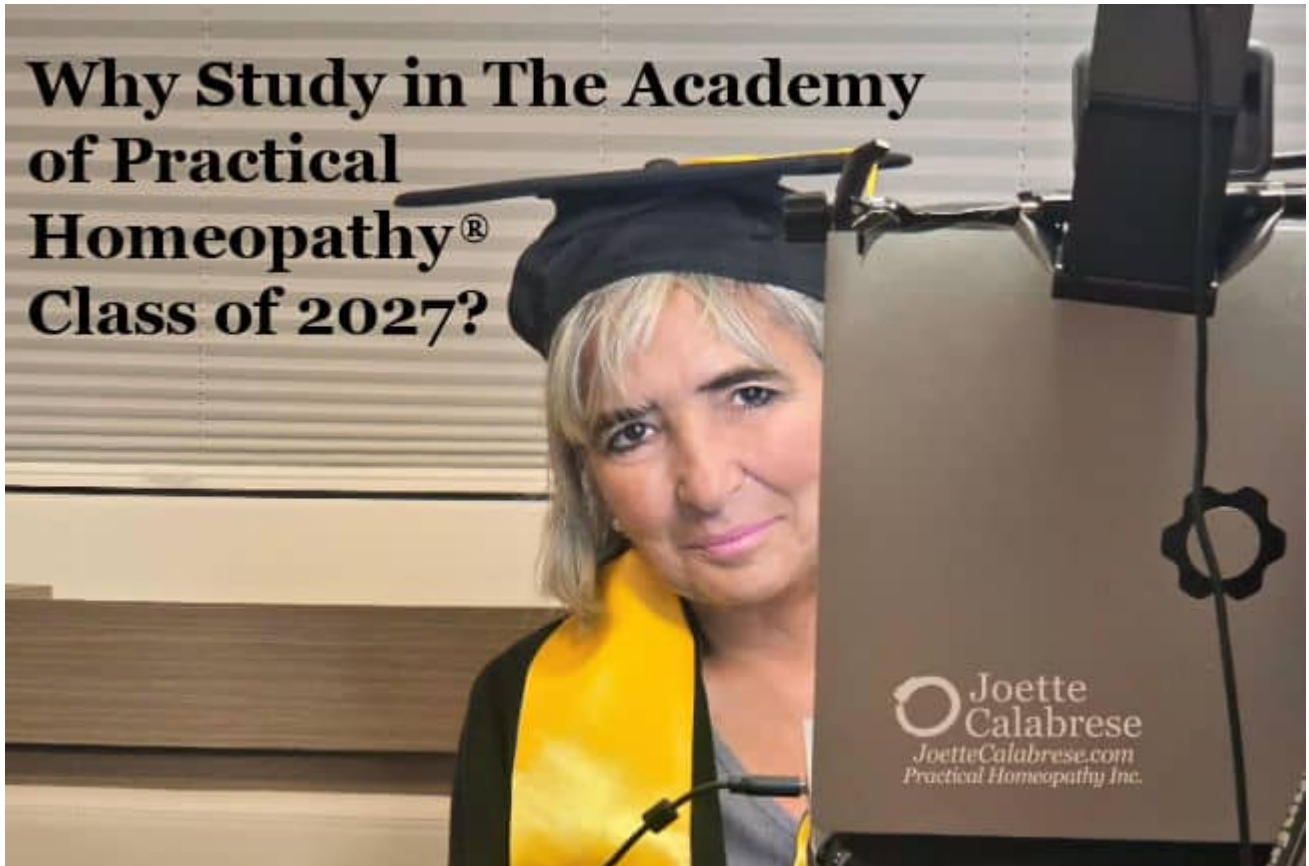
June 21, 2026



Comments

Fathers: Doing so much for your family can take its toll. When unsettling emotions rise, Practical Homeopathy® can help.

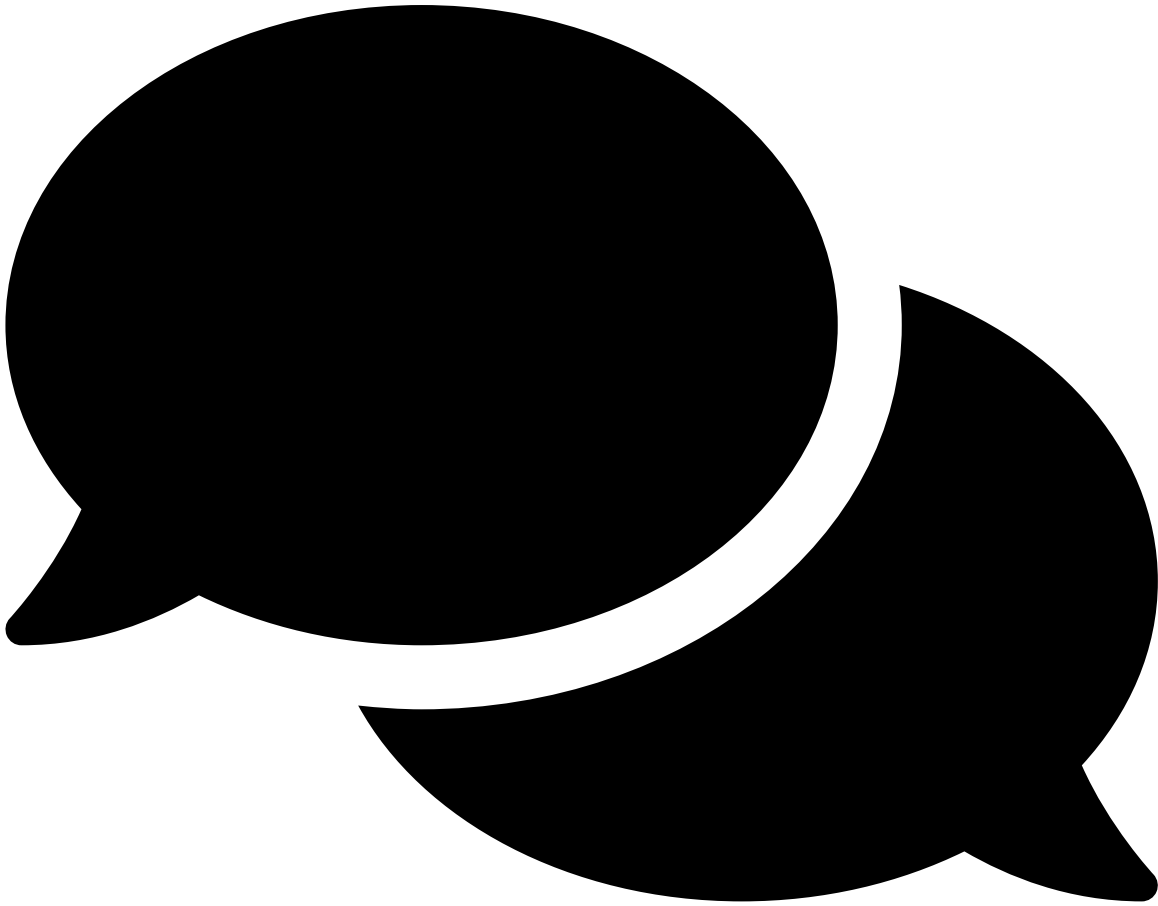
Why Study in The Academy of Practical Homeopathy® Class of 2027?



[Why Study in The Academy of Practical Homeopathy®
Class of 2027?](#)



June 14, 2026



Comments

The Academy of Practical Homeopathy® grew from a bold dream into a thriving, established institution with a well-built, time-tested curriculum and hundreds of accomplished graduates.

...

**Tummy
Terrors:
Relieve
Incarcerated Gas
With Practical
Homeopathy®**

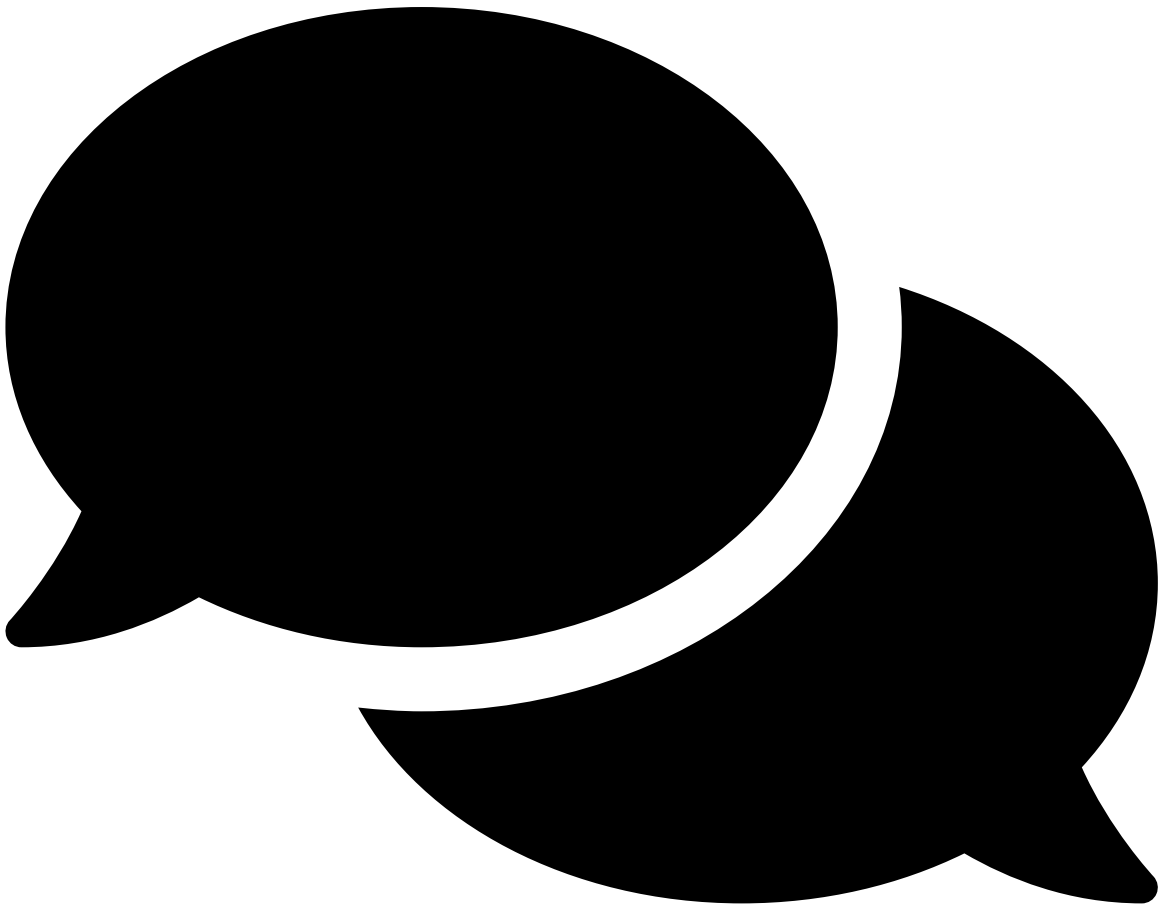


 **Joette
Calabrese**
*JoetteCalabrese.com
Practical Homeopathy, Inc.*

**Tummy Terrors: Relieve Incarcerated Gas With
Practical Homeopathy®**



June 7, 2026



Comments

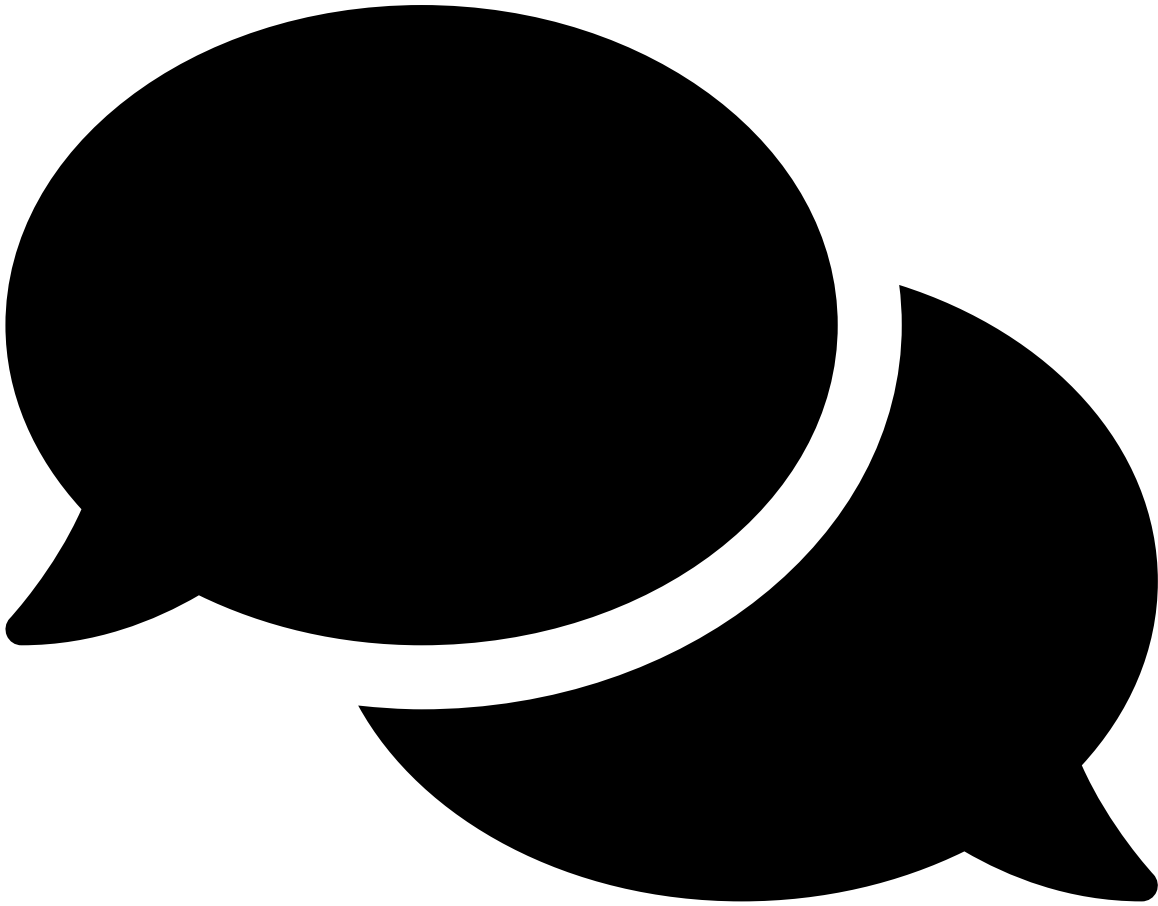
Gassy tummies are never pleasant, but when the gas won't pass, it can be quite painful. However, trapped gas is no match for homeopathy.



[Squirrel! A Practical Homeopathy® Success Story of a Little Furry Friend](#)



May 28, 2026



Comments

Imagine using homeopathy to address the suffering of your family, acquaintances and even a squirrel. Homeopathy knows no speciesism.



The 10th Anniversary of the Gateway to Practical Homeopathy®

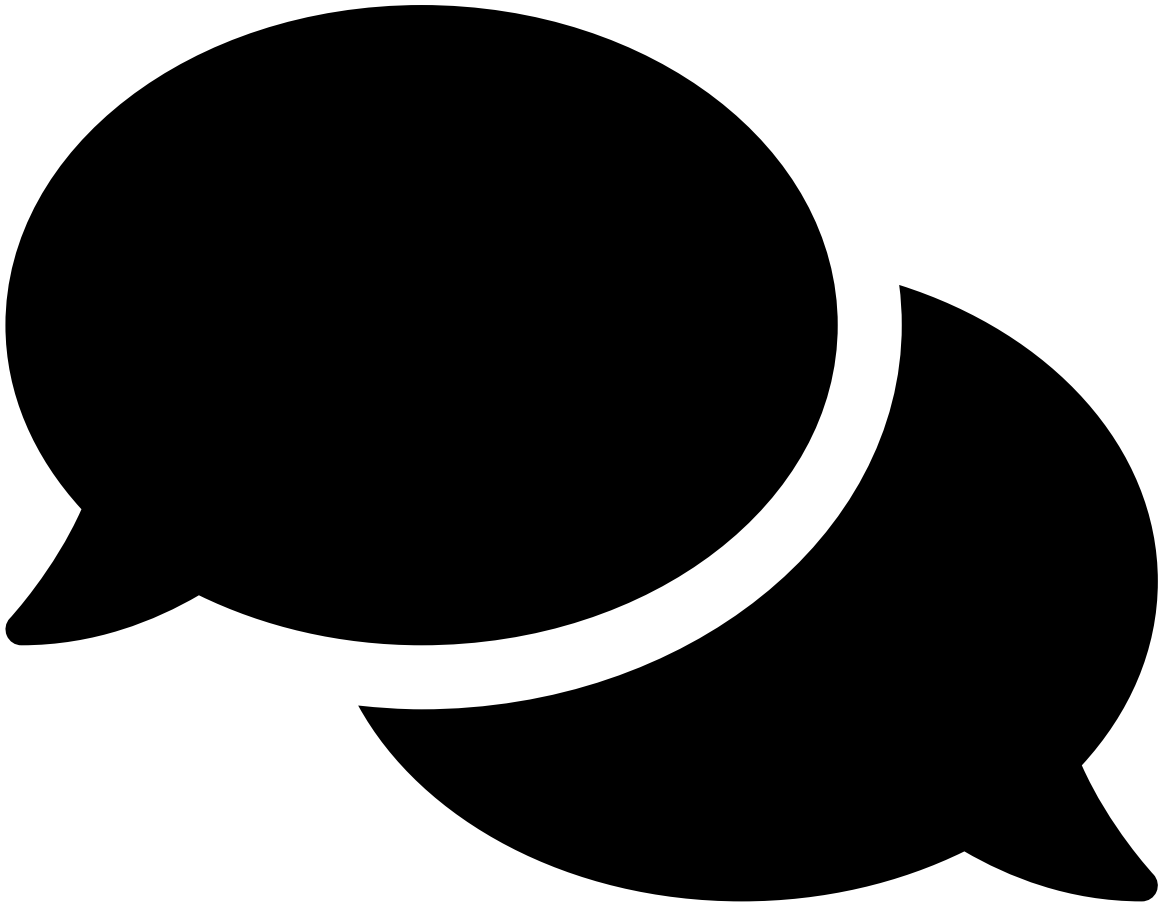
Changing Lives, One Family at a Time

 **Joette
Calabrese**
JoetteCalabrese.com
Practical Homeopathy, Inc.

[The 10th Anniversary of the Gateway to Practical Homeopathy®: Changing Lives One Family at a Time.](#)



May 17, 2026



Comments

Since I shipped the very first Gateway to Practical Homeopathy® study guide a decade ago, over 20,000 have learned Practical Homeopathy.



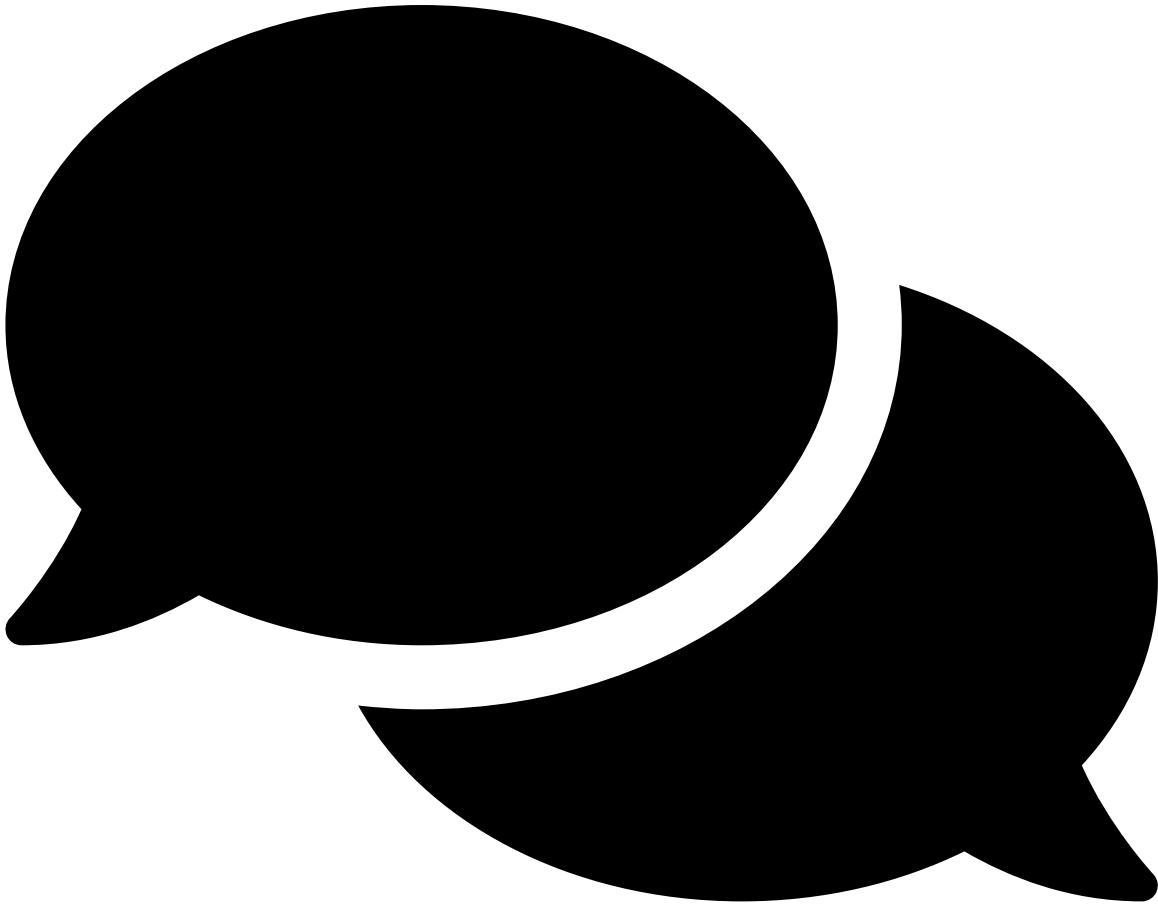
6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit

Joette
Calabrese
JoetteCalabrese.com
Practical Homeopathy Inc.

[6 Remedies for an Overwhelmed Mom: A Mother's Practical Homeopathy® Toolkit](#)



May 9, 2026



Comments

Here's a Practical Homeopathy® toolkit for an overwhelmed mom. After all, "overwhelmed" is basically our job description.

[1](#)

[2](#)

[3](#)

...

[35](#)

[Next »](#)