

Homeopathic Remedies for Fainting



Let's add to our arsenal of homeopathic remedies for simple first aid. Today, we'll look at fainting.

Fainting is a unique way for the body to display stress. Frightening experiences and other emotional times in one's life are nearly always met with a physical component. Fainting occurs when the heart suddenly fails in its normal action. It most often afflicts women and the "faint-hearted." The causes for fainting spells are often varied.

Certainly, fainting is understandable when loss of consciousness arises after a hemorrhage, such as after surgery or from hearing bad news. But even good news can cause a fainting spell, as when a lost loved one returns from the rubble alive. Fainting can occur from hunger, poorly ventilated, crowded rooms or from the sight of blood.

Tight clothing may be a contributing factor, so it is best to gently lay the person flat, keeping the head low, loosening tight collars and waistbands and asking others to step aside so that as much fresh air as possible is allowed to circulate. These simple rules can avert many cases of fainting, but if the episodes are repeated or elongated, it is time to break out the homeopathic remedies. Here are the top four:

Sudden fear associated with restlessness and a feeling of impending doom is quickly put to rest with a dose or two of [*Aconitum napellus* 30C.](#)

Fainting from sudden joy can be relieved with [*Coffea cruda* 30C.](#)

Fainting from grief or sudden bad news is best met with [*Ignatia amara* 30C.](#)

Occasionally fainting can come in the form of twitching of limbs and hysterical fits. This can be brought on by terror and nervousness and may also present with the kind of fear and apprehensiveness experienced by soldiers before battle. This type of reaction may be accompanied by diarrhea. This is a call for [*Gelsemium sempervirens* 30C.](#)

If the person is unconscious, the remedy should be dissolved in a bit of water and rubbed on the person's wrist.

Once the person regains consciousness but may still be a bit “out of it,” the remedy may be placed between the gums and lips. The remedies will dissolve quickly in the mouth and will be accepted readily via the mucosa. They do not need to be digested in the stomach.

In all of the above situations, a dose of the appropriate remedy may be administered every 5-15 minutes until normalcy is established.

Homeopathy is a soothing solution to life’s mishaps. Its polite method gently removes the illness at hand and restores the person to full use and vigor. What other method of medicine do you know that revives fainting as well as addressing the exciting cause? And removes the fear so thoroughly that it reaches back into the past and sets a sufferer in order physically and mentally?

Homeopathy is the medicine of millions. Make it yours for the next time life is unyielding.

If you like this article, give us your comments and help us shape future topics. Then feel free to pass it along to others. The more who see this and respond the better we can serve your needs.

If this article has piqued your desire to learn more consider my CD: [Perform in the Storm – Homeopathic First Aid](#)

Photo courtesy of Wiki Commons File:Pietro Longhi 027.jpg