

Guess Who Homeopathy!



Who am I?

I am fearful and anxious

I am restless and pace around the room

I have burning pain, but feel much better with warmth!

I am nauseous from food poisoning

I am *Arsenicum album*



Who am I?

I am over the top and over-indulge

I have gastro-intestinal disturbances

I am impatient and irritable

I am cold and chilly and want to stay under the covers

I am *Nux vomica*

So, just remember us especially when you have a gastro
intestinal problem.