

Back To School Jitters



A mother is only as happy as her unhappiest child.

Mindful Homeopathy

Practical Protocols for Mental and Emotional Conditions

Anxiety...depression...bipolar...OCD...learning disorders...brain
fog...PTSD...addictions...dementia...

Homeopathy has a history of uprooting these conditions.

These are my favorites that I guarantee you'll use.

I created an infographic to give you hope that real, safe, efficacious alternatives to chemical drugs exist. [Click here and read more.](#)

This infographic contains some of my favorite remedies that I guarantee you'll use.



During this season where school is starting, moms across America are dealing with oodles of nervous children.

There is the first day of school to deal with (what will Suzie wear!?), which can be made even more difficult if you've recently moved to a new city.

School also inevitably brings quizzes, tests, and the ever-present (and extremely annoying) state-mandated examinations. Some children really struggle with anxiety related to testing.

I can actually relate to such anxiety. If you listen to my podcast, you may know that I have not always been a professional homeopath. I know it seems like I was born doing this, but that is not the case!

Among other professional positions I've held, I was once a realtor in the nation's Capitol. If you want to learn about why I failed D.C.'s real estate test **seventeen times**, listen to [my podcast #15](#).

But can you imagine the pre-test anxiety I had after I had failed that test the first half-a-dozen times??? It was not fun. I could feel an indescribable emptiness forming in the pit of my gut each time I nervously marched to the testing center.

Unfortunately, during this time in my life, I knew nothing about homeopathy and I was left to deal with this sort of anxiety alone!

But not for you moms!

The remedy for this type of anticipatory anxiety is [Gelsemium](#) (generally) 30; one dose taken twice a day and let me tell you, it is GORGEOUS! You can stop the remedy once the anxiety is resolved or the event is over. (**Remember to apply the discount coupon code "Joette" at check-out for**

an additional 20% off!)

There is something very unique about the symptoms of anxiety when it is related to a specific event: Often, people experience looser bowel movements (in some cases, diarrhea), they may tremble a bit and feel a little clumsy, and they typically experience a lack of coordination in their movements. In general, they may want to be left alone in a quiet space.

Besides test-taking and the first day of school, think of this remedy for a variety of anticipatory situations where a person may feel anxious or nervous, such as:

- Anxiety before a surgery
- Certain types of insomnia where you are afraid of going to bed (for fear you may not fall asleep – in this case, the “event” is not a test but instead, the anticipated sleep!)
- The feeling of “butterflies in the stomach” and an urgent need to use the restroom
- Stage-fright (like a sporting or performance event where your child needs to tackle the quarterback or perform in a recital)

With [Gelsemium](#), you will find you will not be paralyzed from the anxiety and that your trembling body will no longer feel so weak.

Homeopathy helps you get back on the horse, step onto the yellow school bus, or “*break a leg*” when you perform! Homeopathy gets it done!

BoironUSA has graciously created a special checkout code for me to give to you: Joette. As of this writing, this code will take 20 percent off any order, and shipping is FREE if

you spend over \$50 or more (after the discount is applied).

Click here to make a purchase: <https://www.boironusa.com/>

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